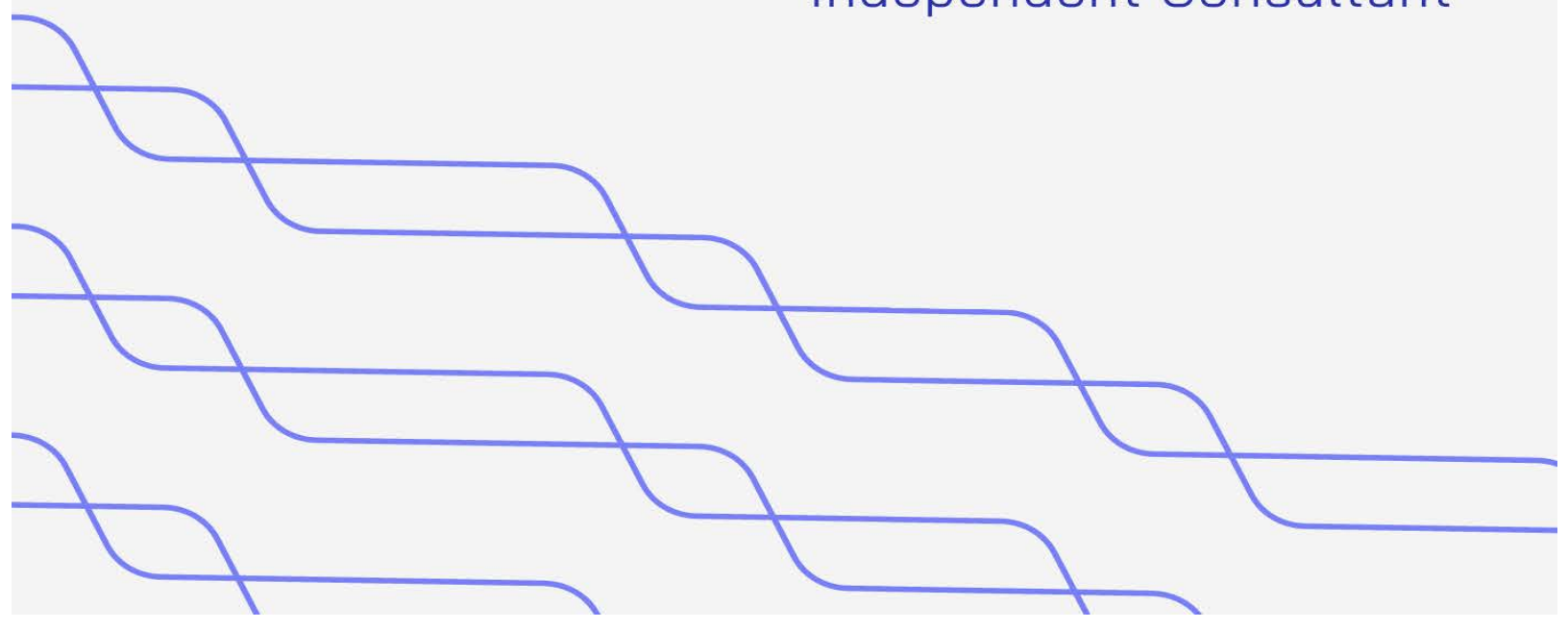


Union County Survey Response Analysis

2022 Adult & Teen
Community Health Assessment Surveys

June 2022

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Introduction

The Community Health Survey is distributed as part of the Community Health Assessment process required of health departments in North Carolina and as part of the Community Health Needs Assessment process required of hospitals. In Union County, this process is a collaboration between Union County Human Services, NovantHealth, and AtriumHealth.

Survey Distribution

The two survey instruments used in the Union County Community Health Assessment process were built in Alchemer and distributed electronically throughout the Union County community following the convenience sampling model. Links to the survey were posted on the Union County Government and Human Services websites. Town and county officials, healthcare partners, and other community stakeholders shared links to the survey via email. Paper copies of the survey were available at the Union County Government Center, Union County Human Services, libraries, non-profit organizations, churches, and hospitals. Paper copies collected by Human Services staff were entered manually into Alchemer. The surveys were distributed in January - April of 2022. The final versions of the Teen and Adult survey instruments are included as Appendices.

Methodology

A total of 2,392 surveys were collected via Alchemer.

- 2,206 Adult surveys
- 186 Teen surveys

The Union County team contracted with Annika Pfaender, Independent Consultant, to analyze the results of the 2022 survey and prepare a report summarizing the responses. Each of the two surveys were exported via Excel files for use by the Consultant, who analyzed the data using pivot tables. All the data examined in the preparation of this report is compiled in one Data Workbook, which contains both the overall responses for all questions as well as the responses for the stratified groups discussed in this report. The *Union County 2022 Survey Results Workbook* is available to the appropriate parties at Novant Health and Union County Human Services.

Across the adult survey, there were numerous responses to "Other (please specify)" answer options allowed with many questions. Additionally, the final question of the surveys ("Is there anything that could be done to improve the health of teens/adults in Union County? Please explain") was answered by hundreds of individuals. It was beyond the scope of this project to complete the qualitative analysis of so many open-ended responses. They are all included in their entirety, sorted by question and alphabetically, in the three Appendices attached to this report. [Appendix 1](#) includes the write-in

responses to the final question of the Teen Survey. [Appendix 2](#) includes all the “Other (please specify)” responses from the Adult Survey. [Appendix 3](#) includes the write-in responses to the final question from the Adult Survey.

Disaggregated data is presented for some questions and falls within three categories: demographic groups (gender, race, education, and income), zip code groups, and town/municipality groups. In order to protect the identity of survey respondents, it is standard practice to suppress data that includes a small number of responses. With a few exceptions (primarily in the Teen Survey analysis), if there were fewer than 50 respondents within a group (e.g., a specific race or zip code) they are not included in the data presented in this report.

Data Limitations

The data detailed in this report describes only the responses of the individuals who participated in the survey collection process. It does not reflect the views of the entire population of Union County.

While the questions included in the survey are presumably well-tested and reliable, there is always a risk that individuals completing the survey (particularly teenagers) will not self-report their behavior honestly.

The table below compares the demographic representation of the two survey samples to the appropriate population data for Union County as a whole. Compared to their proportion in the total population of Union County:

- The Teen Survey under-represents White residents and males.
- The Adult Survey under-represents males, Hispanic/Latino residents, and the less well-educated. It over-represents those earning more than \$50,000 and those with a BA or higher.
- The 2022 Teen Survey sample is comprised of a much higher percent of BIPOC respondents, and a higher proportion of females compared to the 2019 Teen Survey sample.

	Adult Survey	Total Population (2020 ACS Estimates)	Teen Survey	Population Under 18 (2020 ACS Estimates)
Male	23.5%	49.2%	36.1%	51.0%
Female	75.5%	50.8%	57.9%	49.0%
White	70.7%	79.4%	16.9%	76.0%
Black	15.3%	11.6%	35.0%	11.7%
Hispanic	9.8%	11.3%	41.0%	16.3%
High School education or less	19.6%	51.1%	n/a	n/a
Bachelor’s degree or higher	50.9%	9.2%	n/a	n/a

Aged 65 or older	30.8%	12.6%	n/a	n/a
Income under \$50,000	32.1%	28.8%	n/a	n/a
Income over \$50,000	61.7%	71.1%	n/a	n/a
	Adult Survey 2022	Adult Survey 2019	Teen Survey 2022	Teen Survey 2019
Male	23.5%	23.3%	36.1%	46.8%
Female	75.5%	76.3%	57.9%	51.5%
White	70.7%	74.9%	16.9%	77.4%
Black	15.3%	15.9%	35.0%	7.0%
Hispanic	9.8%	5.9%	41.0%	8.8%
HS education or less	19.6%	13.4%	n/a	n/a
BA or higher	50.9%	53.2%	n/a	n/a
Aged 65 or older	30.8%	n/a	n/a	n/a
Income under \$50,000	32.1%	31.8%	n/a	n/a
Income over \$50,000	61.7%	58.7%	n/a	n/a

Format

The analysis provided in this report is not intended to be an exhaustive discussion of all nuances of the significant collection of data provided by the two survey samples. It is a summary with some additional details and highlights provided.

This report presents in tables the response frequencies to all questions in each of the two surveys, with a basic narrative summary of the results below each table. Some data is also illustrated via charts. Select questions, as identified by the Consultant and where response rates allowed, are further explored via the presentation of disaggregated data in tables or charts. Disaggregated data is also summarized briefly in narrative form.

Open-Ended Responses are handled according to the following protocol: If there were fewer than 30 responses in an open-ended text response category (e.g., Other, please specify:), they are briefly summarized below the data table presenting the responses for the question. If there were more than 30 responses, they are available in their entirety in the Appendices of this report.

All charts are pasted into the document as images and are thus easily copied, pasted, and resized in other reports or documentation as needed by the end users.

To help delineate the different surveys should portions of the report be excerpted for other uses, [charts and tables for the Teen Survey are primarily aqua](#) and [charts and tables pertaining to the Adult Survey are primarily turquoise](#).

The large tables presenting stratified data numerically are also copied and pasted as image files, because they are large and unwieldy to resize. The **highest percentage in each COLUMN is highlighted in bold text** in order to demonstrate how the top ranked choices varied in their importance (frequency) among the stratified groups. In the Teen Survey chapter, the **highest percentage across each ROW is highlighted in PINK** and the **lowest percentage across each ROW is highlighted in AQUA** in order to show the range of how the stratified groups felt about all answer choices. In the Adult Survey chapter, the **highest percentage across each ROW is highlighted in ORANGE** and the **lowest percentage across each ROW is highlighted in GREEN** in order to show the range of how the stratified groups felt about all answer choices.

2022 Teen Survey Response Analysis

Q1. What is YOUR Zip Code?

Zip Code of Residence	#	%
28110 (Monroe, Unionville)	73	39.7%
28112 (Monroe)	36	19.6%
28174 (Wingate)	24	13.0%
28103 (Marshville)	16	8.7%
28173 (Waxhaw, Marvin)	15	8.2%
28079 (Indian Trail, Lake Park)	13	7.1%
28104 (Matthews, Stallings, Weddington, Wesley Chapel)	4	2.2%
28111 (Monroe)	2	1.1%
28112 (Monroe)	1	0.5%
28105 (Matthews)	0	0.0%
28108 (Mineral Springs)	0	0.0%
28227 (Charlotte, Mint Hill)	0	0.0%
Total	184	
Unanswered	2	

- Approximately 40% of the Teen Survey respondents lived in the 28110 zip code, which includes Monroe and Unionville.
- The next most common zip code among the survey sample was the 28112 zip code.
- Moving forward in this report, data for some questions is presented specific to the 28110 zip code. There were too few respondents (less than 50) in other zip codes to present stratified data.

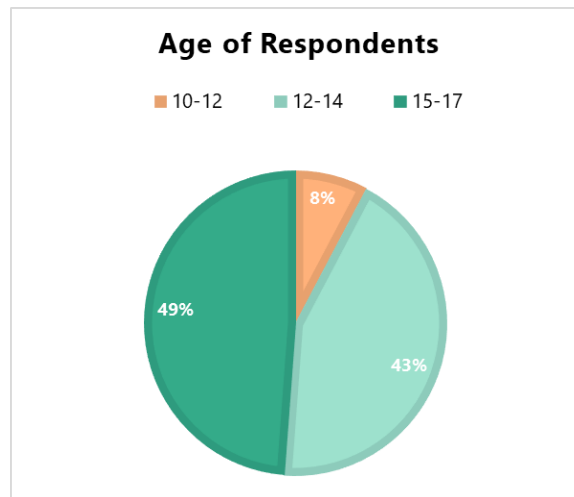
Q2. In which Union County Town or Municipality do you reside?

Township of Residence	#	%
Monroe	96	52.5%
Wingate	27	14.8%
Marshville	17	9.3%
Indian Trail	13	7.1%
Waxhaw	12	6.6%
Unincorporated Union County	4	2.2%
Unionville	3	1.6%
Fairview	2	1.1%
Matthews	2	1.1%
Weddington	2	1.1%
Altan	1	0.5%
Hemby Bridge	1	0.5%
New Salem	1	0.5%
Out of County	1	0.5%
Stallings	1	0.5%
Goose Creek	0	0.0%
Lake Park	0	0.0%
Marvin	0	0.0%
Mineral Springs	0	0.0%
Wesley Chapel	0	0.0%
Total	183	
Unanswered	3	

- Approximately 52% of the Teen Survey respondents were from the town of Monroe.
- The second most commonly reported town of residence was Wingate.
- Moving forward in this report, data for some questions is presented specific to teen respondents from Monroe. There were too few respondents (less than 50) in other towns to present stratified data.

Q3. What is YOUR Age?

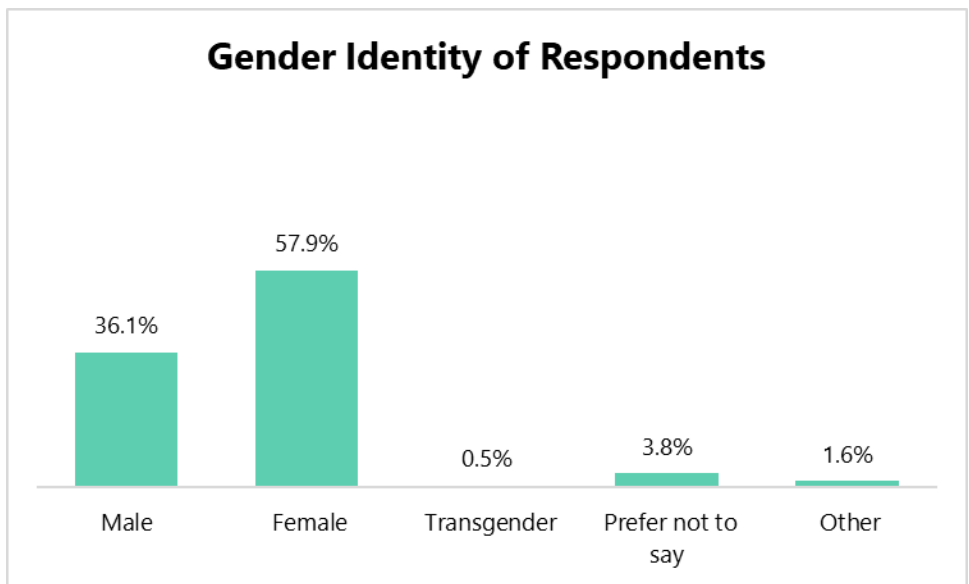
Age	#	%
10-12	13	7.7%
12-14	73	43.5%
15-17	82	48.8%
Total	168	
Unanswered	18	



- 15-17 year-olds comprise the largest segment of the Teen Survey sample (43%), with 12-14 year-olds accounting for the next largest group (43%).

Q4. What is YOUR Gender?

Gender Identity	#	%
Male	66	36.1%
Female	106	57.9%
Transgender	1	0.5%
Prefer not to answer	7	3.8%
Other (please specify)	3	1.6%
Total	183	
Unanswered	3	
<i>Other write-in responses: gender fluid, non-binary (2)</i>		



- Males comprises 36% of the Teen Survey respondents and females accounted for 58% of the respondents.
- Approximately 2% of the Teen Survey respondents identified as Transgender or Other.
- Moving forward in this report, data for some questions is presented specific to males and females.

Q5. Using the categories below, what do you consider yourself?

Racial or Ethnic Identity	#	%
Hispanic / Latino	75	41.0%
Black / African American	64	35.0%
White / Caucasian / European American	31	16.9%
Other (please specify)	7	3.8%
Asian	4	2.2%
American Indian / Alaska Native	1	0.5%
Arab American / Middle Eastern	1	0.5%
Eastern European / Russian / Post Soviet States	0	0.0%
Native Hawaiian / Pacific Islander	0	0.0%
Total	183	
Unanswered	3	
<i>Other write-in responses included: bi/multi-racial (2), prefer not to answer</i>		

- Hispanic/Latino respondents comprise approximately 41% of the respondents.
- 35% of the respondents were Black/African American.
- Respondents identifying as white represented 17% of the survey sample.
- Moving forward in this report, data for some questions is presented specific to the following two races: Hispanic/Latino and Black/African American. There were too few respondents (less than 50) in other racial categories to present stratified data.

Q6. What type of health insurance do YOU have?

Health Insurance Coverage	#	%
Medicaid	58	31.2%
Do Not Know	47	25.3%
Private Insurance	45	24.2%
No Insurance	27	14.5%
Government Insurance (ACA)	7	3.8%
Total	186	

- A quarter of the Teen Survey respondents did not know what kind of health insurance they have.
- Medicaid was the most common type of health insurance reported (31%).
- Private Insurance was the second most common type of insurance reported (24%).
- Approximately 15% of Teen respondents reported having no health insurance.
- There were too few respondents reporting no health insurance to further stratify.

Q7. Listed below are behaviors that keep people from being healthy. Please check the three that you feel keep teens in Union County from being healthy.

Most Critical Unhealthy Behaviors among Teens	%	#
Stress	83	44.6%
Bullying	71	38.2%
Instability at home	56	30.1%
Poor eating habits	53	28.5%
Domestic violence	35	18.8%
Tobacco use	32	17.2%
Excessive or binge drinking	31	16.7%
Lack of exercise	29	15.6%
Prescription or illicit drug use	25	13.4%
Not getting doctor checkups	20	10.8%
Youth Violence	18	9.7%
Unsafe living conditions	15	8.1%
Unsafe sex/unprotected sex	10	5.4%
Other	6	3.2%
Total	186	

Other write-in responses included: vaping (2), no masks in schools/lack of COVID precautions (4)

Most Critical Unhealthy Behaviors (sorted by All order)	All	Males	Females	Black	Hispanic	Age 12-14	Age 15-17	28110	Monroe
Stress	44.6%	40.9%	47.2%	50.0%	29.3%	37.0%	52.4%	35.6%	38.5%
Bullying	38.2%	37.9%	39.6%	56.3%	20.0%	47.9%	31.7%	37.0%	28.1%
Instability at home	30.1%	28.8%	28.3%	31.3%	17.3%	28.8%	30.5%	20.5%	22.9%
Poor eating habits	28.5%	28.8%	27.4%	26.6%	29.3%	26.0%	31.7%	28.8%	31.3%
Domestic violence	18.8%	15.2%	22.6%	21.9%	21.3%	19.2%	18.3%	19.2%	18.8%

- Stress was the most frequently identified unhealthy behavior impacting teens in Union County, with 45% of respondents selecting it from the list.
- Bullying ranked second, as identified by 38% of respondents.
- Instability at home (30%) and poor eating habits (29%) ranked third and fourth.
- Stress was the most commonly selected unhealthy behavior among males, females, Hispanic respondents, those aged 15-17, and those from Monroe.
- Bullying was the most commonly chosen unhealthy behavior among Black respondents, those aged 12-14, and respondents from the 28110 zip code.

- A higher proportion of respondents aged 15-17 selected stress, instability at home, and poor eating habits compared to other groups.
- Compared to other groups, a higher percentage of Black respondents chose bullying as an unhealthy behavior of concern to teens.
- A higher proportion of female respondents selected domestic violence as an impactful unhealthy behavior compared to other groups.
- The list of unhealthy behaviors changed in 2022 and the responses cannot be compared to the 2019 survey.

Q8. Listed below are mental health concerns. Please check three that MOST concern you about people in Union County.

Mental Health Concerns	%	#
Depression	121	65.1%
Anxiety	104	55.9%
Alcohol Addiction	66	35.5%
Suicide	46	24.7%
Opioid or Drug Addiction	37	19.9%
Sleep Issues	31	16.7%
ADD/ADHD	28	15.1%
Bipolar disorder	17	9.1%
PTSD	10	5.4%
Intellectual Developmental Disability	7	3.8%
Autism	6	3.2%
OCD	3	1.6%
Other	3	1.6%
Schizophrenia	1	0.5%
Total	186	

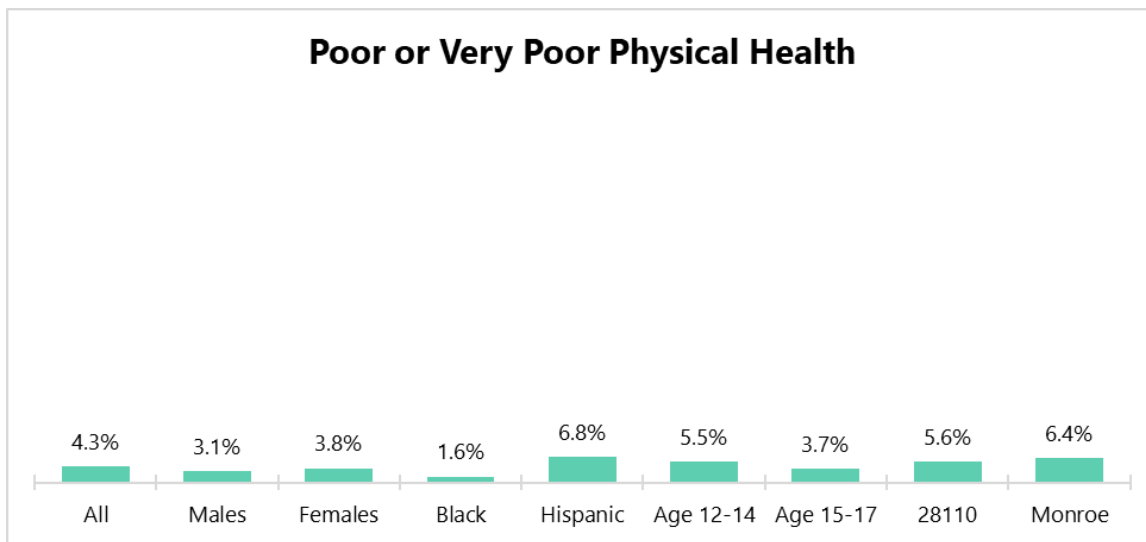
Mental Health Concerns (sorted by All order)	All	Males	Females	Black	Hispanic	Age 12-14	Age 15-17	28110	Monroe
Depression	65.1%	62.1%	67.9%	67.2%	58.7%	63.0%	69.5%	56.2%	55.2%
Anxiety	55.9%	56.1%	53.8%	59.4%	41.3%	57.5%	58.5%	54.8%	50.0%
Alcohol Addiction	35.5%	36.4%	35.8%	37.5%	40.0%	35.6%	34.1%	41.1%	39.6%
Suicide	24.7%	22.7%	24.5%	12.5%	33.3%	27.4%	22.0%	24.7%	24.0%
Opioid or Drug Addiction	19.9%	16.7%	23.6%	12.5%	30.7%	16.4%	22.0%	21.9%	25.0%

- Depression was the most frequently identified mental health concern among teens, with 65% of respondents selecting it.
- Anxiety was the second most common mental health concern (56%).
- Alcohol addiction (36%) and Suicide (25%) ranked third and fourth among teen respondents.
- Depression was the leading mental health concern among all stratified groups presented.
- Compared to other groups, a higher proportion of respondents in the 15-17 age group selected depression as a mental health concern.
- A higher proportion of Black respondents selected anxiety as a mental health concern, compared to other groups.

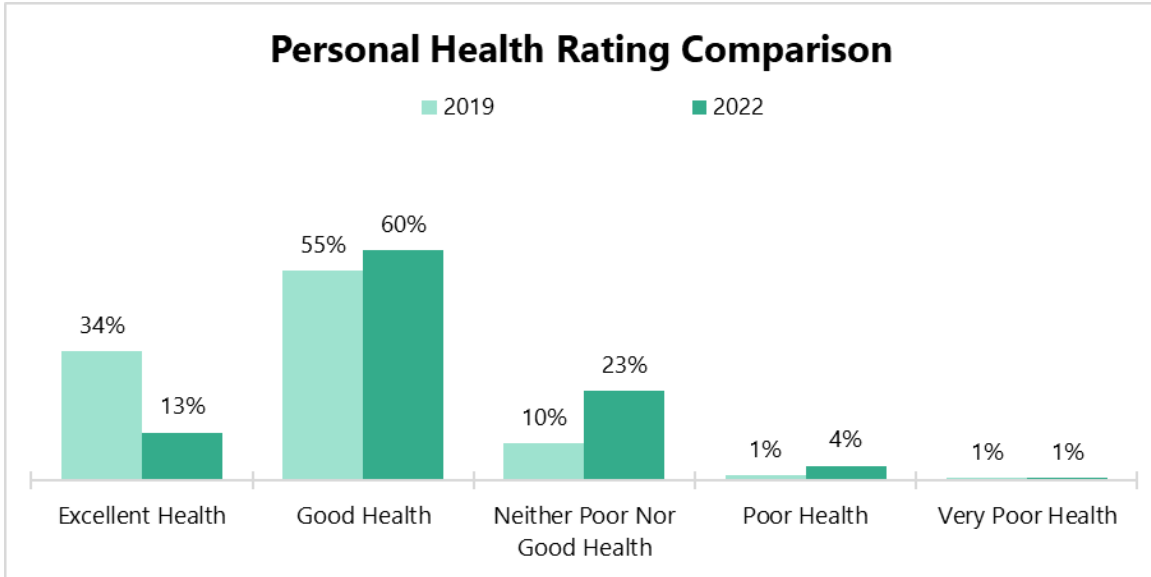
- Respondents from the 28110 zip code were more likely than other groups to have identified alcohol addiction as a mental health concern.
- Higher proportions of Hispanic respondents chose suicide and opioid/drug addiction as mental health concerns compared to other groups.
- The list of concerns as well as the way the questions was asked changed in 2022 and so responses cannot be compared to 2019.

Q9. Overall, how would you rate YOUR physical health?

Rating Physical Health	#	%
Excellent Health	23	12.5%
Good Health	110	59.8%
Neither Poor Nor Good Health	43	23.4%
Poor Health	7	3.8%
Very Poor Health	1	0.5%
Total	184	
Unanswered	2	



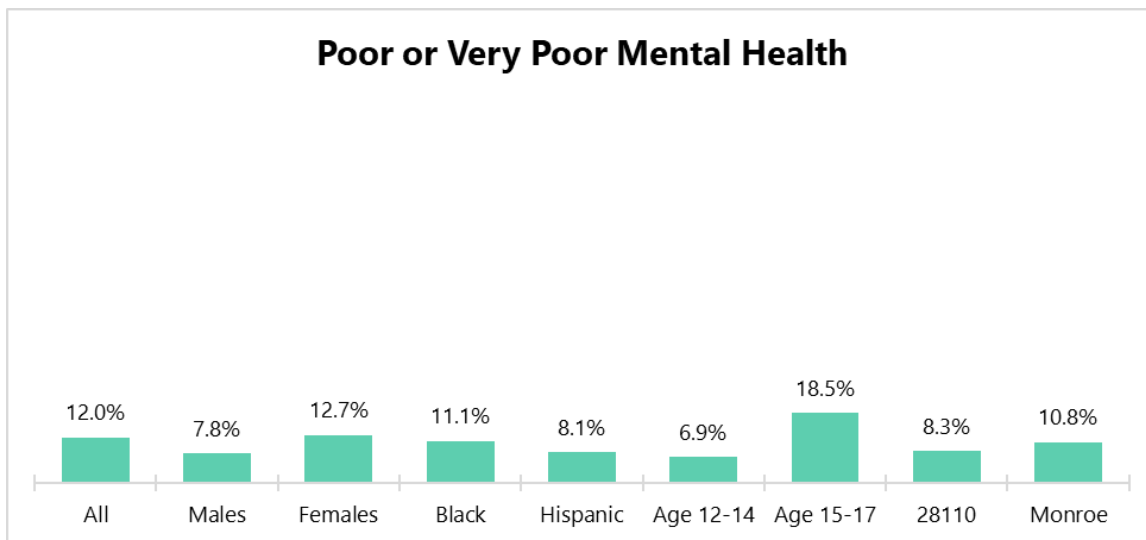
- 72.3% rated their physical health as good or excellent.
- 23.4% felt their physical health was neither good nor bad.
- 4.3% of Teen respondents rated their physical health as poor or very poor.
- Hispanic respondents and respondents from Monroe were more likely than other groups to rate their personal health as poor or very poor.



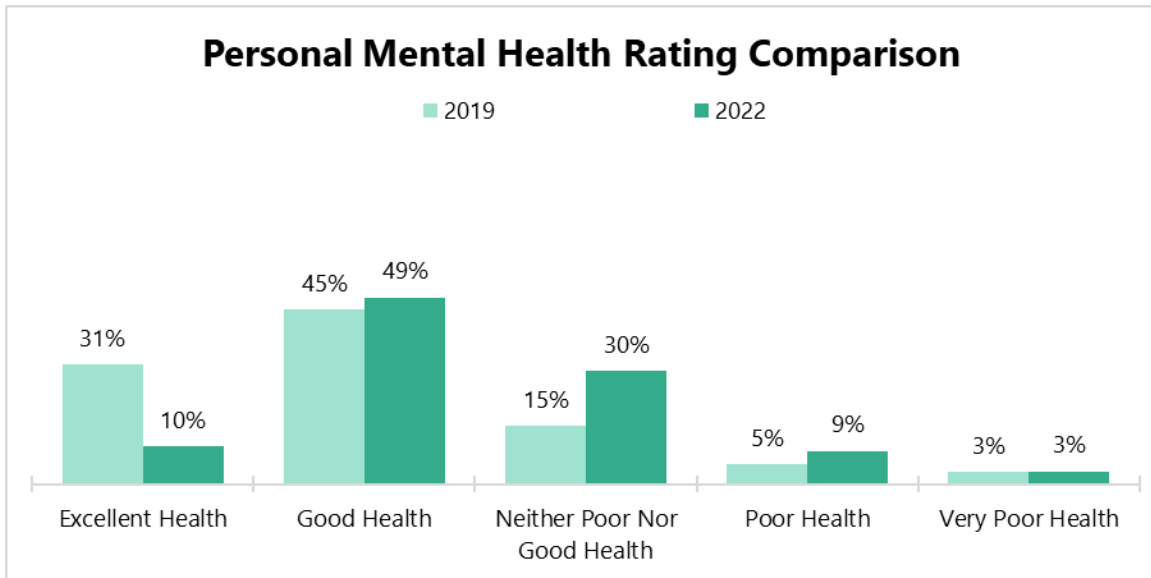
- The 2022 survey sample was more likely to rate their health as neither poor nor good compared to 2019 Teen Survey responses.
- Compared to 2019, a lower proportion of 2022 respondents rated their personal health as excellent, a higher proportion felt they were in good health, and a slightly higher percentage rated their health as "poor".

Q10. Overall, how would you rate YOUR mental health?

Rating Mental Health	#	%
Excellent Health	18	9.8%
Good Health	89	48.6%
Neither Poor Nor Good Health	54	29.5%
Poor Health	16	8.7%
Very Poor Health	6	3.3%
Total	183	
Unanswered	3	



- Compared to their personal health rating, teen survey respondents were more likely to rate their mental health as poor or very poor.
- Approximately 58% of teen respondents rated their mental health as good or excellent.
- 30% felt ambivalent about their mental health.
- 12% rated their mental health as poor or very poor.
- Respondents in the 15-17 age group were more likely than other groups to rate their mental health as poor or very poor.



- The 2022 survey sample was more likely to rate their mental health as neither poor nor good compared to 2019 Teen Survey responses.
- Compared to 2019, a much lower proportion of 2022 respondents rated their mental health as excellent, and a higher proportion rated their mental health as poor.

Q11. Listed below are health concerns. Please check three that MOST concern you regarding YOUR health.

Personal Health Concerns	#	%
Allergies	71	38.2%
Asthma	41	22.0%
Obesity/Overweight	37	19.9%
Eating disorders	33	17.7%
Sports Injuries	31	16.7%
Diabetes	25	13.4%
Vision Issues	25	13.4%
Dental Health	20	10.8%
Cancer	19	10.2%
Other (please specify)	13	7.0%
High blood pressure	8	4.3%
Excessive or binge drinking	7	3.8%
Kidney Disease	7	3.8%
Hearing issues	5	2.7%
Substance abuse/overdose	3	1.6%
HIV/AIDS	2	1.1%
STDs	2	1.1%
Unplanned pregnancy	1	0.5%
Total	186	
<i>Other write-in responses included: COVID (2), stress (2), binge eating, fibromyalgia, headaches, heart health, immunity, low iron, family cancer</i>		

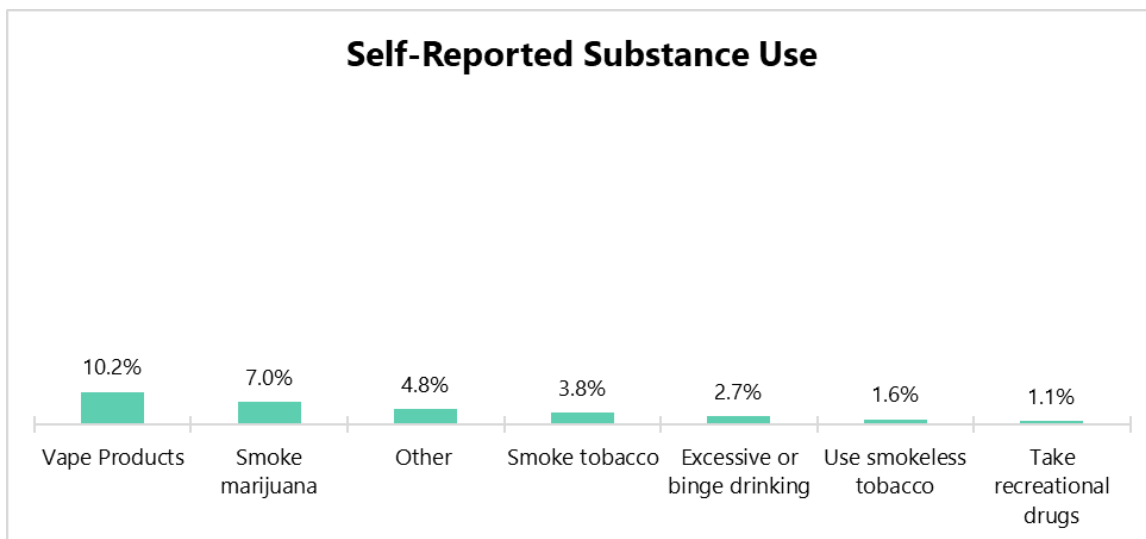
Personal Health Concerns (sorted by All order)	All	Males	Females	Black	Hispanic	Age 12-14	Age 15-17	28110	Monroe
Allergies	38.2%	36.4%	42.5%	51.6%	29.3%	42.5%	39.0%	38.4%	34.4%
Asthma	22.0%	19.7%	23.6%	37.5%	14.7%	24.7%	19.5%	21.9%	17.7%
Obesity/Overweight	19.9%	19.7%	17.0%	10.9%	24.0%	23.3%	15.9%	15.1%	20.8%
Eating disorders	17.7%	15.2%	17.0%	6.3%	21.3%	19.2%	19.5%	13.7%	16.7%
Sports Injuries	16.7%	24.2%	14.2%	14.1%	17.3%	24.7%	12.2%	19.2%	16.7%

- Allergies were the most frequently identified health concern among Teen Survey respondents, with 38% selecting it from the list of concerns.
- Asthma ranked second, as selected by 22% of respondents.

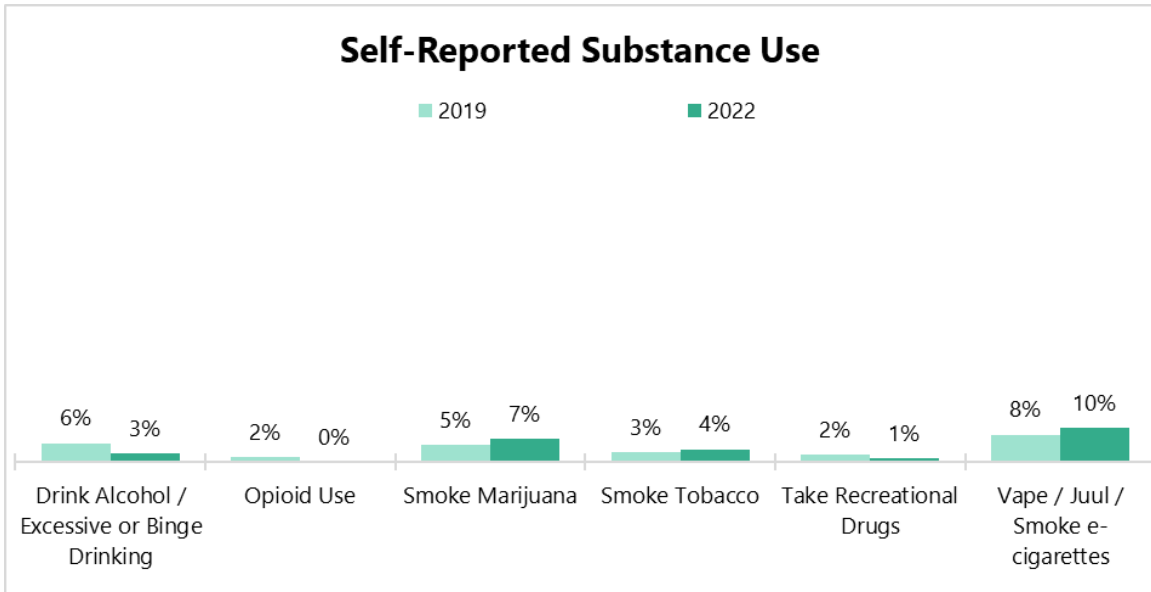
- Obesity/Overweight was the third most commonly reported health concern (20%), followed by eating disorders (18%).
- Allergies was the most frequently identified health concern among teens in all disaggregated groups: gender, race, age, and location.
- Allergies and asthma were of the highest concern among Black respondents, compared to other groups.
- Compared to other groups, higher proportions of Hispanic respondents felt obesity/overweight and eating disorders were the personal health issues of most concern.
- Respondents aged 12-14 were more likely than other groups to identify sports injuries as a personal health issue of concern.
- While the list of personal health concerns changed enough in 2022 that responses cannot be fully compared to the 2019 survey, it is worth noting that allergies was at the top of the list in 2019, followed by sports injuries, obesity/overweight, asthma, and eating disorders.

Q12. Please check if YOU do the following.

Self-Reported Substance Use	#	%
Vape/Juul/Smoke e-cigarettes	19	10.2%
Smoke marijuana	13	7.0%
Other	9	4.8%
Smoke tobacco	7	3.8%
Excessive or binge drinking	5	2.7%
Use smokeless tobacco	3	1.6%
Take recreational drugs	2	1.1%
Opioid use	0	0.0%
Total	186	
<i>Other write-in responses included: none (2), excessive exercise</i>		



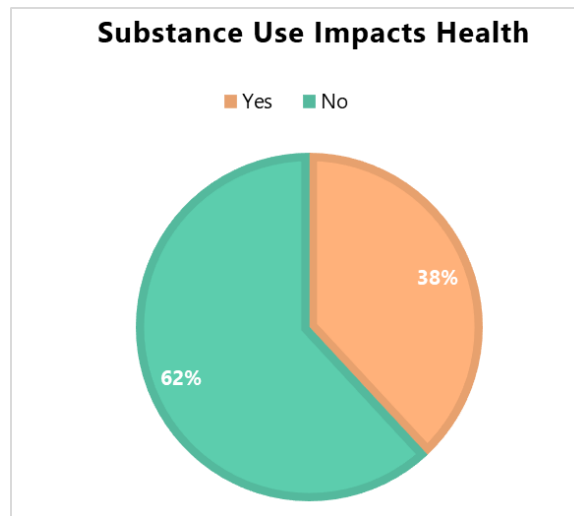
- A small number of teen respondents reported engaging in substance use behaviors.
- The most commonly reported substance was vape/e-cigarette products, use by 10% of respondents.
- 7% of teen respondents reported smoking marijuana.
- Approximately 4% of respondents reported smoking tobacco.



- In order to compare results to 2019, responses from 2019 were re-calculated using a denominator of all respondents in order to match the mathematical methodology used in 2022. Also note that in 2019 the answer choice was “drink alcohol” and in 2022 it was “excessive or binge drinking”.
- Compared to 2019, teen respondents in 2022 were more likely to smoke marijuana and use e-cigarette products and they were less likely to use opioids or take recreational drugs.

Q13. If you checked any of the above, do you believe this impacts YOUR health?

Believes substance use impacts their health	#	%
Yes	16	38.1%
No	26	61.9%
Total	42	100.0%
Unanswered	144	



- Among the respondents who reporting using substances like tobacco, marijuana, vape products, or marijuana, 62% believe that substance use does not impact their health.
- In 2019, 67% of respondents believed that using substances does not impact their health.

Q14. Listed below are safety concerns that can impact your health. Please check three that MOST concern YOU.

Personal Safety Concerns	#	%
Bullying	61	32.8%
School Violence	56	30.1%
Internet Safety	54	29.0%
Suicide	30	16.1%
Sexual Assault / Rape / Date Violence	19	10.2%
Self-Injury / Cutting	18	9.7%
Drug Abuse / Overdosing	17	9.1%
Gang Violence / Intimidation	14	7.5%
Drowning	11	5.9%
Domestic Violence (Violence at home)	10	5.4%
Excessive or binge drinking	10	5.4%
Other safety concern, please list:	6	3.2%
Total	186	

Other write-in responses included: none (2), COVID

Personal Safety Concerns (sorted by All order)	All	Males	Females	Black	Hispanic	Age 12-14	Age 15-17	28110	Monroe
Bullying	32.8%	33.3%	33.0%	45.3%	16.0%	32.9%	31.7%	26.0%	24.0%
School Violence	30.1%	31.8%	24.5%	32.8%	17.3%	31.5%	26.8%	23.3%	18.8%
Internet Safety	29.0%	30.3%	27.4%	31.3%	20.0%	32.9%	25.6%	15.1%	19.8%
Suicide	16.1%	12.1%	18.9%	20.3%	12.0%	9.6%	22.0%	20.5%	13.5%
Sexual Assault / Rape / Date Violence	10.2%	6.1%	12.3%	9.4%	10.7%	6.8%	15.9%	11.0%	12.5%

- Bullying was the most frequently identified personal safety concern among respondents, as selected by nearly 33% of Teen Survey participants.
- 30% of the respondents identified school violence as a concerning safety issue listed, ranking it second.
- Approximately 29% of respondents selected internet safety as an important personal safety issue.
- Suicide ranked fourth, as selected by 16% of respondents.
- Bullying was the leading personal safety concern among males, females, Black respondents, those aged 15-17, and those located in 28110 and Monroe.
- Internet safety was the leading personal safety concern among Hispanic respondents, and it tied with bullying among those aged 12-14.

- Black respondents were more likely to select bullying and school violence as important personal safety concerns compared to other groups.
- Unsurprisingly, females were more likely than other groups to identify suicide and sexual assault/rape/date violence as concerning personal safety issues.
- In 2019, the same five issues were identified as the leading personal safety concerns among teens, but in a different order: 1) School Violence, 2) Bullying, 3) Internet Safety, 4) Sexual Assault/Rape/Date violence, 5) Suicide.

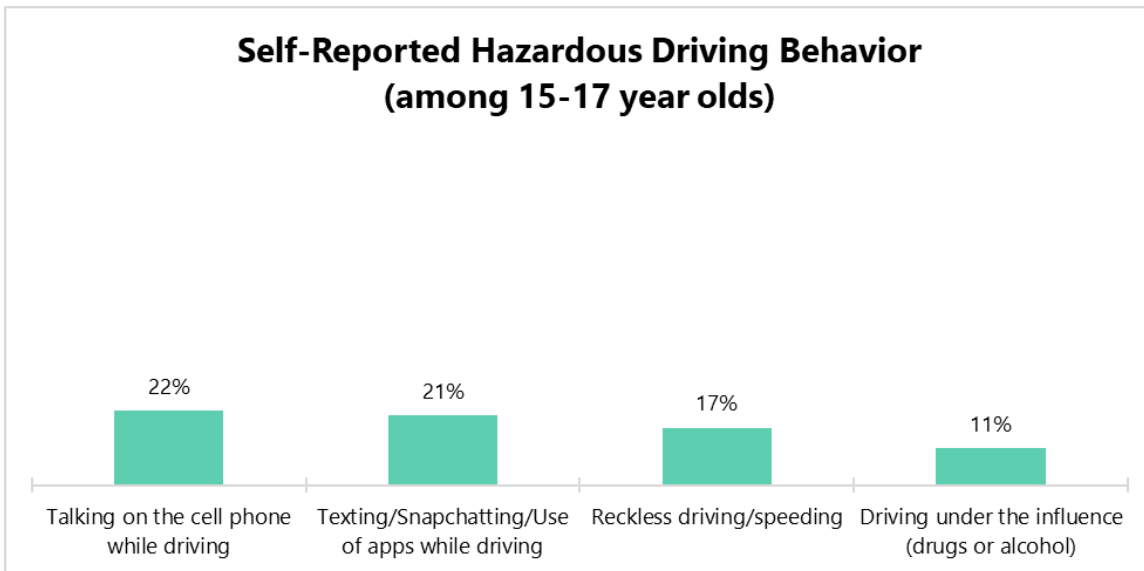
Q15. If you have any safety concerns, who would you most likely report them to:

Would Report Safety Concern To	#	%
Parent	77	45.0%
Friend	46	26.9%
Counselor	22	12.9%
I would not report these concerns	12	7.0%
Clergy (Pastor, Minister, Reverend)	6	3.5%
Teacher	4	2.3%
Other (please specify)	4	2.3%
Total	171	
Unanswered	15	
<i>Other write-in responses included: none, sister, combination</i>		

- 45% of respondents would tell a parent if they had any safety concerns, 27% would tell a friend, and 13% would inform a counselor.
- 7% would not report their safety concerns to anyone.
- In 2019, 59% of Teen respondents would tell a parent, 19% would tell a friend, 4% would tell a counselor, and 9% would not report their concerns.

Q16. Listed below are safety hazards related to driving. Please check ALL that apply to you.

