

STI Clinic Offers DoxyPEP

What is DoxyPEP?

Doxycycline Post-Exposure Prophylaxis (DoxyPEP) is an antibiotic taken after sex to help prevent certain sexually transmitted infections (STIs).

Who Can Benefit from DoxyPEP?

DoxyPEP may be right for you if you are an adult male or a transgender woman who has sex with men, and particularly if you are living with HIV, taking HIV PrEP (Pre-Exposure Prophylaxis), or have had a bacterial STI in the past year such as syphilis, chlamydia or gonorrhea.

If you are sexually active and engage in condomless sex, have multiple or anonymous partners, or have recently been diagnosed with an STI, you may benefit from DoxyPEP. However, DoxyPEP is not recommended if you are pregnant or could become pregnant.

How to Take DoxyPEP

For maximum effectiveness, take 200 mg (two 100 mg pills) of doxycycline within 24 hours after condomless sex. Do not take the dose later than 72 hours after. You can take another dose 24 hours after the last one if you engage in sex again within that time, but do not take more than one dose per day.

Helpful Tips:

- Take the pills with a full glass of water.
- Avoid dairy products, antacids, or calcium supplements for 2 hours before and after taking doxycycline.
- Protect your skin by wearing sunscreen as doxycycline can increase sun sensitivity.
- Do not share your medication with others.

Keep in Mind

- There's still ongoing research about the effects of DoxyPEP on bacterial resistance. While doxycycline remains effective for syphilis and chlamydia, about 25% of gonorrhea in the U.S. is already resistant.
- Continue regular STI testing every three months or if you experience any symptoms.
- DoxyPEP does not protect against viral infections like HIV, HPV, Mpox, or herpes.
- If you are HIV-positive, keep taking your HIV medications and follow up with your doctor. If you are HIV-negative, talk to your healthcare provider about HIV PrEP to reduce your risk of HIV infection.

Union County STI Clinic

The Union County STI Clinic provides STI education, testing, and treatment for men and women. DoxyPEP is now available at our clinic. If you believe you might benefit from DoxyPEP, please contact us to schedule an appointment and discuss your options with one of our healthcare professionals.

For More Information

Schedule appointment at 704.296.4423

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