

Family Wellness Space Policy

Union County Library’s Family Wellness Spaces are equipped with a range of furniture for nursing parents as well as toys, gadgets and more to meet people’s unique sensory needs and provide a calming space. Family wellness spaces exist to provide a safe, non-threatening environment for nursing parents and have been designed for neurodivergent individuals who need a calming space to self-regulate during their time at the library. Library wellness spaces are available for community use at the Main Library in Monroe, the Southwest Regional Library in Waxhaw, and the Union West Regional Library in Indian Trail.

Family Wellness Space Capacity and Family Wellness Space Description:

Library	Max Capacity	Family Wellness Space Description
Main Library	3	The Family Quiet Zone is a lactation and sensory space intended for families. The room is equipped with soft seating and a variety of sensory tools. The room is a private space for nursing parents and a place for emotional regulation and sensory stimulation.
Southwest Regional Library	3	The Mother’s Room is a quiet and private lactation room for nursing parents.
Union West Regional Library	2	The Mother’s Nook is a private lactation space for nursing.

Guidelines for Community Use of Family Wellness Spaces

Family wellness spaces are available on a first come/first serve basis. Users may sign up for a one-hour period. Individuals of all ages and abilities are welcome to participate within the space, but it is not meant to be a general play area. Staff reserves the right to ask a patron to give up the room or space if they have reached their one hour of use and someone who has not yet had a turn is requesting access. All wellness space users are expected to conclude their use of the space by library closing, even if their one hour of time has not been reached. Abuse of the Family Wellness Space Policy may result in loss of room usage privileges.

- Children 12 and younger must be accompanied by a parent or caregiver and cannot be left unattended in the room.
- Shoes may be removed inside wellness spaces, but socks must be worn at all times.
- No food or drinks are allowed in wellness spaces, except for dietary or medical needs.



- Wellness spaces can't be used as professional therapy spaces without prior approval of the library.
- If an item in a wellness space is broken or not working properly, please notify a staff member.
- Individuals can stay in wellness spaces for up to one hour to re-regulate before re-entering the library's active areas. Please be considerate if others are waiting.
- Individuals can change how much light is in the wellness space by utilizing any lamps and calming lights in the space.
- Everything located inside wellness spaces must remain in the space at all times. Users are encouraged to explore and utilize the amenities available in the space.
- If an individual needs help waiting, they can ask staff for a timer to help them be patient and wait for their time in the wellness space.
- To help prepare the room for its next user, patrons are encouraged to clean items off with a cleansing cloth before leaving the wellness space.
- For assistance on how to use wellness space items, individuals can refer to the calming space guide located in each wellness space. Wellness space guides are a comprehensive resource on how to enjoy the amenities available to them.

Fees

The use of the library's wellness spaces is free. Family wellness spaces must be left in good condition after use. If damage occurs, individuals accept responsibility for costs for additional cleaning and/or repairs. The library reserves the right to deny use of the wellness spaces to any individuals that repeatedly damage the facility or use the wellness spaces in any way that is inconsistent with this or other Union County Library policies.