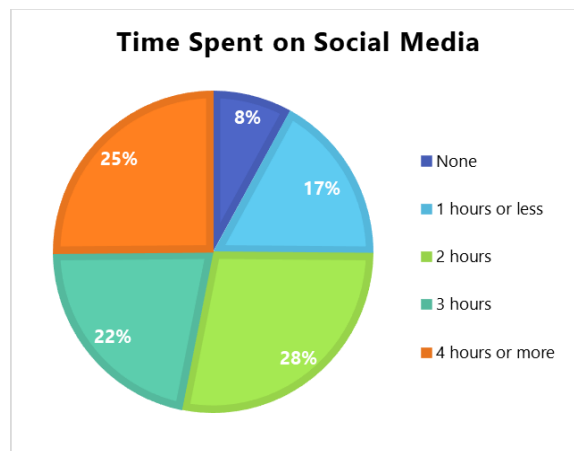
Reported Hazardous Driving Behaviors (Among those Aged 15-17)	#	%
None	43	52.4%
Talking on the cell phone while driving	18	22.0%
Texting/Snapchatting/Use of apps while driving	17	20.7%
Reckless driving/speeding	14	17.1%
Driving under the influence (drugs or alcohol)	9	11.0%
Total	82	



- Among 15-17 year old respondents (roughly driving age), talking on the cell phone while driving was the most commonly reported risky driving behavior.
- 21% of respondents aged 15-17 reported using cell phone apps while driving and 17% reported speeding or driving recklessly.
- 11% of respondents of driving age reported driving under the influence of drugs or alcohol.
- This question is not comparable to the 2019 survey due to differences in how the data was provided for analysis and the way the age question was asked.

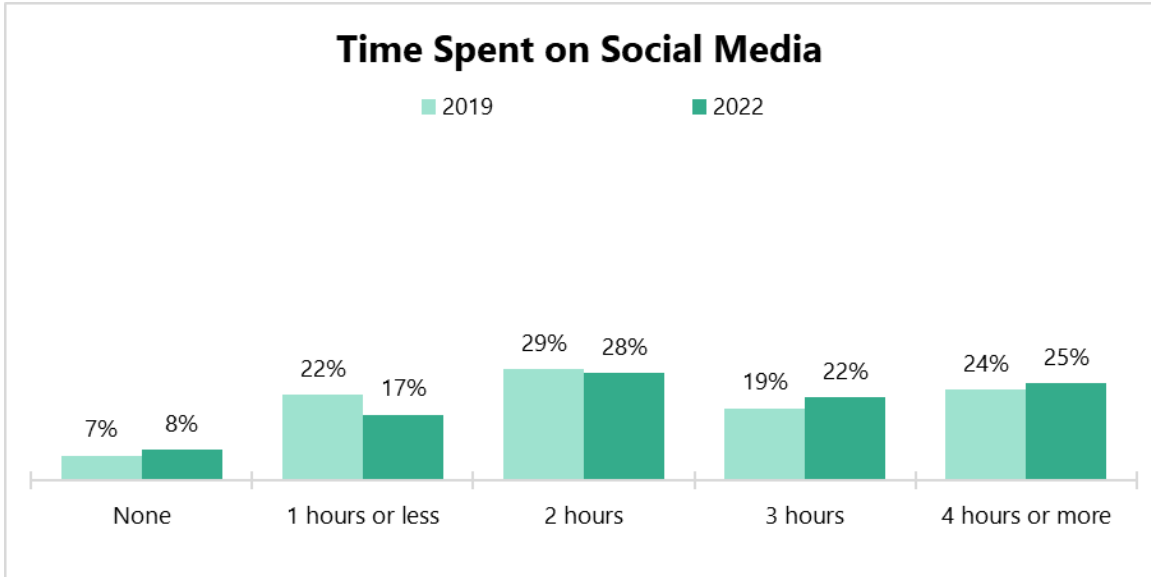
Q17. Approximately how much time do YOU spend daily on social media? (i.e. Instagram, Twitter, Snap Chatting, Texting)

Time Spent on Social Media	#	%
None	14	8.0%
1 hours or less	30	17.1%
2 hours	49	28.0%
3 hours	38	21.7%
4 hours or more	44	25.1%
Total	175	
Unanswered	11	



Time Spent on Social Media	All	Males	Females	Black	Hispanic	Age 12-14	Age 15-17	28110	Monroe
None	8.0%	9.5%	7.1%	4.8%	9.0%	8.7%	3.8%	7.6%	8.0%
1 hours or less	17.1%	23.8%	12.1%	8.1%	26.9%	11.6%	19.2%	21.2%	18.2%
2 hours	28.0%	30.2%	26.3%	22.6%	32.8%	29.0%	28.2%	25.8%	28.4%
3 hours	21.7%	22.2%	21.2%	24.2%	19.4%	17.4%	24.4%	27.3%	21.6%
4 hours or more	25.1%	14.3%	33.3%	40.3%	11.9%	33.3%	24.4%	18.2%	23.9%

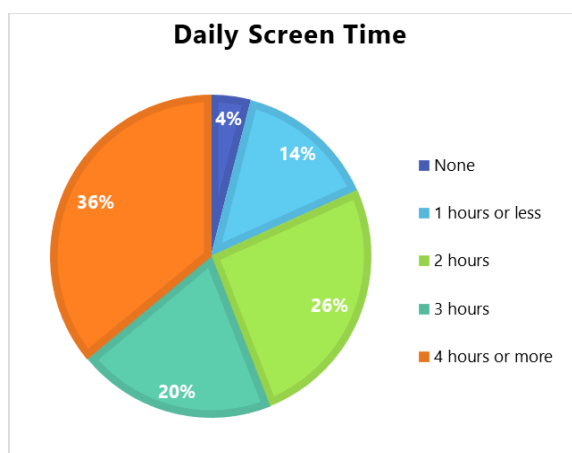
- 47% of Teen Survey respondents reported spending 3 hours or more a day on social media.
- 25% of respondents reported spending no time or 1 hour or less per day on social media.
- Compared to other groups, females, Black respondents, and teens aged 12-14 were more likely to spend 4 hours or more on social media.



- Compared to responses in 2019, teen respondents in 2022 were more likely to spend 3 hours or more per day on social media.

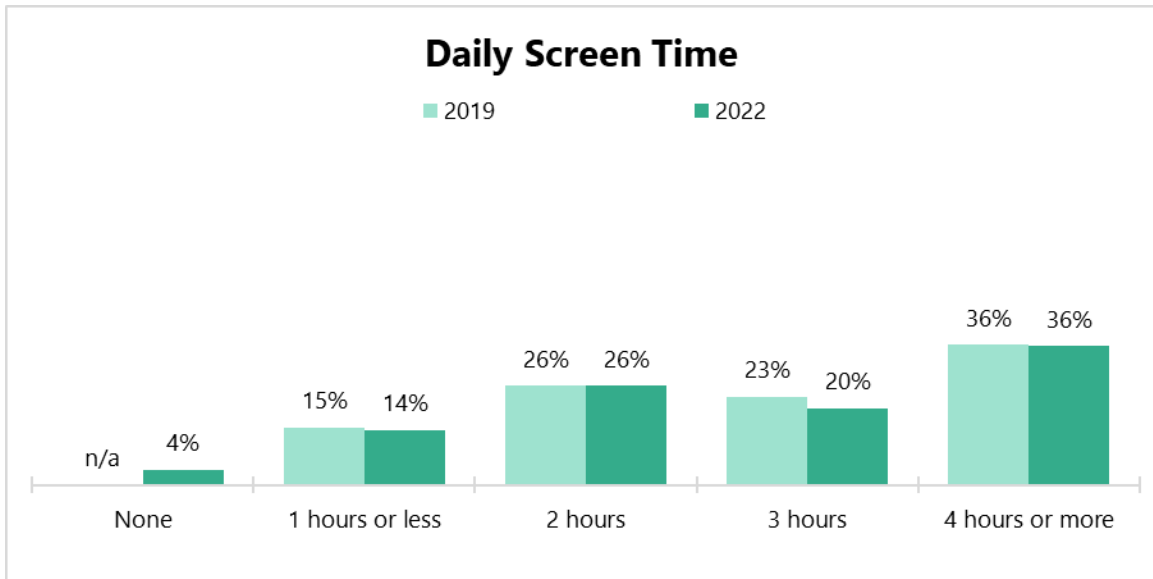
Q18. How much screen time do YOU spend daily (non-school related)? (TV, video games, computer, cell phone)

Daily Screen Time	#	%
None	7	4.0%
1 hour or less	25	14.3%
2 hours	45	25.7%
3 hours	35	20.0%
4 hours or more	63	36.0%
Total	175	
Unanswered	11	



Daily Screen Time	All	Males	Females	Black	Hispanic	Age 12-14	Age 15-17	28110	Monroe
None	4.0%	1.6%	5.9%	1.6%	7.6%	0.0%	5.2%	4.5%	5.7%
1 hour or less	14.3%	11.5%	15.8%	7.9%	22.7%	10.1%	11.7%	18.2%	18.2%
2 hours	25.7%	34.4%	18.8%	22.2%	30.3%	27.5%	23.4%	24.2%	22.7%
3 hours	20.0%	21.3%	20.8%	25.4%	16.7%	20.3%	19.5%	19.7%	17.0%
4 hours or more	36.0%	31.1%	38.6%	42.9%	22.7%	42.0%	40.3%	33.3%	36.4%

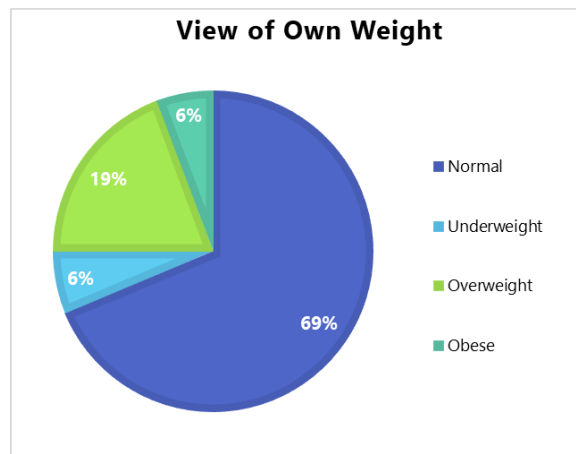
- 56% of teen respondents reported 3 or more hours of daily screen time on non-school related activities.
- 18% spend 1 hour or less per day interacting with a screen.
- Compared to other groups, males and Hispanic respondents were more likely to spend 2 hours per day on screens (TV, video games, computer).
- A higher proportion of Hispanic respondents reported no daily screen time compared to other groups.



- Compared to 2019, the reported amounts of daily screen time did not change significantly among respondents in 2022. Note that “none” was not provided as an answer option in 2019.

Q19. How do you view YOUR weight?

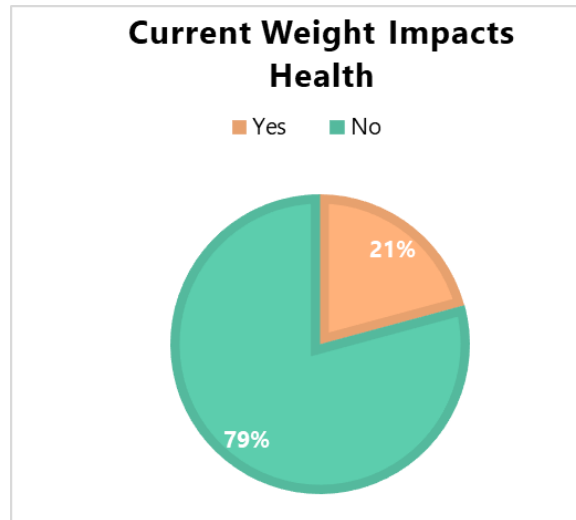
View of Own Weight	#	%
Normal	121	68.8%
Underweight	11	6.3%
Overweight	34	19.3%
Obese	10	5.7%
Total	176	
Unanswered	10	



- 69% of respondents viewed their weight as normal.
- 19% of teen respondents viewed themselves as overweight.
- Approximately 6% viewed their weight as obese.
- While responses are not directly comparable to 2019, when Morbidly Obese was an answer choice, 65% of respondents in 2019 viewed their weight as normal, 24% viewed their weight as overweight, and 8% viewed themselves as underweight.

Q20. Do you feel YOUR current weight is impacting YOUR health status?

Current Weight Impacts Health	#	%
Yes	36	20.8%
No	137	79.2%
Total	173	
Unanswered	13	



- While most respondents (79%) felt that their weight does not impact their health, 21% of respondents did feel that their weight impacts their health status.
- Responses did not change dramatically since 2019, when 82% of respondents felt their weight did not impact their health and 18% felt it did impact their health status.

Q21. How many days a week do YOU normally get 30 minutes of exercise?

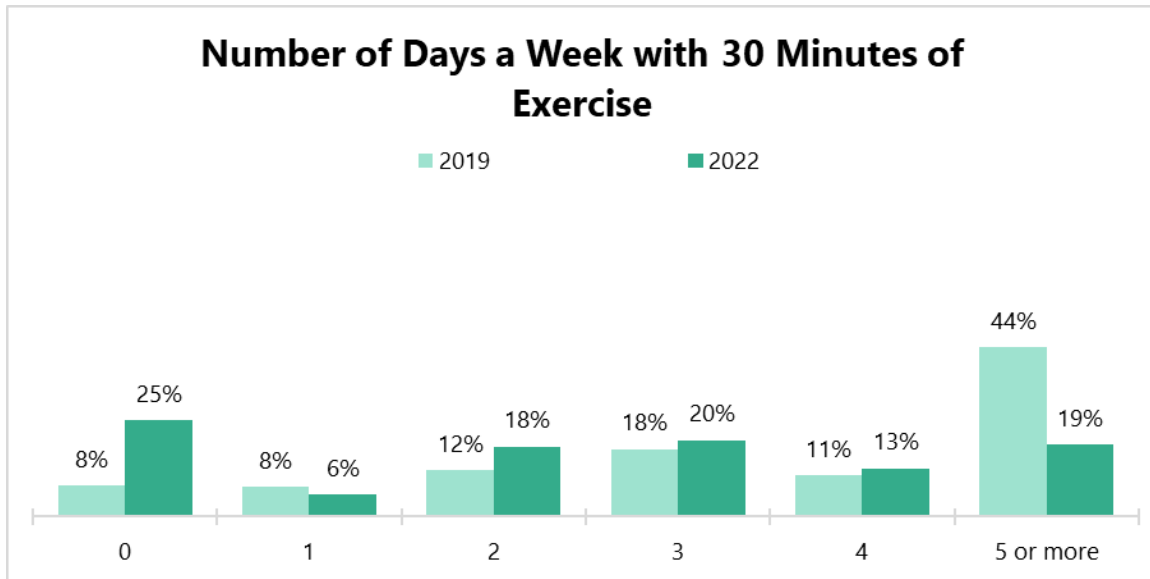
Number of Days a Week They Get 30 Minutes of Exercise	#	%
None	44	25.0%
One	10	5.7%
Two	32	18.2%
Three	35	19.9%
Four	22	12.5%
Five or more	33	18.8%
Total	176	
Unanswered	10	



Number of Days a Week with 30 Minutes of Exercise	All	Males	Females	Black	Hispanic	Age 12-14	Age 15-17	28110	Monroe
0	25.0%	24.2%	25.7%	27.4%	29.4%	14.3%	22.1%	19.4%	23.6%
1	5.7%	3.2%	5.9%	3.2%	4.4%	4.3%	6.5%	6.0%	5.6%
2	18.2%	16.1%	18.8%	16.1%	19.1%	20.0%	22.1%	17.9%	21.3%
3	19.9%	17.7%	22.8%	32.3%	16.2%	25.7%	16.9%	26.9%	22.5%
4	12.5%	11.3%	14.9%	8.1%	16.2%	11.4%	15.6%	11.9%	12.4%
5 or more	18.8%	27.4%	11.9%	12.9%	14.7%	24.3%	16.9%	17.9%	14.6%

- 19% of respondents reported getting the recommended amount of physical activity (at least 30 minutes a day, 5 days a week).
- 25% reported getting no physical activity.

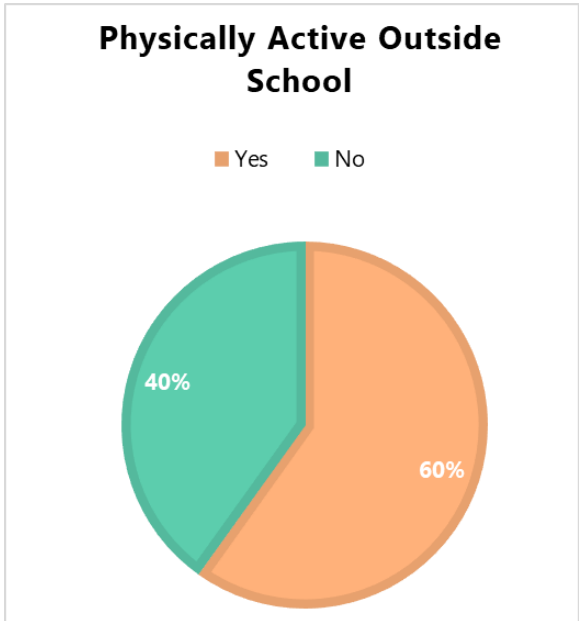
- Females, Hispanic respondents, those aged 15-17, and respondents living in Monroe were more likely than other groups to report getting no physical activity.
- Compared to other groups presented, a higher proportion of males reported 5 or more days per week when they get 30 minutes of exercise.



- Compared to responses from 2019, a higher proportion of respondents got no physical activity in 2022 and a lower proportion reported exercising on 5 or more days per week.
- The proportion of respondents exercising 2, 3 or 4 times per week increased slightly in 2022.

Q22. Outside of exercising at school, are YOU physically active?

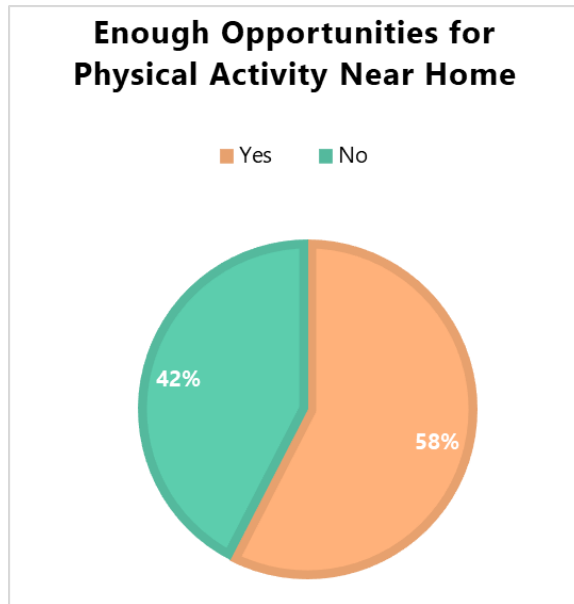
Physically Active Outside of School	%	#
Yes	103	59.9%
No	69	40.1%
Total	172	
Unanswered	14	



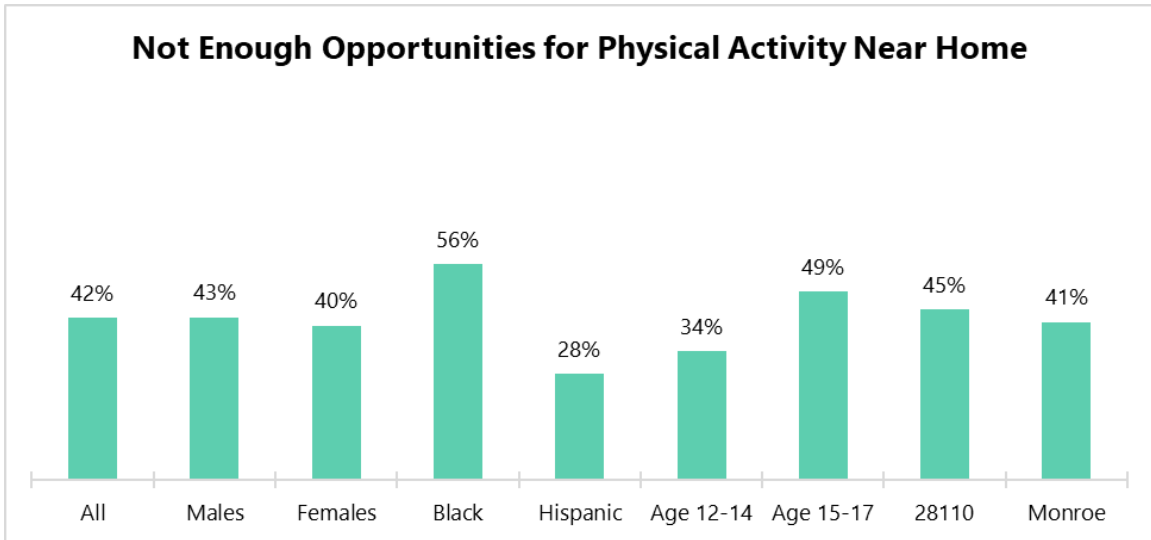
- 60% of respondents report being physically active outside of exercising at school.
- 40% indicated that they were not physically active outside of school-based exercise.
- In 2019, 77% of respondents were physically active outside of school.

Q23. Are there enough opportunities for physical activity near YOUR home?

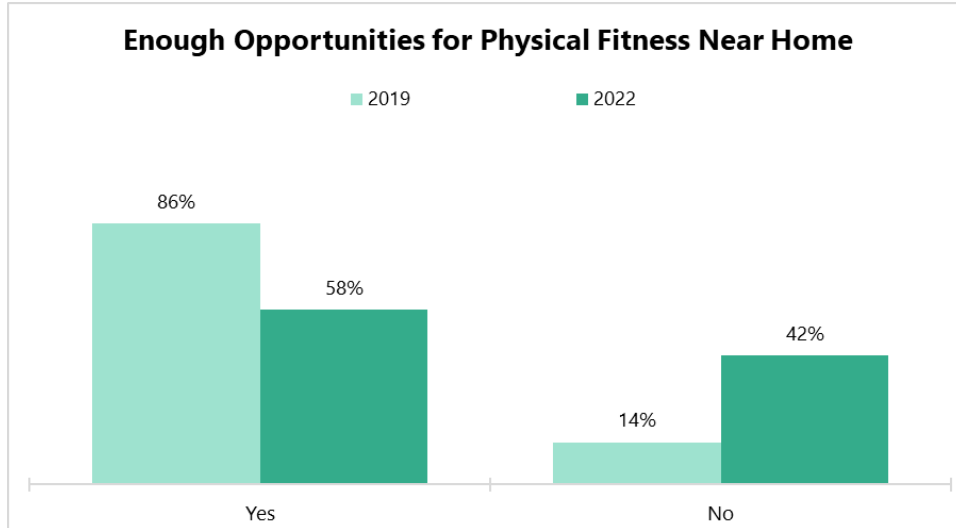
Enough Opportunities for Physical Fitness Near Home	#	%
Yes	99	57.6%
No	73	42.4%
Total	172	
Unanswered	14	



- 58% of respondents feel that there are enough opportunities for physical fitness near their home.
- 42% do not feel that there are enough such opportunities near their home.



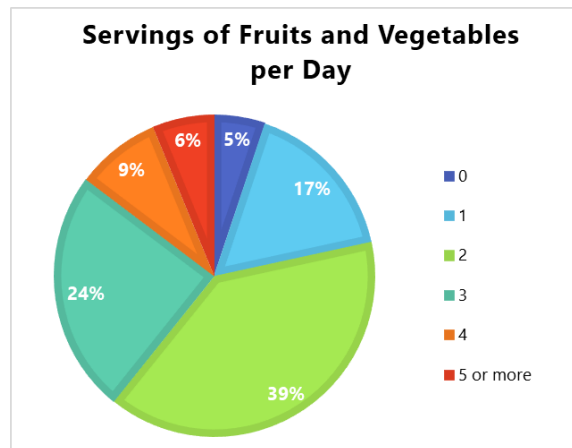
- Black respondents were more likely to feel that there are not enough opportunities for physical activity near their homes. Approximately 31% of Black respondents reported getting 30 minutes of exercise on 1 day or less per week.



- Compared to responses to the 2019 Teen Survey, a much higher proportion of respondents reported feeling that there were not enough opportunities for physical activity near their home in 2022.

Q24. How many servings of fruits and vegetables do YOU normally eat per day?

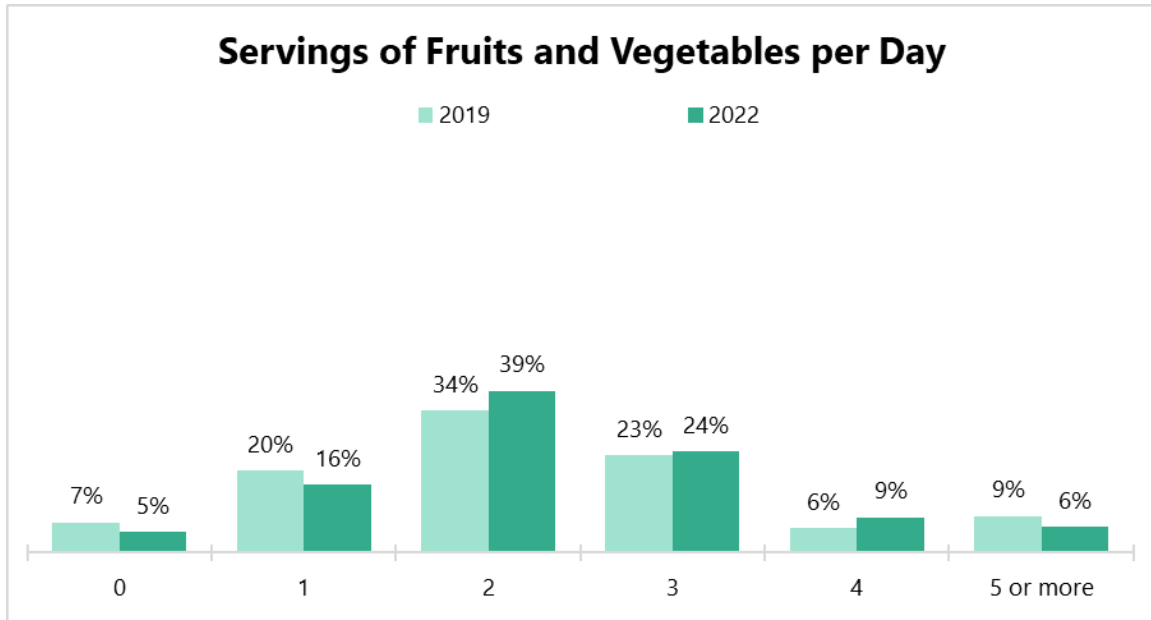
Servings of Fruits and Vegetables Per Day	#	%
None	9	5.1%
One	29	16.5%
Two	69	39.2%
Three	43	24.4%
Four	15	8.5%
Five or more	11	6.3%
Total	176	
Unanswered	10	



Servings of Fruits and Vegetables	All	Males	Females	Black	Hispanic	Age 12-14	Age 15-17	28110	Monroe
0	5.1%	9.7%	3.0%	1.6%	4.4%	5.7%	6.5%	6.0%	6.7%
1	16.5%	8.1%	19.8%	9.7%	22.1%	12.9%	14.3%	17.9%	18.0%
2	39.2%	41.9%	37.6%	53.2%	26.5%	37.1%	42.9%	35.8%	34.8%
3	24.4%	25.8%	24.8%	30.6%	23.5%	27.1%	23.4%	31.3%	24.7%
4	8.5%	6.5%	8.9%	3.2%	13.2%	10.0%	9.1%	6.0%	9.0%
5 or more	6.3%	8.1%	5.9%	1.6%	10.3%	7.1%	3.9%	3.0%	6.7%

- Approximately 6% of respondents get the recommended 5 or more servings of fruits and vegetables per day.
- 5% of teen respondents do not eat any fruits or vegetables.
- Approximately 63% of respondents eat two or three servings of fruits and vegetables a day.
- Two or three servings per day were the most common responses among all groups presented: gender, race, age, location.

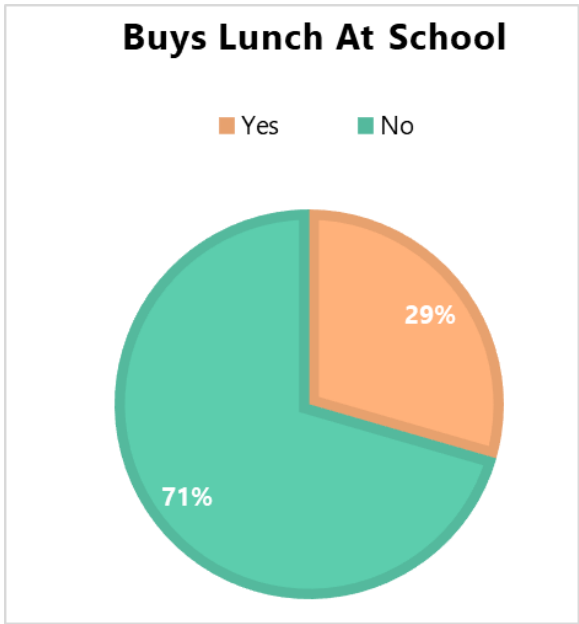
- Males were more likely than other groups to report consuming no fruits or vegetables and Hispanic students were more likely than other groups to get the recommended 5 or more servings per day.



- Compared to 2019, respondents to the 2022 Teen Survey were more likely to consuming 2 to 4 servings of fruits and vegetables a day.

Q25. Do you buy YOUR lunch at school?

Buys Lunch At School	#	%
Yes	51	29.5%
No	122	70.5%
Total	173	
Unanswered	13	



- 29% of respondents reported buying lunch at school.
- Responses to this question were similar in 2019, with 31% of respondents reporting that they bought lunch at school.

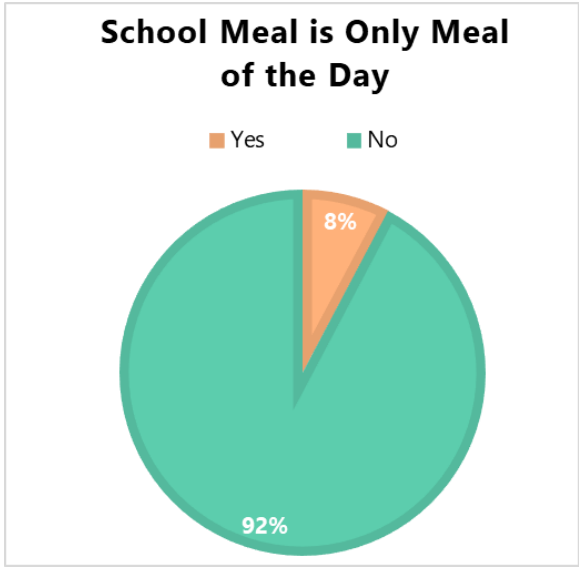
Q26. If yes, what do you eat most often?

Eats Most Often At School (Among those who bought lunch at school)	#	%
School Lunch (meal of the day)	36	72.0%
A La Carte Menu (French fries, pizza, chicken sandwich, etc.)	11	22.0%
Snack Food (ice cream, cookies, chips)	3	6.0%
Total	50	100.0%
Unanswered	136	

- Among those who bought lunch at school, 72% eat the school lunch/meal of the day and 22% choose items from the a la carte menu.
- In 2019, 59% of respondents reported buying the school-provided meal of the day and 39% ate from the a la carte menu.

Q27. Is this your ONLY meal of the day?

School Meal is the Only Meal of the Day	#	%
Yes	13	7.7%
No	155	92.3%
Total	168	
Unanswered	18	



- Approximately 8% of the respondents indicated that school lunch is their only meal of the day.
- In 2019, 4% of respondents reported that school meals were their only source of food.

Q28. If you do not buy your lunch, why do you not buy lunch?

Reasons to Not Buy School Lunch (Among those who did not buy lunch at school)	#	%
Bring my lunch from home	36	33.3%
Do not like food choices	24	22.2%
Don't eat lunch	13	12.0%
No money	17	15.7%
Other reason:	18	16.7%
Total	108	100.0%
Unanswered	78	

Other write-in responses included: free lunch (12), unhealthy foods are served, school doesn't provide lunch

- Among those who do not buy lunch at school, 33% of them reported bringing lunch from home.
- 22% indicated that they do not buy lunch from school because they do not like the food choices.
- In 2019, a higher proportion of respondents (80%) indicated that they brought lunch from home.

Q29. Where do the majority of YOUR meals outside of school come from?

Source of Majority of Meals	#	%
Home prepared / cooked meals	134	72.0%
Fast Food Restaurant	36	19.4%
Frozen Food / Microwave Meals	30	16.1%
Dine-in / Take-out Restaurant	24	12.9%
Prepared Foods from Grocery Store Deli	15	8.1%
Other (please specify)	4	2.2%
Total	186	

Other write-in responses included: vending machine, grocery stores, combination

- 72% of respondents reported that the majority of their meals (outside of school) are home prepared/home cooked.
- 32% of respondents get most of their meals from restaurants (fast food or dine in).
- The question is not directly comparable to 2019 as respondents in 2022 could select more than one response and respondents in 2019 could only select one response.

Q30. After school gets out each day, or during the summer how do you spend YOUR time? Check ALL that apply:

After School and Summer Plans	#	%
Hanging out with friends	95	51.1%
Home alone, or with siblings	86	46.2%
Doing homework	71	38.2%
Video games	64	34.4%
Hobbies	61	32.8%
Playing sports for recreation	41	22.0%
Playing sports competitively	39	21.0%
Working (job)	35	18.8%
Partying (drinking / recreational drugs)	5	2.7%
Total	186	

- 51% of respondents indicated that they spend time outside of school, in the afternoons and summertime, hanging out with friends.
- 46% of respondents report being home alone or home with siblings after school and over the summer.
- 33% of respondents reported having hobbies to keep them busy outside of school.
- Approximately 22% reported playing sports either competitively or for recreation.
- 19% of respondents work after school and during the summer.
- In 2019, 76% of respondents reported spending their free time hanging out with friends, 52% were home alone or with siblings, and 46% worked a job. A higher proportion of respondents in 2019 reported playing sports recreationally (36%) or competitively (33%) in their free time.

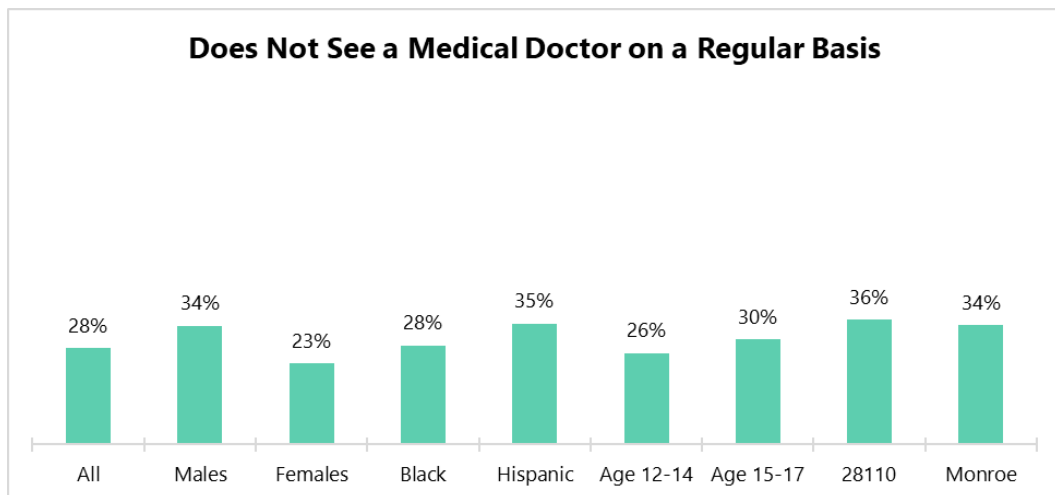
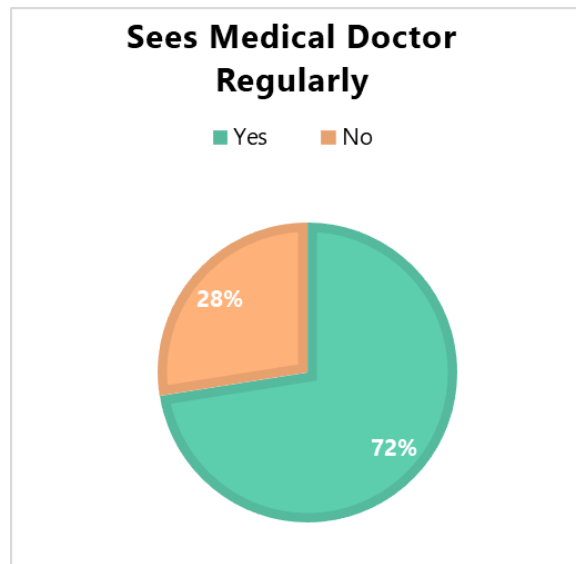
Q31. Where do you go MOST OFTEN when you are sick and need medical care? Choose ONLY one

Primary Source of Medical Care When Sick	#	%
Doctor's office in Union County	64	40.0%
Atrium Health Care Union Emergency Room (formerly CMC)	25	15.6%
Urgent Care Facility in Union County	22	13.8%
Doctor's office outside Union County	19	11.9%
Do not see a doctor - use naturopathic remedies	13	8.1%
Emergency Department outside Union County	8	5.0%
Minute Clinic in Union County	7	4.4%
Other (please specify)	2	1.3%
Total	160	
Unanswered	26	

- The most common source of medical care among respondents to the Teen Survey was a doctor’s office in Union County.
- 12% of respondents go to a doctor’s office outside Union County when they are sick.
- Approximately 16% of respondents visit the ER at Atrium Health Care Union and 5% go to an ER outside Union County when sick.
- 18% reported going to an urgent care facility or Minute Clinic in Union County .
- 8% of respondents do not see a doctor when they are sick as they prefer to use naturopathic remedies.

Q32. Do you have a medical doctor you see on a regular basis?

Sees Medical Doctor on Regular Basis	#	%
Yes	116	72.5%
No	44	27.5%
Total	160	
Unanswered	26	

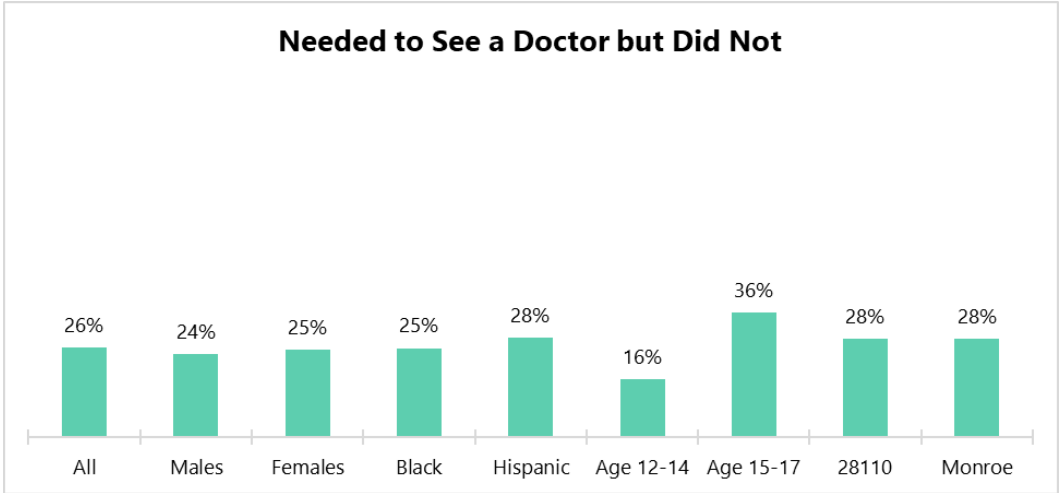
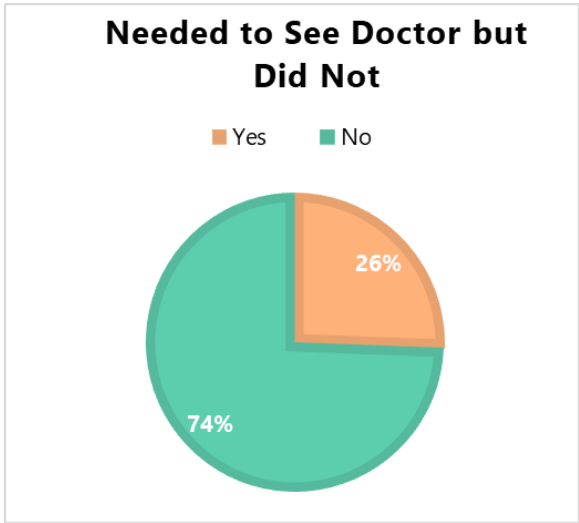


- Approximately 72% of respondents reported seeing a medical doctor on a regular basis.
- 27% of respondents did not see a medical doctor regularly.

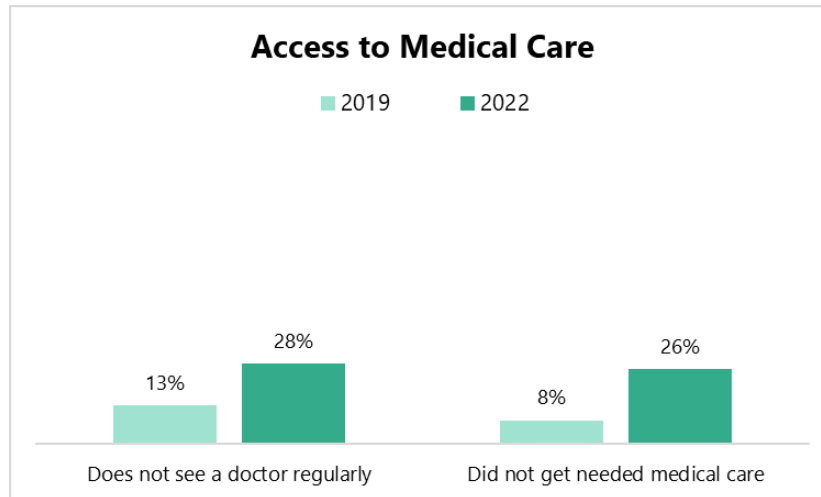
- Respondents from the 28110 zip code, Hispanic respondents, male respondents, and those from Monroe were more slightly more likely than other groups to report not seeing a medical doctor on a regular basis.
- Female respondents were more likely to report seeing a doctor on a regular basis.

Q33. Was there a time that you needed to see a doctor during the last 12 months but did not?

Needed to See Doctor but Did Not	#	%
Yes	43	25.6%
No	125	74.4%
Total	168	
Unanswered	18	



- 26% of respondents reported a time in the past year when they needed to see a doctor but did not.
- Respondents in the 15-17 year old age group were more likely than other groups to report a time in the past year when they needed medical care but did not get it.



- Compared to 2019, higher proportions of teen respondents did not see a doctor on a regular basis AND reported a time in the past year when they needed medical care but did not get it.

At Risk Population: Teens Lacking Access to Medical Care

Respondents from the 28110 zip code and Hispanic/Latino respondents were more likely to lack a medical home compared to groups.

Respondents between the ages of 15 and 17 were more likely than other groups to report not getting needed medical care.

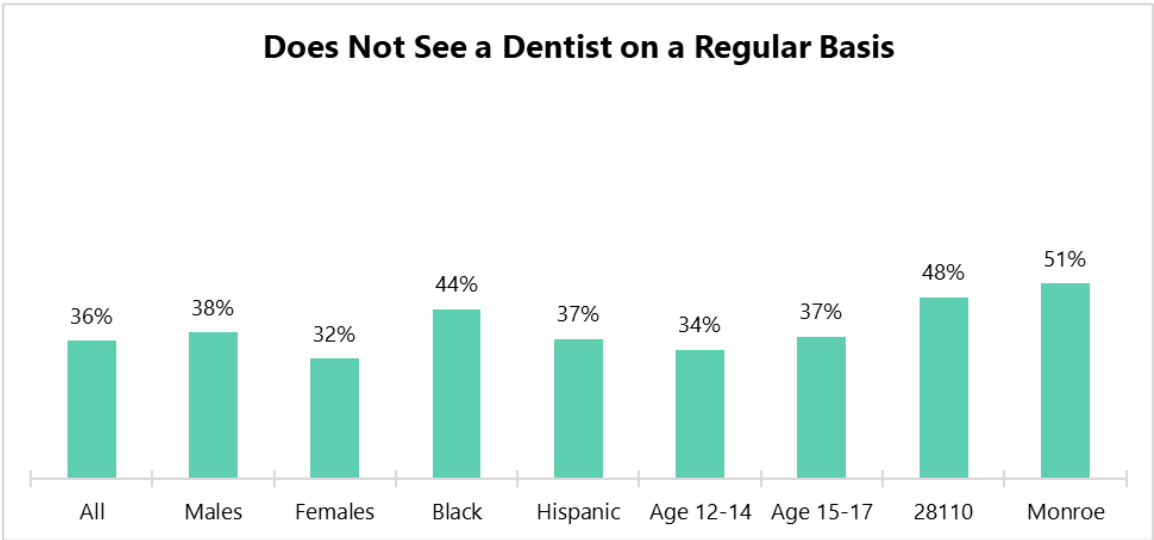
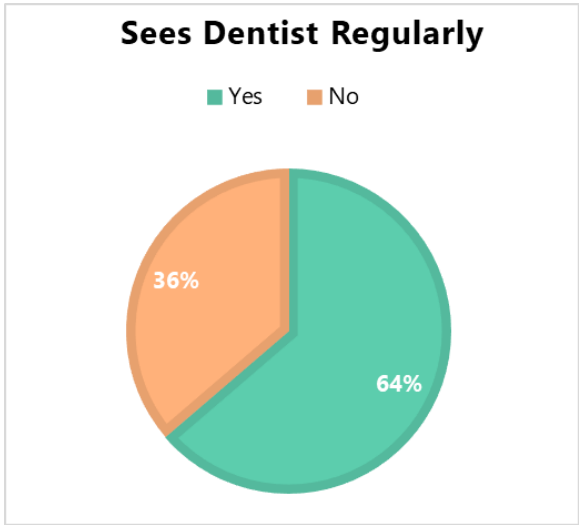
Q34. If yes, what was the main reason(s) that you did not see a doctor? (Check ALL that apply)

Main Reasons for not going to Doctor (Among those who needed to see a doctor but did not)	#	%
I was afraid / I don't like to go to the doctor	14	32.6%
Did not have the money to go	6	14.0%
I have no transportation	5	11.6%
Did not know who to call or where to go	4	9.3%
No insurance	4	9.3%
Office was not open when I could get there	4	9.3%
I do not trust doctors	3	7.0%
Language barrier	1	2.3%
Other (please specify)	6	14.0%
Total	43	
<i>Other write-in responses included: long wait time, COVID, just didn't go, parents working</i>		

- Among those who needed to see a doctor but did not, the most common reason for not see a doctor was “I was afraid/I don’t like to go to the doctor”.
- 14% of respondents cited not having enough money as the primary reason for not getting needed medical care.
- Approximately 9% of respondents did not see a doctor due to lack of health insurance.

Q35. Do YOU see a dentist on a regular basis?

Sees Dentist on a Regular Basis	#	%
Yes	107	63.7%
No	61	36.3%
Total	168	
Unanswered	18	

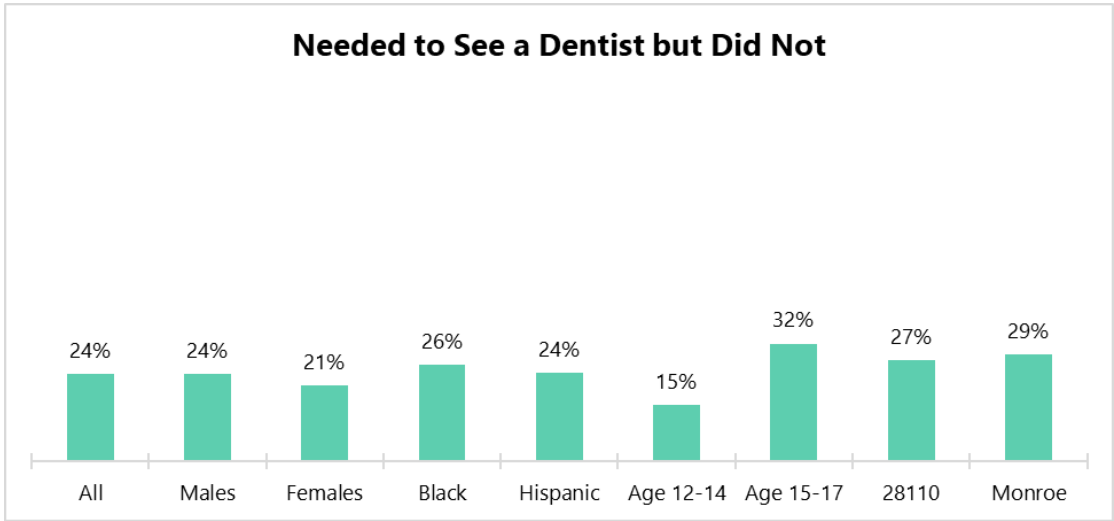
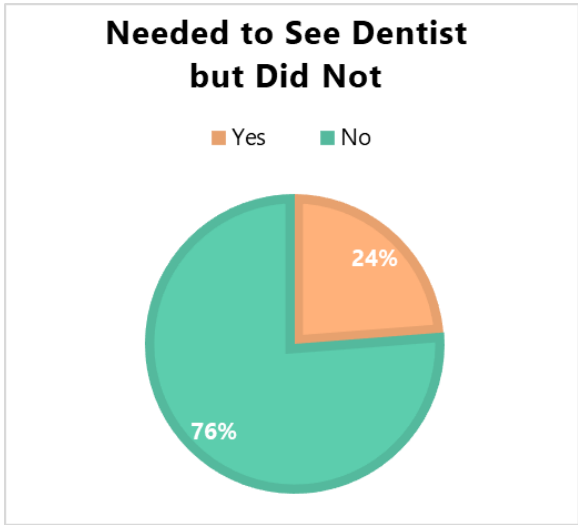


- 64% of respondents reported seeing a dentist on a regular basis.
- 36% reported that they did not see a dentist on a regular basis.

- Respondents from Monroe and the 28110 zip code, and Black respondents were more likely than other groups to report not seeing a dentist on a regular basis.

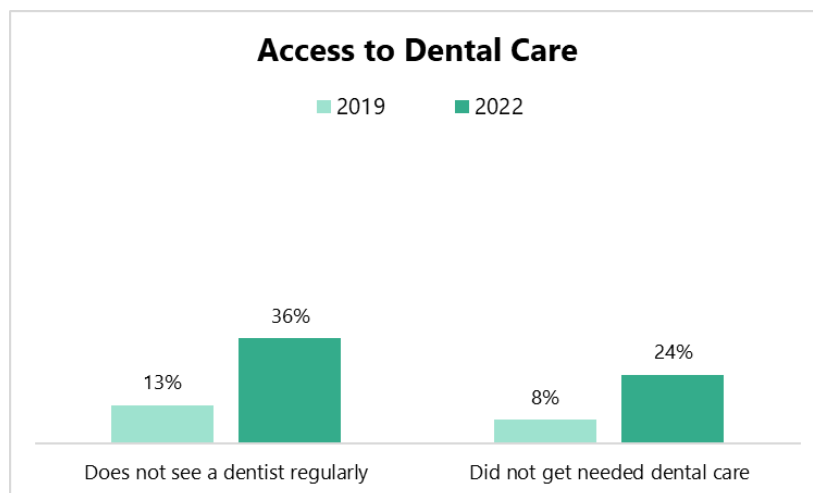
Q36. Was there a time during the last 12 months when YOU needed to see a dentist but did not?

Needed to See Dentist but Did Not	#	%
Yes	39	23.8%
No	125	76.2%
Total	164	
Unanswered	22	



- 24% of respondents reported a time in the last year when they needed to see a dentist but did not.

- Compared to the other groups presented, respondents aged 15-17 were more likely to report a time in the past year when they needed to see a dentist but did not.



- Compared to responses in 2019, higher proportions of respondents in 2022 reported that they do not see a dentist regularly and reported a time when they didn't get needed dental care.

At Risk Population: Teens Lacking Access to Dental Care

Respondents from Monroe were more likely to lack a dental home compared to other geographic and demographic groups.

Respondents between the ages of 15 and 17 were more likely than other groups to report not getting needed dental care.

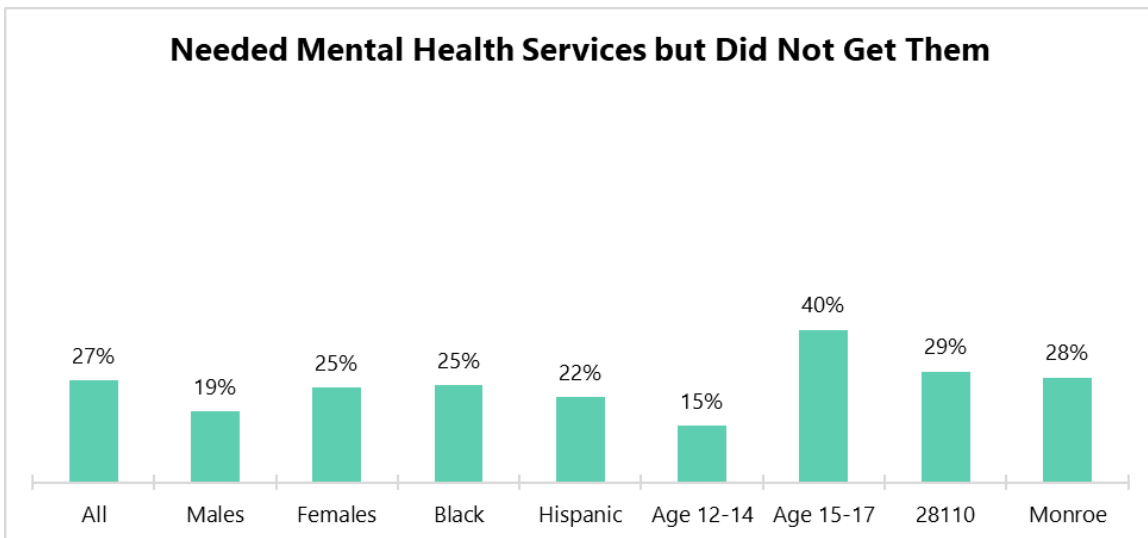
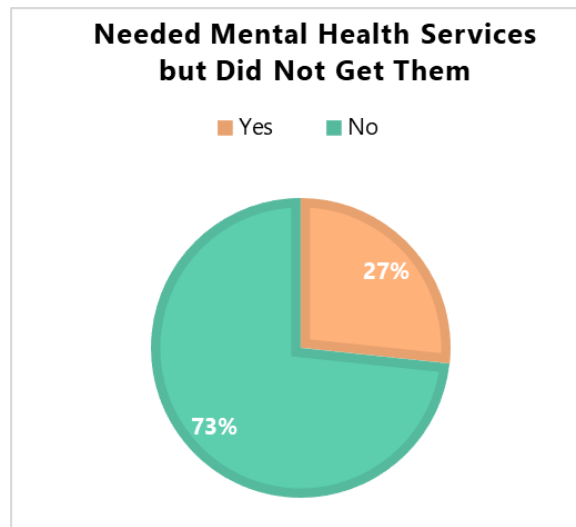
Q37. If yes, what was the main reason(s) that you did not see a dentist?

Main Reasons for not going to Dentist (among those who needed dental care but did not get it)	#	%
Did not have the money to go	8	20.5%
I was afraid / I don't like to go to the dentist	8	20.5%
Did not know who to call or where to go	6	15.4%
No insurance	6	15.4%
Office was not open when I could get there	6	15.4%
Insurance does not pay for the dentist	3	7.7%
I do not trust dentists	2	5.1%
Language barrier	2	5.1%
I had no transportation	1	2.6%
Other (please specify)	2	5.1%
Total	39	100.0%
<i>Other write-in responses included: my parents didn't take me, only go to the dentist once 6 months</i>		

- Among the teenagers who needed dental care but did not get it, the most common reasons were lack of money (20.5%) and fear/not liking to go to the dentist (20.5%).
- 15% of respondents did not see a dentist when they needed to due to lack of insurance.

Q38. Have you ever felt that you needed mental health services and did not get them?

Needed Mental Health Services but Did Not Get Them	#	%
Yes	44	26.7%
No	121	73.3%
Total	165	
Unanswered	21	



- Approximately 27% of respondents reported a time when they needed mental health services and did not get them.

- Respondents aged 15-17 were more likely than other groups to report a time in the past year when they needed mental health care but did not get it.
- In 2019, 14% of Teen Survey respondent reported a time in the past year when they needed mental health services but did not get them.

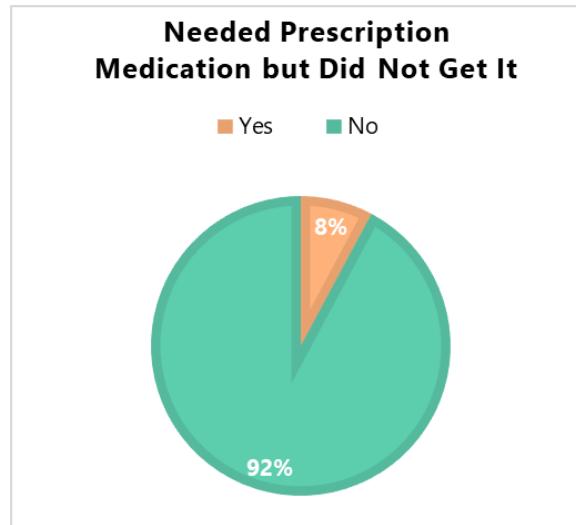
Q39. If yes, what was the main reason(s) that YOU did not go for mental health services? (Check ALL that apply)

Main Reasons for Not Getting Mental Health Services (among those who needed services and did not get them)	#	%
Embarrassed	23	52.3%
Did not know who to call or where to go	14	31.8%
I was afraid / I don't like to go to the doctor	11	25.0%
Did not have the money to go	10	22.7%
I had no transportation	7	15.9%
I have no insurance	6	13.6%
I do not trust doctors	2	4.5%
Language Barrier	2	4.5%
Insurance does not pay for mental health services	2	4.5%
Office was not open when I could get there	1	2.3%
Other (please specify)	4	9.1%
Total	44	100.0%

- Among those who did not get needed mental health care, the most common reason was embarrassment (52%) followed by fear/not liking to go to the doctor (37%).
- 23% reported not knowing where to go or who to call.

Q40. Have you needed a prescription medication (pills, insulin, etc.) and did not get it?

Needed Prescription Medication and Did Not Get It	%	#
Yes	13	7.8%
No	153	92.2%
Total	166	
Unanswered	20	

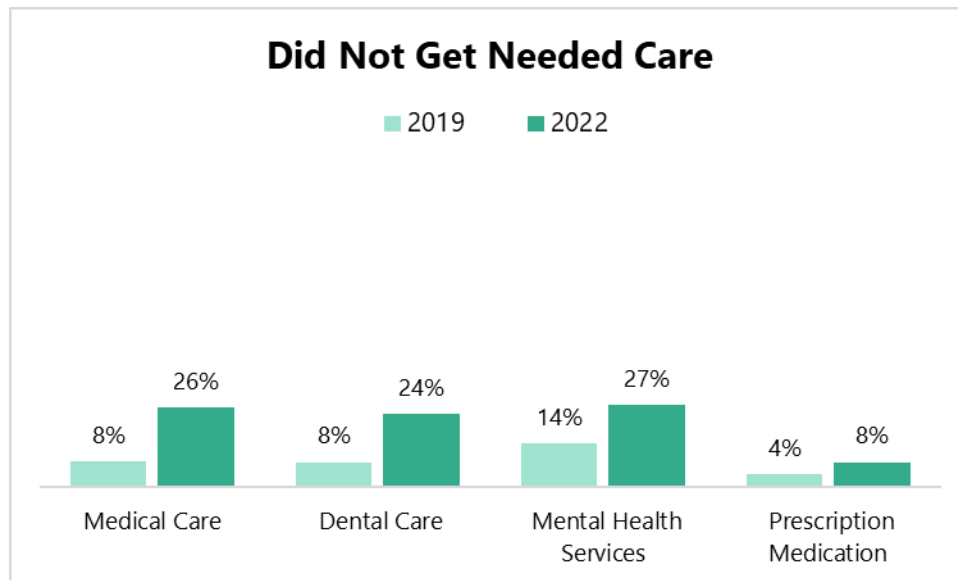


- The vast majority of respondents (92%) did not encounter a problem getting a necessary prescription medication.
- 8% of respondents reported a time when they needed a prescription medication and did not get it.
- In 2019, 4% of Teen Survey respondents reported a time in the past year when they needed prescription medication but did not get it.
- Too few teen respondents reported problems accessing prescriptions to further stratify.

Q41. If yes, what was the main reason that you did not get your medicine?

Main Reasons for not getting Prescription Medication (among those who needed medication but did not get it)	#	%
Did not have the money	3	23.1%
No insurance	2	15.4%
I have to pay other bills (food, gas, utilities)	2	15.4%
Insurance would not cover the medication	2	15.4%
No transportation to Pharmacy	1	7.7%
Do not use medication (prefer alternative medicines / naturopathic)	0	0.0%
Other (please specify)	0	0.0%
Total	13	

- Among those who reported an issue getting prescription medication, the most frequent barriers cited related to lack of money and lack of insurance.

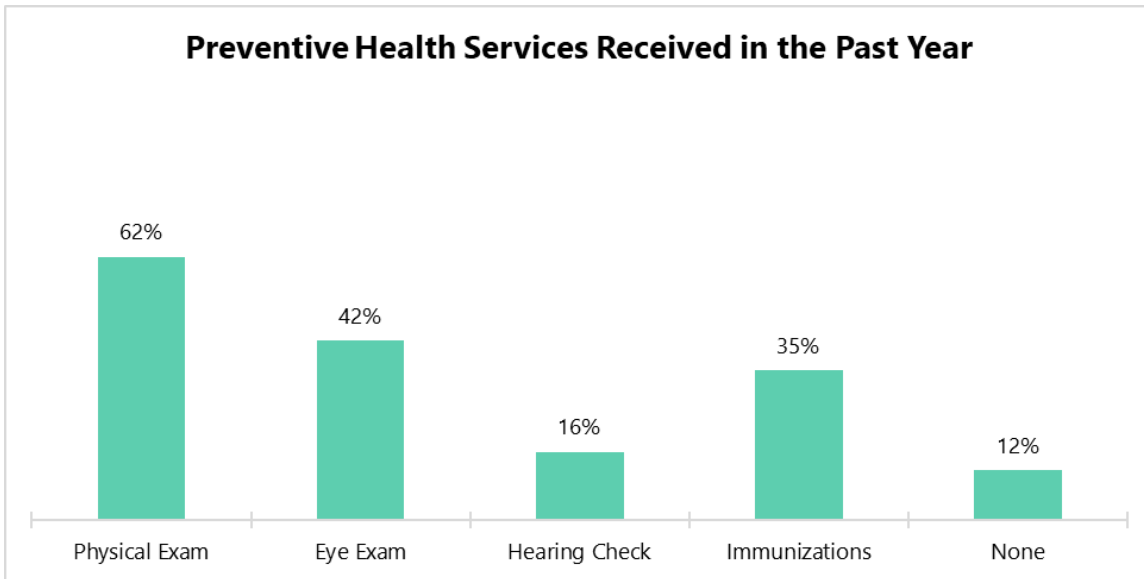


- Higher proportions of respondents to the 2022 Teen Survey reported not getting needed care across all types of healthcare compared to 2019.

Q42. Check ALL preventative health services you had during the past 12 months:

Preventive Health Services Received in the Past Year	#	%
Physical Exam	116	62.4%
Eye Exam	79	42.5%
Hearing Check	30	16.1%
Immunizations	66	35.5%
None	22	11.8%
Other	8	4.3%
Total	186	

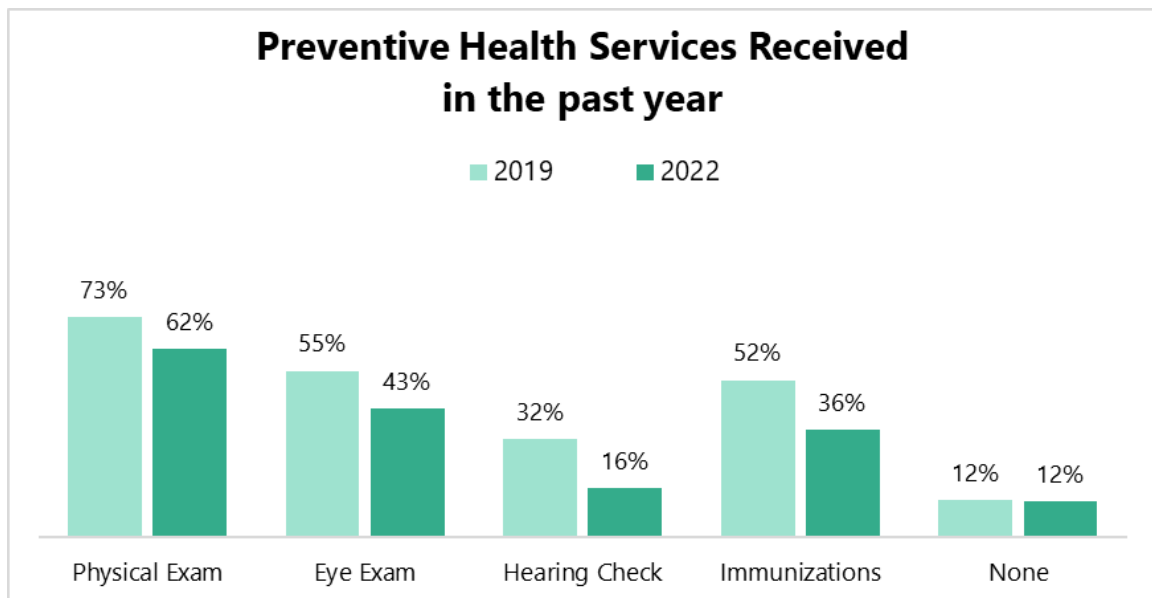
Other write-in responses included: COVID vaccine (3), dentist (3), high blood pressure control



Preventive Health Services Received	All	Males	Females	Black	Hispanic	Age 12-14	Age 15-17	28110	Monroe
Physical Exam	62.4%	62.1%	60.4%	65.6%	56.0%	63.0%	67.1%	54.8%	52.1%
Eye Exam	42.5%	42.4%	40.6%	35.9%	38.7%	41.1%	46.3%	34.2%	32.3%
Hearing Check	16.1%	22.7%	12.3%	14.1%	13.3%	24.7%	12.2%	16.4%	14.6%
Immunizations	35.5%	37.9%	33.0%	25.0%	33.3%	38.4%	32.9%	27.4%	32.3%
None	11.8%	9.1%	14.2%	14.1%	13.3%	15.1%	8.5%	15.1%	17.7%

- 62% of Teen Survey respondents reported having a physical exam in the past year.
- 42.5% reported receiving an eye exam in the past year and 16% had their hearing checked.
- 35.5% received immunizations in the past year.

- 12% of respondents reported receiving no preventive health services in the past year.
- Generally, males were more likely than females to have received preventive health services in the past year.
- A physical exam was the most commonly reported preventive health service received across all demographic groups presented.
- Compared to other groups, a higher proportion of respondents in the 15-17 age group had a physical exam in the last year. They were also more likely to have received an eye exam in the past year.
- Respondents in the 12-14 year old age group were more likely than other groups to have had a hearing check in the past year. They were also more likely to have received immunizations in the last 12 months.
- Black/African American respondents were less likely than other groups to have received immunizations.
- Compared to other groups, respondents from Monroe were less likely to report having had a physical exam or an eye exam and they were more likely than other groups to report having received no preventive health services.



- Compared to results from 2019, the 2022 survey participants were less likely to have received a physical exam, an eye exam, a hearing check, and immunizations.
- The proportion of respondents who received no preventive services did not change between 2019 and 2022.

Q43. If you did not receive any preventative services, please indicate why. Check ALL that apply.

Main Reasons for Not Getting Preventive Health Services (among those who did not get any preventive health services)	#	%
I only see a doctor for an urgent medical problem	8	36.4%
Do not feel prevention services are necessary	6	27.3%
I do not have a medical doctor	4	18.2%
No money	2	9.1%
No insurance coverage	2	9.1%
I have no time to go to the doctor	1	4.5%
I use alternative medicine (naturopathic, holistic, etc.)	0	0.0%
Other reason (please specify)	1	4.5%
Total	22	

- Among those who reported not receiving any preventive health services, only seeing a doctor for an urgent medical problem was the primary reason (36%).
- 27% of respondents reported feeling that prevention services are not necessary.
- Approximately 18% reported the lack of a medical home as the main reason for not receiving preventive health services.

Q32. How do you normally get to your healthcare appointments?

How Transported to Medical Appointments	%	#
Family Member / Friend	133	81.1%
Drive myself - Personal car	25	15.2%
Walk	2	1.2%
Do not have transportation	2	1.2%
Bicycle	1	0.6%
Taxi / Uber / LYFT	1	0.6%
Union County Public Transportation	0	0.0%
Total	164	100.0%
Unanswered	22	

- 81% of teen respondents rely on family and friends to provide transportation to healthcare appointments.
- Approximately 15% of teen respondents drive themselves in their own car.

2022 Adult Survey Response Analysis

Q1. What is YOUR Zip Code?

Zip Code of Residence	%	#
28110 (Monroe, Unionville)	545	24.8%
28173 (Waxhaw, Marvin)	414	18.8%
28112 (Monroe)	376	17.1%
28079 (Indian Trail, Lake Park)	333	15.2%
28104 (Matthews, Stallings, Weddington, Wesley Chapel)	261	11.9%
28103 (Marshville)	129	5.9%
28174 (Wingate)	113	5.1%
28105 (Matthews)	11	0.5%
28227 (Charlotte, Mint Hill)	8	0.4%
28111 (Monroe)	5	0.2%
28113 (unrecognized by USPS)	2	0.1%
28108 (Mineral Springs)	1	0.0%
Total	2,198	
Unanswered	8	

Towns included in the zip codes are according to the USPS.

- Nearly a quarter of adult survey respondents resided in the 28110 (Monroe) zip code, the most common zip code among this survey sample. Another 17% of respondents were in the 28112 Monroe zip code.
- Approximately 19% of respondents lived in the 28173 zip code, which includes Waxhaw and Marvin.
- Just over 15% of respondents lived in the 28079 (Indian Trail, Lake Park) zip code.
- Moving forward in this report, data for some questions is presented specific to the following seven zip codes: 28110, 28173, 28112, 28079, 28104, 28103, and 28174. There were too few respondents (less than 50) in other zip codes to present stratified data.

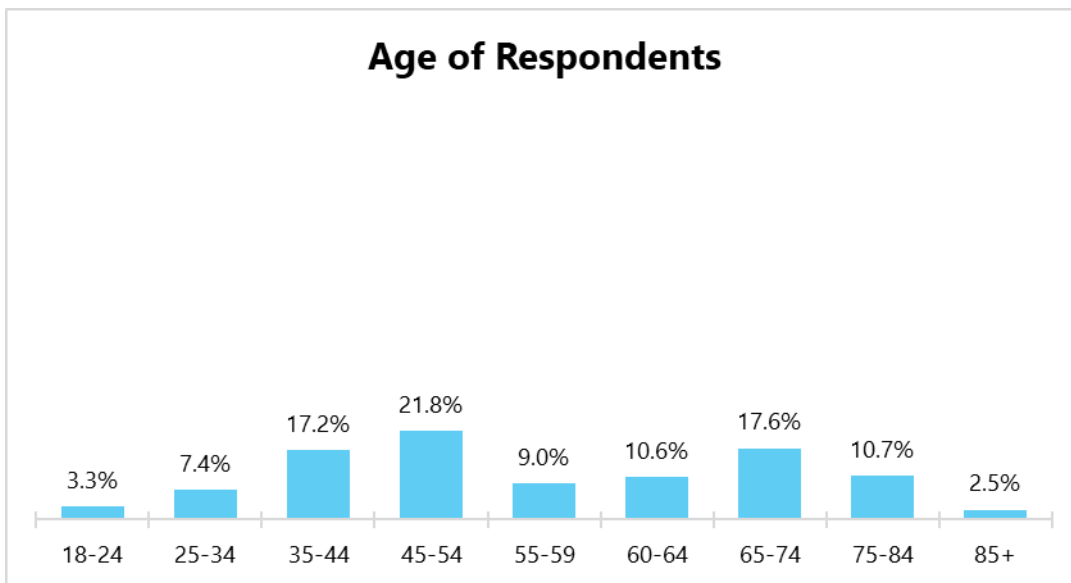
Q2. In which Union County town or municipality do you reside?

Town/Municipality of Residence	#	%
Monroe	655	29.9%
Indian Trail	311	14.2%
Waxhaw	271	12.4%
Unincorporated Area	135	6.2%
Marshville	115	5.3%
Wingate	111	5.1%
Stallings	110	5.0%
Unionville	84	3.8%
Weddington	78	3.6%
Wesley Chapel	66	3.0%
Matthews	57	2.6%
Fairview	42	1.9%
Marvin	31	1.4%
Mineral Springs	26	1.2%
Lake Park	25	1.1%
Altan	23	1.1%
New Salem	19	0.9%
Hemby Bridge	15	0.7%
Out of County	13	0.6%
Goose Creek	3	0.1%
Total	2,190	
Unanswered	20	

- 30% of Adult Survey respondents lived in Monroe, the most common residence among this survey sample.
- Around 14% of respondents lived in Indian Trail.
- Just over 12% of respondents lived in Waxhaw.
- Moving forward in this report, data for some questions is presented specific to the following ten towns: Monroe, Waxhaw, Indian Trail, Unionville, Unincorporated, Marshville, Wingate, Stallings, Weddington, and Wesley Chapel.

Q3. What is your Age?

Age	#	%
18-24	73	3.3%
25-34	162	7.4%
35-44	378	17.2%
45-54	478	21.8%
55-59	198	9.0%
60-64	232	10.6%
65-74	386	17.6%
75-84	236	10.7%
85+	54	2.5%
Total	2,197	
Unanswered	9	



- Middle aged participants (aged 45-54) represent approximately 22% of Adult Survey respondents, the largest segment of this survey sample.
- 30.8% of respondents were aged 65 or older. Moving forward in this report, data for some questions is presented specific to the 65 and older age group (31% of the survey sample).

Q4. What is your Gender?

Gender	#	%
Male	515	23.5%
Female	1,656	75.5%
Transgender	2	0.1%
Prefer not to answer	19	0.9%
Other	0	0.0%
Total	2,192	
Unanswered	14	

- Females comprised three-quarters of the respondents to the Adult Survey.
- Moving forward in this report, data for some questions is presented specific to males and females.

Q5. Using the categories below, what do you consider yourself?

Race/Ethnicity	%	#
White / Caucasian / European American	1,548	70.7%
Black/African American	336	15.3%
Hispanic / Latino	214	9.8%
Asian	21	1.0%
American Indian / Alaska Native	12	0.5%
Eastern European / Russian / Post Soviet States	10	0.5%
Native Hawaiian / Pacific Islander	2	0.1%
Arab American / Middle Eastern	1	0.0%
Other	45	2.1%
Total	2,189	
Unanswered	17	

Other write-in responses included: bi/multi-racial (18), prefer not to say (5)

- Approximately 71% of the Adult Survey respondents were White/Caucasian/European American.
- Approximately 15% of the respondents were Black/African American.
- Hispanic/Latino respondents comprised almost 10% of the respondents.
- Moving forward in this report, data for some questions is presented specific to the following three race/ethnicities: White, Black/African American, and Hispanic/Latino. There were too few respondents (less than 50) in other racial/ethnic groups to present stratified data.

Q6. What is your highest level of education?

Educational Attainment	#	%
Less than 9th grade	48	2.2%
9-12 grade, no diploma	93	4.2%
High School graduate	288	13.2%
Associate’s Degree or Vocational Training	267	12.2%
Some college	361	16.5%
Bachelor's degree	621	28.4%
Graduate or professional degree	493	22.5%
Other	18	0.8%
Total	2,189	
Unanswered	17	
<i>Other write-in responses included: specific graduate degree (3), some graduate level, in college now (2), certificate programs (3)</i>		

- Respondents with a high school education or less comprise 19.6% of the survey sample.
- Just over half of respondents (50.9%) had a bachelor’s degree or higher.
- 12% of respondents had an Associate’s Degree or vocational training and another 16.5% had attended college but not graduated.
- Moving forward in this report, data for some questions is presented specific to those with a high school education or less (20% of the survey sample) and those with a bachelor’s degree or higher (51% of the survey sample).

Q7. Are you a veteran or have you served in the military?

Current or Former Veterans	#	%
Yes	177	8.1%
No	1,997	91.9%
Total	2,174	
Unanswered	32	

- Approximately 8% of survey respondents indicated that they were a military veteran.

Q8. What type of health insurance do YOU have?

Health Insurance Coverage	#	%
Private Insurance	1,243	56.3%
Medicaid	652	29.6%
No Insurance	148	6.7%
Government Insurance (Affordable Healthcare Act)	102	4.6%
Medicare	92	4.2%
Military / VA	61	2.8%
Total	2,206	

- More than three quarters of adult respondents reported that they had private health insurance.
- Nearly 30% of respondents received health insurance benefits through Medicaid.
- 6.7% of the respondents indicated that they did not have any health insurance coverage.
- In 2019, 6% of the survey sample reported lacking health insurance, similar to responses in 2022.

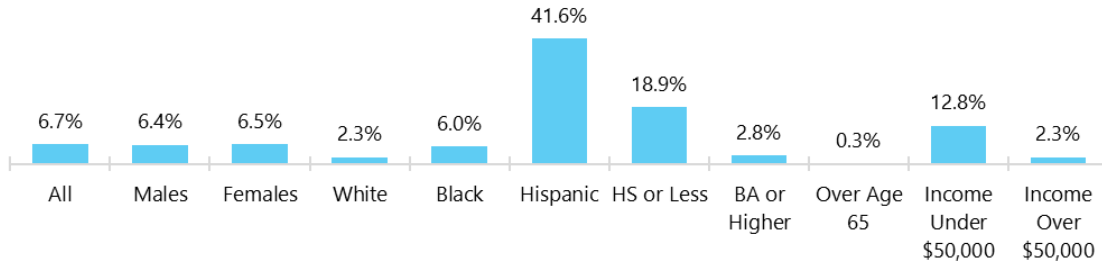
At Risk Population: Adults Without Health Insurance

Hispanic/Latino respondents, respondents with a high school education or less, and respondents with an income under \$50,000 were more likely to report not having health insurance compared to all other demographic groups.

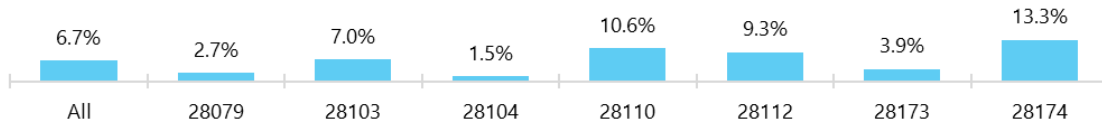
Respondents from the 28110 and 28174 zip codes were more likely than other zip codes to lack health insurance.

Respondents from Wingate and Monroe were more likely than respondents from other towns to lack health insurance.

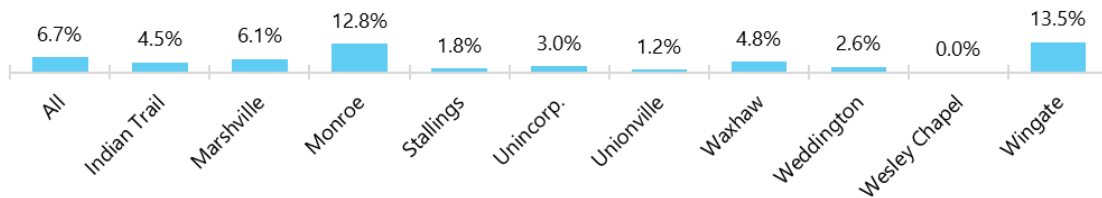
Respondents with No Health Insurance



Respondents with No Health Insurance by Zip Code



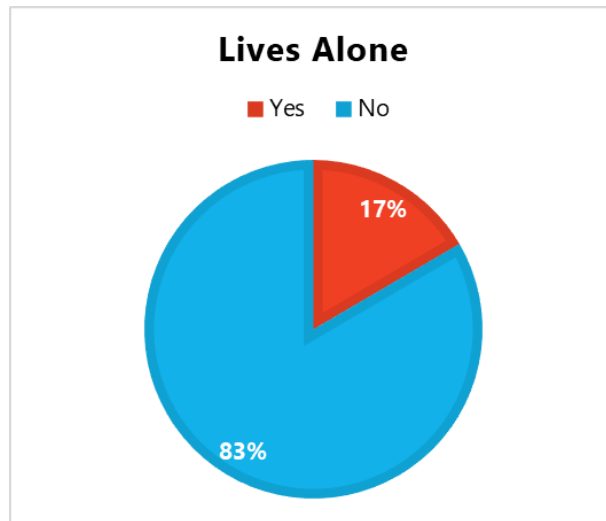
Respondents with No Health Insurance by Town



Q9. Do you live alone?

Q10. If no, you do not live alone, who do you live with?

Lives Alone	#	%
Yes	363	16.6%
No	1,826	83.4%
Total	2,189	
Unanswered	17	



Who They Live With	#	%
Spouse	864	47.3%
Family	841	46.1%
Other	60	3.3%
Friend	39	2.1%
Total	1,826	

Other write in responses include: spouse and some combination of children (7), children live with them (21), partner or significant other (12), roommate or renter (4)

- Approximately 27% of survey respondents live alone.
- Among those who do not live alone, 47% live with a spouse and 46% live with family.

Q11. What most closely describes your income level?

Income	#	%
Less than \$10,000	80	3.7%
\$10,000 to \$14,999	77	3.6%
\$15,000 to \$24,999	128	6.0%
\$25,000 to \$34,999	175	8.2%
\$35,000 to \$49,999	229	10.7%
\$50,000 to \$74,999	328	15.3%
\$75,000 to \$99,999	293	13.7%
\$100,000 to \$149,999	346	16.1%
\$150,000 to \$199,999	192	8.9%
\$200,000 or more	165	7.7%
Unknown	133	6.2%
Total	2,146	
Unanswered	60	

- Approximately 13% of respondents reported an income of less than \$25,000.
- 19% reported an income of \$25,000 to \$50,000.
- 29% reported an income of \$50,000 to \$100,000.
- Approximately 33% of respondents reported an income of \$100,000 or more.
- Moving forward in this report, data for some questions is presented specific to those with a reported income below \$50,000 (32% of the survey sample) and those with an income over \$50,000 (62% of the survey sample).

Q12. Listed below are factors that can cause poor health outcomes. Please check up to three most critical behaviors you feel keep people in Union County from being healthy.

Most Critical Unhealthy Behaviors	#	%
Poor Eating Habits	1,277	57.8%
Lack of Exercise	1,113	50.4%
Stress	828	37.5%
Not Getting Doctor Check Ups	447	20.2%
Prescription or Illicit Drug Use	421	19.1%
Instability at Home	352	15.9%
Tobacco Use	328	14.8%
Excessive / Binge drinking	309	14.0%
Reckless / Unsafe Driving	237	10.7%
Caregiver Stress	231	10.5%
Domestic Violence	182	8.2%
Other behaviors (please specify)	156	7.1%
Unsafe Living Conditions	148	6.7%
Unsafe Sex / Unprotected Sex	36	1.6%
Total	2,206	
<i>See the Appendix for Other write-in responses</i>		

- Poor Eating Habits was the mostly commonly identified unhealthy behavior among Adult Survey respondents, as selected by approximately 58% of participants.
- Lack of exercise was the second most commonly chosen unhealthy behavior, with 50% of respondents selecting it from the list.
- Stress ranked third, as identified by 37.5% of respondents.
- Not getting doctor check-ups ranked fourth, followed by prescription or illicit drug use.
- In 2019, lack of exercise was the most commonly identified unhealthy behavior, followed by poor eating habits. Prescription or illicit drug use ranked third, stress ranked fourth, and alcohol use ranked fifth.

Most Critical Unhealthy Behaviors, by Demographic Group (sorted by All order)	All	Males	Females	White	Black	Hispanic	HS or Less	BA or Higher	Over Age 65	Income Under \$50,000	Income Over \$50,000
Poor Eating Habits	57.8%	55.7%	58.8%	60.6%	61.0%	39.3%	42.9%	63.2%	64.3%	52.7%	61.9%
Lack of Exercise	50.4%	52.6%	50.0%	53.6%	48.5%	35.0%	37.1%	54.4%	58.9%	49.1%	52.0%
Stress	37.5%	28.5%	40.3%	38.0%	36.0%	39.3%	31.9%	38.7%	29.3%	34.3%	40.0%
Not Getting Doctor Check Ups	20.2%	21.9%	19.9%	18.8%	27.1%	23.4%	21.9%	18.7%	20.0%	25.0%	18.3%
Prescription or Illicit Drug Use	19.1%	20.2%	19.0%	21.1%	16.4%	9.8%	18.2%	18.8%	17.9%	15.4%	21.5%
Instability at Home	15.9%	14.8%	16.4%	16.7%	13.4%	14.0%	12.6%	17.4%	12.9%	14.5%	17.1%
Tobacco Use	14.8%	21.9%	12.8%	14.4%	17.6%	18.2%	18.4%	13.8%	15.7%	15.8%	15.0%
Excessive / Binge drinking	14.0%	16.1%	13.4%	12.2%	16.4%	23.4%	20.3%	12.1%	12.0%	16.4%	12.8%
Reckless / Unsafe Driving	10.7%	11.3%	10.6%	11.9%	3.3%	12.6%	10.5%	10.3%	10.2%	8.0%	11.5%
Caregiver Stress	10.5%	7.2%	11.6%	11.0%	11.9%	4.2%	9.8%	11.5%	9.2%	10.4%	10.6%
Domestic Violence	8.2%	9.1%	8.1%	7.4%	11.9%	7.0%	13.3%	5.5%	8.9%	11.8%	6.5%
Unsafe Living Conditions	6.7%	6.4%	6.9%	6.1%	7.7%	8.4%	7.2%	6.6%	4.4%	6.8%	6.9%

Most Critical Unhealthy Behaviors, by Zip Code (sorted by All order)	All	28079	28103	28104	28110	28112	28173	28174
Poor Eating Habits	57.8%	61.3%	54.3%	61.7%	57.2%	55.6%	60.6%	46.9%
Lack of Exercise	50.4%	53.5%	49.6%	54.0%	50.8%	46.0%	50.5%	46.0%
Stress	37.5%	39.0%	31.0%	41.0%	34.5%	37.8%	43.2%	30.1%
Not Getting Doctor Check Ups	20.2%	18.6%	21.7%	18.4%	22.2%	23.4%	15.7%	23.9%
Prescription or Illicit Drug Use	19.1%	18.9%	23.3%	12.3%	20.2%	21.5%	18.1%	23.0%
Instability at Home	15.9%	16.8%	17.1%	11.9%	18.2%	16.2%	13.5%	19.5%
Tobacco Use	14.8%	14.7%	12.4%	16.5%	13.9%	15.4%	15.7%	15.0%
Excessive / Binge drinking	14.0%	10.2%	14.7%	13.0%	13.4%	18.1%	13.3%	19.5%
Reckless / Unsafe Driving	10.7%	16.2%	3.9%	13.8%	9.5%	7.4%	12.6%	7.1%
Caregiver Stress	10.5%	10.2%	13.2%	13.4%	7.7%	9.8%	12.1%	13.3%
Domestic Violence	8.2%	7.5%	9.3%	6.1%	8.1%	10.9%	6.5%	12.4%
Unsafe Living Conditions	6.7%	5.1%	14.0%	5.7%	6.4%	7.2%	5.8%	8.0%

Most Critical Unhealthy Behaviors, by Town (sorted by All order)	All	Indian Trail	Marshville	Monroe	Stallings	Unincorp.	Unionville	Waxhaw	Weddington	Wesley Chapel	Wingate
Poor Eating Habits	57.8%	60.1%	52.2%	55.0%	61.8%	68.9%	52.4%	60.1%	56.4%	71.2%	47.7%
Lack of Exercise	50.4%	53.7%	48.7%	46.0%	50.9%	61.5%	59.5%	50.6%	53.8%	65.2%	47.7%
Stress	37.5%	41.5%	33.0%	35.4%	33.6%	40.7%	39.3%	43.5%	51.3%	31.8%	30.6%
Not Getting Doctor Check Ups	20.2%	18.3%	20.9%	23.5%	18.2%	19.3%	20.2%	16.2%	16.7%	15.2%	25.2%
Prescription or Illicit Drug Use	19.1%	18.3%	23.5%	19.2%	10.0%	21.5%	20.2%	17.3%	20.5%	12.1%	22.5%
Instability at Home	15.9%	17.0%	16.5%	15.4%	13.6%	13.3%	21.4%	13.3%	7.7%	19.7%	18.9%
Tobacco Use	14.8%	11.6%	12.2%	16.6%	16.4%	14.1%	10.7%	16.6%	11.5%	15.2%	13.5%
Excessive / Binge drinking	14.0%	11.6%	16.5%	15.0%	16.4%	14.1%	8.3%	15.1%	9.0%	15.2%	18.0%
Reckless / Unsafe Driving	10.7%	17.7%	4.3%	7.6%	14.5%	11.9%	13.1%	12.5%	14.1%	12.1%	5.4%
Caregiver Stress	10.5%	10.6%	11.3%	8.2%	18.2%	7.4%	10.7%	10.3%	11.5%	12.1%	13.5%
Domestic Violence	8.2%	5.8%	9.6%	11.1%	6.4%	2.2%	9.5%	7.4%	3.8%	3.8%	12.6%
Unsafe Living Conditions	6.7%	4.2%	14.8%	7.0%	4.5%	2.2%	6.0%	5.9%	5.1%	9.1%	8.1%

- Poor eating habits was the most commonly chosen unhealthy behavior among all groups; it tied with Stress among Hispanic respondents.
- Compared to other groups, a higher proportion of senior respondents, residents of the 28104 zip code, and residents of Wesley Chapel chose poor eating habits and lack of exercise as the most critical unhealthy behaviors impacting Union County.
- Females and those from the 28173 and Weddington areas were more likely than other groups to identify stress as an impactful unhealthy behavior.
- A higher percentage of Black respondents chose not getting check-ups compared to other groups. The same was true of respondents from the 28173 zip code and Wingate.

- Respondents in the higher income group, those from the 28103 zip code, and residents of Marshville were more likely than other demographic groups to identify prescription of illicit drug use as a critical unhealthy behavior.
- Those with a bachelor's degree or higher, those living in the 28174 zip code, and Unionville residents were more likely to select instability at home compared to other groups.
- Compared to other groups, a higher percentage of males, residents of 28104 and residents of Monroe chose tobacco use as a critical unhealthy behavior.
- Binge drinking was more commonly chosen by Hispanic respondents and those from 27174 and Wingate, compared to other groups.
- Unsafe driving was identified more frequently by Hispanic respondents and those living in the 28079 zip code and Indian Trail.
- Black respondents and residents from 28104 and Wingate were more likely to choose caregiver stress compared to other groups.
- A higher percentage of respondents with a high school education or less, respondents from the 28174 zip code, and those from Wingate chose domestic violence as an important unhealthy behavior compared to other groups.
- Unsafe living conditions was more commonly identified by Hispanic respondents, and those living in 28103 and Marshville.

Q13. Listed below are mental health concerns. Please check three that MOST concern you about people in Union County.

Mental Health Concerns	#	%
Depression	1,461	66.2%
Opioid or Drug addiction	1,087	49.3%
Anxiety	990	44.9%
Alcohol addiction	896	40.6%
Suicide	322	14.6%
Sleep Issues	291	13.2%
PTSD	209	9.5%
Bipolar Disorder	193	8.7%
ADD / ADHD	146	6.6%
Intellectual Developmental Disability	101	4.6%
Schizophrenia	68	3.1%
Autism	55	2.5%
Obsessive Comp. Disorder	36	1.6%
Other	99	4.5%
Total	2,206	
<i>See the Appendix for Other write-in responses</i>		

- Depression (66%) was the most common mental health concern among Adult Survey participants, followed by Opioid or Drug addiction (49%).
- Anxiety ranked third, as chosen by 45% of respondents.
- Alcohol addiction ranked fourth, followed by Suicide.
- This question is not directly comparable to 2019 when the question related to personal mental health concerns rather than community-wide mental health concerns.

Personal Mental Health Concerns, by Demographic Group (sorted by All order)	All	Males	Females	White	Black	Hispanic	HS or Less	BA or Higher	Over Age 65	Income Under \$50,000	Income Over \$50,000
Depression	66.2%	66.8%	66.5%	66.7%	69.3%	62.1%	58.3%	68.7%	64.9%	67.1%	68.1%
Opioid or Drug addiction	49.3%	48.2%	49.8%	53.7%	39.3%	36.4%	37.1%	52.2%	47.6%	41.8%	53.9%
Anxiety	44.9%	38.4%	46.9%	46.3%	46.7%	38.8%	37.1%	48.5%	39.3%	41.4%	47.2%
Alcohol addiction	40.6%	43.3%	40.2%	23.3%	40.5%	42.5%	42.0%	39.3%	46.2%	42.4%	39.9%
Suicide	14.6%	12.8%	15.2%	15.2%	10.7%	19.2%	15.4%	14.4%	10.8%	13.9%	15.6%
Sleep Issues	13.2%	14.0%	12.8%	12.7%	14.0%	13.6%	12.8%	13.2%	16.9%	14.7%	12.5%
PTSD	9.5%	9.3%	9.5%	10.5%	10.7%	0.9%	8.6%	9.2%	9.3%	8.1%	10.5%
Bipolar Disorder	8.7%	11.1%	8.1%	6.8%	16.1%	10.7%	16.1%	6.8%	8.3%	10.4%	7.4%
ADD / ADHD	6.6%	7.0%	6.5%	5.8%	10.4%	7.0%	6.8%	6.6%	5.2%	8.3%	6.2%
Intellectual Devel. Disability	4.6%	3.9%	4.9%	5.1%	3.0%	3.7%	3.7%	4.6%	5.2%	3.8%	5.0%

Personal Mental Health Concerns, by Zip Code (sorted by All order)	All	28079	28103	28104	28110	28112	28173	28174
Depression	66.2%	71.8%	55.8%	65.1%	66.8%	65.2%	65.7%	66.4%
Opioid or Drug addiction	49.3%	54.4%	55.8%	47.9%	47.2%	51.1%	47.6%	42.5%
Anxiety	44.9%	51.1%	31.8%	46.0%	41.3%	44.9%	50.2%	41.6%
Alcohol addiction	40.6%	34.8%	52.7%	36.4%	41.1%	45.2%	40.6%	37.2%
Suicide	14.6%	15.6%	18.6%	12.6%	13.2%	15.2%	15.9%	13.3%
Sleep Issues	13.2%	14.7%	11.6%	16.1%	13.0%	11.4%	13.3%	11.5%
PTSD	9.5%	9.0%	9.3%	13.0%	10.1%	7.7%	7.7%	12.4%
Bipolar Disorder	8.7%	7.2%	10.1%	5.0%	8.8%	11.7%	7.0%	15.9%
ADD / ADHD	6.6%	3.9%	7.8%	6.5%	8.1%	5.6%	8.4%	6.2%
Intellectual Devel. Disability	4.6%	2.7%	1.6%	6.9%	5.3%	2.4%	5.6%	8.8%

Personal Mental Health Concerns, by Town (sorted by All order)	All	Indian Trail	Marshville	Monroe	Stallings	Unincorp.	Unionville	Waxhaw	Weddington	Wesley Chapel	Wingate
Depression	66.2%	71.1%	57.4%	66.9%	58.2%	70.4%	63.1%	64.2%	71.8%	72.7%	64.9%
Opioid or Drug addiction	49.3%	48.9%	55.7%	47.0%	50.0%	50.4%	52.4%	49.1%	46.2%	53.0%	42.3%
Anxiety	44.9%	52.1%	31.3%	42.7%	42.7%	51.1%	45.2%	46.5%	48.7%	50.0%	41.4%
Alcohol addiction	40.6%	33.8%	54.8%	44.4%	39.1%	36.3%	45.2%	38.7%	37.2%	45.5%	36.9%
Suicide	14.6%	16.1%	19.1%	14.0%	14.5%	13.3%	7.1%	17.3%	11.5%	16.7%	12.6%
Sleep Issues	13.2%	17.0%	11.3%	12.5%	16.4%	12.6%	9.5%	13.7%	19.2%	12.1%	11.7%
PTSD	9.5%	9.0%	8.7%	7.9%	9.1%	10.4%	15.5%	8.5%	10.3%	7.6%	11.7%
Bipolar Disorder	8.7%	7.4%	9.6%	10.5%	5.5%	3.7%	6.0%	8.5%	3.8%	6.1%	16.2%
ADD / ADHD	6.6%	5.8%	6.1%	7.2%	4.5%	6.7%	9.5%	7.7%	3.8%	6.1%	6.3%
Intellectual Devel. Disability	4.6%	2.9%	1.7%	4.1%	4.5%	4.4%	3.6%	5.2%	12.8%	4.5%	9.0%

- Depression was the most frequently elected mental health concern among respondents from all demographic and geographic groups.
- Higher proportions of respondents with a bachelor's degree or higher, residents from the 28079 zip code, and residents of Wesley Chapel selected depression as an important mental health concern.
- Opioid and drug addiction was identified more frequently as a leading mental health concern among respondents earning more than \$50,000, respondents from the 28103, and those from Marshville.
- Compared to other groups, a higher percentage of respondents with a BA or higher, those living in the 28079 zip code and Indian Trail identified anxiety as an impactful mental health concern in Union County.

- A higher proportion of senior respondents, those from the 28103 zip code and respondents from Marshville identified Alcohol addiction as a mental health concern compared to other groups.
- Compared to other groups, Hispanic respondents, those from the 28103 zip code, and respondents from Waxhaw were more likely to choose suicide as an important mental health concern.
- Sleep issues was identified as a mental health concern by higher proportions of respondents over 65 and respondents from 28104 and Weddington.
- Black respondents were more likely than other demographic groups to feel that PTSD, Bipolar, and ADD/ADHS were important health concerns affecting people in Union County.
- Respondents from Weddington were more likely than any other group presented to feel that intellectual developmental disabilities were an important mental health concern.

Q14. In your opinion, which THREE issues or services most affects the quality of life for residents in Union County?

Services and Issues Affecting Quality of Life	#	%
Lack of affordable housing	1,040	47.1%
Low income/poverty	850	38.5%
Lack of care to elderly who cannot leave their homes	519	23.5%
Lack of healthy food choices or affordable healthy food	489	22.2%
Lack of transportation	404	18.3%
Homelessness	367	16.6%
Dropping out of school	340	15.4%
Lack of child care	307	13.9%
Hunger	229	10.4%
Lack of job opportunities	228	10.3%
Lack of recreational facilities	227	10.3%
Lack of recreational programs for youth	202	9.2%
Unemployment	193	8.7%
Poor housing conditions	190	8.6%
Pollution (of air, water, land)	141	6.4%
Lack of educational opportunities	140	6.3%
Other	115	5.2%
Lack of literacy/Not be able to read	111	5.0%
Total	2,206	
<i>See the appendix for Other write-in responses</i>		

- Lack of affordable was the most frequently identified issue affecting quality of life in Union County, as selected by 47% of adult respondents.
- Low income/poverty ranked second, with 38.5% of respondents choosing it from the list.
- Lack of care to elderly individuals who cannot leave their homes ranked third (23.5%).
- Lack of healthy and affordable food choices ranked fourth, followed by lack of transportation.
- In 2019, Low income/poverty was the leading quality of life issue, followed by lack of affordable housing. Lack of health/affordable food choices ranked third and lack of job opportunities ranked fourth. Lack of transportation ranked fifth.

Quality of Life Issues, by Demographic Group (sorted by All order)	All	Males	Females	White	Black	Hispanic	HS or Less	BA or Higher	Over Age 65	Income Under \$50,000	Income Over \$50,000
Lack of affordable housing	47.1%	39.2%	49.7%	46.3%	60.4%	39.3%	39.6%	48.7%	46.0%	47.6%	49.0%
Low income/poverty	38.5%	36.5%	39.6%	38.8%	46.1%	33.6%	38.2%	38.6%	37.4%	42.8%	38.3%
Lack of care to elderly who cannot leave their homes	23.5%	27.2%	22.6%	27.2%	16.7%	10.3%	25.4%	21.1%	32.8%	24.5%	22.9%
Lack of healthy food choices or affordable healthy food	22.2%	24.3%	21.7%	24.4%	14.9%	18.7%	18.6%	23.3%	23.1%	22.5%	22.7%
Lack of transportation	18.3%	16.1%	19.0%	17.6%	21.7%	18.2%	12.4%	21.4%	18.6%	16.1%	20.0%
Homelessness	16.6%	14.6%	17.2%	15.6%	25.6%	7.9%	20.3%	12.5%	17.5%	20.2%	14.2%
Dropping out of school	15.4%	19.8%	17.2%	14.3%	17.0%	20.1%	21.2%	14.3%	18.6%	17.7%	14.0%
Lack of child care	13.9%	11.7%	14.7%	15.6%	8.9%	11.2%	8.9%	17.0%	11.2%	8.4%	17.6%
Hunger	10.4%	7.6%	11.2%	11.5%	9.5%	3.7%	8.6%	10.1%	11.4%	10.7%	10.3%
Lack of job opportunities	10.3%	10.3%	10.3%	9.4%	12.2%	14.0%	11.4%	10.6%	8.4%	10.7%	10.2%
Lack of recreational facilities	10.3%	12.2%	9.7%	11.0%	6.5%	11.7%	5.6%	13.1%	8.3%	5.8%	12.4%
Lack of recreational programs for youth	9.2%	8.3%	9.5%	7.7%	10.1%	17.8%	7.5%	10.1%	4.1%	7.8%	10.2%
Unemployment	8.7%	10.3%	8.3%	9.5%	3.6%	11.7%	7.5%	8.4%	7.1%	7.3%	9.5%
Poor housing conditions	8.6%	10.3%	8.3%	7.8%	12.8%	9.8%	13.3%	7.3%	10.4%	10.9%	7.6%
Pollution (of air, water, land)	6.4%	6.2%	6.4%	7.0%	2.1%	8.4%	3.7%	8.3%	4.3%	4.8%	7.1%
Lack of educational opportunities	6.3%	6.6%	6.3%	5.6%	5.7%	11.7%	4.7%	7.0%	3.3%	5.1%	7.3%
Lack of literacy/Not be able to read	5.0%	6.6%	4.6%	5.3%	3.0%	4.2%	5.1%	5.7%	5.0%	4.9%	5.1%

Quality of Life Issues, by Zip Code (sorted by All order)	All	28079	28103	28104	28110	28112	28173	28174
Lack of affordable housing	47.1%	48.3%	48.1%	47.9%	46.4%	45.5%	48.1%	48.7%
Low income/poverty	38.5%	37.2%	46.5%	35.6%	36.0%	46.8%	32.6%	46.9%
Lack of care to elderly who cannot leave their homes	23.5%	24.9%	24.0%	28.0%	25.5%	22.9%	18.8%	18.6%
Lack of healthy food choices or affordable healthy food	22.2%	24.3%	17.8%	24.9%	22.9%	18.1%	23.2%	20.4%
Lack of transportation	18.3%	19.8%	17.1%	18.0%	18.5%	15.7%	21.0%	14.2%
Homelessness	16.6%	12.9%	18.6%	13.4%	16.9%	23.4%	10.1%	25.7%
Dropping out of school	15.4%	13.8%	21.7%	14.2%	16.7%	16.2%	12.1%	17.7%
Lack of child care	13.9%	13.8%	14.0%	16.5%	13.8%	11.2%	16.7%	10.6%
Hunger	10.4%	11.4%	7.8%	10.0%	8.6%	12.2%	9.4%	11.5%
Lack of job opportunities	10.3%	12.3%	9.3%	11.1%	9.9%	9.3%	11.1%	7.1%
Lack of recreational facilities	10.3%	7.5%	7.8%	10.0%	9.5%	8.5%	17.1%	7.1%
Lack of recreational programs for youth	9.2%	9.3%	8.5%	8.4%	8.8%	9.6%	11.1%	7.1%
Unemployment	8.7%	12.6%	4.7%	8.8%	9.2%	8.2%	7.7%	5.3%
Poor housing conditions	8.6%	9.9%	15.5%	6.9%	6.4%	10.9%	6.0%	15.0%
Pollution (of air, water, land)	6.4%	5.4%	2.3%	8.4%	5.3%	4.0%	12.8%	0.9%
Lack of educational opportunities	6.3%	6.0%	7.8%	6.9%	5.9%	4.5%	8.9%	4.4%
Lack of literacy/Not be able to read	5.0%	5.1%	3.9%	5.0%	5.0%	5.1%	6.5%	2.7%

Quality of Life Issues, by Town (sorted by All order)	All	Indian Trail	Marshville	Monroe	Stallings	Unincorp.	Unionville	Waxhaw	Weddington	Wesley Chapel	Wingate
Lack of affordable housing	47.1%	51.8%	52.2%	48.2%	45.5%	38.5%	33.3%	48.7%	42.3%	48.5%	47.7%
Low income/poverty	38.5%	33.8%	50.4%	42.4%	40.0%	36.3%	38.1%	29.2%	41.0%	36.4%	46.8%
Lack of care to elderly who cannot leave their homes	23.5%	22.5%	21.7%	20.8%	34.5%	24.4%	33.3%	18.8%	25.6%	22.7%	20.7%
Lack of healthy food choices or affordable healthy food	22.2%	26.7%	14.8%	18.2%	23.6%	25.9%	31.0%	25.5%	14.1%	27.3%	19.8%
Lack of transportation	18.3%	19.9%	15.7%	18.5%	18.2%	17.8%	19.0%	20.3%	23.1%	34.8%	14.4%
Homelessness	16.6%	14.1%	19.1%	20.5%	12.7%	14.1%	16.7%	10.3%	6.4%	10.6%	24.3%
Dropping out of school	15.4%	11.3%	23.5%	17.7%	17.3%	14.1%	9.5%	12.2%	14.1%	13.6%	18.9%
Lack of child care	13.9%	14.8%	11.3%	11.6%	11.8%	16.3%	13.1%	17.7%	19.2%	9.1%	10.8%
Hunger	10.4%	11.9%	7.8%	10.2%	10.0%	8.9%	13.1%	10.7%	11.5%	10.6%	10.8%
Lack of job opportunities	10.3%	12.5%	10.4%	10.1%	10.9%	5.9%	9.5%	12.9%	10.3%	7.6%	6.3%
Lack of recreational facilities	10.3%	7.1%	7.0%	7.0%	9.1%	23.0%	16.7%	16.2%	15.4%	12.1%	7.2%
Lack of recreational programs for youth	9.2%	10.6%	10.4%	9.2%	8.2%	5.2%	7.1%	12.5%	10.3%	9.1%	7.2%
Unemployment	8.7%	11.9%	5.2%	7.6%	6.4%	9.6%	9.5%	7.4%	12.8%	7.6%	5.4%
Poor housing conditions	8.6%	6.8%	15.7%	9.8%	7.3%	5.9%	4.8%	5.9%	7.7%	9.1%	14.4%
Pollution (of air, water, land)	6.4%	6.4%	0.9%	4.4%	7.3%	12.6%	2.4%	11.1%	9.0%	10.6%	0.9%
Lack of educational opportunities	6.3%	7.7%	7.0%	5.5%	4.5%	5.2%	3.6%	9.6%	7.7%	6.1%	4.5%
Lack of literacy/Not be able to read	5.0%	4.2%	4.3%	5.3%	3.6%	4.4%	0.0%	5.9%	6.4%	6.1%	2.7%

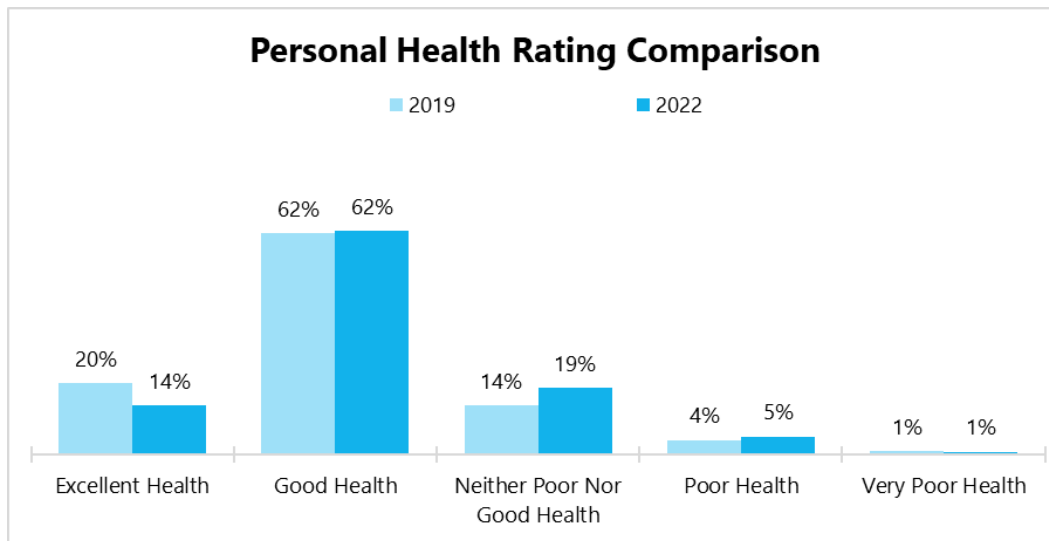
- Lack of affordable housing was the most common quality of life issue among all demographic groups and across most zip code and town groups. Low income/poverty was the leading quality of life issue among respondents from the 28112 zip code and from Unionville.

- Black respondents, participants from the 28174 zip code, and respondents from Marshville were more likely than other groups to identify lack of affordable housing and low income/poverty as the most important quality of life issues in Union County.
- As might be expected, senior respondents were more likely than other demographic groups to identify lack of care to the homebound elderly as a leading quality of life issue.
- Compared to other groups, a higher proportion of white respondents, respondents from 28104 and from Unionville chose lack of healthy and affordable food choices as an impactful quality of life issue.
- Lack of transportation was cited more frequently by Black respondents, respondents from 28173 and those from Wesley Chapel, compared to other groups.
- Black respondents, those from the 28174 zip code and from Wingate were more likely than other groups to identify homeless as a quality of life issue in Union County.
- Higher proportions of respondents with a high school education or less, respondents from 28103 and from Marshville chose dropping out of school compared to other groups.
- Lack of child care was more commonly identified by respondents earning more than \$50,000 and by respondents from 28174 and Weddington.
- Compared to other groups, hunger was selected more frequently by white respondents and those from 28112 and Unionville.
- Lack of job opportunities was identified by a higher proportion of Hispanic respondents and those from 28079 and those from Waxhaw.
- Higher percentages of respondents with a bachelor's degree or higher, respondents from 28173 and from unincorporated parts of Union County identified the lack of recreational facilities as an important quality of life issue.
- Compared to other groups, Hispanic respondents, and those from 28173 and Waxhaw were more likely to choose the lack of recreational programs for youth.
- Unemployment was identified as a quality of life issue by higher proportions of Hispanic respondents, respondents from the 28079 zip code and from Weddington.
- Respondents with a high school education or less, respondents from 28103 and respondents from Marshville were more likely to cite poor housing conditions as a quality of life issue in Union County.
- Higher proportions of Hispanic respondents and those from 28173 and unincorporated parts of Union County identified pollution as an important issue compared to other groups.
- Lack of educational opportunities was identified by a higher proportion of Hispanic respondent compared to any other demographic or geographic groups.

Q15. Overall, how would you rate YOUR physical health?

Rating Physical Health	#	%
Very Poor Health	15	0.7%
Poor Health	109	5.0%
Neither Poor Nor Good Health	402	18.5%
Good Health	1,349	62.2%
Excellent Health	295	13.6%
Total	2,170	
Unanswered	36	

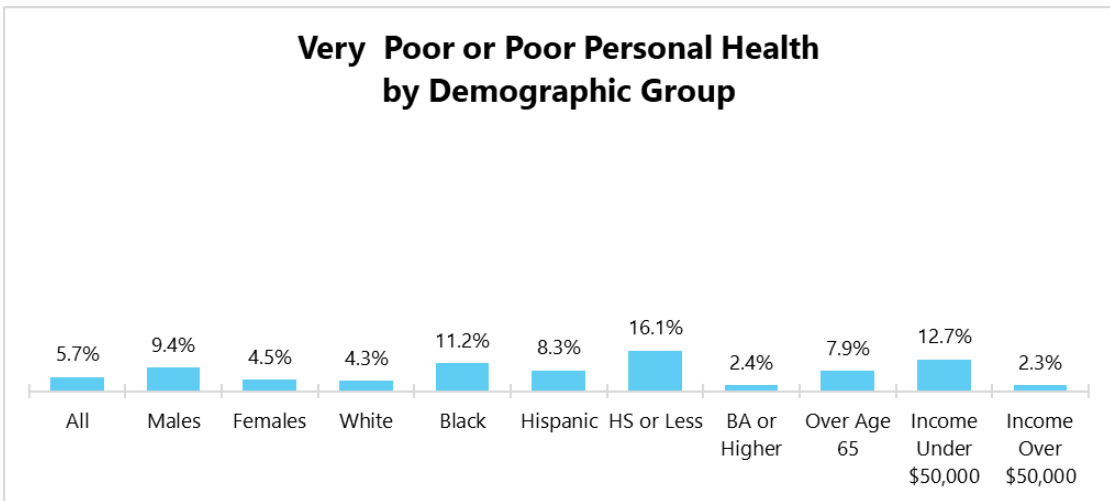
- More than three-quarters of respondents (75.8%) rated their personal health as good or excellent.
- Nearly 6% of respondents rated their personal health as poor or very poor.



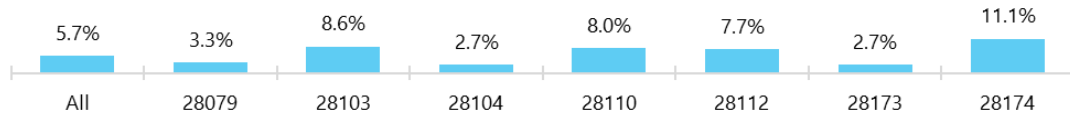
- A lower percentage of 2022 Adult Survey respondents felt their personal health was excellent compared to 2019 and a higher proportion felt ambivalent about their health.

At Risk Population: Adults With Poor Health

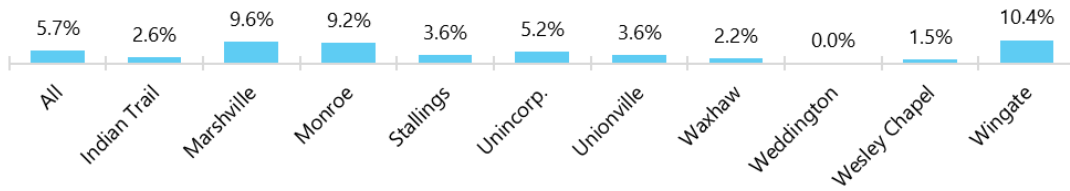
- Respondents with a high school education or less were more likely to report poor or very personal health compared to all other demographic groups.
- Respondents from the 28174 zip code were more likely than other zip codes to report poor or very poor health.
- Respondents from Wingate were more likely than respondents from other towns to feel that their health was poor or very poor.



Very Poor or Poor Personal Health by Zip Code



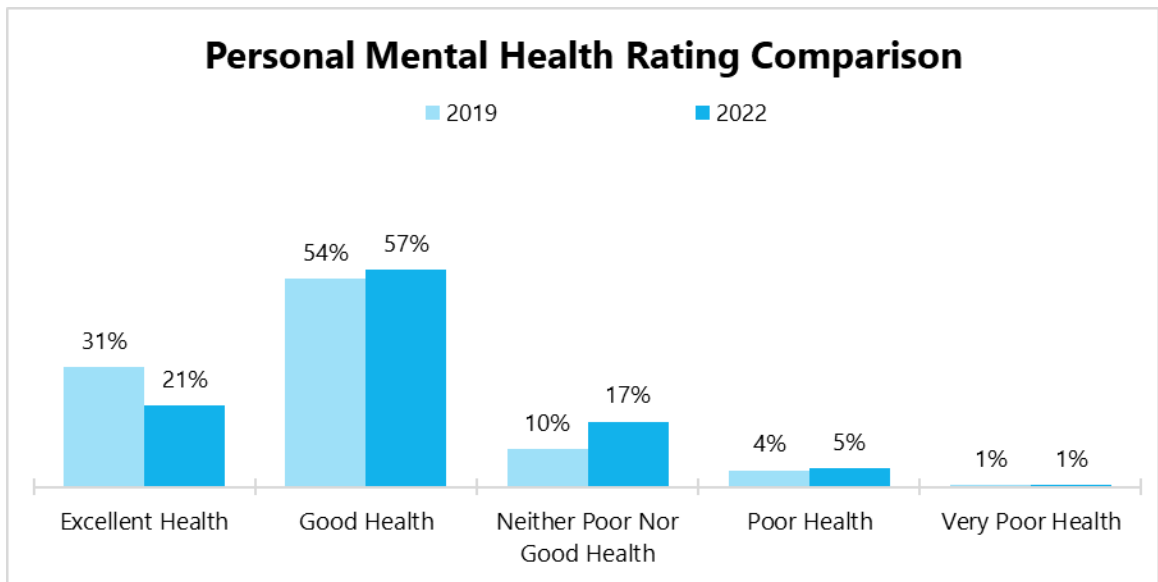
Very Poor or Poor Personal Health by Town



Q16. Overall, how would you rate YOUR mental health?

Rating Mental Health	#	%
Very Poor Health	13	0.6%
Poor Health	103	4.8%
Neither Poor Nor Good Health	368	17.0%
Good Health	1,226	56.5%
Excellent Health	458	21.1%
Total	2,168	
Unanswered	38	

- 85% of respondents rated their mental health as good or excellent
- 5% of respondents rated their mental health as poor or very poor.
- 10% of respondent felt their mental health was neither good nor bad.



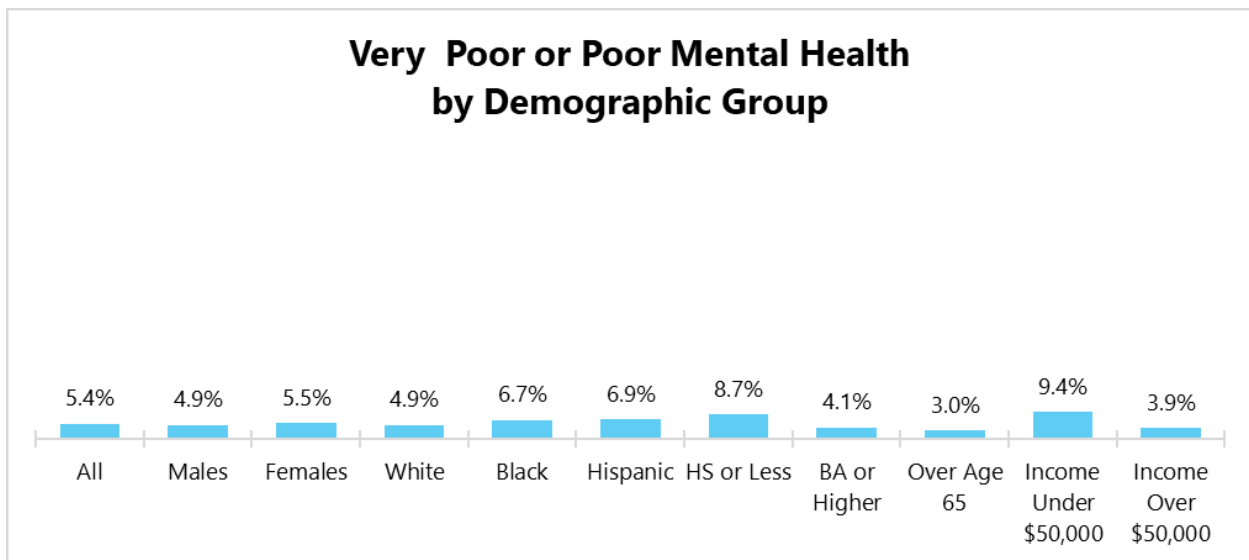
- Compared to responses from 2019, the 2022 survey sample was less likely to feel their mental health was excellent and more likely to feel their mental health was neither poor nor good.

At Risk Population: Adults With Poor Mental Health

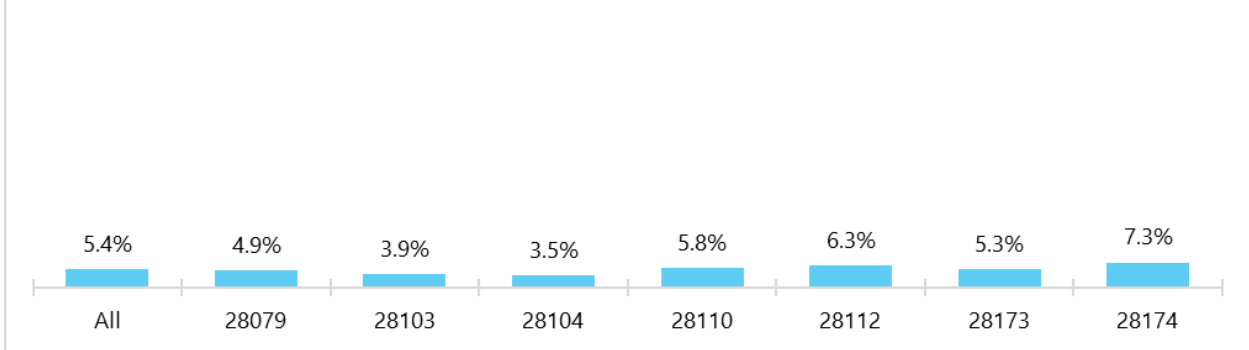
Respondents with an income under \$50,000 were more likely to report poor or very mental health compared to all other demographic groups.

Respondents from the 28174 zip code were more likely than other zip codes to report poor or very poor mental health.

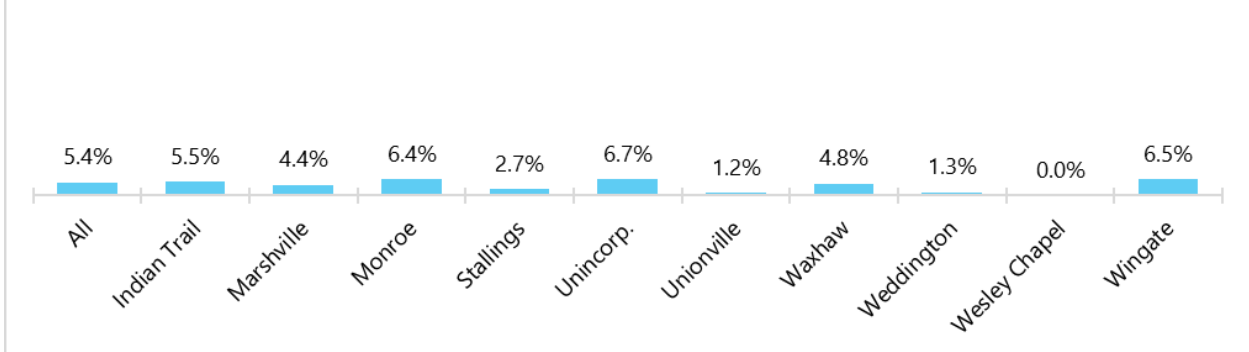
Respondents from unincorporated areas of Union County were more likely than respondents from other towns to feel that their mental health was poor or very poor.



Very Poor or Poor Mental Health by Zip Code



Very Poor or Poor Mental Health by Town



Q17. Listed below are health concerns. Please check three that MOST concern you regarding YOUR health.

Personal Health Concerns	#	%
Obesity	604	27.4%
High blood pressure	602	27.3%
Cancer	580	26.3%
Diabetes	483	21.9%
Stroke / Heart Disease	432	19.6%
Vision issues	428	19.4%
Alzheimer's Disease/Dementia	384	17.4%
Dental health	350	15.9%
Caregiver Stress	302	13.7%
Other (please specify)	288	13.1%
Hearing issues	257	11.7%
Falling	227	10.3%
Respiratory Illness / COPD	133	6.0%
Kidney Disease	91	4.1%
Influenza / Pneumonia	65	2.9%
Excessive/binge drinking	61	2.8%
Drug Abuse/Overdose	32	1.5%
Unplanned Pregnancy	20	0.9%
Total	2,206	
<i>See the appendix for Other write-in responses</i>		

- Obesity and high blood pressure were the most commonly identified personal health concerns among the Adult Survey respondents, though neither was chosen by a majority of respondents.
- Cancer ranked third, with 26% of respondents citing it as a personal health concern.
- Diabetes, with 22% of respondents choosing it, ranked fourth.
- Stroke/Heart Disease ranked fifth, followed closely By Vision issues.
- In 2019, Cancer was the most commonly selected personal health concern, with obesity ranking a close second. High blood pressure ranked third and vision issues ranked fourth. Stroke/Heart disease ranked fifth in 2019.

Personal Health Concerns, by Demographic Group (sorted by All order)	All	Males	Females	White	Black	Hispanic	HS or Less	BA or Higher	Over Age 65	Income Under \$50,000	Income Over \$50,000
Obesity	27.4%	18.8%	30.2%	28.8%	26.5%	23.4%	23.1%	28.7%	17.2%	23.5%	31.0%
High blood pressure	27.3%	35.7%	25.1%	24.6%	47.3%	17.3%	31.7%	24.8%	31.8%	30.8%	26.4%
Cancer	26.3%	29.1%	25.5%	30.0%	15.5%	20.1%	20.7%	28.6%	24.7%	17.0%	31.4%
Diabetes	21.9%	26.2%	20.2%	18.6%	34.2%	26.2%	31.5%	17.0%	25.0%	29.6%	18.1%
Stroke / Heart Disease	19.6%	25.2%	17.9%	23.1%	13.4%	6.1%	14.9%	19.0%	22.9%	16.7%	21.7%
Vision issues	19.4%	15.5%	20.4%	18.9%	14.9%	28.0%	19.1%	18.6%	17.9%	19.2%	18.5%
Alzheimer's Disease/Dementia	17.4%	16.7%	17.8%	21.0%	9.5%	7.9%	13.1%	20.1%	23.5%	13.4%	19.6%
Dental health	15.9%	14.4%	16.5%	14.5%	15.8%	24.8%	16.6%	12.3%	15.4%	24.2%	12.1%
Caregiver Stress	13.7%	5.4%	16.5%	15.5%	9.5%	7.9%	8.9%	17.2%	9.2%	10.4%	16.1%
Hearing issues	11.7%	15.9%	10.5%	13.8%	6.0%	5.1%	10.7%	11.2%	21.6%	13.2%	10.5%
Falling	10.3%	10.7%	10.3%	12.1%	6.0%	6.1%	17.5%	7.2%	24.4%	17.3%	6.5%
Respiratory Illness / COPD	6.0%	7.6%	5.5%	6.6%	4.8%	3.7%	7.7%	5.1%	9.0%	8.0%	5.1%

Personal Health Concerns, by Zip Code (sorted by All order)	All	28079	28103	28104	28110	28112	28173	28174
Obesity	27.4%	30.9%	27.1%	22.6%	27.7%	26.3%	26.1%	31.0%
High blood pressure	27.3%	28.8%	36.4%	23.4%	29.0%	27.7%	21.5%	29.2%
Cancer	26.3%	29.1%	24.0%	29.1%	23.9%	24.7%	29.7%	21.2%
Diabetes	21.9%	19.2%	24.8%	18.0%	24.8%	25.5%	15.9%	31.0%
Stroke / Heart Disease	19.6%	21.0%	20.2%	23.0%	18.2%	20.5%	17.6%	16.8%
Vision issues	19.4%	21.0%	13.2%	20.7%	19.8%	18.4%	19.3%	16.8%
Alzheimer's Disease/Dementia	17.4%	18.3%	19.4%	21.8%	17.6%	13.0%	19.8%	10.6%
Dental health	15.9%	16.2%	17.1%	10.3%	16.3%	19.7%	13.0%	23.9%
Caregiver Stress	13.7%	12.3%	16.3%	18.8%	11.0%	10.1%	20.0%	7.1%
Hearing issues	11.7%	10.2%	7.8%	15.3%	11.7%	10.9%	11.1%	16.8%
Falling	10.3%	11.1%	11.6%	9.6%	11.4%	10.9%	7.2%	13.3%
Respiratory Illness / COPD	6.0%	6.0%	6.2%	5.4%	5.7%	8.8%	5.6%	2.7%

Personal Health Concerns, by Town (sorted by All order)	All	Indian Trail	Marshville	Monroe	Stallings	Unincorp.	Unionville	Waxhaw	Weddington	Wesley Chapel	Wingate
Obesity	27.4%	31.8%	27.0%	25.6%	24.5%	23.0%	25.0%	28.0%	19.2%	25.8%	31.5%
High blood pressure	27.3%	29.3%	37.4%	28.7%	26.4%	18.5%	27.4%	22.5%	24.4%	37.9%	28.8%
Cancer	26.3%	29.3%	22.6%	22.4%	27.3%	32.6%	27.4%	28.4%	30.8%	28.8%	22.5%
Diabetes	21.9%	18.3%	24.3%	25.8%	18.2%	20.0%	19.0%	15.5%	23.1%	19.7%	30.6%
Stroke / Heart Disease	19.6%	20.3%	21.7%	17.7%	26.4%	17.8%	32.1%	16.6%	20.5%	19.7%	16.2%
Vision issues	19.4%	19.3%	13.9%	19.2%	16.4%	18.5%	21.4%	19.9%	20.5%	16.7%	15.3%
Alzheimer's Disease/Dementia	17.4%	16.7%	15.7%	15.0%	23.6%	18.5%	22.6%	21.4%	19.2%	16.7%	10.8%
Dental health	15.9%	17.4%	15.7%	18.3%	10.0%	14.1%	16.7%	11.8%	5.1%	15.2%	25.2%
Caregiver Stress	13.7%	11.9%	15.7%	10.1%	14.5%	15.6%	14.3%	18.5%	23.1%	15.2%	7.2%
Hearing issues	11.7%	8.4%	7.8%	10.8%	12.7%	11.1%	15.5%	11.8%	25.6%	10.6%	15.3%
Falling	10.3%	9.3%	11.3%	10.7%	11.8%	11.1%	14.3%	7.7%	7.7%	10.6%	10.8%
Respiratory Illness / COPD	6.0%	5.8%	6.1%	7.2%	6.4%	6.7%	4.8%	5.2%	3.8%	6.1%	2.7%

- Obesity was the most common personal health concern among females and respondents with a BA degree or higher, among those in the 28079 and 28174 zip codes, and among residents of Indian Trail, Waxhaw, and Wingate.
- High blood pressure was the most commonly identified concern among males, Black respondents, those with a high school education or less, respondents over the age of 65, and those in the lower income bracket. It was the leading concern among respondents from the 28103, 28110 and 28112 codes as well as those from Marshville, Monroe, and Wesley Chapel.
- Cancer was the leading health concern among Black respondents and those earning more than \$50,000. Looking at geographic areas, cancer was the leading concern among respondents in

the 28104 and 28173 zip codes and among respondents from Stallings, Weddington and unincorporated areas of the county.

- Vision issues were the leading personal health concern among Hispanic respondents.
- Diabetes was a leading health concern among those from the 28174 zip code (tied with Obesity).
- Stroke/Heart disease was the leading health concern among respondents from Unionville.
- Respondents with an income over \$50,000 were more likely than other groups to identify obesity and cancer as personal health concerns.
- Black respondents were more likely to identify high blood pressure and diabetes as important health concerns.
- Higher proportions of Hispanic respondents felt vision issues and dental health were personal health concerns, compared to other groups.
- Respondents over the age of 65 were, as one might expect, more likely to identify aging-related health concerns like Alzheimer's disease, hearing issues, falling, and respiratory diseases.
- Caregiver stress was more frequently identified as a personal health concern by respondents with a bachelor's degree or higher and among respondents from Weddington, compared to other groups.

Q18. Listed below are safety concerns that can impact your health. Please check all that concern you most about YOUR safety.

Personal Safety Concerns	#	%
Falling	598	27.1%
Memory problems / confusion	507	23.0%
Other safety concern, please list:	383	17.4%
Unsafe living conditions	137	6.2%
Unable to manage / understand medications	121	5.5%
Instability at home	120	5.4%
Not enough food	102	4.6%
Neglect	90	4.1%
Elder abuse	67	3.0%
Total	2,206	

See the appendix for Other write-in responses

- The most commonly selected personal safety concern was falling, as identified by 27% of respondents.
- Memory problems/confusion was the second most common safety concern.
- This question was not asked in 2019.

Personal Safety Concerns, by Demographic Group (sorted by All order)	All	Males	Females	White	Black	Hispanic	HS or Less	BA or Higher	Over Age 65	Income Under \$50,000	Income Over \$50,000
Falling	27.1%	28.9%	26.6%	30.2%	22.3%	15.0%	38.9%	21.6%	54.3%	39.5%	20.5%
Memory problems / confusion	23.0%	25.0%	22.5%	24.0%	23.2%	18.2%	20.5%	21.1%	31.2%	26.7%	22.0%
Unsafe living conditions	6.2%	8.2%	5.6%	3.3%	11.3%	20.1%	13.3%	3.8%	3.8%	11.5%	3.6%
Unable to manage / understand medications	5.5%	7.6%	4.9%	4.2%	9.2%	7.9%	10.0%	4.1%	7.7%	9.0%	3.8%
Instability at home	5.4%	7.6%	4.8%	4.1%	6.5%	13.1%	8.4%	4.1%	2.8%	9.1%	3.9%
Not enough food	4.6%	4.5%	4.7%	3.7%	7.1%	6.5%	6.5%	3.1%	3.8%	9.4%	2.4%

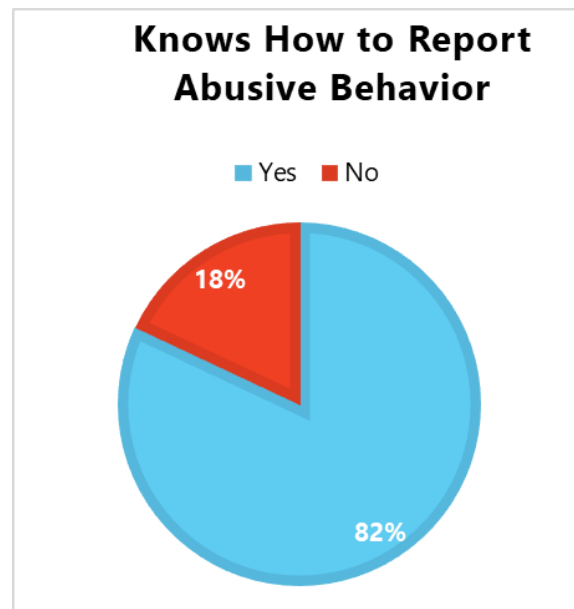
Personal Health Concerns, by Zip Code (sorted by All order)	All	28079	28103	28104	28110	28112	28173	28174
Falling	27.1%	24.9%	29.5%	27.6%	29.5%	29.3%	19.8%	37.2%
Memory problems / confusion	23.0%	22.8%	22.5%	26.1%	22.0%	23.1%	20.8%	30.1%
Unsafe living conditions	6.2%	4.2%	9.3%	3.1%	10.3%	6.4%	3.6%	7.1%
Unable to manage / understand medications	5.5%	4.5%	4.7%	4.2%	5.1%	6.6%	4.1%	15.9%
Instability at home	5.4%	6.6%	5.4%	5.0%	6.2%	5.6%	3.1%	7.1%
Not enough food	4.6%	3.6%	7.8%	2.7%	5.7%	5.1%	3.1%	8.8%

Personal Health Concerns, by Town (sorted by All order)	All	Indian Trail	Marshville	Monroe	Stallings	Unincorp.	Unionville	Waxhaw	Weddington	Wesley Chapel	Wingate
Falling	27.1%	21.5%	29.6%	28.7%	31.8%	24.4%	34.5%	21.0%	24.4%	25.8%	35.1%
Memory problems / confusion	23.0%	23.2%	25.2%	22.0%	29.1%	24.4%	16.7%	21.4%	17.9%	25.8%	29.7%
Unsafe living conditions	6.2%	4.5%	9.6%	10.7%	5.5%	4.4%	3.6%	3.3%	3.8%	0.0%	7.2%
Unable to manage / understand medications	5.5%	3.2%	6.1%	6.4%	1.8%	4.4%	3.6%	4.8%	5.1%	4.5%	15.3%
Instability at home	5.4%	6.1%	6.1%	6.4%	7.3%	3.0%	4.8%	3.7%	2.6%	7.6%	8.1%
Not enough food	4.6%	3.5%	7.8%	4.9%	7.3%	3.7%	10.7%	3.0%	2.6%	7.6%	9.0%

- Falling was the leading personal safety concern among most demographic and geographic groups presented.
- Memory problems/confusion was the leading safety concern among Black respondents, those earning an income over \$50,000, among respondents from the 28173 and 28174 zip codes, and among respondents from Indian Trail and Waxhaw.
- Unsafe living conditions was the leading personal safety concern among Hispanic respondents. Respondents from 28110 and Monroe were more likely than other geographic groups to identify unsafe living conditions as a safety concern.
- Higher proportions of respondents with a high school education or less, those living in the 28174 zip code, and those living in Wingate felt the struggle to manage or understand medications was a personal safety concern.
- Instability at home was more frequently selected by respondents earning an income below \$50,000, by respondents from 28174 and from Wingate.
- Lack of food was more of a concern among respondents in the lower income bracket, among those from the 28174 zip code and among those from Unionville.

Q19. If you were in an abusive situation / relationship, would you know who to call, or how to report it?

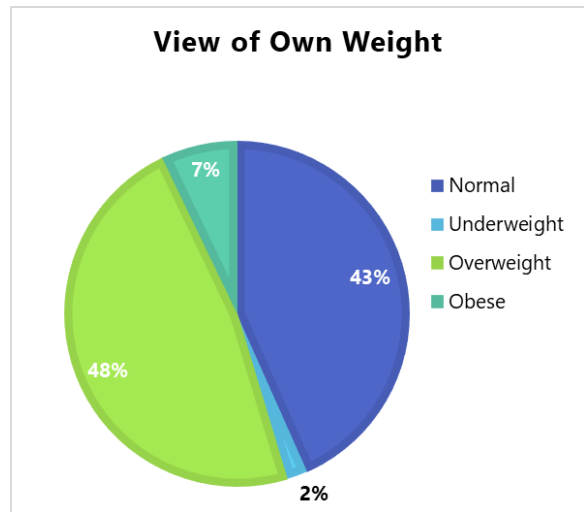
Knows How to Report Abusive Behavior	#	%
Yes	1,759	82.0%
No	387	18.0%
Total	2,146	
Unanswered	30	



- The majority of respondents (approximately 82%) know who to call and how to report abusive behavior.
- 18% of respondents did not know how to report an abusive situation.
- Responses to this question in 2019 were almost exactly the same.

Q20. How do you view YOUR weight?

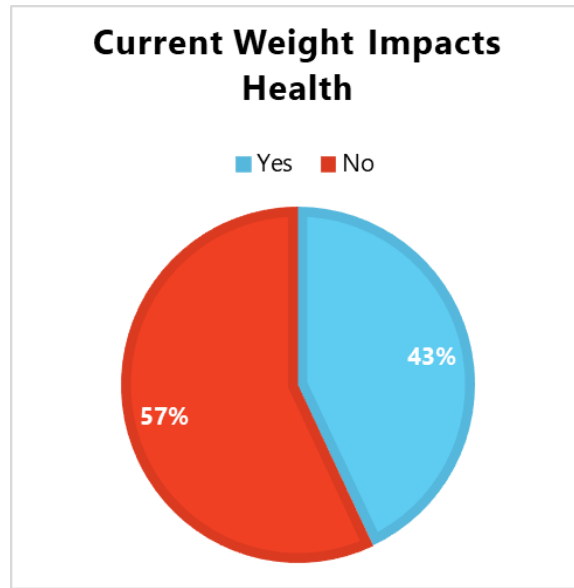
View of Own Weight	#	%
Normal	942	43.4%
Underweight	43	2.0%
Overweight	1,034	47.6%
Obese	154	7.1%
Total	2,173	
Unanswered	33	



- 43% of respondents view their weight as normal.
- Nearly 48% view their weight as overweight and 7% view their weight as obese.
- Responses are not directly comparable to 2019, when "morbidly obese" was an answer choice, but the answers were not dramatically different.

Q21. Do you feel your current weight is impacting YOUR health status?

Current Weight Impacts Health	#	%
Yes	930	43.0%
No	1,233	57.0%
Total	2,163	
Unanswered	43	



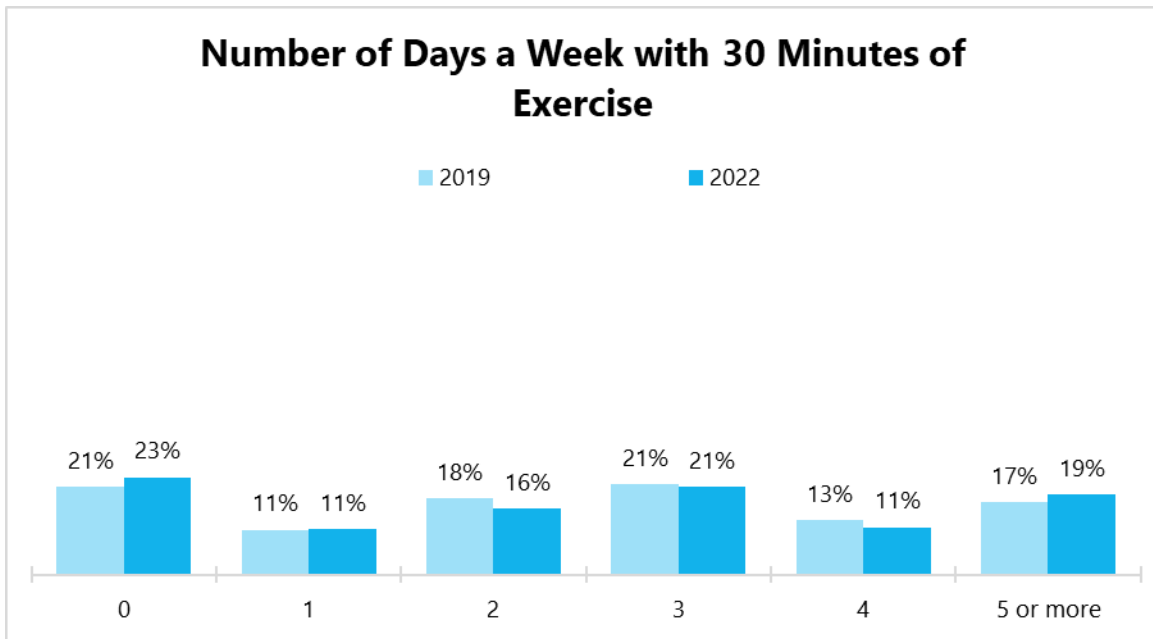
- 43% of respondents feel that their current weight impacts their health.
- More than half of respondents (57%) do not feel that their weight impacts their health.
- Responses in 2019 were almost the same.

Q22. How many days a week do you normally get 30 minutes of exercise for fitness?

Number of Days a Week They Get 30 Minutes of Exercise	#	%
None	498	23.0%
One	234	10.8%
Two	339	15.6%
Three	448	20.7%
Four	241	11.1%
Five or more	409	18.9%
Total	2,169	
Unanswered	37	



- 19% of respondents get the recommended amount of exercise in a week (at least 30 minutes a day, 5 days a week).
- 23% of respondents reported getting no physical exercise lasting at least 30 minutes.
- In 2019, 21% of respondents reported getting no physical exercise and 17% got the recommended amount of exercise in a week.

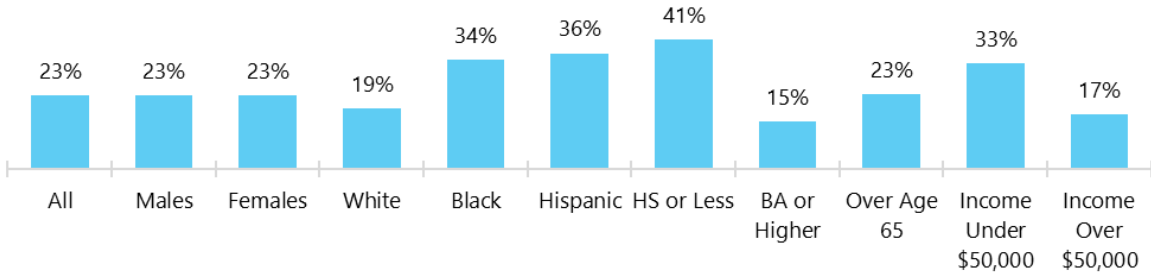


- Compared to responses in 2019, the 2022 survey sample was more likely to report getting the recommended amount of physical activity AND to report getting no exercise in a week.

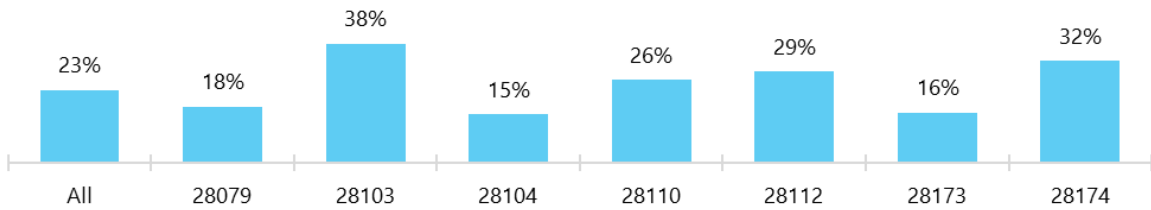
At Risk Population: Adults Who Don't Get Any Physical Activity

- Respondents with a high school education or less were more likely to report getting no exercise compared to other demographic groups.**
- Respondents from the 28103 zip code were more likely than other zip codes to report getting no exercise.**
- Respondents from Marshville were more likely than respondents from other towns get no exercise.**

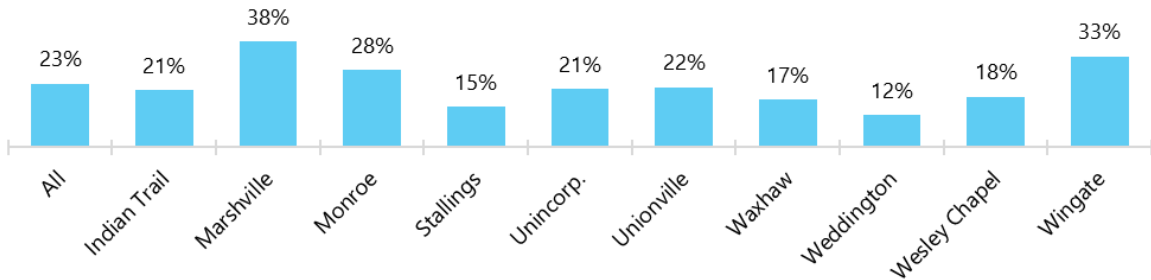
No Exercise Per Week, by Demographic Group



No Exercise Per Week, by Zip Code

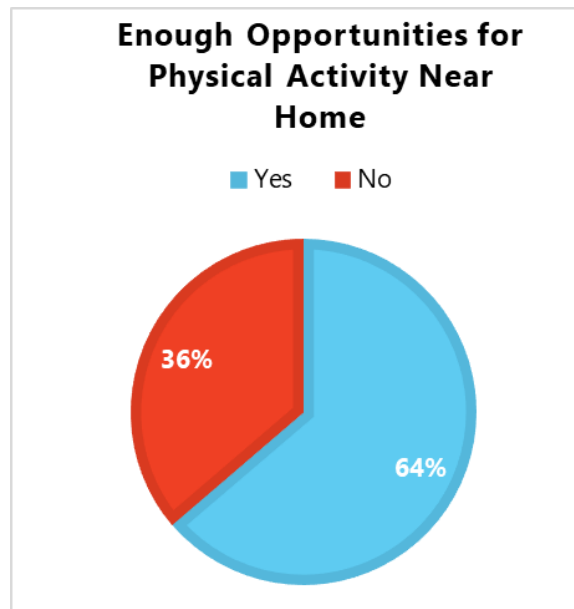


No Exercise Per Week, by Town



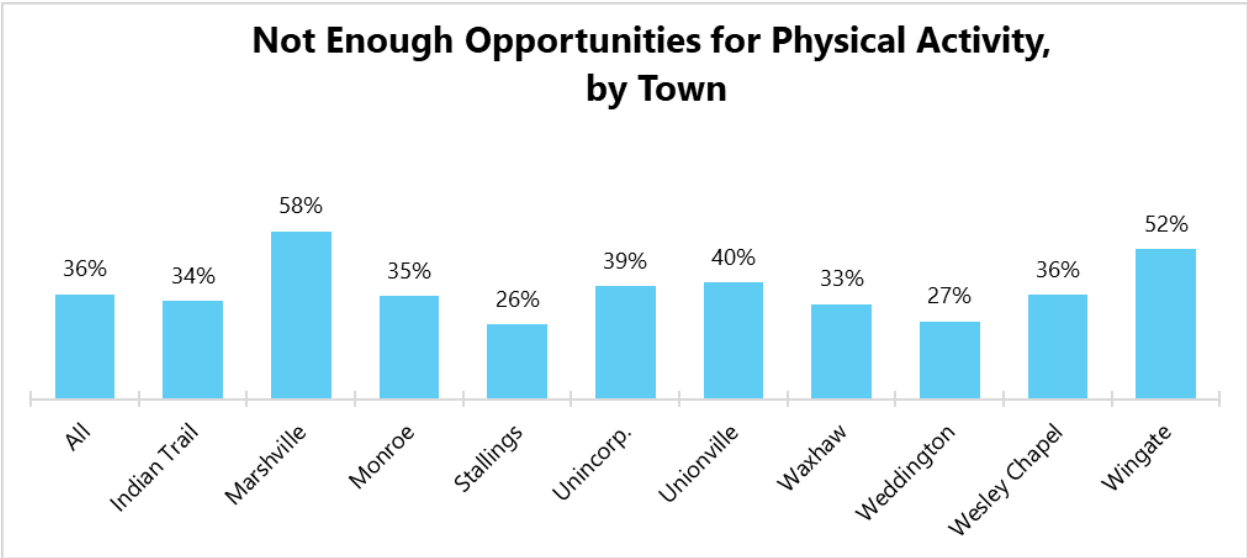
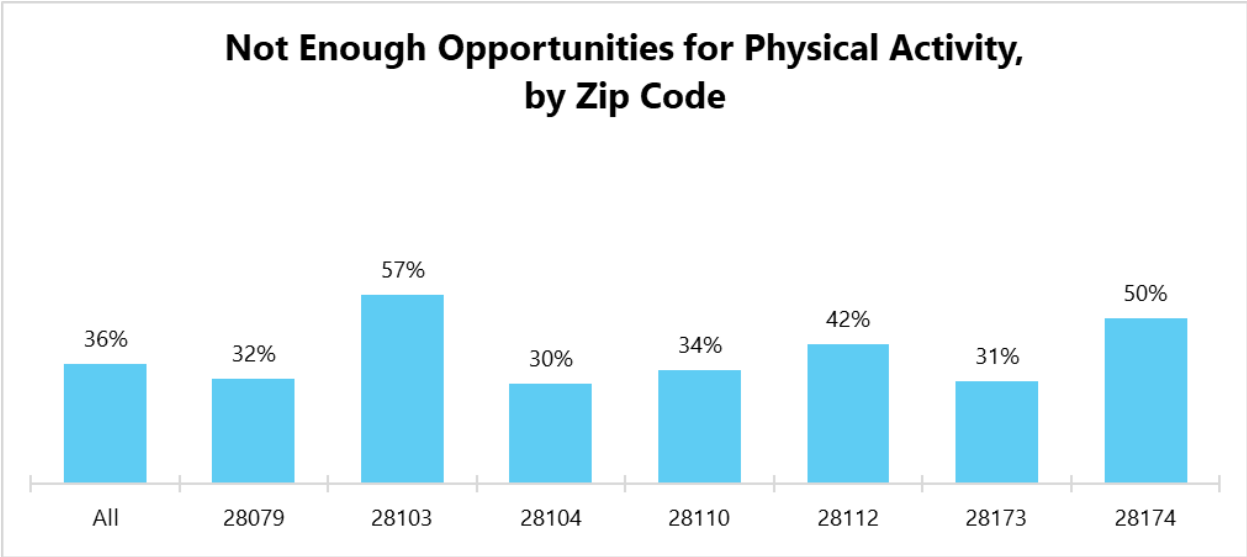
Q23. Are there enough opportunities for physical activity near your home?

Enough Opportunities for Physical Activity Near Home	#	%
Yes	1,372	63.8%
No	780	36.2%
Total	2,152	
Unanswered	54	



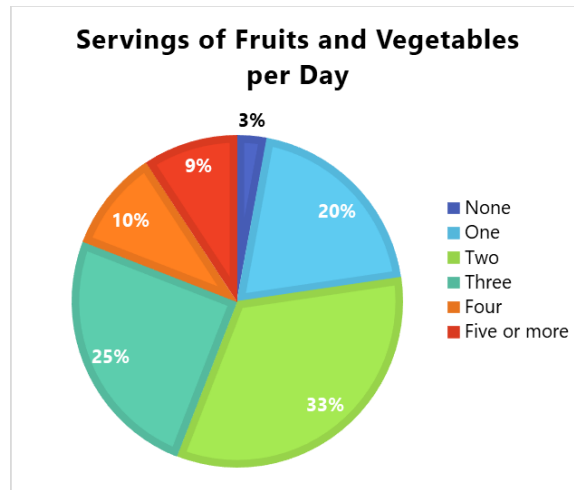
- 36% of the respondents felt that there are not enough opportunities for exercise near their home.
- Compared to 2019, the responses are very similar.
- 57% of respondents from the 28103 zip code felt there are not enough exercise opportunities near their home, a higher proportion compared to other zip codes. Residents of 28174 were the next most likely to indicate a lack of convenient exercise opportunities.

- 58% of respondents from Marshville felt there are not enough opportunities for physical fitness near their homes, a higher proportion compared to other towns. Residents of Wingate were the next most likely group to report a lack of convenient opportunities for physical fitness.



Q24. How many servings of fruits and vegetables do YOU normally eat per day?

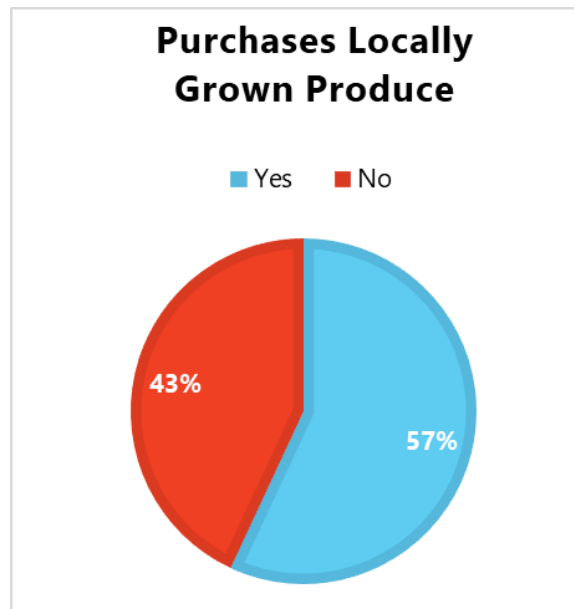
Servings of Fruits and Vegetables Per Day	#	%
None	63	2.9%
One	429	19.8%
Two	722	33.3%
Three	541	24.9%
Four	214	9.9%
Five or more	201	9.3%
Total	2,170	
Unanswered	36	



- 9% of survey respondents get the USDA recommended 5 or more servings of fruits and vegetables a day.
- A small proportion of respondents (3%) reported eating no fruits or vegetables.
- 88% of respondents reported eating between 1 and 4 servings of fruits and vegetables per day.
- Compared to 2019, the responses in 2022 are almost identical.

Q25. Do you purchase locally grown fruits / vegetables at retail markets, farm stands or Farmers Markets?

Purchases Local Produce	#	%
Yes	1,227	56.9%
No	928	43.1%
Total	2,155	
Unanswered	51	



- Approximately 57% of respondents purchase locally grown produce at grocery stores or other venues.
- Responses to the 2019 Adult Survey were the same compared to 2022.

Q26. Where do the majority of your meals come from?

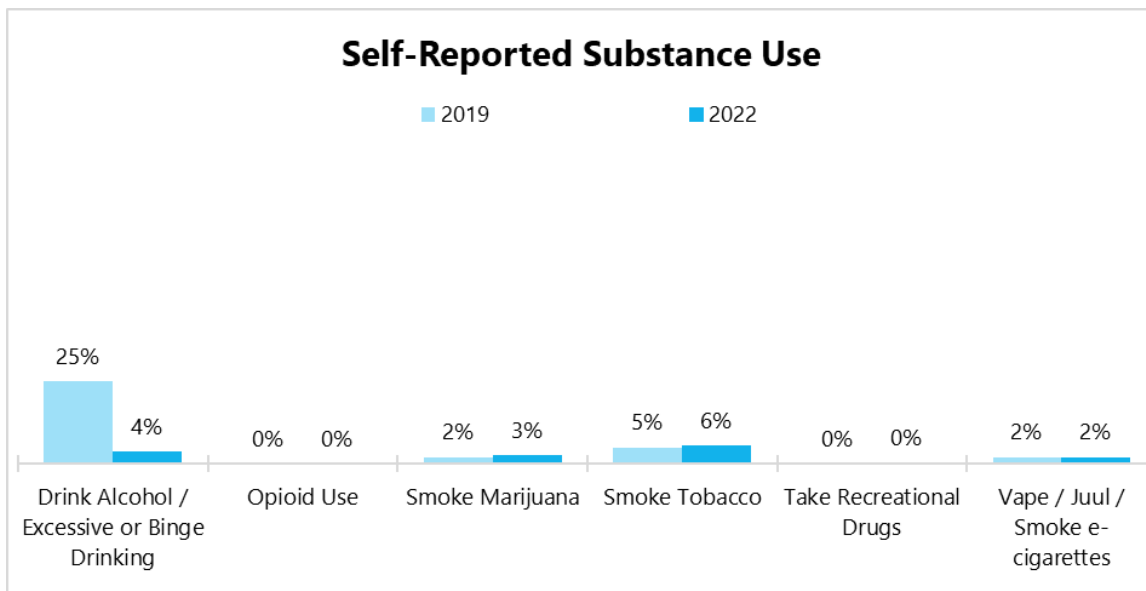
Source of Majority of Meals	#	%
Home prepared/cooked meals	1,744	79.1%
Dine-in Restaurant	267	12.1%
Fast Food Restaurant	168	7.6%
Frozen Food/Microwave Meals	154	7.0%
Prepared Foods from Grocery Store Deli	107	4.9%
Garden	59	2.7%
Meals on Wheels	43	1.9%
Senior Nutrition Site	15	0.7%
Other (please specify)	23	1.0%
Total	2,206	
<i>Other write in responses included: combination of the above, grocery shop then cook at home (3), meal replacement shakes (3)</i>		

- Approximately 80% of respondents eat home prepared/cooked meals, the most common source of meals among the survey sample.
- 20% of respondents get most of their meals from restaurants (dine-in or fast food establishments).
- Comparing 2019 results to 2022, the answers are very similar, with a higher proportion of respondents (12%) eating at dine-in restaurants in 2022 compared to 5% in 2019.

Q27. Please check if YOU do any of the following:

Self-Reported Substance Use	#	%
Smoke (cigarettes, cigars, pipe tobacco)	121	5.5%
Excessive / binge drinking	83	3.8%
Smoke Marijuana	60	2.7%
Vape/Juul/Smoke e-cigarettes	45	2.0%
Use Smokeless tobacco	20	0.9%
Use Recreational Drugs	7	0.3%
Use Opioids	1	0.0%
Total	2,206	

- Approximately 8% of Adult Survey respondents reported using a tobacco product of some sort: 5.5% smoked tobacco, 2% reported using e-cigarettes, and 1% used smokeless tobacco.
- 3% of respondents used drugs of some sort: 2.7% smoked marijuana, 0.3% used recreational drugs, and 0% used opioids (it is unknown whether the individual was using opioids prescribed to them by a medical provider).



- In order to compare results to 2019, responses from 2019 were re-calculated using a denominator of all respondents in order to match the mathematical methodology used in 2022.
- Compared to 2019, the responses to this question look very similar with the exception of alcohol use. In 2019 the answer choice was “drink alcohol” and 25% of respondents engaged in alcohol

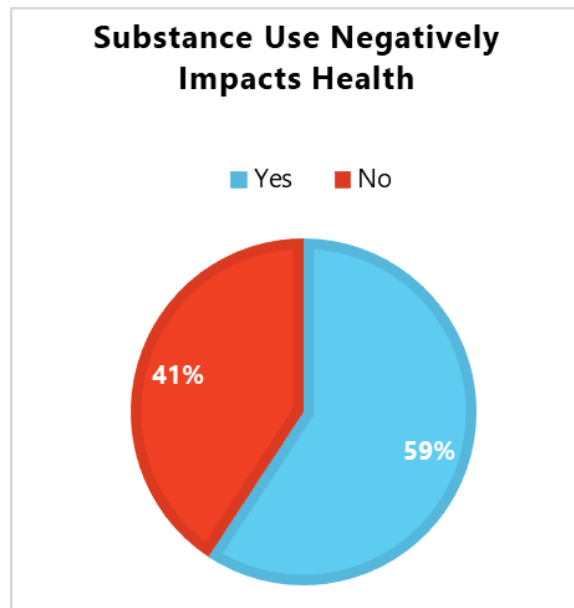
use. In 2022 the answer choice was “excessive or binge drinking” and less than 4% reported doing so.

Self-Reported Substance Use	All	Males	Females	White	Black	Hispanic	HS or Less	BA or Higher	Age 65 and Older	Income Under \$50,000	Income Over \$50,000
Excessive / binge drinking	3.8%	7.0%	2.8%	3.7%	5.1%	3.3%	3.5%	4.5%	2.4%	3.8%	4.2%
Smoke (cigarettes, cigars, pipe tobacco)	5.5%	8.3%	4.6%	5.5%	8.0%	2.8%	9.1%	2.9%	3.7%	8.7%	4.3%
Smoke Marijuana	2.7%	4.3%	2.2%	2.3%	5.1%	2.3%	3.0%	2.3%	1.9%	4.5%	2.1%

- Male respondents were more likely than other groups to report excessive or binge drinking.
- Respondents with a high school education or less were more likely than other groups to report smoking tobacco.
- Black respondents were more likely than other groups to report smoking marijuana.

Q28. If you checked any of the above, do you feel this impacts YOUR health negatively?

Substance Use Negatively Impacts Health (Among those who reported substance use)	#	%
Yes	166	59.3%
No	114	40.7%
Total	280	
Unanswered	1,926	



- Approximately 41% of respondents reporting substance use feel that it does not impact their health in a negative way.
- 59% of respondents do feel that their substance use negatively affects their health.
- In 2019, 20% of respondents felt their substance use negatively affected their health and 80% felt it did not.

Q29. Listed below are safety hazards related to driving. Please check ALL that apply to YOU.

Self-Reported Hazardous Driving Behaviors	#	%
Talking on cell phone while driving	783	35.5%
Texting/Snap Chatting/Use of Apps while driving	313	14.2%
Reckless Driving / Speeding	95	4.3%
Driving under the influence (drugs or alcohol)	47	2.1%
None	1,175	53.3%
Total	2,206	

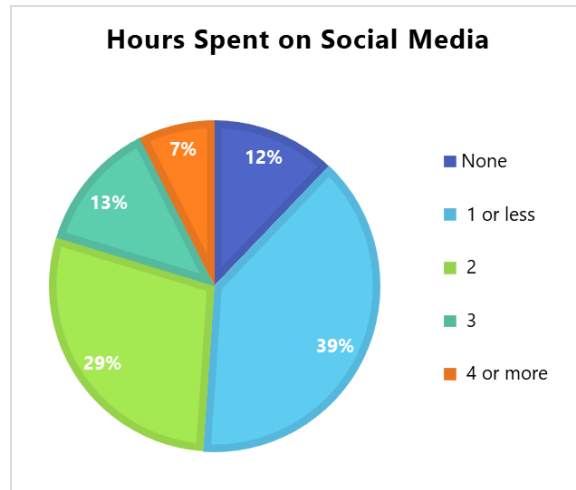
- The most commonly reported hazardous driving behavior was talking on a cell phone while driving, which 35.5% of respondents reported doing.
- Using a cell phone for other purposes (texting, social medial, other apps) was the second most common hazardous driving behavior (14%).
- This question is not directly comparable to 2019 due to changes in the answer choices.

Self-Reported Hazardous Driving Behaviors, by Demographic Group	All	Males	Females	White	Black	Hispanic	HS or Less	BA or Higher	Age 65 and Older	Income Under \$50,000	Income Over \$50,000
Talking on cell phone while I drive	35.5%	31.5%	37.0%	37.3%	36.0%	29.4%	22.1%	42.9%	17.8%	23.7%	43.9%
Texting/Snap Chatting/Use of Apps while driving	14.2%	13.2%	14.6%	14.5%	8.9%	23.4%	8.9%	17.9%	2.5%	9.0%	18.0%
Reckless Driving / Speeding	4.3%	3.9%	4.3%	4.0%	3.0%	10.3%	4.0%	4.3%	1.3%	3.3%	4.9%

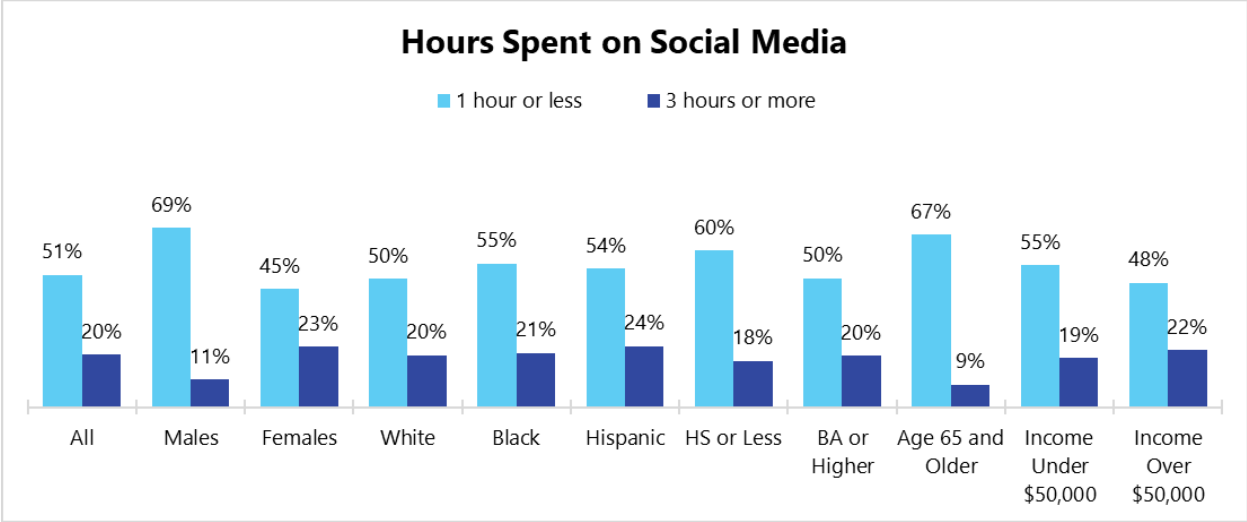
- Respondents with an income over \$50,000 were more likely to report talking on a cell phone while driving.
- Hispanic respondents were more likely than other groups to report using cell phone apps while driving and driving recklessly or speeding.
- Senior adults were the least likely of any of the groups presented to engage in hazardous driving behaviors.
- Too few respondents reported driving under the influence of alcohol or drugs to further stratify.

Q30. Approximately how much time do YOU spend daily on social media? (Facebook, Instant Messaging, Snap Chatting, Texting)

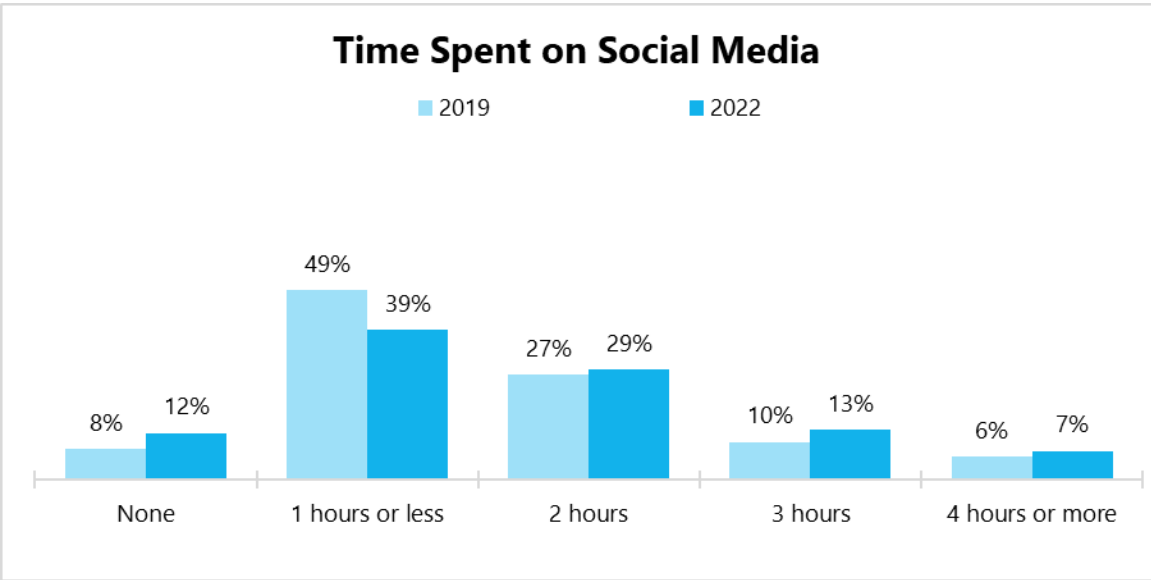
Time Spent on Social Media	#	%
None	261	12.1%
1 hours or less	839	39.0%
2 hours	616	28.6%
3 hours	277	12.9%
4 hours or more	160	7.4%
Total	2,153	
Unanswered	53	



- Approximately 20% of adult respondents spend 3 or more hours per day on social media.
- 51% of respondents spend 1 hours or less or no time on social media.



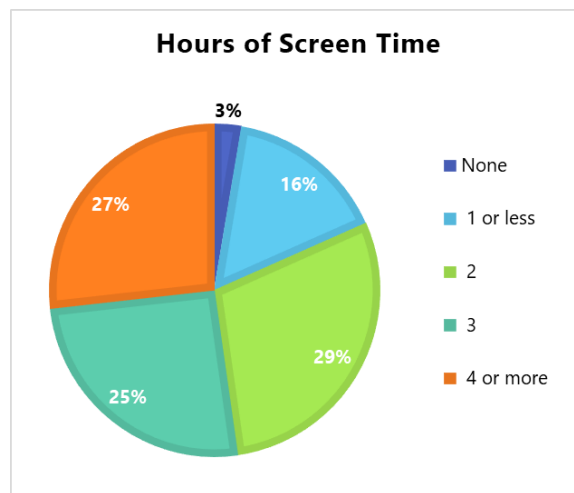
- Male respondents, those over the age of 65, and respondents with a high school education or less were more likely than other demographic groups to report spending 1 hour or less per day on social media.
- Hispanic respondents, female respondents, and those with incomes higher than \$50,000 were more likely than other groups to spend 3 or more hours per day on social media.



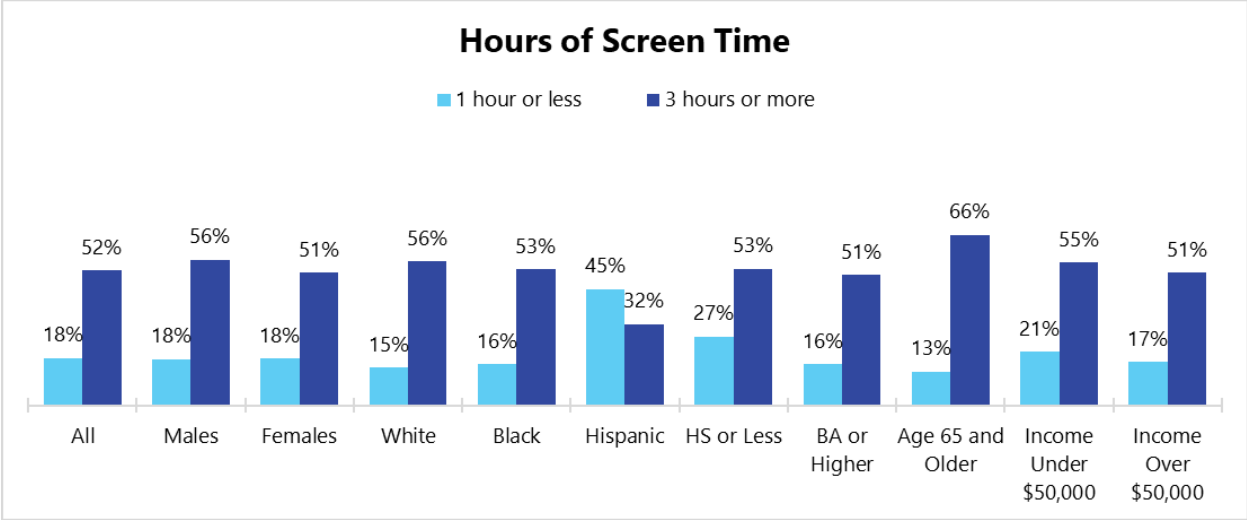
- Compared to responses from 2019, the 2022 survey sample was more likely to report no time on social media AND more likely to spend 2 or more hours a day on social media.

Q31. How much screen time do YOU spend daily? (TV, video games, computer, cell phone)

Daily Screen Time	#	%
None	57	2.6%
1 hour or less	339	15.7%
2 hours	633	29.4%
3 hours	550	25.5%
4 hours or more	577	26.8%
Total	2,156	100.0%
Unanswered	50	



- Approximately 18% of respondents reported 1 hour or less of daily screen time.
- 52% of respondents spend 3 or more hours of their day interacting with a screen.
- This question is not directly comparable to 2019, when None was not an answer choice. However, the responses were not significantly different in 2019.



- Hispanic respondents were more likely than any other of the groups presented to spend 1 hour or less using screens (TV, computers, video games, cell phones)
- Adults over the age of 65 were more likely than other groups to spend 3 or more hours per day on a screen of some sort.

Q32. Where do you go MOST OFTEN when you are sick and need medical care? Choose ONLY one.

Primary Source of Medical Care When Sick	#	%
Doctor's office in Union County	1,141	53.2%
Doctor's office outside Union County	480	22.4%
Urgent Care Facility in Union County	154	7.2%
AtriumHealth Care Union Emergency Room (formerly CMC)	98	4.6%
Do not see a doctor - Use Naturopathic Remedies	84	3.9%
Minute Clinic in Union County	61	2.8%
Emergency Department outside Union County	17	0.8%
Other:	109	5.1%
Total	2,144	
Unanswered	62	
<i>See the appendix for Other write-in responses</i>		

- More than 75% of adult respondents reported that they go to a doctor’s office for medical care when they are sick, with 53% seeing a doctor in Union County and 22% seeing a doctor outside Union County.
- 4% of respondents do not see a doctor when they are sick and prefer to use naturopathic remedies.
- 5.4% go to an emergency room when they are sick: 4.6% to the Atrium Health Care facility in Union County and less than 1% to an ED outside of the county.
- This question was not asked in 2019.

Q33. Do you have a medical doctor you see on a regular basis?

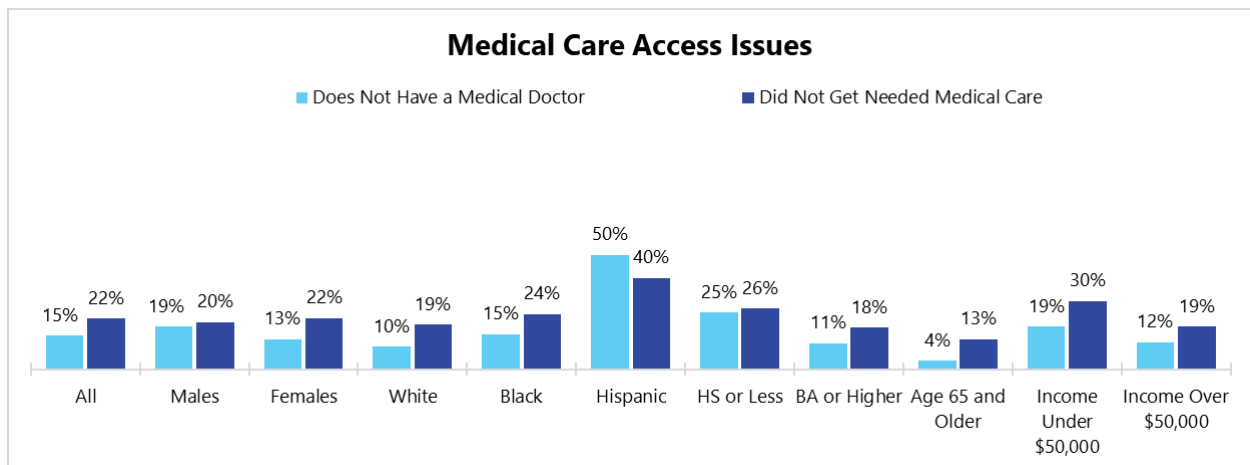
Sees Medical Doctor on Regular Basis	#	%
Yes	1,844	85.4%
No	316	14.6%
Total	2,160	
Unanswered	46	

- Approximately 85% of respondents see a medical doctor on a regular basis and 15% do not.

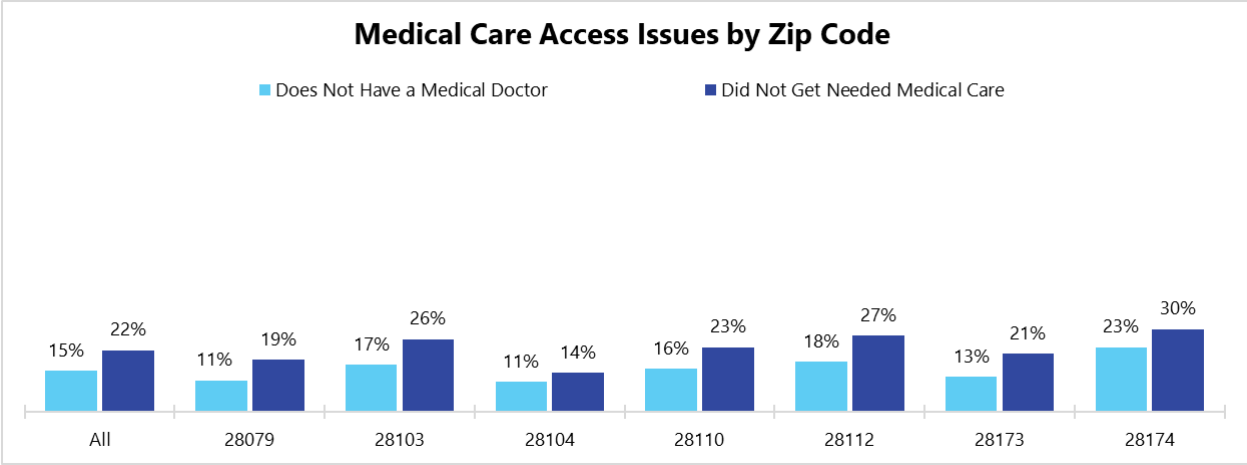
Q34. Was there a time that you needed to see a doctor during the last 12 months but did not?

Needed to See Doctor but Did Not	#	%
Yes	477	22.1%
No	1,684	77.9%
Total	2,161	
Unanswered	45	

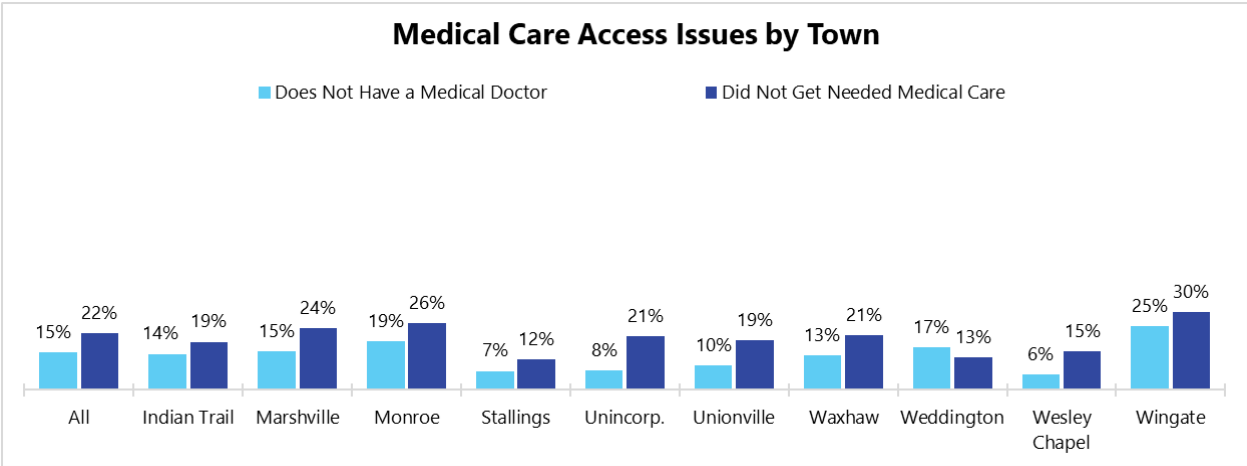
- 22% of respondents had a time in the past year when they needed to see a doctor but did not.



- Hispanic respondents were **more** likely than any other group to report not having a medical home and to report a time when they needed medical care and did not get it.
- Respondents over the age of 65 were **less** likely than any other group to report lacking a medical home or not getting needed medical care.



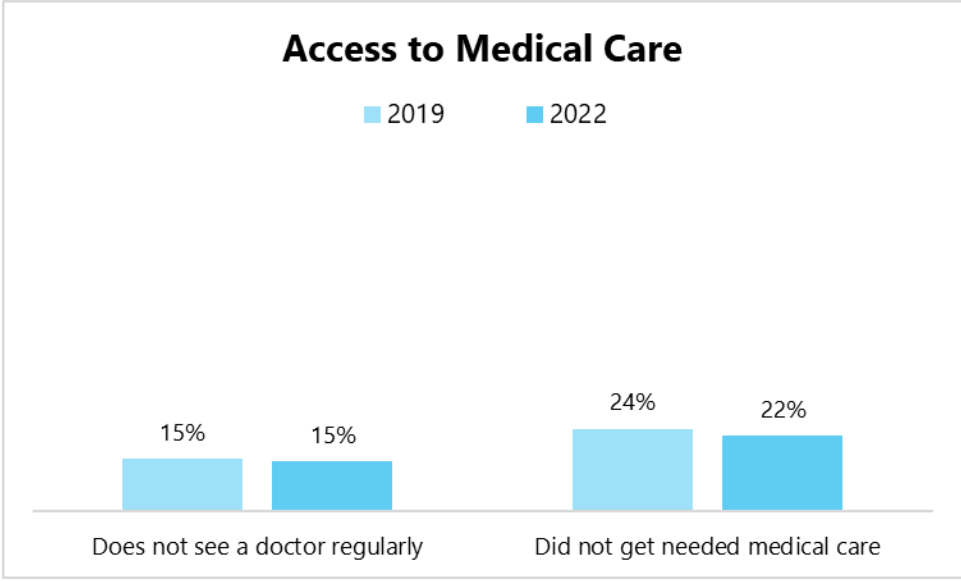
- Respondents from the 28174 zip code were **more** likely than other zip code groups to report not having a medical home and to report a time when they needed medical care but did not get it.
- Respondents from the 28104 zip code were **less** likely than any other group to report lacking a medical home and to report not getting needed medical care.



- Respondents from Wingate were **more** likely than other town groups to report not having a medical home and to report a time when they needed medical care and did not get it.
- Respondents from Stallings were **less** likely than any other group to report lacking a medical home and to report not getting needed medical care.

At Risk Population: Adults Lacking Access to Medical Care

- Hispanic respondents were more likely to report lacking a medical home AND not getting needed medical care compared to all other demographic and geographic groups.
- Respondents from the 27174 zip code were more likely than other zip codes to lack a medical home AND report a time when they could not get needed medical care.
- Respondents from Wingate were more likely than other towns to lack a medical home AND to report a time when they did not get needed medical care.



- Responses to this question in 2022 were very similar compared to 2019.

Q35. If yes, what was the main reason(s) you did not see a doctor?

Main Reasons for Not Going to Doctor (among those who did not get needed medical care)	#	%
Did not have the money to go	124	26.0%
Office was not open when I could get there	81	17.0%
No insurance	75	15.7%
I was afraid / I don't like to go to the doctor	36	7.5%
I had no transportation	33	6.9%
I do not trust doctors	27	5.7%
Did not know who to call or where to go	21	4.4%
Language Barrier	8	1.7%
Other reason:	176	36.9%
Total	477	
<i>See the appendix for Other write-in responses</i>		

- The most common reason to not see a doctor when needed was lack of money (26%) followed by the office not being open when they could get there (17%).

Q36. Do you see a specialist doctor you see on a regular basis?

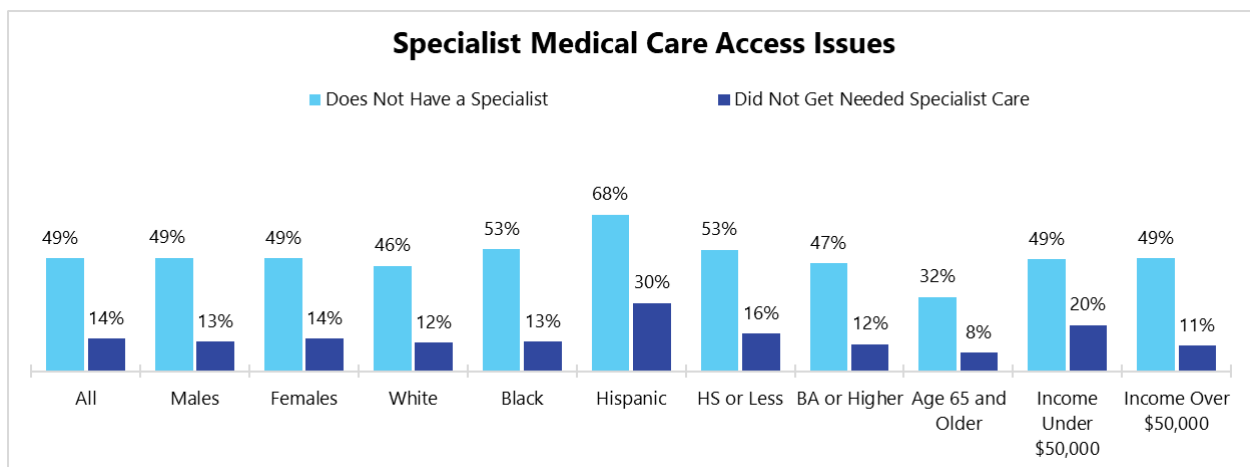
Sees Specialist on a Regular Basis	#	%
Yes	1,091	50.7%
No	1,061	49.3%
Total	2,152	
Unanswered	54	

- 51% of respondents see a specialist on a regular basis and 49% do not.
- This question was not asked in 2019.

Q37. Was there a time when you needed to see a specialist during the last 12 months but did not?

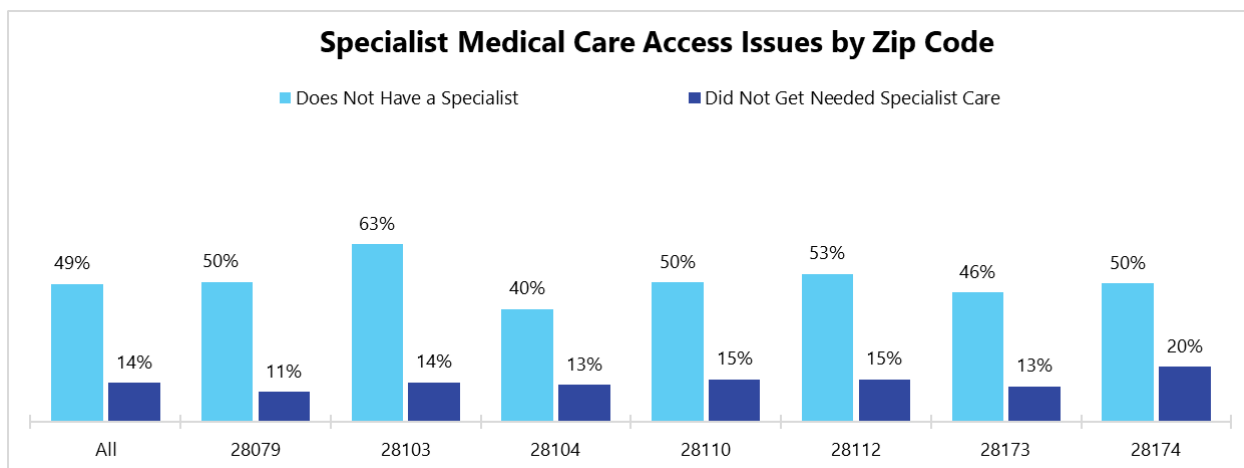
Needed to See Specialist but Did Not	#	%
Yes	300	14.1%
No	1,828	85.9%
Total	2,128	
Unanswered	78	

- 14% of respondents reported a time in the past year when they needed to see a specialist but did not.
- This question was not asked in 2019.

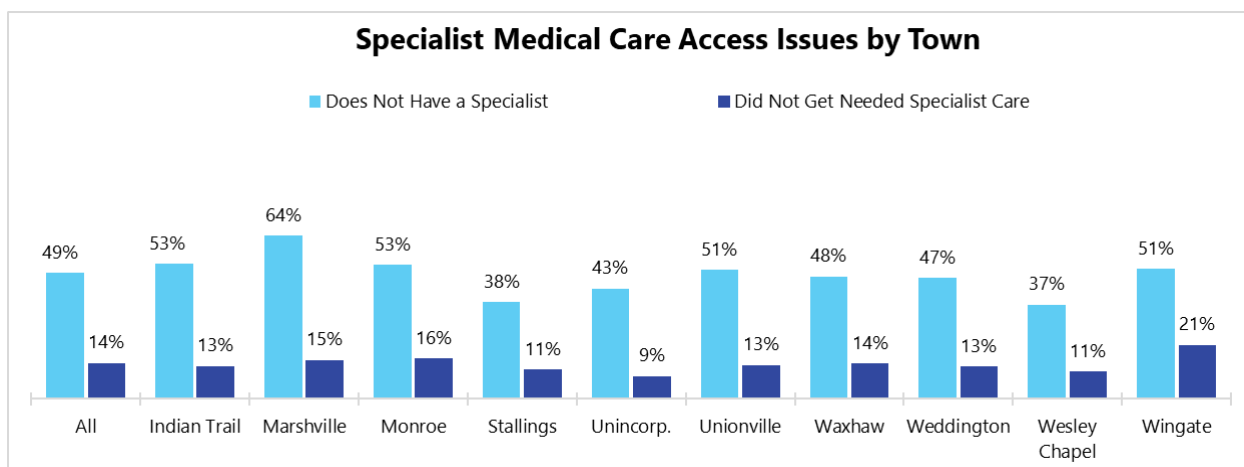


- Hispanic respondents were **more** likely than any other group to report not seeing a specialist on a regular basis AND to report a time when they needed to see a specialist but did not.

- Respondents over the age of 65 were **less** likely than any other group to report lacking a specialist provider home or not getting needed specialist care.



- Respondents from the 28103 zip code were more likely to report not having a specialist compared to other zip codes.
- A higher proportion of respondents from 28174 reported a time in the past year when they needed to see a specialist but did not.



- Respondents living in Marshville were more likely than other groups presented to not have a specialist they see on a regular basis.
- Respondents living in Wingate were more likely to report a time when they needed to see a specialist but did not.

Q38. If yes, what was the main reason you did not see your specialist?

Main Reasons for Not Seeing Specialist (Among those who needed to see a specialist but did not)	#	%
Did not have the money to go	113	37.7%
No insurance	49	16.3%
Did not know who to call or where to go	27	9.0%
My insurance does not pay for specialists	22	7.3%
I had no transportation	21	7.0%
There is no specialist in Union County	18	6.0%
Office was not open when I could get there	13	4.3%
I was afraid / I don't like to go to the doctor	12	4.0%
I do not trust doctors	10	3.3%
Language Barrier	5	1.7%
Other reason:	88	29.3%
<i>See the appendix for Other write-in responses</i>		

- Among the respondents who reported a time in the past year when they needed to see a specialist but did not, the most common reason was not having the money to go (38%) followed by lack of insurance (16%).

Q39. Do you see a dentist on a regular basis?

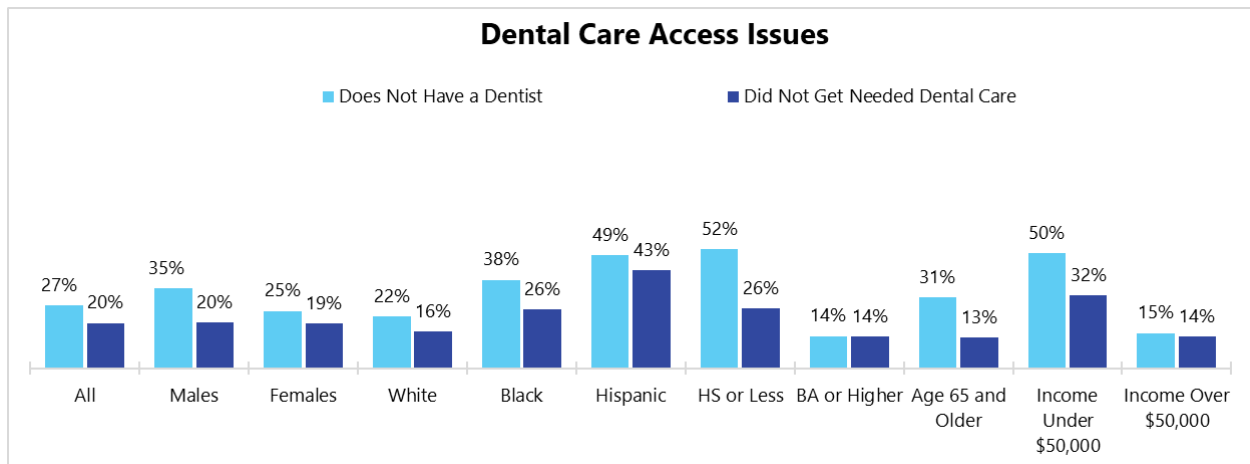
Sees Dentist on a Regular Basis	#	%
Yes	1,560	72.6%
No	588	27.4%
Total	2,148	
Unanswered	58	

- 73% of respondents see a dentist on a regular basis and 27% do not.

Q40. Was there a time during the last 12 months when you needed to see a dentist but did not?

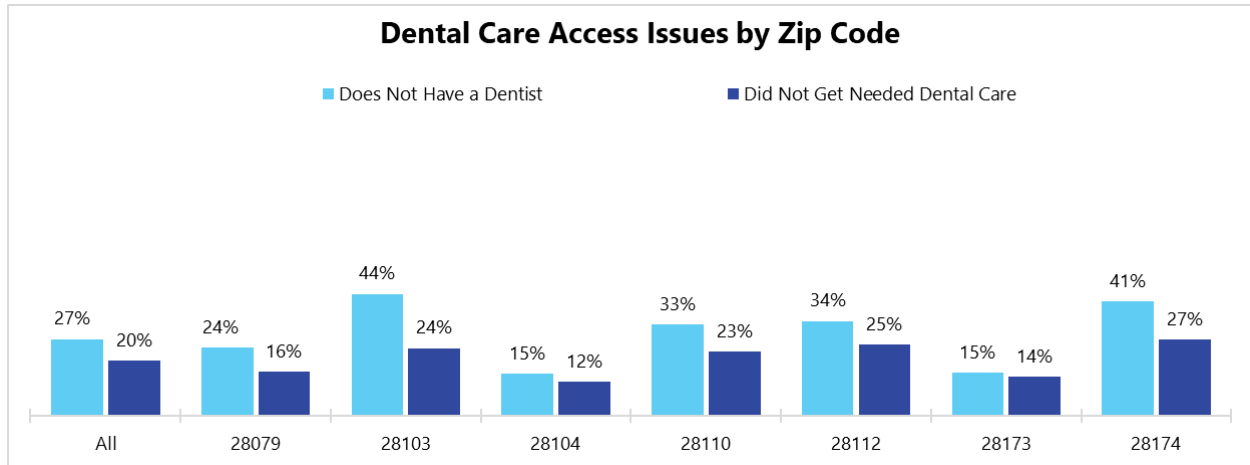
Needed to See Dentist but Did Not	#	%
Yes	420	19.7%
No	1,714	80.3%
Total	2,134	
Unanswered	72	

- 20% of respondents reported a time in the past year when they needed to see a dentist but did not.

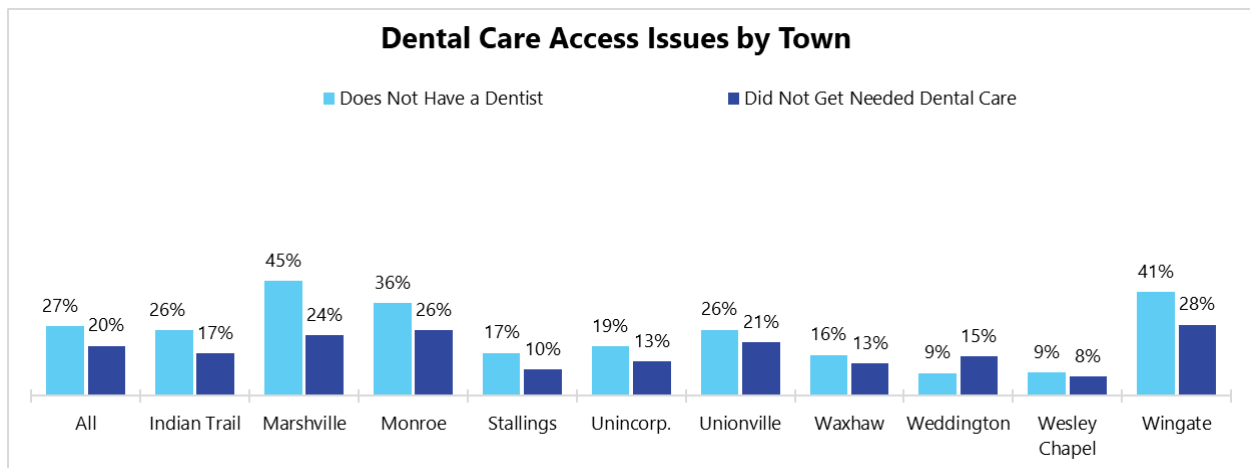


- Respondents with a high school education or less, those in the lower income bracket, and Hispanic respondents were **more** likely than other groups to report not seeing a dentist on a regular basis.
- Respondents with a BA or higher and those earning more than \$50,000 were **less** likely to report lacking a dental home or to report a time they needed dental care but didn't get it.

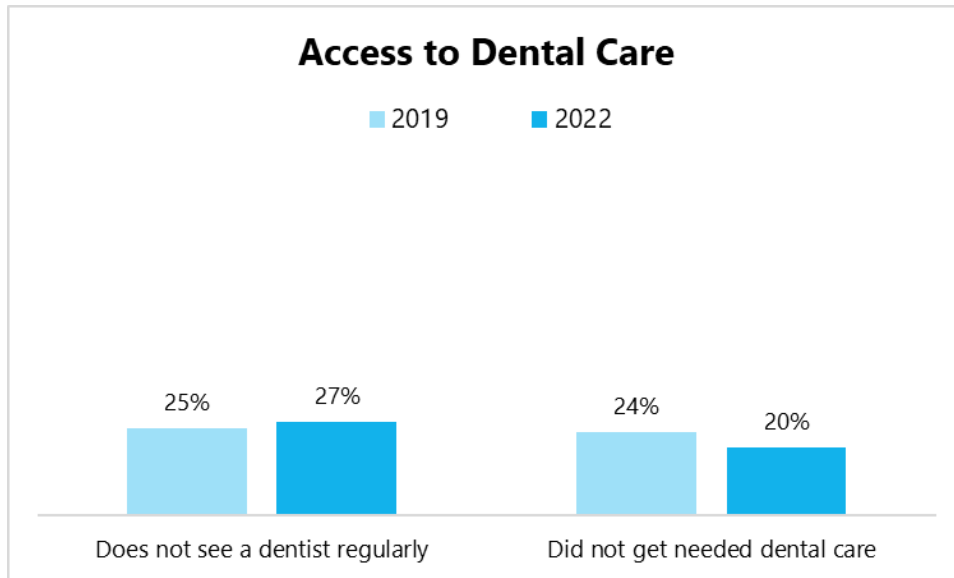
- Hispanic respondents and those earning less than \$50,000 were **more** likely than other groups to not get needed dental care in the past year.



- Compared to other zip codes, higher proportions of respondents from the 28103 and 28174 zip codes reported not having a dental home.
- Respondents from 28174 were more likely to report a time in the past year when they needed dental care but did not get it.



- Respondents from Marshville and Wingate were more likely than other town groups to not have a dental home.
- Respondents from Wingate and Monroe were more likely to report a time in the past year when they did not get needed dental care.



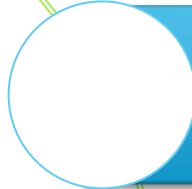
- Compared to 2019, respondents were more likely report not seeing a dentist regularly but less likely to report a time in the past year when they needed dental care but did not get it.

Q41. If yes, what was the main reason you did not see a dentist?

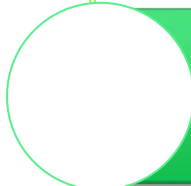
Main Reasons for Not Going to Dentist (Among those who needed to see a dentist but did not)	#	%
Did not have the money to go	177	42.1%
No insurance	97	23.1%
I was afraid / I don't like to go to the dentist	75	17.9%
My insurance does not pay for dental services	55	13.1%
Office was not open when I could get there	30	7.1%
I had no transportation	16	3.8%
Did not know who to call or where to go	14	3.3%
I do not trust dentists	7	1.7%
Language Barrier	4	1.0%
Other reason:	98	23.3%
Total	420	
<i>See the appendix for Other write-in responses</i>		

- Among those who needed to see a dentist but did not, the most common reason was not having the money (42%) followed by lack of insurance (23%).
- Fear/not liking to go to the dentist was a barrier for 18% of respondents.


At Risk Population: Adults Lacking Access to Dental Care



Less educated, lower income, and Hispanic respondents were more likely than other demographic groups to not have a dental home.



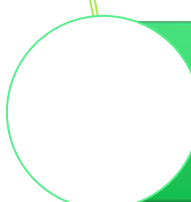
Respondents from the 28103 and 28174 zip codes were more likely than other zip codes to lack a dental home.



Respondents from Marshville were more likely than other towns to lack a dental home.



Hispanic respondents were more likely than other demographic groups to report not going to the dentist despite needing care.



Respondents from the 28174 zip code were more likely than other zip codes to report not getting needed dental care.

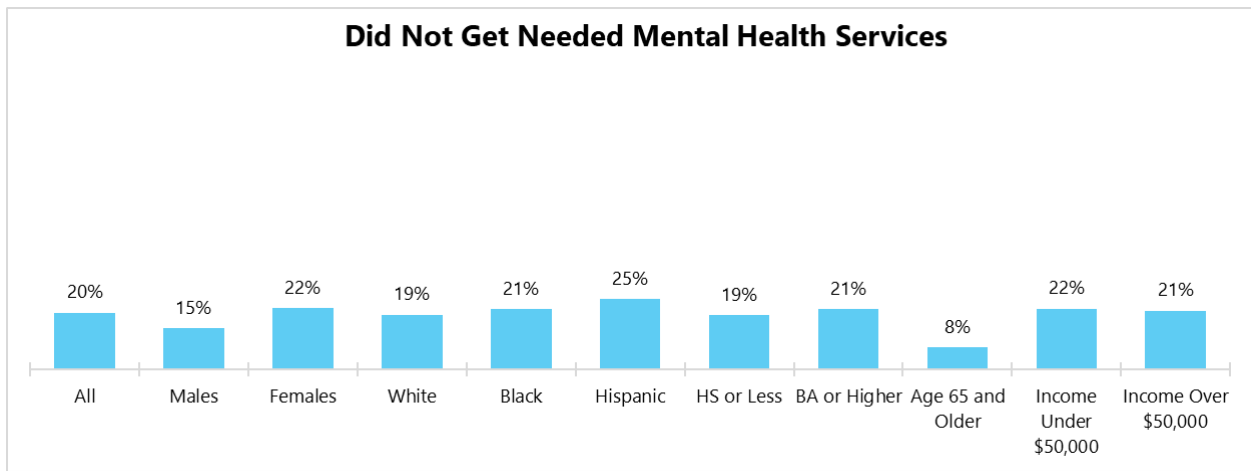


Residents of Wingate were more likely to report not getting needed dental care compared to residents of other towns.

Q42. Have you ever felt that you needed mental health services and did not get them?

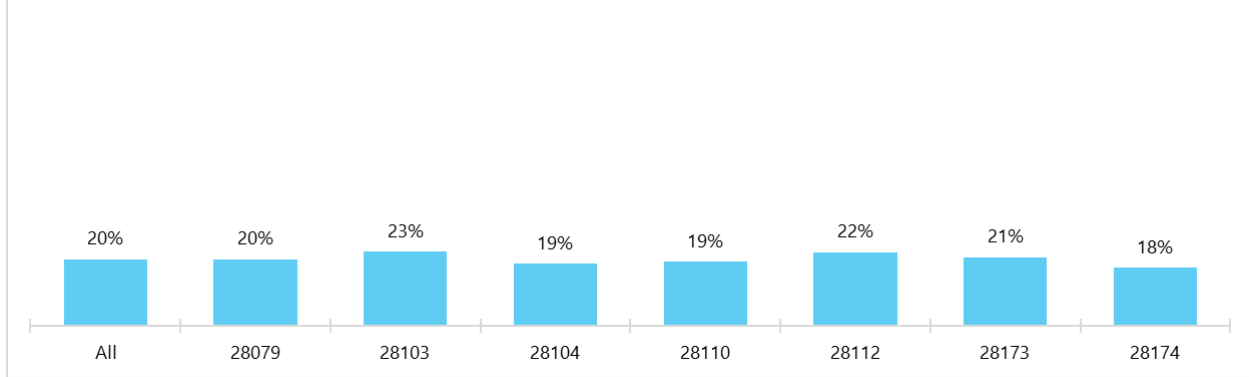
Needed Mental Health Services and Did Not Get Them	#	%
Yes	432	20.2%
No	1,704	79.8%
Total	2,136	
Unanswered	70	

- Approximately 20% of respondents reported needing mental health services and not getting them.
- In 2019, 17% of respondents reported not getting needed mental health services.



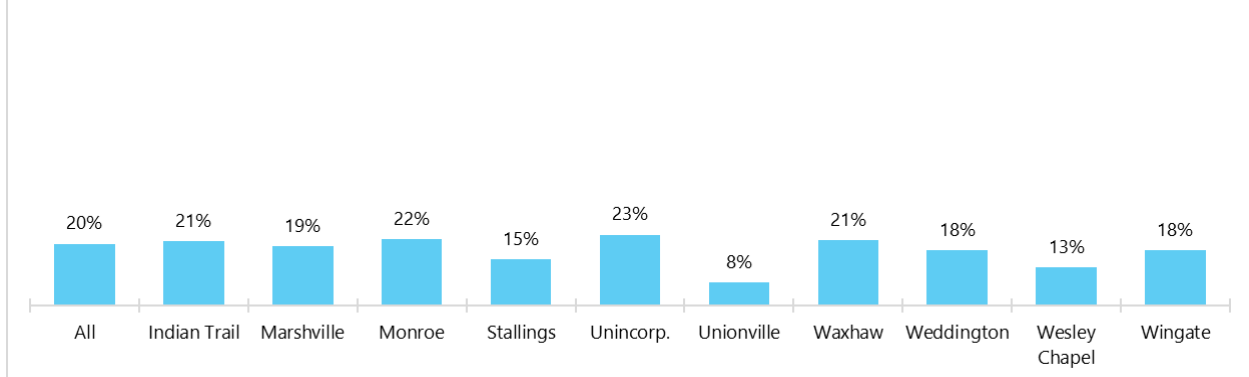
- Hispanic respondents were **more** likely than other groups to report not getting needed mental health services.
- Respondents over the age of 65 were **less** likely than other groups to report not getting needed mental health care.

Did Not Get Needed Mental Health Services by Zip Code



- When stratified by zip code, responses to this question do not seem to display the variability of other questions.
- Respondents from the 28103 zip code were slightly more likely than other groups to report not getting needed mental health services.

Did Not Get Needed Mental Health Services by Town



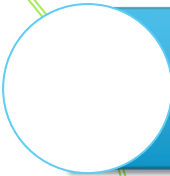
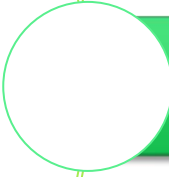

- Respondents from unincorporated areas of Union County were **more** likely to report not getting needed mental health care compared to respondents from other towns.
- Respondents from Unionville were **less** likely than other groups to report not getting needed mental health services.

Q43. If yes, why did you not go for mental health services? Check ALL that apply:

Main Reasons for not getting mental health services (Among those who did not get needed mental health services)	#	%
Did not have the money to go	148	34.3%
I was embarrassed	117	27.1%
Did not know who to call or where to go	103	23.8%
My insurance does not pay for mental health services	74	17.1%
No insurance	40	9.3%
I was afraid / I don't like to go to the doctor	32	7.4%
I do not trust doctors	19	4.4%
Office was not open when I could get there	19	4.4%
I had no transportation	14	3.2%
Language Barrier	7	1.6%
Other reason:	115	26.6%
Total	432	
<i>See the Appendix for Other write-in responses</i>		

- Among those who needed mental health services and did not get them, the most common reason was not having the money to go (34%), followed by embarrassment (27%).
- Nearly 24% did not know who to call or where to go.

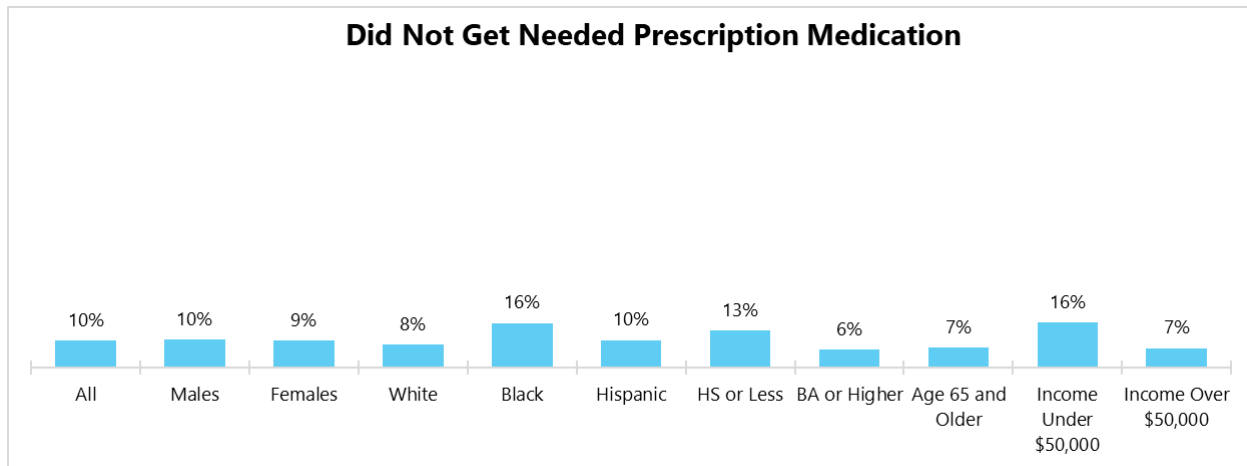
At Risk Population: Adults Lacking Access to Mental Health Services

-  **Hispanic respondents were more likely to report not getting needed mental health care, compared to all other demographic and geographic groups.**
-  **Respondents from the 28103 and 28112 zip codes were more likely than other zip codes to report not getting needed mental health care.**
-  **Residents of unincorporated areas were more likely to report not getting needed mental health services compared to residents of other towns.**

Q44. Have you needed a prescription medication (includes pills, oxygen, etc.) and did not get it?

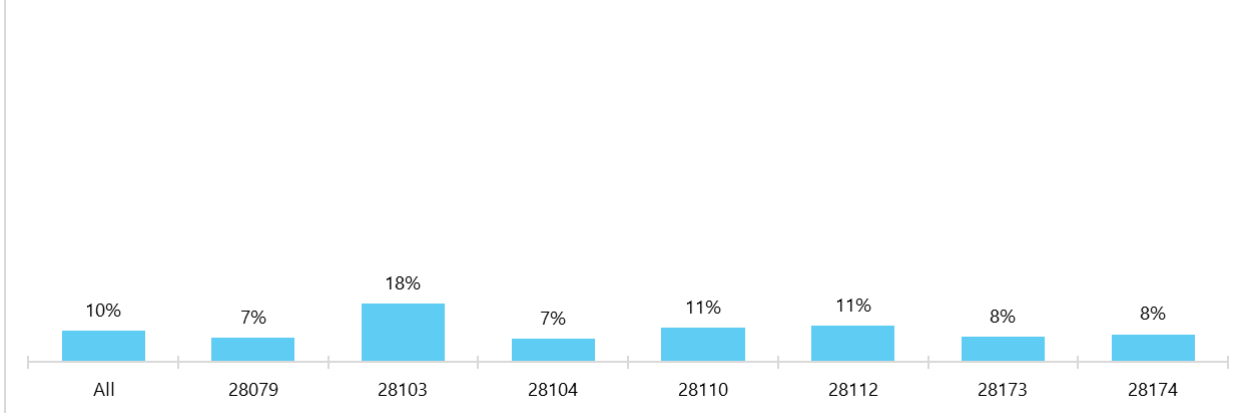
Needed Prescription Medication and Did Not Get It	#	%
Yes	203	9.5%
No	1,930	90.5%
Total	2,133	
Unanswered	73	

- Nearly 10% of respondents reported a time when they needed prescription medication and did not get it.
- In 2019, 19% of respondents reported not getting a medically necessary prescription.



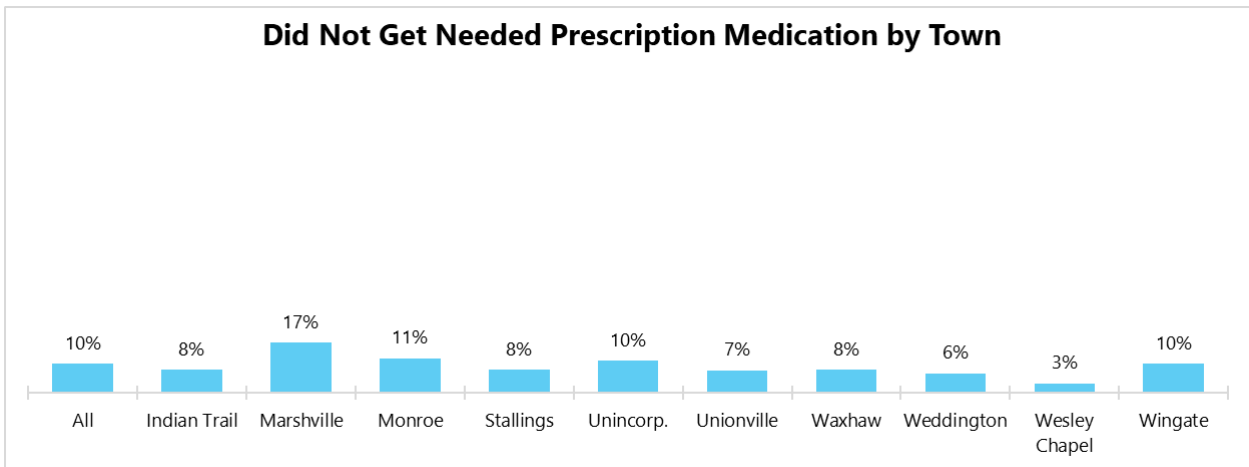
- Black respondents and respondents with an income under \$50,000 were **more** likely than other demographic groups to report a time when they needed prescription medication but did not get it.
- Higher educated respondents, those in the higher income bracket, and seniors were **less** likely to report not getting a medically necessary prescription.

Did Not Get Needed Prescription Medication by Zip Code



- Respondents from the 28103 zip code were more likely than any other demographic or geographic group to have not gotten a needed prescription medication.

Did Not Get Needed Prescription Medication by Town



- Respondents from Marshville were more likely than residents from other towns to report a time when they needed a prescription but did not get it.

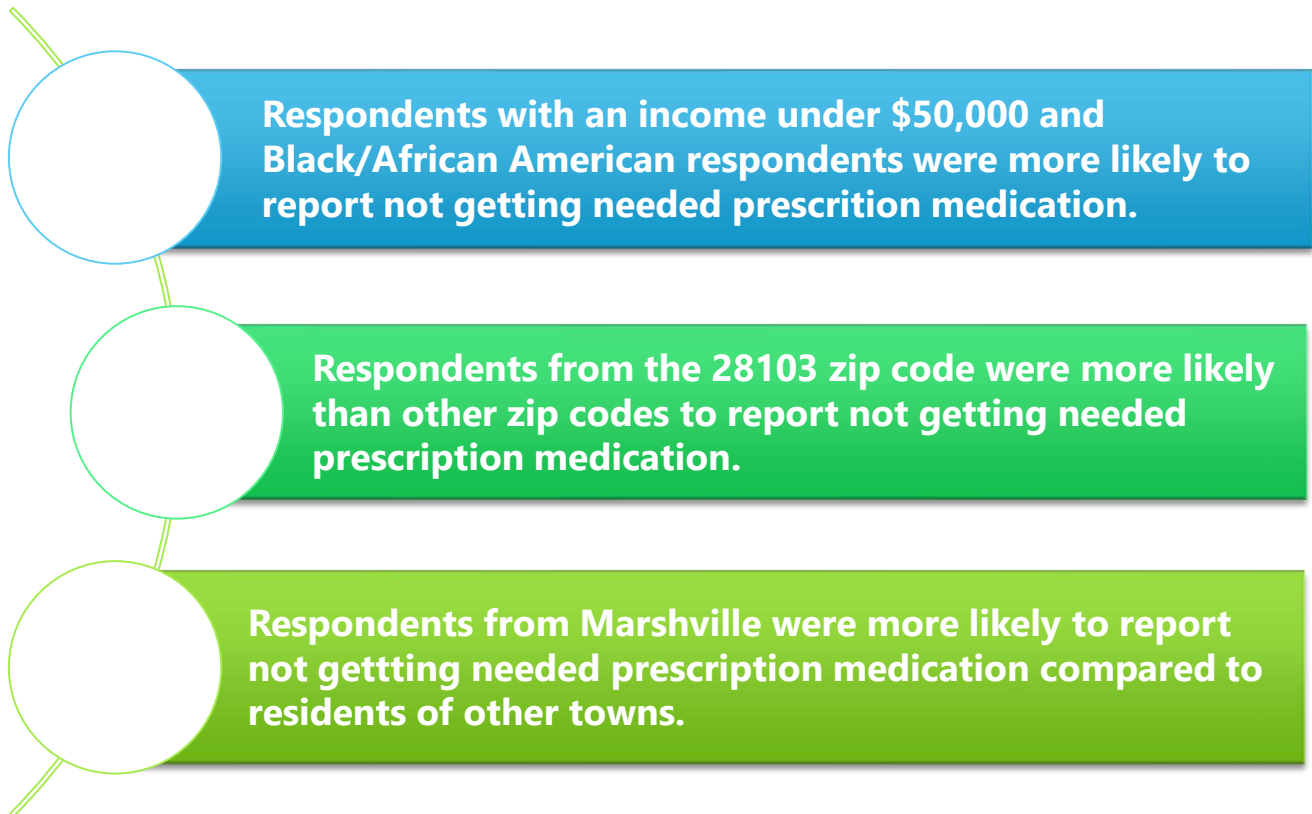
Q45. If yes, why did you not get your medicine?

Main Reasons for not getting Prescription Medication (among those who needed a medication but did not get it)	#	%
Did not have the money	110	54.2%
Insurance would not cover the medication	55	27.1%
I had to pay other bills (food, gas, utilities)	35	17.2%
No insurance	26	12.8%
Do not use medications (prefer alternative medicines / naturopathic)	9	4.4%
No transportation to Pharmacy	7	3.4%
Other (please specify)	37	18.2%
Total	203	

See the appendix for Other write-in responses

- Among those who needed and did not get prescription medication, the most common reason was not having the money (54%) followed by insurance not covering the medication (27%).

At Risk Population: Adults Lacking Access to Prescription Medications



Q46. Does anyone help you take or manage your medications?

Someone helps manage / take medication	#	%
Yes	94	4.4%
No	1,573	73.6%
N/A	470	22.0%
Total	2,137	
Unanswered	69	

- A small proportion of respondents (approximately 4%) has someone to help them take or manage their medications.
- This question was not asked in 2019.

Q47. Do you keep an emergency supply of your medications?

Keeps an Emergency Supply of Medications	#	%
Yes	564	26.4%
No	1,092	51.1%
N/A	480	22.5%
Total	2,136	
Unanswered	70	

- 26% of respondents reported keeping an emergency supply of their medications.
- If the question is recalculated to remove those who indicated that the question was not applicable to them (presumably meaning that they don't take medications), 34% of those who take medications keep an emergency supply of them and 66% do not.
- Compared to 2019, the responses are similar.

Q48. Have you changed the way you take your prescription medications without talking to a doctor?

Changed the Way a Prescription is Taken Without Talking to a Doctor	#	%
Yes	158	7.4%
No	1,581	74.1%
N/A	394	18.5%
Total	2,133	
Unanswered	73	

- Approximately 7% of respondents indicated that they have at some point changed the way they took a prescription medication without talking to a doctor.
- In 2019, nearly 15% of respondents reported changing the way they took medication without talking to a doctor.

Q49. If Yes, check all the reasons you changed the way you take your medicine:

Main Reasons for Changing the Way a Medicine is Taken (Among those who changed the way they took medicine)	#	%
Did not like the way the medicine made me feel	64	40.5%
Save money	41	25.9%
Did not think the medicine was working	35	22.2%
Cut daily dosage to make prescription last longer	31	19.6%
Took medicine every other day to make prescription last longer	16	10.1%
Shared prescription with someone else	3	1.9%
Did not understand how to take it	0	0.0%
Other	29	18.4%
Total	158	
<i>See the Appendix for Other write-in responses</i>		

- The most commonly reported reason for changing the way a prescription medication is taken was not liking the way the medicine made them feel (40.5%), followed by saving money (26%).
- Among those who reported changing the way they took a prescription medication, 30% changed their dosage (either cutting the daily dosage or taking it every other day) in order to make the prescription last longer.

Q50. Do you receive any home health services in your home?

Receives home health services in home	#	%
Yes	64	3.0%
No	1,757	81.9%
N/A	324	15.1%
Total	2,145	
Unanswered	61	

- 3% of respondents reported receiving home health services in their home.
- Among those who receive home health services, 67% were over the age of 65.
- This question was not asked in 2019.

Q51. Do you receive any non-medical in-home assistance?

Receives non-medical in-home assistance	#	%
Yes	52	2.4%
No	1,757	82.2%
N/A	329	15.4%
Total	2,138	
Unanswered	68	

- 2.4% of respondents receive in-home non-medical assistance.
- Among those who receive non-medical services in their home, 61.5% were over the age of 65.
- This question was not asked in 2019.

Q52. Check ALL preventative health services you had during the past 12 months:

Preventive Health Services Received in the Past Year	#	%
Physical Exam	1,403	63.6%
Eye Exam	1,324	60.0%
Hypertension Check	1,322	59.9%
Cholesterol Check	1,320	59.8%
Blood Glucose Testing	1,091	49.5%
Mammogram	902	40.9%
Pap Smear	544	24.7%
Colonoscopy	307	13.9%
Hearing Check	267	12.1%
None, have not seen a doctor for preventive care in past year	170	7.7%
Prostate Exam	141	6.4%
Other (please specify)	72	3.3%
Total	2,206	

See the Appendix for Other write-in responses

- Approximately 64% of respondents received a physical exam in the past year, the most common type of preventive care reported.
- 60% of respondents reported having had an eye exam, a hypertension (blood pressure) check and/or a cholesterol check.
- Approximately 8% of respondents did not receive any preventive healthcare services in the past year.
- This question is not directly comparable to 2019, when None was not a choice. In general terms, respondents in 2022 were less likely to have received most of the listed preventive health services compared to 2019.

Preventive Health Services Received, by Demographic Group	All	Males	Females	White	Black	Hispanic	HS or Less	BA or Higher	Age 65 and Older	Income Under \$50,000	Income Over \$50,000
Physical Exam	63.6%	61.6%	64.7%	67.9%	59.5%	41.1%	45.7%	71.5%	67.5%	53.3%	70.5%
Eye Exam	60.0%	58.8%	60.7%	66.0%	51.5%	32.7%	40.3%	68.0%	71.2%	49.2%	66.6%
Hypertension Check	59.9%	60.4%	60.4%	65.1%	60.7%	23.8%	47.3%	65.1%	75.3%	53.8%	64.9%
Cholesterol Check	59.8%	60.4%	60.0%	65.8%	55.4%	27.6%	45.2%	66.7%	72.3%	52.0%	65.5%
Blood Glucose Testing	49.5%	50.1%	49.7%	53.4%	49.4%	23.8%	40.6%	54.7%	59.6%	44.6%	53.2%
Mammogram	40.9%	1.2%	53.6%	45.0%	37.8%	20.6%	24.0%	47.6%	42.3%	31.6%	46.1%
Pap Smear	24.7%	0.2%	32.6%	26.6%	21.4%	20.1%	11.0%	30.5%	5.5%	14.2%	31.3%
Colonoscopy	13.9%	15.9%	13.4%	15.1%	15.2%	6.1%	8.2%	14.8%	16.6%	12.5%	15.4%
Hearing Check	12.1%	20.0%	9.8%	12.7%	13.4%	6.1%	10.0%	12.7%	20.9%	12.0%	11.7%
No preventive services	7.7%	9.5%	6.9%	6.3%	7.1%	19.6%	13.3%	5.2%	2.4%	11.5%	5.6%
Prostate Exam	6.4%	27.0%	0.1%	6.7%	8.3%	2.3%	5.6%	7.3%	12.6%	4.1%	7.8%

- Generally speaking, respondents over the age of 65 were the most likely demographic groups to receive a variety of preventive health services and Hispanic respondents were the least likely to receive preventive health services.

- A physical exam was the most commonly reported preventive healthcare received among males, females, white, and Hispanic respondents, and among those with a bachelor’s degree or higher and those with an income over \$50,000.
- A hypertension check was the most commonly service received among those with a high school education or less, among those over the age of 65, and among those with an income under \$50,000.
- Hispanic respondents were more likely than other demographic groups to have received no preventive services in the past year.

Preventive Health Services Received, by Zip Code	All	28079	28103	28104	28110	28112	28173	28174
Physical Exam	63.6%	68.5%	55.8%	71.6%	57.2%	60.6%	70.5%	54.0%
Eye Exam	60.0%	64.3%	50.4%	66.3%	55.4%	54.3%	69.1%	54.9%
Hypertention Check	59.9%	66.1%	57.4%	61.3%	55.4%	59.8%	61.8%	56.6%
Cholesterol Check	59.8%	65.2%	53.5%	64.0%	57.2%	59.8%	60.9%	53.1%
Blood Glucose Testing	49.5%	53.5%	40.3%	50.6%	48.8%	50.0%	49.3%	48.7%
Mammogram	40.9%	43.2%	28.7%	45.2%	40.0%	37.2%	47.6%	34.5%
Pap Smear	24.7%	27.0%	18.6%	28.7%	22.4%	18.9%	31.4%	21.2%
Colonoscopy	13.9%	14.7%	14.7%	16.1%	13.6%	13.0%	13.5%	13.3%
Hearing Check	12.1%	10.5%	8.5%	14.9%	11.6%	12.8%	13.3%	10.6%
No preventive services	7.7%	4.8%	8.5%	8.4%	9.4%	9.0%	6.0%	8.8%
Prostate Exam	6.4%	8.1%	5.4%	10.7%	4.2%	6.9%	4.8%	6.2%

- Generally speaking, respondents from the 28079 and 28104 zip codes were more likely to report receiving a range of preventive services in the past year while respondents from 28103 were less likely to have received preventive services in the last year.
- Respondents from 28110 were more likely than other zip codes to have received no preventive services in the past year.

Preventive Health Services Received, by Town	All	Indian Trail	Marshville	Monroe	Stallings	Unincorp.	Unionville	Waxhaw	Weddington	Wesley Chapel	Wingate
Physical Exam	63.6%	68.5%	53.9%	56.9%	76.4%	70.4%	63.1%	71.2%	64.1%	68.2%	53.2%
Eye Exam	60.0%	63.0%	48.7%	50.7%	65.5%	65.2%	56.0%	69.0%	74.4%	77.3%	53.2%
Hypertention Check	59.9%	62.7%	55.7%	54.5%	70.0%	68.9%	60.7%	60.9%	57.7%	68.2%	55.0%
Cholesterol Check	59.8%	62.7%	53.9%	53.4%	69.1%	68.1%	71.4%	62.4%	61.5%	69.7%	52.3%
Blood Glucose Testing	49.5%	51.1%	38.3%	47.2%	54.5%	53.3%	51.2%	50.2%	47.4%	63.6%	48.6%
Mammogram	40.9%	43.1%	29.6%	36.8%	40.9%	37.8%	45.2%	47.6%	42.3%	53.0%	34.2%
Pap Smear	24.7%	28.3%	19.1%	19.7%	20.9%	22.2%	21.4%	33.6%	29.5%	25.8%	20.7%
Colonoscopy	13.9%	14.1%	15.7%	13.0%	17.3%	12.6%	14.3%	12.2%	10.3%	19.7%	12.6%
Hearing Check	12.1%	12.2%	8.7%	11.5%	18.2%	14.1%	4.8%	13.7%	14.1%	16.7%	9.0%
No preventive services	7.7%	7.1%	6.1%	10.4%	5.5%	7.4%	8.3%	5.2%	9.0%	4.5%	9.0%
Prostate Exam	6.4%	7.4%	5.2%	4.7%	15.5%	8.9%	6.0%	4.4%	6.4%	9.1%	5.4%

- Generally, respondents from Wesley Chapel and Stallings seem more likely to report having received preventive health services in the past year, while residents of Marshville were less likely to reported receiving preventive health care.

- Respondents from Monroe were more likely than respondents from other towns to report receiving no preventive healthcare services in the past year.

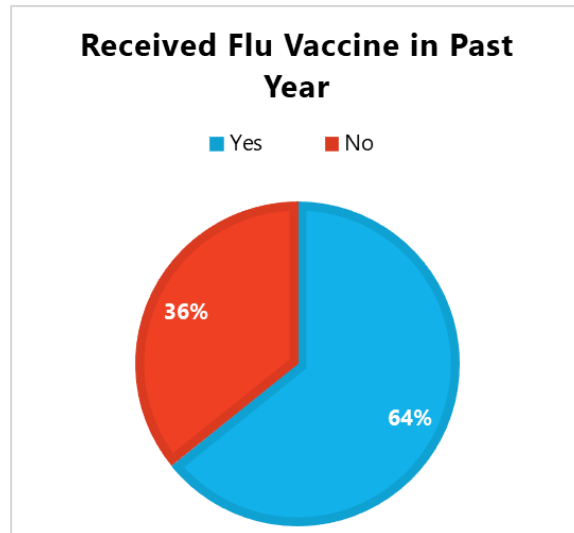
Q53. If you did not receive any preventative services, please indicate why. Check ALL that apply.

Main Reasons for Not Getting Preventive Health Services (Among those who did not get preventive health services)	#	%
Only see a doctor for an urgent medical problem	51	30.0%
No insurance	48	28.2%
No money	43	25.3%
I do not have a medical doctor	42	24.7%
No time to go to a doctor	27	15.9%
No insurance coverage for prevention services	26	15.3%
Use alternative medicine (naturopathic, holistic, etc.)	14	8.2%
Do not feel prevention services are necessary	10	5.9%
Other	28	16.5%
Total	170	
<i>Other write-in responses included: COVID concerns (14), forgot (2), just didn't go (2), scheduling issues (2), looking for new doctor</i>		

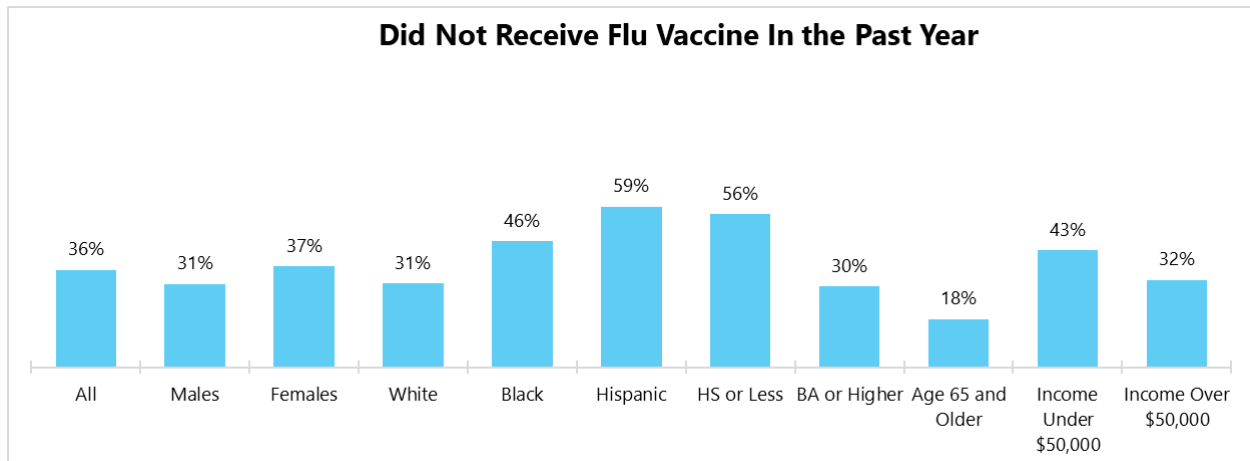
- Among those who did not get any preventive health services in the past year, the most common reason was the choice to only see a doctor for an urgent medical problem (30%).
- 28% of respondents indicated that lack of insurance was the main reason they did not get preventive health services and 25% cited lack of money as a barrier to receiving preventive healthcare.

Q54. Did you receive a flu vaccine within the past year?

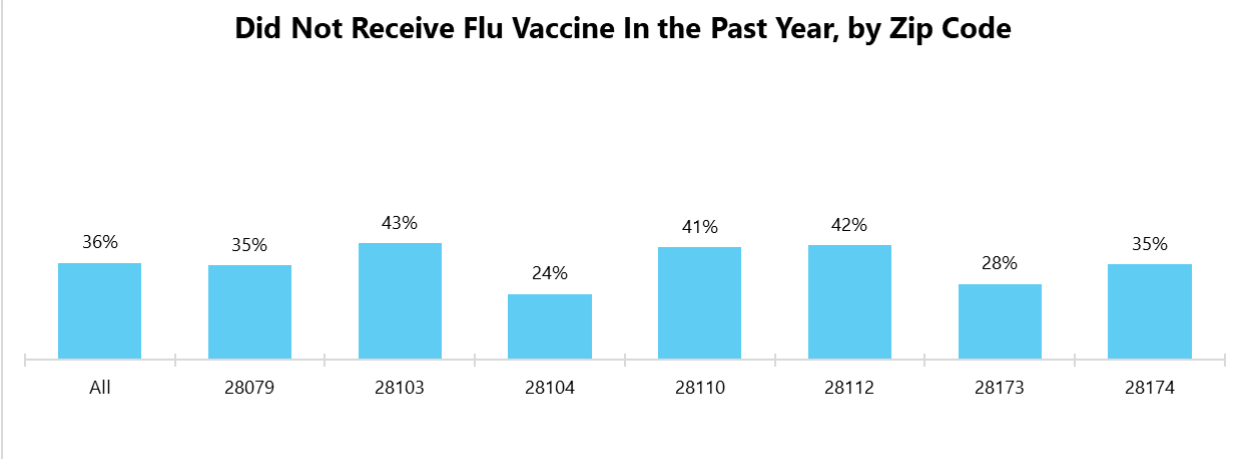
Received Flu Vaccine in Past Year	#	%
Yes	1,369	64.2%
No	764	35.8%
Total	2,133	
Unanswered	73	



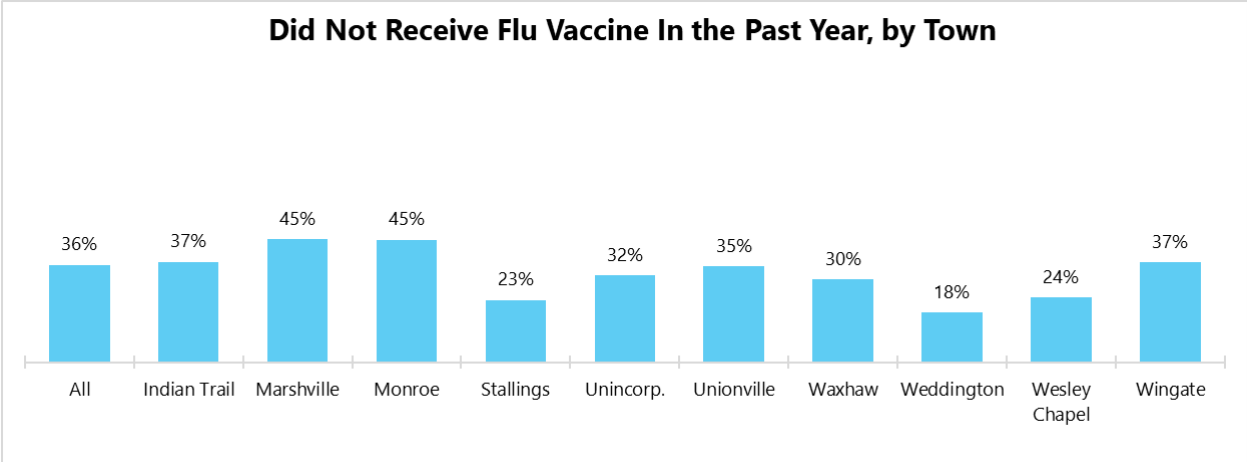
- Approximately 64% of respondents received a flu vaccine within the past year; 36% did not receive a flu vaccine.
- Compared to responses in 2019, the 2022 survey sample was more likely to have received a flu vaccine in the past year.



- As seems to be the emerging pattern among the 2022 Adult Survey sample, Hispanic respondents were more likely than other demographic groups to report not getting a flu vaccine in the past year.
- Respondents with a high school education or less were also more likely than other groups (except Hispanic respondents) to have not gotten a flu shot.



- Respondents from the 28103, 28112 and 28110 zip codes were more likely than respondents from other zip codes to have not received a flu vaccine in the past year.



- Respondents from Marshville and Monroe were more likely to have not received a flu vaccine in the past year compared to respondents from other towns in Union County.

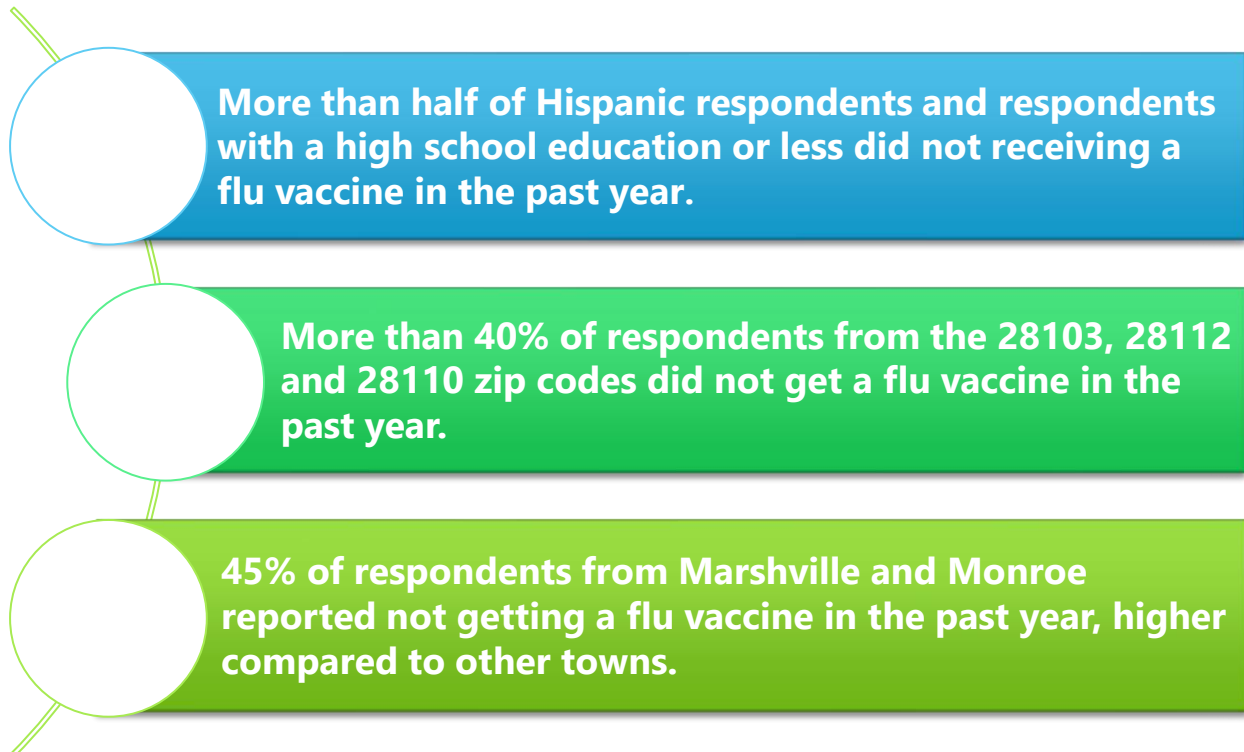
Q55. If you did not receive a flu vaccine, please indicate why. Check ALL that apply.

Main Reasons for Not Getting the Flu Vaccine (Among those who did not get a flu vaccine)	#	%
Generally healthy, so I do not feel that I need the flu vaccine	321	42.0%
I do not believe that the flu vaccine is effective	191	25.0%
Concerned that I would have a serious reaction to the flu vaccine	68	8.9%
Concerned that I would get the flu from the vaccine	66	8.6%
Religious objection to vaccines	29	3.8%
I have a chronic medical condition(s) and am afraid the flu vaccine will make me sick	25	3.3%
Could not afford the flu vaccine	18	2.4%
Not sure where to get the flu vaccine or lack of transportation	15	2.0%
Other	135	17.7%
Total	764	

See the Appendix for Other write-in responses

- The most commonly reported reason to not get a flu vaccine was feeling generally healthy enough that the flu vaccine wasn't necessary (42%).
- Among those who did not receive a flu vaccine, 25% felt that the vaccine was not effective.

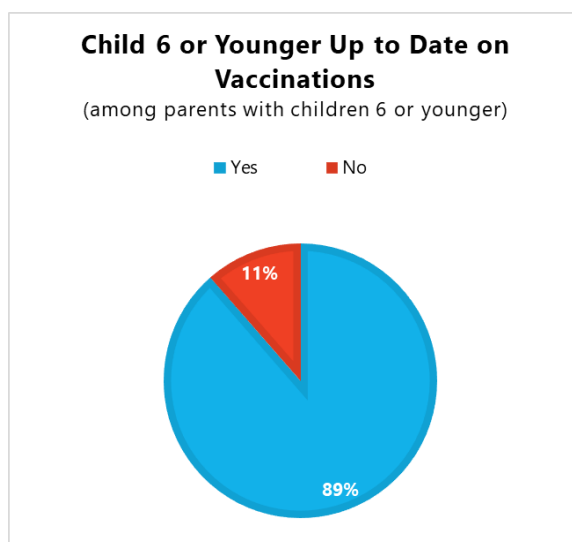
At Risk Population: Adults Unvaccinated Against Influenza



Q56. If you have a child or children age 6 or younger, is your child up to date on recommended immunizations?

Child aged 6 or younger is up to date on vaccinations	#	%
Yes	434	21.2%
No	56	2.7%
I do not have a child age 6 or younger	1,561	76.1%
Total	2,051	
Unanswered	155	

Child Up to Date on Vaccinations (Among Parents With Children Aged 6 or younger)	#	%
Yes	434	88.6%
No	56	11.4%
Total	490	



- 21% of respondents indicated that their children aged 6 or younger was up to date on the recommended schedule of immunizations.
- When the results are recalculated to include only respondents who indicated that they have a child in the appropriate age range, 89% of parents with children aged 6 or younger indicated that their child was up to date on the recommended immunizations.
- In 2019, 92% of respondents with children under 6 reported that their child was up to date on vaccinations.

Q57. If you answered NO to the above question, please indicate why. Check ALL that apply.

Main Reasons Child Not Up To Date On Vaccinations (Among those whose child is not up to date on vaccinations)	#	%
I am concerned that my child will have a serious reaction to the vaccine(s)/vaccines are unsafe	12	21.4%
I am concerned that there is a link between vaccines and autism	9	16.1%
I do not believe that vaccines are necessary because the diseases are not serious or are uncommon	9	16.1%
I do not want my child to have multiple shots in one doctor's office visit	9	16.1%
I believe that my child's immune system will be stronger if they contract a preventable disease	7	12.5%
Religious objection to vaccines	7	12.5%
I desire more information from my child's doctor	3	5.4%
My child does not have a primary doctor	1	1.8%
My child is not in daycare, so he/she is not exposed to diseases	1	1.8%
No money for vaccines and/or my child is uninsured	1	1.8%
Other (please specify)	16	28.6%
Total	56	
<i>See the Appendix for Other write-in responses</i>		

- The main reason for a child being non-compliant with the recommended immunization schedule was a concern about reactions or a belief that vaccinations are unsafe (21%).
- Religious objections to vaccines were identified by 12.5% of respondents.
- 16% of respondents believed that there is a link between vaccines and autism, that vaccines are unnecessary, or that they did not want their child to have multiple shots in one visit.

Q58. How do you normally get to your healthcare appointments?

How Transported to Medical Appointments	#	%
Drive Myself - Personal Car	1,924	90.4%
Family Member / Friend	159	7.5%
Union County Public Transportation	21	1.0%
Taxi / Uber / LYFT	11	0.5%
Do not have transportation, so don't go to healthcare provider	8	0.4%
Bicycle	3	0.1%
Walk	3	0.1%
Total	2,129	
Unanswered	77	

- The vast majority of respondents drive themselves in their own car to healthcare appointments.
- 7.5% of respondents rely on family and friends for transportation to appointments.
- In 2019, a higher percentage of respondents drove themselves to appointments (95.5%) and a lower percentage (3%) relied on family or friends for transportation to medical appointments.

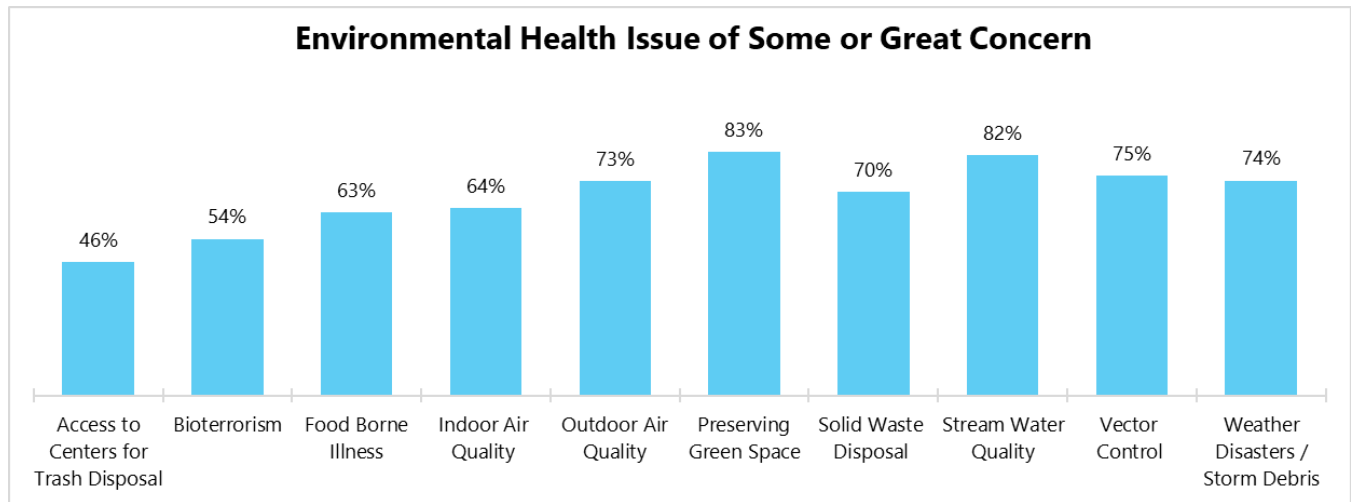
Q59. Where do you get most of your health information? Please rank the top 3.

Main Source of Health Information	#	%
My Doctor	1,660	75.2%
Internet (Google search)	1,021	46.3%
Family / Friends	497	22.5%
Pharmacist	349	15.8%
Novant website	338	15.3%
Atrium Website	328	14.9%
Social media	135	6.1%
TV	118	5.3%
Union County website	48	2.2%
Other (please specify)	165	7.5%
Total	2,206	
<i>See the Appendix for Other write-in responses</i>		

- Three-quarters of respondents get most of their health information from their doctor.
- The second most common source of health information was the internet (46%), followed by family and friends (22.5%).
- In 2019, 66.5% of respondents got health information from their doctor, 28% used the internet, and 4% sought information from friends or family members.

Q60. Environmental Health (Check one answer per row)

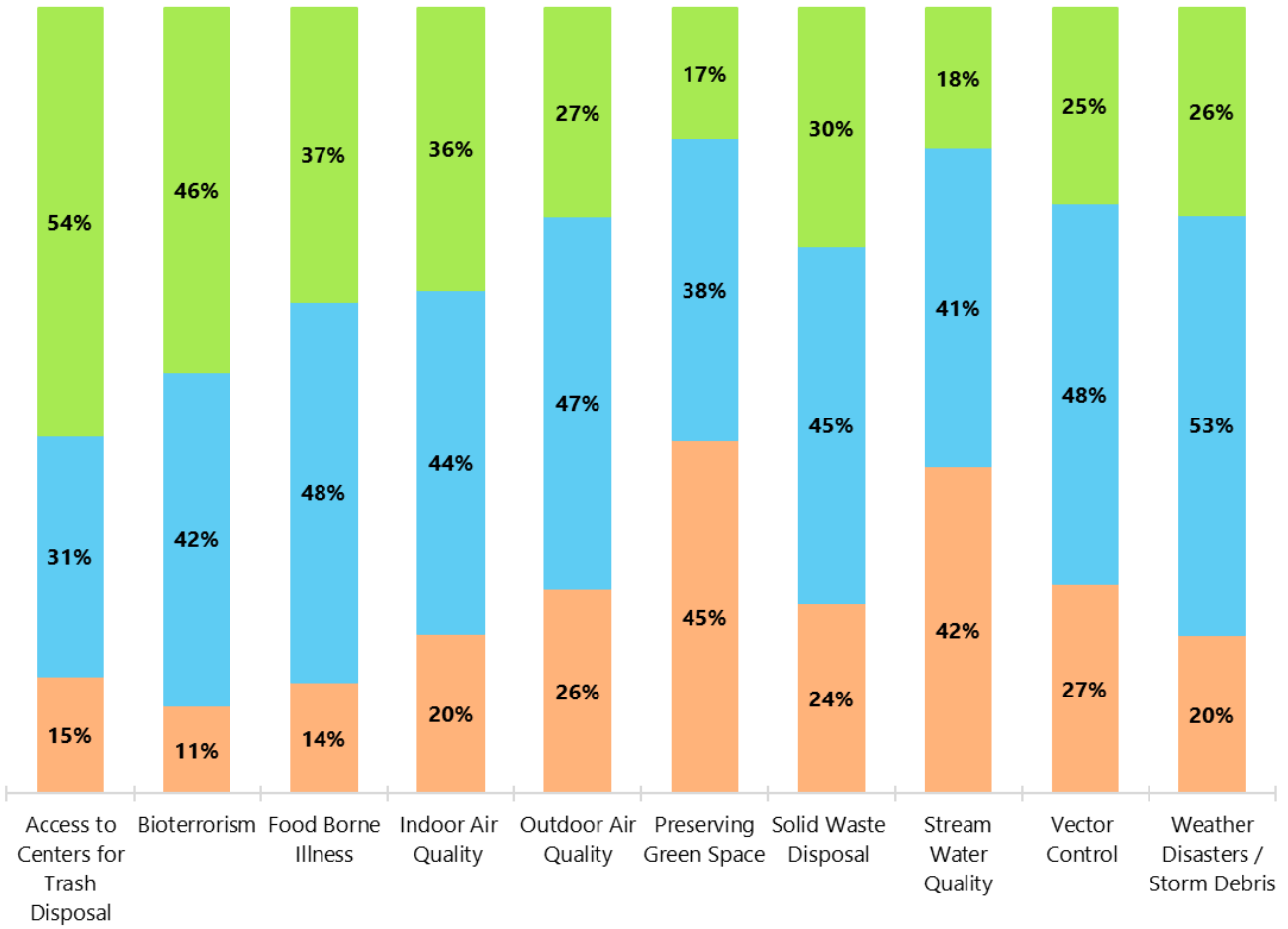
Environmental Health Concerns	Great Concern		Some Concern		No Concern		Total
	#	%	#	%	#	%	
Access to Centers for Trash Disposal	15.0%	258	30.6%	527	54.4%	938	1,723
Bioterrorism	11.2%	187	42.5%	709	46.3%	774	1,670
Food Borne Illness	14.2%	240	48.5%	821	37.4%	633	1,694
Indoor Air Quality	20.3%	348	43.8%	750	35.9%	615	1,713
Outdoor Air Quality	26.1%	448	47.4%	814	26.5%	456	1,718
Preserving Green Space	45.0%	760	38.4%	648	16.6%	281	1,689
Solid Waste Disposal	24.2%	420	45.4%	786	30.4%	526	1,732
Stream Water Quality	41.7%	712	40.5%	691	17.8%	303	1,706
Vector Control (Mosquitos)	26.7%	449	48.4%	814	24.9%	418	1,681
Weather Disasters / Storm Debris	20.2%	341	53.4%	901	26.4%	445	1,687



- The preservation of green spaces were the most common environmental health issues of at least some concern to respondents, as identified by more than 83% of respondents.
- Stream water quality was the second environmental health issue of some or great concern, as identified by 82% of respondents.
- Approximately 75% of respondents also had at least some concern about vector (mosquito) control.
- In 2019, vector control was the leading environmental health concern, followed by preserving green spaces.

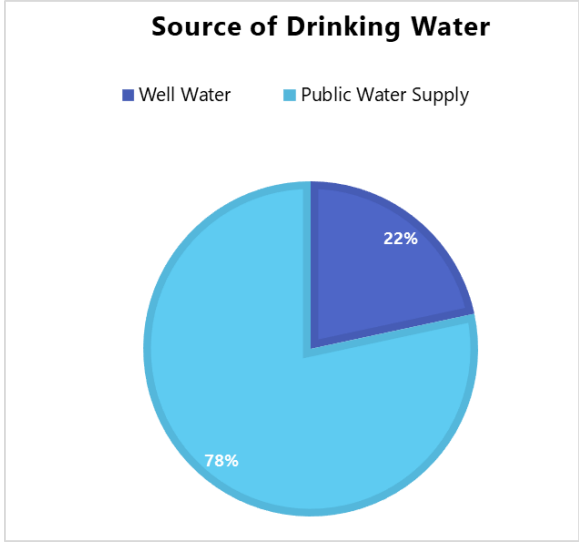
Environmental Health Issues

■ Great Concern
 ■ Some Concern
 ■ No Concern



Q61. What type of drinking water do you have?

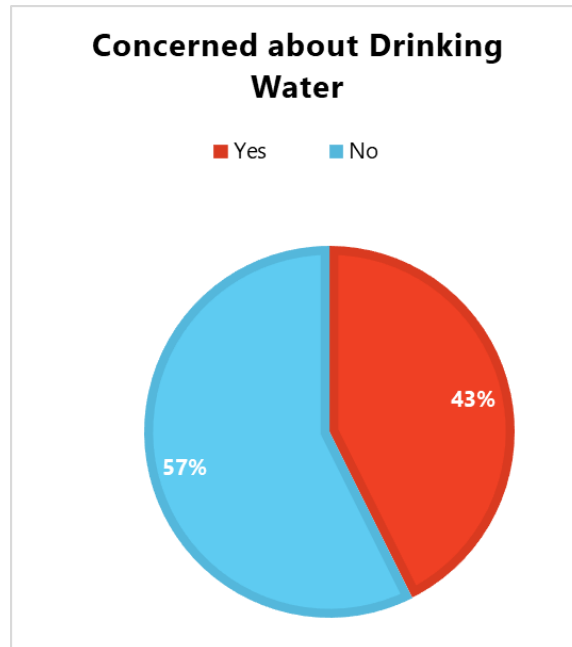
Source of Drinking Water	#	%
Well Water	463	21.6%
Public Water Supply	1,677	78.4%
Total	2,140	
Unanswered	66	



- Approximately 78% of respondents get their drinking water from the public water supply.
- 22% of respondents rely on well water for their drinking water.
- Responses were the same in 2019.

Q62. Are you concerned about your drinking water?

Concerned About Drinking Water	#	%
Yes	912	42.6%
No	1,228	57.4%
Total	2,140	
Unanswered	66	



- Approximately 43% of respondents were concerned about their drinking water; 57% were not.
- Responses were almost the same in 2019.

Q63. If yes, what is your primary concern?

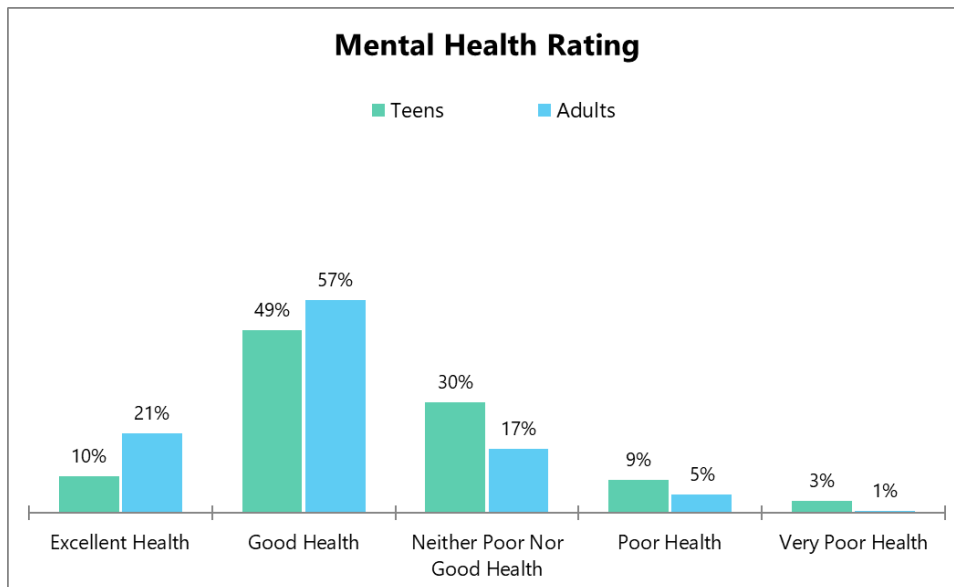
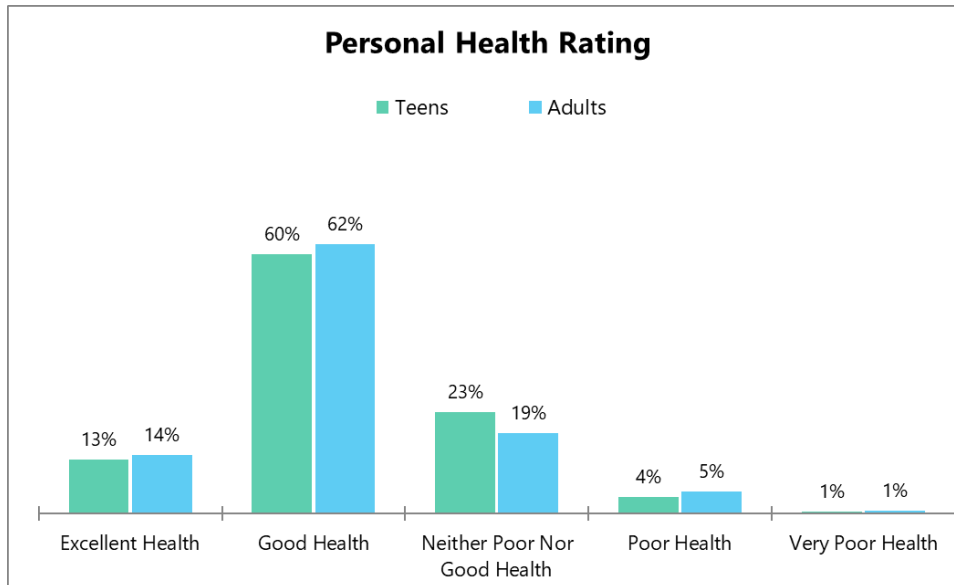
Primary Concern about Drinking Water (Among those concerned about their drinking water)	#	%
Afraid of what is in the water	668	74.3%
Taste	165	18.4%
Smell	66	7.3%
Total	899	100.0%
Unanswered	1,307	

- Among respondents with a concern about their drinking water, 74% were afraid of what might be in the water.
- 18% were concerned about the taste of the water and 7% were concerned about the smell of their drinking water.
- In 2019, 73% of respondents were afraid of what's in the water, 39% were concerned about the taste, and 25% were concerned about the smell. "Other" was provided as a write-in answer choice in 2019.

Response Comparisons

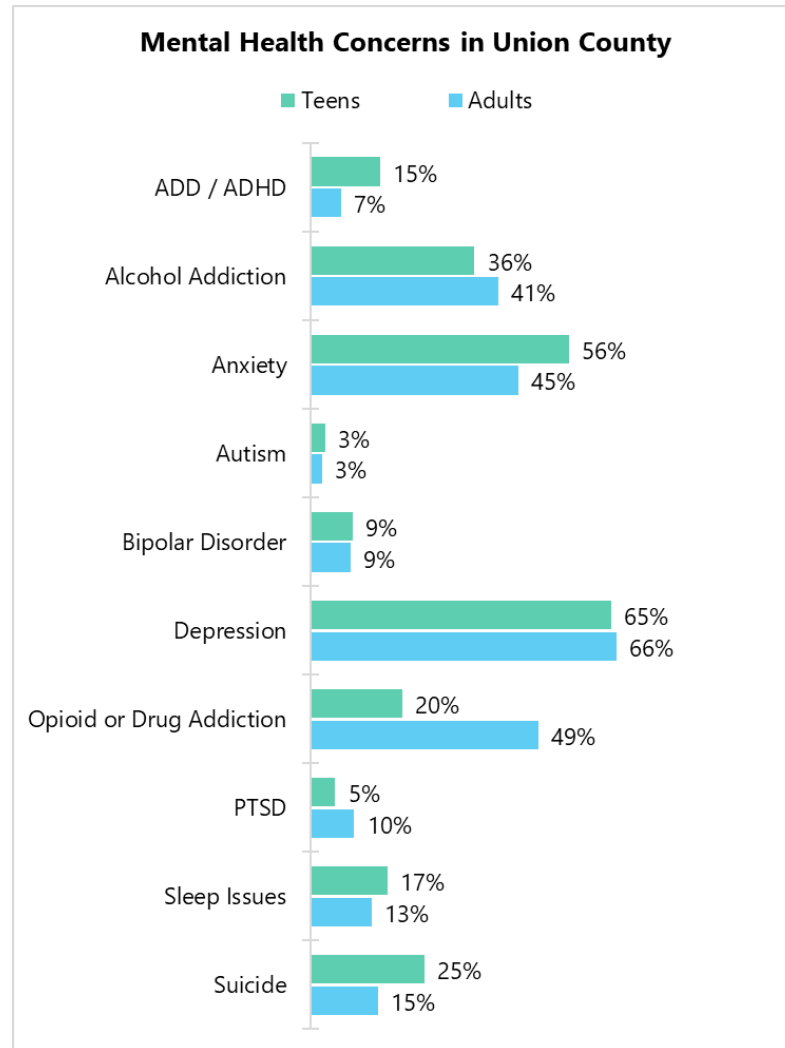
(Note that not all survey questions were comparable across the two survey instruments. Only questions asked in the same way with the same answer choices are compared here.)

Rating Personal Health



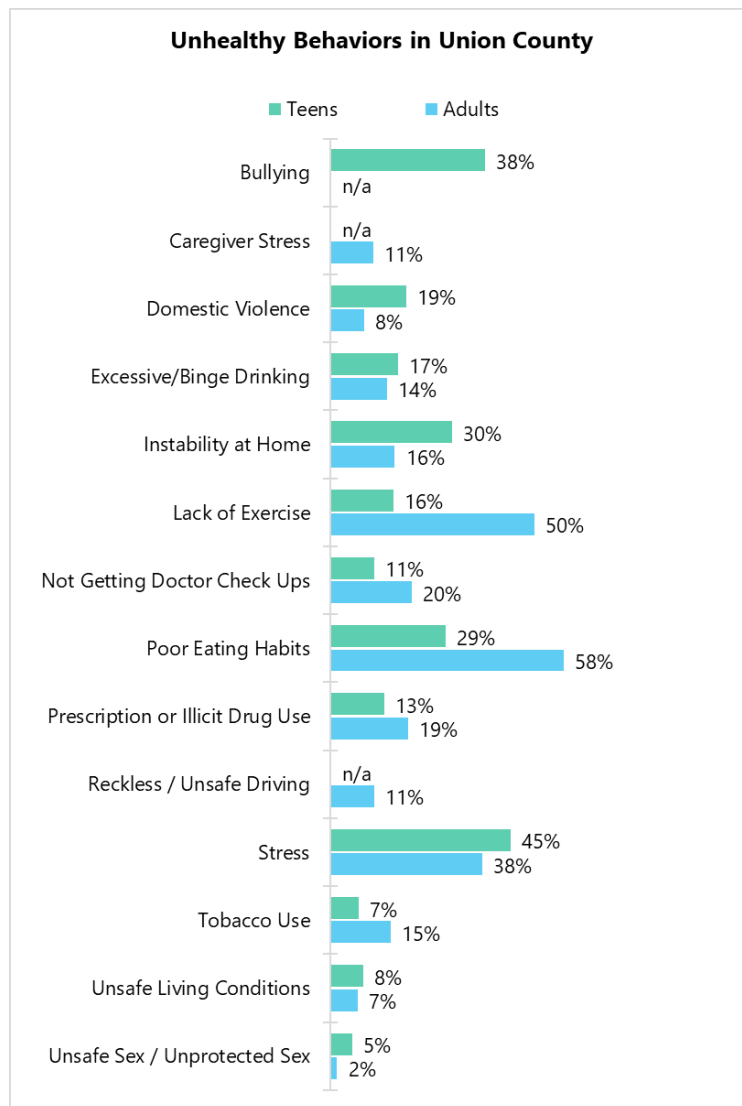
- More than 70% of Union County respondents across the Teen and Adult surveys rated their physical health as good or excellent.
- Teens were more likely than adults to rate their mental health as poor or very poor.
- Teens were also more likely to rate their mental health as neither good nor bad compared to adults.

Mental Health Concerns



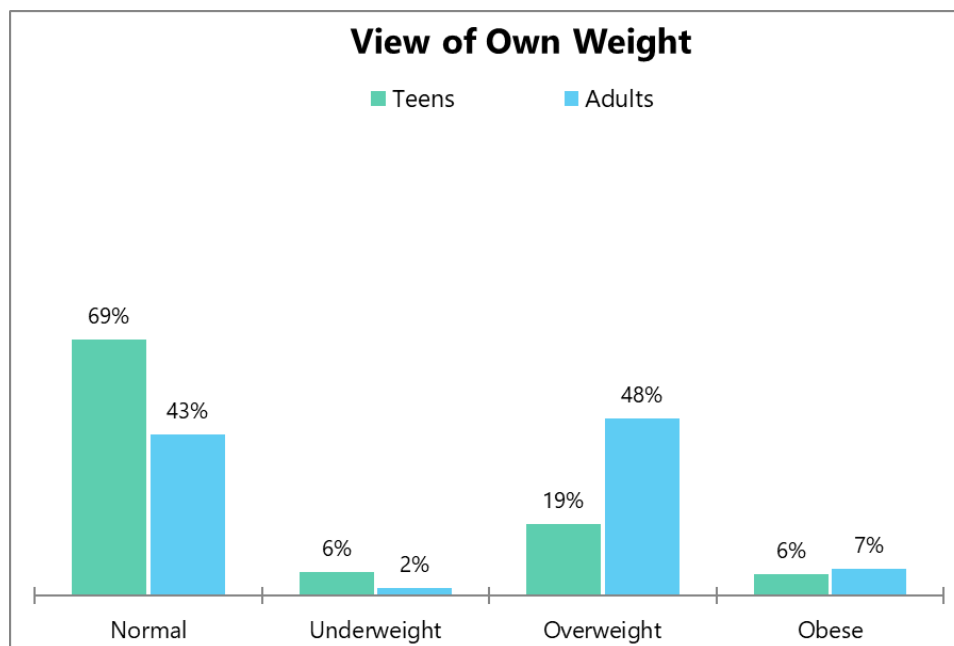
- Both adults and teens felt that depression was the most critical mental health concern in Union County.
- Anxiety and Alcohol Addiction were also leading mental health concerns among both teens and adults, with teens more likely to select anxiety and adults more likely to select alcohol addiction.
- A higher proportion of adults identified opioid or drug addiction as an important mental health concern while higher proportions of teens chose sleep issues and suicide as important issues.

Critical Unhealthy Behaviors

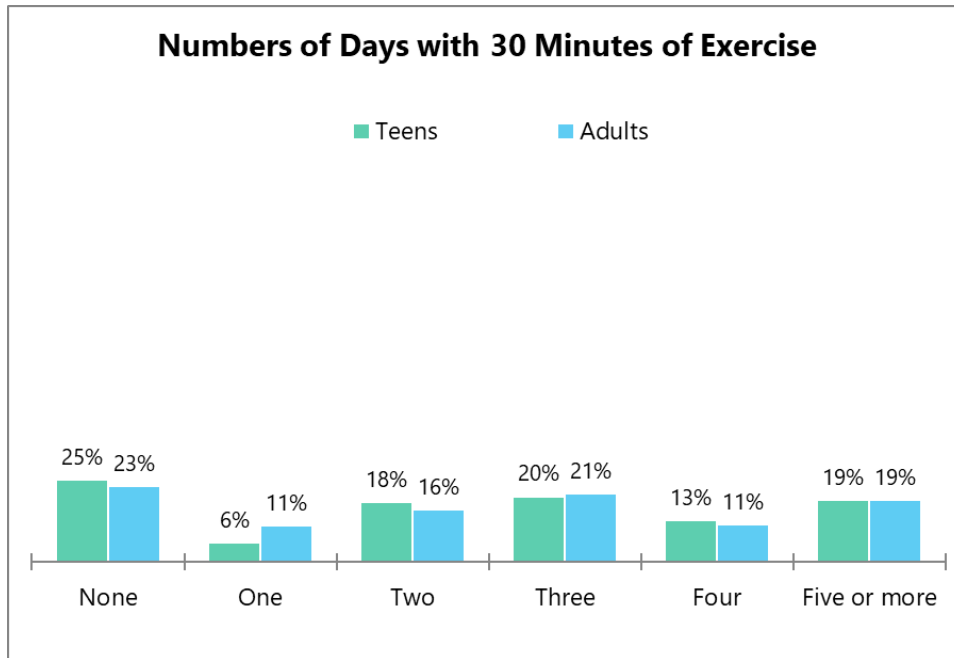


- Poor eating habits and lack of exercise were the most frequently chosen unhealthy behaviors among adults, while stress and bullying were the leading unhealthy behaviors identified by teens.
- Teens were more likely than adults to feel that domestic violence and instability at home were critical unhealthy behaviors in Union County.

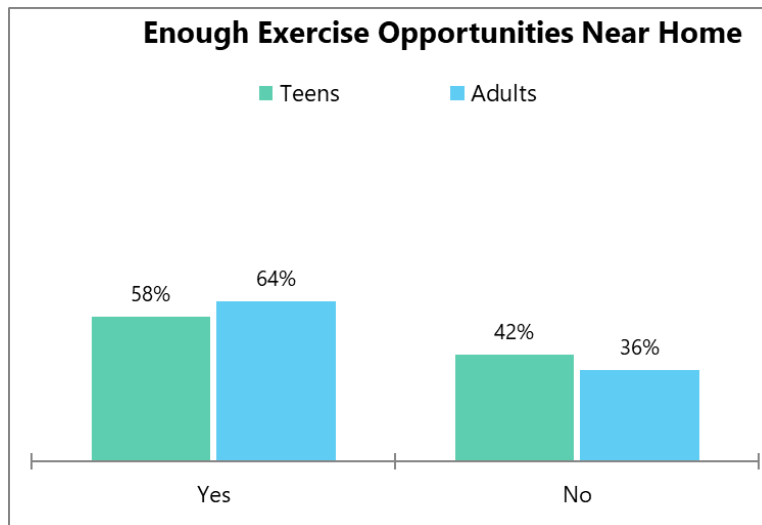
Weight, Physical Activity and Nutrition



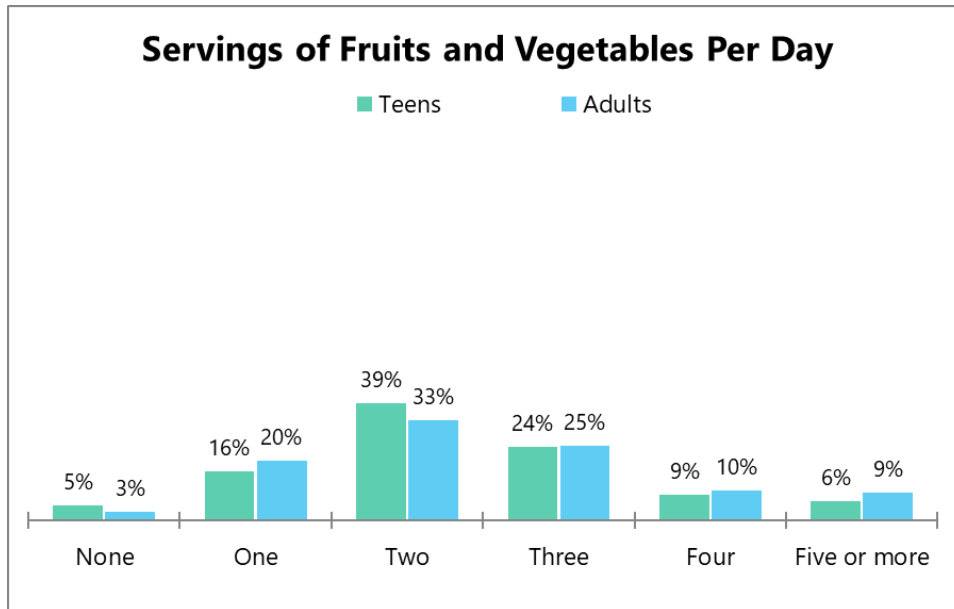
- A higher proportion of teen respondents viewed their weight as normal or underweight compared to adults.
- Adults were more likely than teens to view their weight as overweight.



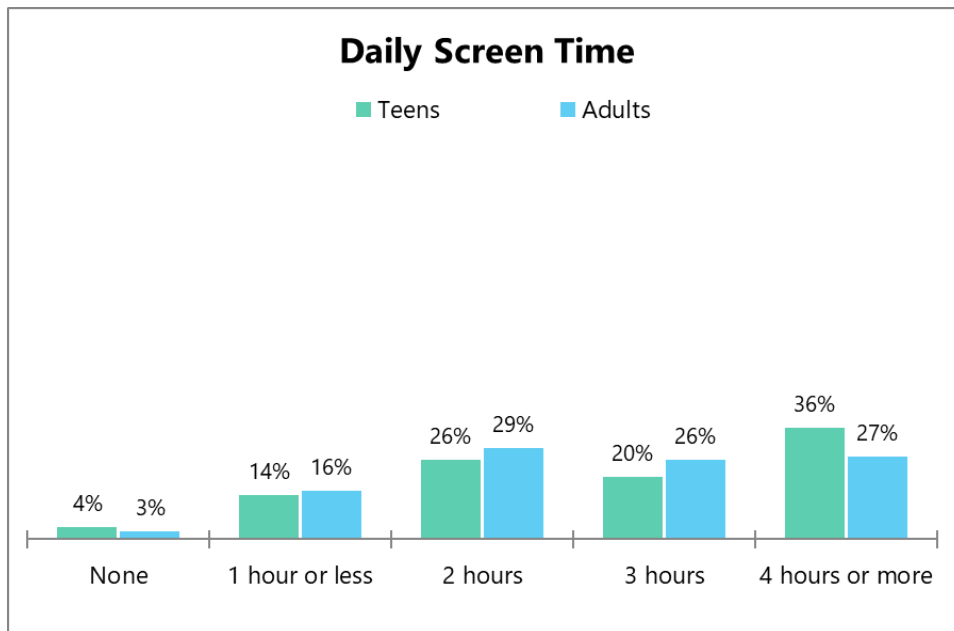
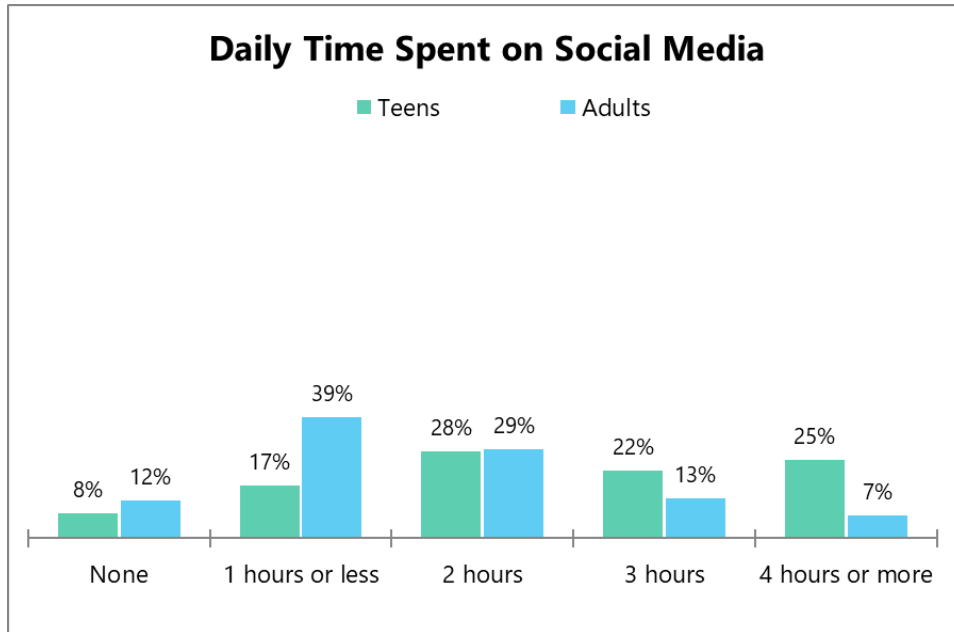
- Reported physical activity is quite similar across both surveys, with teens slightly more likely to report no exercise or on only one day a week.



- Teens were more likely than adults to feel that there were not enough opportunities for exercise near their home.

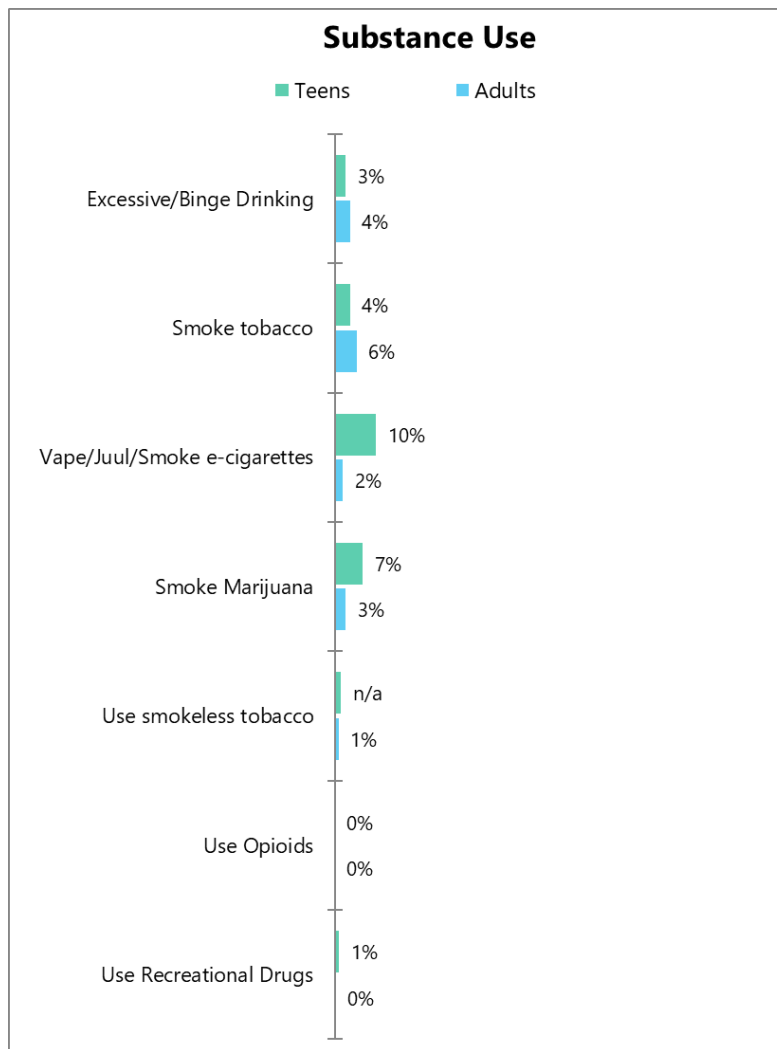


- Less than 10% of respondents across both survey samples reported eating the daily recommended 5 or more servings of fruits and vegetables.
- Teen respondents were more likely than adult respondents to report eating no fruits and vegetables or only one serving per day.
- The majority of teen and adult respondents eat between one and three servings of fruits and vegetables per day.

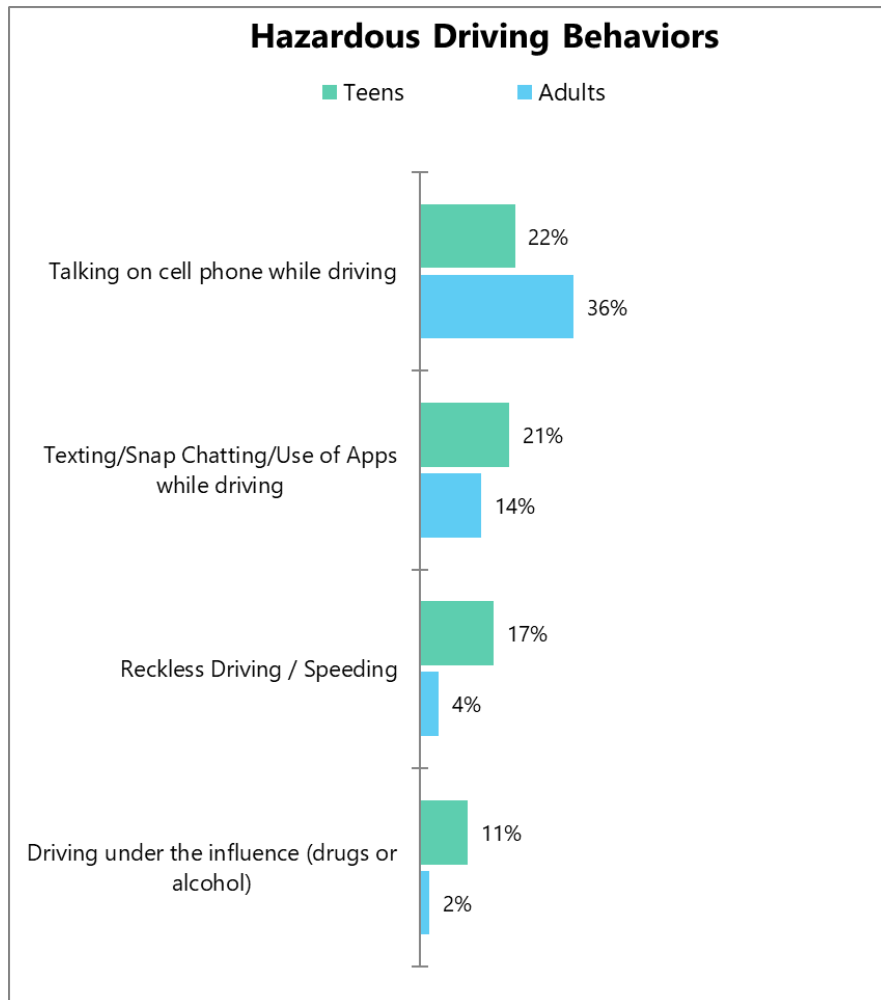


- Teens were more likely than adults to spend 4 hours or more per day on social media or using some sort of screen.
- A higher proportion of adults spend no time on social media compared to teens.
- More than half of respondents across both surveys reported 3 or more hours per day of screen time.

Risk Behaviors

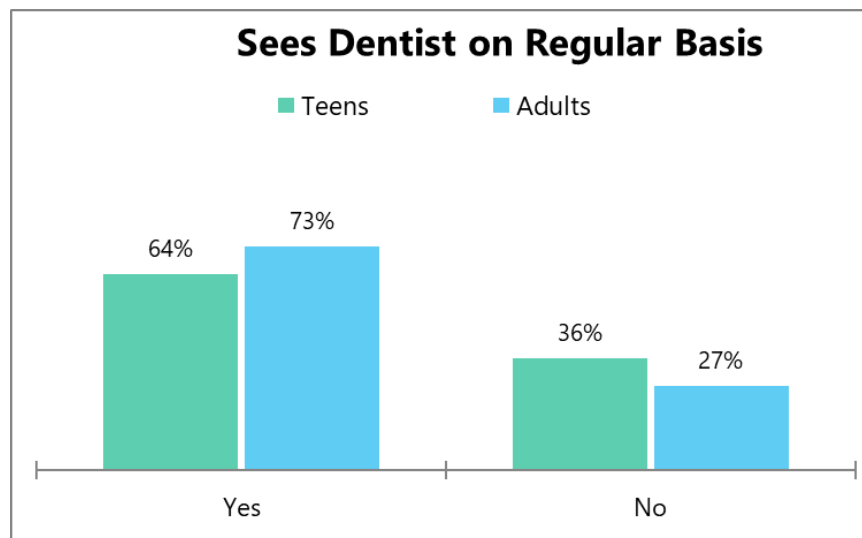
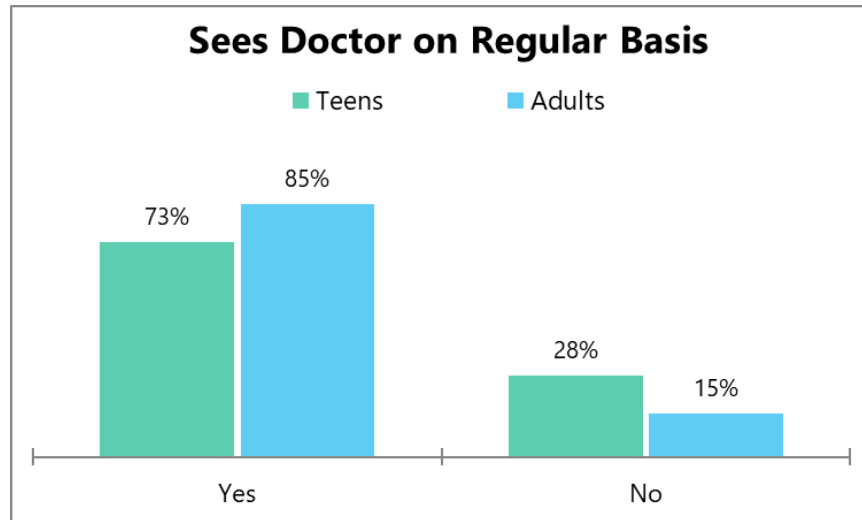


- A small proportion of respondents across both the Teen and Adult surveys reported using any of the substances listed.
- Vape or E-cigarette products were the most common substance used among teen respondents and tobacco was the most common substance used among adult respondents.
- Teens were more likely to report smoking marijuana compared to adults.

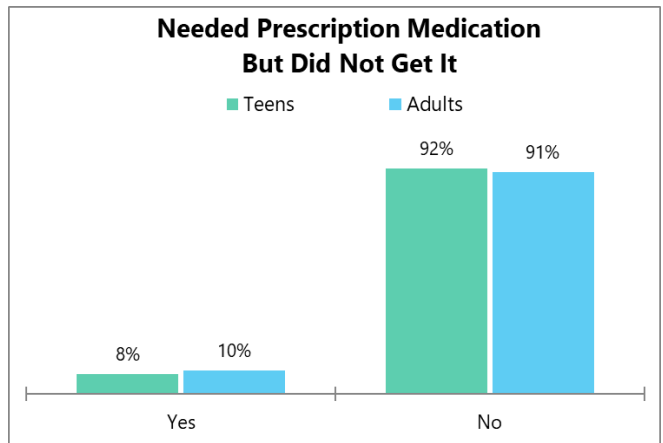
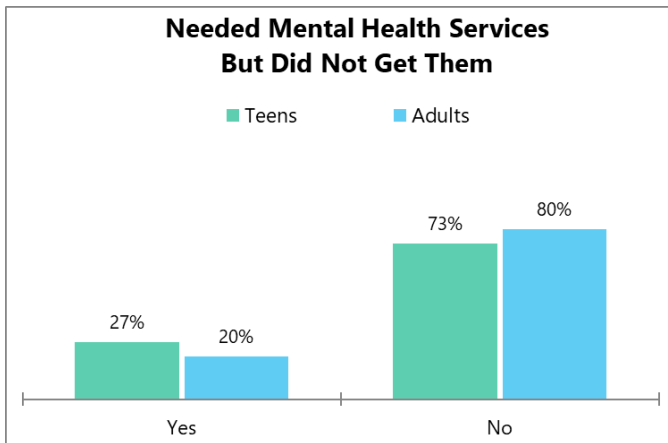
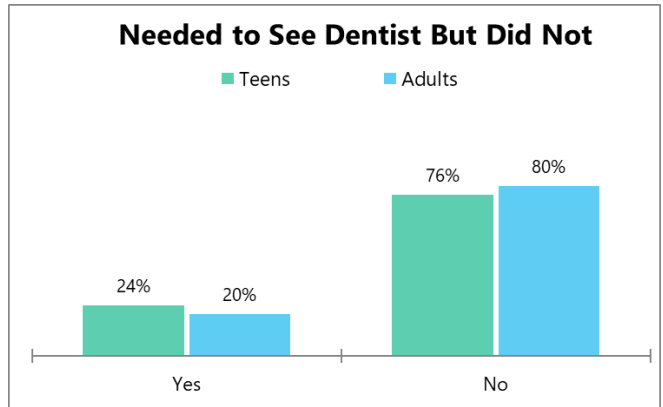
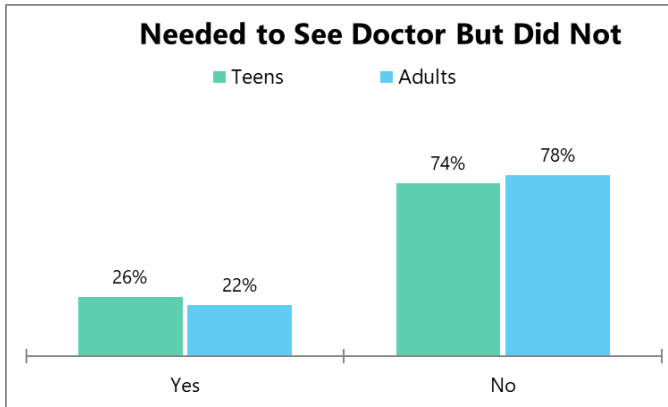


- Note that the teen percentages presented are the responses among those aged 15-17, which is the closest to driving age that can be achieved with this survey.
- Talking on the cell phone while driving was the most commonly reported risky driving behavior among both teen and adult respondents.
- Compared to adults, teen respondents around driving age were more likely to report engaging in all of the other hazardous driving behaviors.

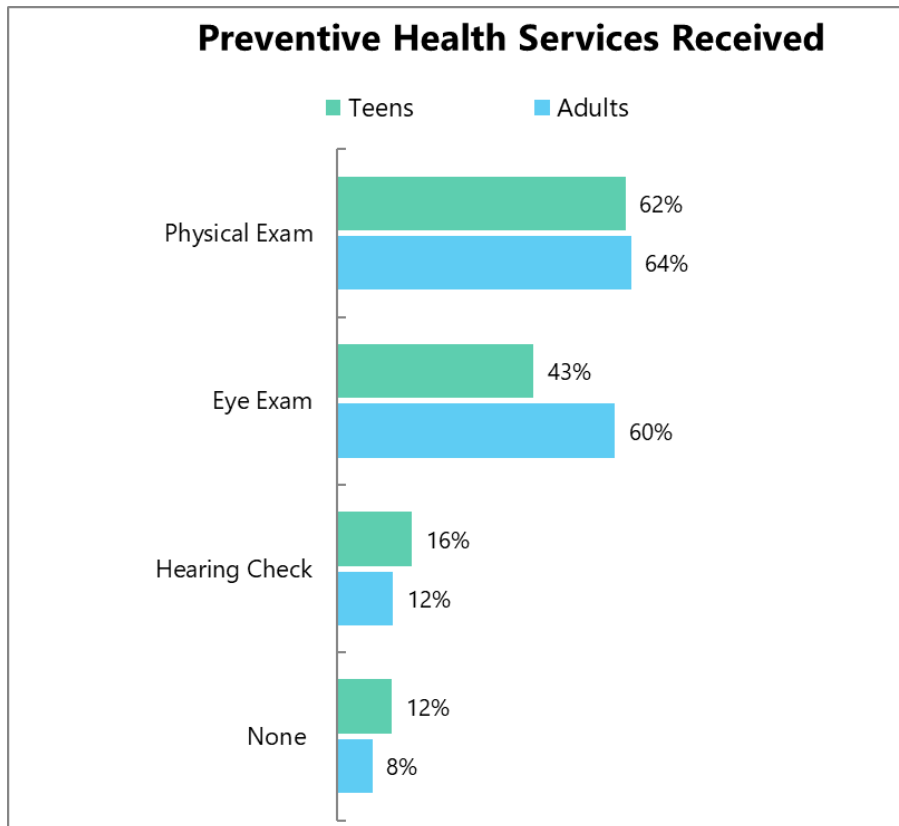
Access to Care



- Adults were more likely than teens to have a medical home (a doctor they see on a regular basis) and a dental home (a dentist they see on a regular basis) than teens.
- 28% of teen respondents and 15% of adult respondents did not see a doctor on a regular basis.
- 36% of adult respondents and 27% of teen respondents did not see a dentist in a regular basis.



- Across both the Teen and Adult surveys, the majority of respondents received health care services when they needed them.
- Compared to adult respondents, teen respondents seem to fare worse when it comes to getting needed health care services. Teens were more likely to report a time when they needed to see a healthcare provider – a doctor, a dentist, or mental health professional – but did not.
- Adults were slightly more likely than teens to report a time when they needed prescription medication but did not get it.



- More than 60% of respondents across both surveys reported having a physical exam in the past year, the most commonly reported preventive health service received.
- Adult respondents were more likely to have had an eye exam in the past year while teens were more likely to report a hearing check in the past year.
- Compared to adult respondents, a higher proportion of teens did not receive any preventive health services in the past year.

Appendices

Appendix 1

2022 Teen Survey: Answers to Open-Ended Question #45

Appendix 2

2022 Adult Survey: All "Other (Please Specify)" Write-in Responses

Appendix 3

2022 Adult Survey: Answers to Open-Ended Question #64

Appendix 4

2022 Teen Survey Instrument

Appendix 5

2022 Adult Survey Instrument

Appendix 1:

Q45. Do you have any other concerns about the health of teens in Union County?

Drugs and bullying

High homelessness in the county. You should not see hungry people at Walmart. They need help.

I think teens are struggling and parents are school leaders and county leaders are making it worse. My teachers work so hard but they struggle with all they are asked to do so they don't have time to support us like teachers did in the past. I even transferred schools because my principal didn't seem to care about us and the school environment was really bad. But I miss my friends and teachers and it's hard being a teen right now.

I think there needs to be more support to victims of childhood sexual assault because as a 16 yr everyone around me it seems is a victim and doesn't have the resources to seek mental health services

I would like dental care

Junior is very stressful year I think schools should give less work for 11th grader and do better in SAT and ACT prep.

Just to be listened to

Kids and young adults should not have to get Covid vaccines, wear masks or quarantine from should for exposure. All of this is negatively impacting education, learning, mental and social health.

Lack of masks/vaccines in the school against COVID-19

Las drogas que son muy usuales con los adolescentes, y aveces es por sus padres o se sienten mal y empiezan con las drogas y despues no pueden parar. [Drugs that are very common with teenagers, and sometimes it's because of their parents or they feel bad and start with drugs and then they can't stop.]

Male doctors

Mantenerse alejado de las Drogas [Stay away from drugs]

Mental health is concerning because of the stress in school. Teachers are very stressed, no masks mandate means constant threat of quarantine, several teachers out. Sometimes i feel like I'm not learning anything when my teachers are out for a week at a time and we don't have a sub

No activities for teens with special needs in Union County. Lots in Meck County but can't get to them.

Si, que fumen mucho y se esten danando Su cuerpo ellos mismos [Yes, that they smoke a lot and are harming their body themselves]

Sidewalks needed in all communities. Free tutoring for high school

So much drug in schools and/or the streets, weapons too easy to get in school

Stress and anxiety

Teens do have enough internships opportunities or schools that prepare us for jobs. There is not enough physical actives for teens or clubs to be social in the community.

The spreading of COVID due to losing family members to this. Also, long haul COVID as I've seen friends that have yet to fully recover months later. Union County over all, and specifically the board of education, have shown little care or concern to the community with the lack of COVID protocols. I also have classmates that are misinformed or just plain selfish by taking no precautions, not caring if their peers or teachers get COVID. We as a society need to care for others as we do ourselves.

There is lots of stress lots of kids with mental health and suicide threats

Things such as homophobia and racism

Too many teens are suicidal and cannot get help because their parents are not a safe person to go to

We as children have been far to exposed to inappropriate material and have been desensitized to so many serious things like rape and bullying

We live in the County and have no street lights or place to walk

Well, other than the violence occurring within schools, it's pretty good.

Yes because some of the kids at my school has a lot of problem with their health

Yes from vaping because some of my friends have popcorn lungs which give horrible breathing

Yes vaping and smoking. Drug abuse

Appendix 2:

“Other” Write-In Responses from Adult Survey

“Other” responses for Critical Unhealthy Behaviors

access to affordable food

Alcohol drug use

all of these

Anti vax and no masks

Anxiety caused to parents and families with small children going to school under the current conditions with no mask mandates

Being a Trumper.

Being afraid to live a normal life due to covid hysteria.

BOE decisions

Broke leg in 3 places, 2 more fractures on same leg, aneurism

Can't afford to

Careless COVID spreaders

Community handling of covid

Cost of healthcare prevents treatment

cost of healthy food

COVID

Covid & related stressors

Covid denial.

COVID Precautions

COVID spread in schools

Covid stree

Covid-19

depression

Disinformation about masks and COVID vaccines

Disinformation, lack of vaccinations

draconian covid measures

Expensive rental homes (financial stress)

Failure to get vaccinated

Failure to wear mask

falta de recursos

feel alone

financial burdens

Financial insecurity

Financial wrecks

financials

For those with PTSD lack of enforcement and/or laws lead to stressf and negative impact to health while residing in areas with speeding cars, barking dogs, atvs and 4 wheelers

Forcing vaccines on healthy people

Gangs

Government misinformation

Having to sign up online for everything.

High healthcare cost

Home life of kids

Horrible Covid protocols

How or where to access community assistance.

I don't know what Union County folks do!

I have insurance but many others do not. We need to expand medicaid in state so everyone can have it

Illegal mask mandates and forced covid vaccines

Instability and poor covid mitigation strategies in public schools

Insufficient access/money for health care

Insufficient safety measures at school; no mask mandate

Keeping Covid in line

lack of access to specialist

Lack of any COVID precautions

lack of caregivers (affordable)

Lack of concern about Covid transmission in our community and our schools

Lack of covid mitigating factors in Union County

lack of covid mitigation

Lack of COVID mitigation measures

Lack of Covid mitigation measures- low vaccination rate, no mandatory masks, social gatherings during times of community spread, dissemination of false information detrimental to health

Lack of Covid mitigation strategies

Lack of covid precautions

Lack of COVID prevention and mitigation

Lack of covid protocols in UC causes my family major mental stress as we care for grandparents

Lack of Covid safety measures in public schools and public venues

Lack of education

Lack of education

Lack of education and a willingness to remain narrow minded.

lack of free available mental health care, especially in our schools

Lack of health insurance.

Lack of mask mandate in UCPS, public places in Union County

Lack of mask mandates in UCPS causing widespread Covid

Lack of mask wearing

Lack of masking and vaccinations in the pandemic.

Lack of measures to prevent pandemic spread

Lack of money

lack of proper healthcare for my concerns

Lack of protection against Covid - infections

lack of socialization

Large population not caring about spreading illness to others.

LGBT

limited income resources

Littering

live alone

loneliness

low income

Low income, no income, no health insurance, poverty

Low wage jobs

Mask optional in schools, not getting smart/ wise advise from leaders in our community about covid

mental health

Mental Heath

Misinformation, Political Influenced Public Health

Money issues/stress

New Indy poisoning us

No Countywide or UCPS Mask Mandate

No masking

Non Vaccinated for COVID

Not English speaking

Not following COVID recommendations like masking and social distancing etc.

Not following public health advice for COVID-19

Not getting vaccinated against covid

Not getting vaccines

Not having a primary MD to manage care/no relationship with an MD who knows them

Not having a relationship with Jesus

not having money for med

Not listening to medical professionals regarding Covid

Not masking during the Pandemic, not vaccinating for Covid

Not taking prescribed meds

Not using COVID mitigation strategies

Not wearing a mask or getting vaccinated

Not wearing masks and not getting vaccinated

not wearing masks duh!

Not wearing masks indoors, not getting vaccinated

Not wearing masks, spreading misinformation, hiding covid diagnosis/numbers

Our counties lack of acknowledging that Covid is real! Fringe conspiracy groups have been allowed to fester. Lack of transportation for many is still a real thing! Housing insecurity is real that feeds into other insecurities!

Our county's terrible Covid protocol from no mask mandate to the absolute disaster brought on by our BOE

out burning

Over medicated, toxic pharmaceutical products, lack of exercise/nutrition advice from medical companies.

Pollution from New Indy paper mill

Poor Covid response from school board

Poor education

Poor food recommendations

Poor Leadership by Governing Groups/Agencies (such as the BOE)

Poor mental health habits, poor infection control habits

Poor practices around Covid prevention

Poverty, Lack of Health Insurance, Lack of Mental Health Resources

Public Transportation , and low income

Racial Animosity

Racism

Refusal to believe the science about COVID

regularly staying on prescribed medications due to high cost

Schools are not safe, there are no COVID protocols

Seniors living alone

Sheer speculation

STRESS

Stress due to lack of community compassion during pandemic

Stupidity

Stupidity

substance abuse

Supporting UCPS's lack of a mask mandate. Unsafe driving is do to a lack of and/or safe roads. Give us some alternatives to 74 instead of closing roads- use 2 b a rd around Aldi in Indian Trail. Instead of improving it, it got closed!

The horrible WATER in our county

Too political. Listening to bad advice.

unemployment

Union County School Board

Unsafe conditions at UCPS

unvaccinated for covid

vaccination

Very limited access to walking/running trails. no sidewalks

wearing masks

With pandemic, no social distance, mask wearing, low vaccine rate.

Work stressors

workplace bullying

Zero covid response, ignoring covid mitigation steps

“Other” Responses for Mental Health Concerns

Alzheimer's

All are equally concerning bc they all have significant effect in the well being of the people and families they effect

All Mental Health Concerns and Homelessness

all of the above are concerning

All of the above, mental health care is expensive and difficult to access

Anger issues

anxiety

Anyone who remains an outcast and is unable to maintain a job or relationships

Being misinformed

belief that Trump won the last election

Borderline Personality Disorder

Bringing their crazy ideas from up north

Clinging to false information

Concern over lack of protection for ourselves and our children in school from COVID

Conspiracy theorists.

Conspiracy theory addiction.

COVID

COVID and lack of county leadership to stop spread

Covid related issues

Covid-19

Criminal behavior

dementia

Domestic problems

don't know

Eating disorder

General Discontent with Life

Homelessness

Homosexuality

how do I know?

I don't know

Ignorance

Impacts of COVID 19 and lack of protocols within community (ie restaurants and school system)

Inability to care about other people; narcissism

Incorrect diagnosis

Inflated fear from the covid hype

Insecurities & Self-Absorption

Irrational behavior and ability to spread false news hurting community health

isolation

isolation/decreased socialization

Issues associated with having the covid vaccine forced on people with the constant propaganda.

John 3:16 - One must be born again to get to Heaven.

Lack of ability to discern fact from fiction allow conspiracy theorists to put the health of Union County at risk during a pandemic.

Lack of education or availability and access to mental health resources

Lack of empathy regarding covid and other health issues

lack of support for parents with parenting tips/groups

Lack of taking covid seriously

Laziness

Liberalism

loneliness

Loss of respect for all human beings irrespective of race, national origin or political persuasion

Masks give me very bad anxiety & them being required is keeping me from going to the doctor

Misinformation

Narcissistic, racism and prejudice political behaviors.

No spiritual connections within the community

None

Not enough mental therapist choices

Not knowing what biological sexes are

nothing concerns me

obesity

Overmedicated people with no direction to lifestyle changes that could improve their mental health.

Passive aggressive

Peer pressure for criminal involvement, especially in low income areas

people that follow conspiracy theories

People who think there is more than one sex.

Perpetual stress of living in an area where Covid is not addressed seriously

Persistent stress

personality disorders

Poor coping skills, lack of general social and mental health skills

Poor Covid response

poor job, lack of education

PTS associated with Covid-19

put trash outside the road

Republican

Science denial

Sheer speculation based on no facts

social media addiction

Social media delusions

Stress

Stress and long haul covid

Stress related to unnecessary risks in schools

The lack of covid protocols in the schools and being the only county in the area create anxiety and depression

Too strong political opinions and negativity

tyrannical covid measures

undiagnosed mental health

wearing masks

workplace bullying

Worrying about my kid catching Covid in school and bringing it home because this county is incapable of handling this pandemic properly

“Other” Responses for Quality of Life Concerns

Addictive behavioral health

Again, the county's lack of response to covid makes it embarrassing to be from Union County and decreases overall quality of life here

All above

being responsible and accepting consequences for their decisions

Board of Ed putting our kids at risk

Congestion

Constant covid propaganda

Cost of healthcare

County tax

County's disregard for proper Covid protocols

Covid related services relating to mask mandates in our schools and public areas, quarantine and contact tracing etc

Crime rate, drugs

crime, no law to help

Cultural Awareness

drug addiction

Drugs

Gas, oil, utility prices, rising propert taxes

God being removed from the home

government officials keeping those with "new ideas" from positions to initiate change

Have no idea

having children you can't afford to have (financially and due to limited time constraints due to needing to work to pay bills/expensive housing)

healthcare

Healthcare that is focused on profit over care

Home life for some children (i.e. parents who don't care and don't raise their children to make smart choices)

I don't know

Illegal drugs

I'm tired of the growth in our county. My quality of life negatively impacted. Schools overcrowded. Roads cannot handle traffic. Housing prices so high that I'm being priced out of my own home town.

Lack of mental health providers

Lack of adequate safety measures during covid, specifically in schools

Lack of affordable child care, housing, and well paying jobs, teachers do not make a living wage

Lack of ambition

Lack of concern from BOE with health safety

Lack of continual sidewalks and lack of crosswalks

Lack of COVID mitigation strategies to keep residents healthy

lack of covid mitigation/enforcement

lack of covid response

Lack of Covid safety protocols

Lack of education (not education opportunities)

lack of equal opportunity

Lack of equitable mental healthcare

Lack of Free Mental Illness help

Lack of hope

Lack of initiatives to work and be a productive citizen

lack of job opportunities paying a living wage - so many are hanging on by a thread

Lack of liberty

lack of Mental Health services

Lack of motivation

Lack of opportunities for developmentally disabled

Lack of private school options. Lack of public indoor pool and public golf course.

Lack of programs to help guide youth, especially in low income areas

Lack of QUALITY job ops

lack of recovery options for drug addiction

lack of restaurants in downtown Monroe

Lack of sensible Covid-19 precautions and protocols

Lack of services for the handicap.

lack of youth job programs

Lack or real health education

Laziness

LAZY

Limited higher paying job opportunities

Litter

loneliness

Los adultos por trabajar todo el dia abandonan y/o maltratan a sus hijos y luego se gastan el dinero en tonterias que no necesitan. Eso esta destrozando la niñez y la juventud.

masks and restrictions

mass ignorance about factual data

Mental health accessibility

Miedo a preguntar de la gente

Money

most of these

None of these. The ownership belongs to the individual

Not being willing to work

Not getting Covid vaccine and not wearing masks

Our school board and at times, county commissioners using politics to literally implement policies resulting in death, serious illness, anxiety and stress on families and county employees (especially educators), and fostering a high stress environment by their unprofessional, unkind,

and inflammatory responses to the people they have been elected to serve. We are losing huge numbers of residents, educators, and respect due to the decisions made over the last 2 years. I am embarrassed to live in Union County and have regularly considered moving.

out door burning

Overcrowding of public schools, lack of COVID mitigation

Overdevelopment

overdevelopment of land without the infrastructure to support it resulting in crowded, unsafe driving conditions

Parents not valuing education

Pesticides, medical companies misinforming patients on pharmaceutical products, and lack of support for non-factory farmers.

political affiliation

Poor Covid protocols

Poor Covid response

Poor decision making

Poor home life

Poor leadership at UCPS causing unsafe conditions.

President Biden his gang of Democrats. We need Trump, he was a wonderful president

Racism

Refusal to mask and protect public health.

refusing to work

Resource and quality assistance to all

resources: access to government buildings. *lack of handicap doors*

sidewalks, bike lanes, greenways

smoke from outdoor burning

Social tensions, isolation, coercion to take vaccinations against their will to maintain employment or eliminate social harassment.

Support services directory

teens targeted by police who ruin their lives with excessive ticketing, arrests and abuse

The constant stink of New Indy Catawba releasing chemicals in our air and causing health concerns.

There are so many lack of: education, poor housing conditions, drug addiction homelessness towns allowing property on top of each other

Traffic and Over development of land for subdivisions/tract housing

Traffic congestion

Traffic due to too dense housing developments

Traffic, Congestion

UCPS BOard of education

Union county see extreme high and lows on income. Income inequality. We have lost many affordable housing options. We build build buildings and yet have done nothing to really prepare for all the houses that are out of price range for MANY!

unknown

Unsafe/Aggressive Driving

very high prescription costs

We are being poisoned on a daily basis from New Indy Catawba paper mill for over a year now. EPA emergency order and DHEC are not doing enough. I suffer from migraines burning nasal throat chest passages bloody nose,, anxiety

welfare needs to be more strict & make able bodied people work

workplace bullying

“Other” Responses for Personal Health Concerns (number of responses)

Abdominal issues

ADHD

Affordable doctors visits and insurance

Air quality due to the toxic chemicals from New Indy

Anemic

anxiety

anxiety (6)

Anxiety (2)

Anxiety and depression

anxiety stress

Anxiety, Depression (4)

anxiety/depression

anxiety/stress

Arthritis (11)

Arthritis and Joint Pain

Arthritis and osteoporosis

Asthma, bronchitis

Autoimmune

Autoimmune disease

Autoimmune diseases

Autoimmune disorder

Autoimmune issues

Back issues

back problems

Being coerced to take Covid vaccination

Being made to wear a mask

Carelessness re Covid precautions/vaccination

Chronic back issues

Chronic pain causing lack of exercise

Chronic Stress

Congestion

Constant contact with Covid due to non-masking in schools and the county.

Coping with stress

Cost of living increasing every day

COVID (36)

covid being around for years to come

COVID caused extra issues...

Covid concerns

Covid from sending my kids to school

COVID health issues

Covid misinformation, inflated statistics

COVID reinfection

COVID related illnesses

Covid- Union County's Community Spread

Covid vaccine being forced on me

COVID, aging

Covid; neurological and other health effects from polluted air caused by New Indy.

Crohns

Depression (4)

Depression/ anxiety

Depression/ Stress

Digestion problems

Digestive issues/reflux with Barrett's esophagus

digestive tract disorder

Emotional regulation/coping skills

enjoying life

Erectile Dysfunction

estres

Exposure to Covid

fainting, prostate disease

Fibromyalgia

Fibromyalgia; chronic fatigue

fluoroquinolone toxicity

Forced or coercion to take new vaccines

gastritis

Getting Covid

Getting COVID from a careless union county resident

Getting medical appointments

Gov. forcing covid shots.

Gut health

handicap cannot work, gave up on disability. They (SSI) are crooked. Cannot walk normal

Hashimotos

Headaches (3)

Heart Disease (2)

heart issues

high cholesterol (5)

Honest health providers

housing

Hyperthyroidism

Hypothyroidism

I have an auto immune disorder.

I have had 3 ER visits in my 6 years here due to uncontrolled dogs barking all over neighborhood. No recourse as per Sheriffs Office and Animal Control.

I'm a caregiver. Me stress..Mother - hearing issues

I've always been concerned about my health, so I do not rely on a broken medical system.

Joe Biden

Joint pain

K extremely concerned over long term effect me from new Indy chemical pollution

kidney stones

Lack of affordable health insurance

Lack of affordable mental health care

Lack of concern for covid

Lack of exercise (2)

Lack of exercise due to bad hips

Lack of exercise, mental health, stress

Lack of masking/Covid

lack of mobility (reliant on a walker)

Lack of quality rest

liver disease

loneliness

long covid/immune deficieny

Long term covid and the many issues that come with it

Lupus

menopause

mental health (6)

Mental Health

Mental health, physical health, lack of coverage with insurance for my needs

mental illness

Migraines

mobility

MS in family

Multiple Sclerosis

Musculoskeletal issues

Myasthenia gravis

N/A or None (23)

need for exercise

Neuromuscular disorders

no affordable health insurance

no affordable insurance coverage-husband n kids

no feeling in foot/legs

no health problems

not concerned

Not enough sleep

Not sure.

orthopaedic

Orthopedic issues - ankle & back are bad

Other

Over all health

Overactive bladder. Thrombocytopenia. Irritable bowel.

overweight but not obese

oxygen 24/7 plus weekends and holidays

pain management and surgery is not an option

Pandemic

pandemic stress

paralysis, bladder problems

Parkinsons

Parkinson's disease

people not having covid -19 shot ! & Deep Vein Thrombosis

Physical activity

Poor care at healthcare facilities

Post COVID related stressors

Postural Orthostatic Tachycardic Syndrome

Potentially catching COVID due to other citizens lack of concern for others.

Prostate Issues

physical ailments, disk n back problems (2)

Rheumatoid Arthritis (2)

Rheumatoid arthritis

sedentary lifestyle

Severe asthma

sexual confusion

sinus

Sleep disturbance

Stress (9)

Stress and anxiety

Stress due to occupation

Stress from teaching during pandemic with no regard for safety of teachers and students

Stress, Anxiety, Lack of Sleep

Suicide

The denial and lack of appropriate medications for the current pandemic.

The toxic air from New Indy paper mill

These are not issues yet.

thyroid

Thyroid

Thyroid disease

thyroid issues

Ulcerative Colitis

Unvaccinated people

Weight management

We're talking theoretical, right??

work stress (2)

Work Stress

Work stress(healthcare)

workplace bullying

“Other” Responses for Personal Safety Concerns (number of responses)

External factors like crime committed by others

I'm only concerned about my safety while driving. I see too many speeders and even visible drug use.

None

Ability to get emergency aid

access to appropriate mental health care

Affordable housing

Affordable maintenance of home

Affordable medication costs.

Again, our county's inability to place standard Covid safeguards into place

air and drinking water quality as a result of chemicals being released from New Indy

air pollution from New Indy and covid

Air quality

Air quality - New Indy pollution is causing very bad air quality polluting us with toxins

Air quality and breathing the chemicals dumped in the air by New Indy

Anxiety

arthritis

auto accident

Being coerced to take experimental Covid vaccinations to participate normally in society and not to be discriminated against

Being exposed to COVID from unvaccinated citizens.

blood sugars everyday and medication reminds AM and PM

BOE Decisions

can't stay alone for a period of time

caught in gap of making too much however not enough to maintain

Community drug abuse and its impact on residents

Constant covid propaganda

Constant exposure to Covid bc of non-masking inside in union county and inside the schools

Continuing to be able to drive

cost of health care

Cost of medication and health insurance

cost of medications

Costs

County and school board is promoting risky COVID behavior

Covid (14)

Covid concerns

Covid in Union County

Covid one our county because NO layered approach to this pandemic

COVID policies not being enforced

Covid precautions in the schools

Covid risks

Covid-19

Crazy drivers

Crime (11)

Crime and bullying

Crime and Home Invasions

Crime in my neighborhood, home is too small

Crime in the area

crime rate

crime rate in neighborhood, poor teaching skills (school staff)

Crime rate increass

Crime, theft

cyber security

Deteriorating mobility due to arthritis

Digestion problems

distracted drivers

dizziness, weak

Domestic Violence (2)

driving

Driving conditions. I drive a lot to work, so driving narrow roads, heavy traffic, and hitting pothole, while not directly associated with my health add to stress and overall well being.

Driving safety (2)

Drug issues and dangerous drivers in the county.

Environment (Air, Water, etc)

Erectile Dysfunction

false info from our goverment

falta de educación nutricional

Family complications

fear i won't be ready for retirement

fear of crime

financial burden

Financial issues

Financial needs

Financial stability

Forced vaccination

Fst drivers and accidents in front of our home

General decline due to aging

General issues that seniors deal with.

General public response to Covid in Union Co

Getting COVID

getting help if needed

Getting lost, no one can track lost person

Government and environmental issues

Gun violence

Health checks. I live alone but as I age safety checks become more important

Healthcare system that doesnt care about truth

healthy adapting to changes without crisis

Healthy Eating

Healthy food options, pollution, local health facilities promoting false data to scare the population and thus forcing unnecessary medical mandates

Heavy city traffic, unsafe drivers

Help with elderly care

High covid spread due to lack of community understand and care for healthy protocols

Home repairs to maintain a safe environment.

house repairs (2)

I am fearful every day because it seems that no one in Union County cares about Covid and the long term effects it brings

I feel safe and have a wonderful supportive husband and financial security

I have no safety concerns

I have none. Worry about others in the community.

I really don't have any regarding my safety.

I'm not there yet w/dementia but I worry that it may come.

inability to clear roof

Inability to phase out Covid

Inadequate gun laws, unsafe driving, low vaccination rates

Increased brain fog and anxiety from the chemical stench poisoning from paper mill

inflation

Is it ok to say none?

isolation

Isolation, city senior Center but county residents are on their own

Joe Biden

kidney

Lack of a countywide/UCPS-wide mask mandate.

Lack of access to affordable care/medication

Lack of covid precautions in union county

Lack of COVID protocols within the school system impacting the larger communities

Lack of COVID safeguards

Lack of help to do odd jobs around the. House

Lack of law enforcement policing

Lack of online mental health counseling options

Lack of precautions to reduce exposure and quarantining from covid

Lack of protection from Covid

Lack of public health protections against Covid-19. Total disregard for those of us in the community who are immunocompromised

lack of public transportation as vision worsens

lack of shoulders and sidewalk on roads

Lack of street lights

Lack of support for caregivers, my disabled husband alone at home, getting my husband to doctor's appointments in Charlotte

larger print on signs would be good

limited mobility

Living alone getting health care in pandemic

Living in a county that refuses to listen to doctors and science

living near a power pole

Long term care (2)

long work hours, lack of sleep

Marital issues

masks

Me and my parents are high risk for covid so it's been stressful with kids in UCPS with zero protocols. Luckily we do all our shopping in Mecklenburg as they care about people

Medical companies pushing pharmaceutical products would be my highest concern. Thus, I stay out of medical offices for everything except emergencies.

Medicine prices

Mom. - memory, concer of falling.

Motorists disregard of motorcycles, and lack of law enforcement..

N/a (17)

Need a rail on for my back steps on my back porch.

neighborhood unsafe

New Indy making Union County residents ill by releasing toxins unchecked into the air; Covid.

New neighbors who do not want to communicate

Nine

No complaints

No concern

No concerns

No concerns for myself at this time

no health insurance (unaffordable)

No higher level of service or respite service available for my child with IDD

No home, abuse from landlord!!!

No money for house repairs

no sidewalks in neighborhoods to walk safely

no tener suficiente retiro

Noise pollution. Trash pollution.

None (94)

Not a major concern

Not concerned at all

not enough activity

Not enough psychologist choices or availability

Nothing

Only had 2

Other people not being Responsible

Others' disregard for Covid-19 mitigation strategies

People around me not masked/vaccinated

People around me not taking covid precautions

People in community not taking Covid seriously

People not caring for others health

People scamming the older population.

Physical

Pollution from New Indy paper mill

pollution, excess traffic

Poorly trained police force

Post Covid related health issues

Poverty

Propane gas for heat nearly inaccessible in price.

Que falte trabajo,y que sigan abriendo tiendas de VAPING Y E-CIGARRETES

random violence by criminals

Reckless drivers

Rental property not wheelchair accessible

Roads or transportation safety

roads/traffic

robos

Safe locks on doors, able to get where I need to go safely

Safety going to stores.

Safety living alone and racism in neighborhoods. Teenagers who do not have constructive things to do on the weekends. Parents who refuse to discipline their teenagers which causes neighborhood pranks

Safety on streets

Security in our country

Someone breaking into my home.

Stairs

Stress (4)

stress from caregiver responsibilities

Stress from lack of quality childcare options

Stressed to keep up with home maintenance inside and out.

Supply chain issues worry me - we are able to afford food so long as it is available

The drug addiction around our neighborhoods spilling into ours and affecting our children or robbing our homes

The lack of the community masking in the pandemic. Their carelessness could make me sick.

The ongoing public fear of covid

The severe lack of COVID mitigation strategies utilized to keep residents healthy

Theft and increase in homeless population in monroe

Too many people moving here and increasing traffic and congestion everywhere.

trabajo

Traffic

Traffic volume

transportation

Tyrannical governments

UCPS is causing ALL my concerns

Unable to depend on school to keep children safe

Unaffordable Housing

Undiagnosed medical problems.

Unmask kids at school not vaccinated.

Unregulated well water quality

Unsafe community conditions. Unsafe school conditions.

unsafe drivers

Unsafe driving

unsafe driving conditions

Unsafe driving conditions

Unsafe/speeding drivers, road rage

Utilities being cut off

Vandalism by youth

Vertigo

We're worried we may not be able to afford a place to live with housing rent and purchase process skyrocketing like they have. Homes in our neighborhood have had their rents raised by up to \$700+/mo. Our old neighbors could afford to live here anymore and are having to room with friends or family. We are scared we'll be homeless if prices keep rising

Work Stress

work/home balance

workplace bullying

Worries about Covid protocols

“Other” Responses for Where they go for care when sick (number of responses)

actualmente solo aqui

AHC Freestanding ER

Atrium Health Primary Doctor

Atrium Health Waxhaw ED

Atrium pcp

Bed

Busco doctor particular Pagando de mi bolsa la consulta

Centro Medico Latino (2)

Charlotte VAMC

clinica latina

CMC Waxhaw

Community Health Svcs of Union Co

Depending on the nature of the illness I would either see my medical doctor outside of union county or my naturopathic physician.

Depends on issue

depends on the issue, sometimes urgent care and sometimes Waxhaw ER

Do not have insurance

Do not see a doctor, use over the counter

Doctor in Charlotte

Doctor in Mecklenburg County (2)

Doctor Matthews

Doctors and hospitals in mecklenburg

doctors making house calls

Doctors office Mecklenburg County

Doctor's office on Mecklenburg County

Don't go to a dr

Don't go, don't have any insurance

Dr in Mecklenburg

Everside Health

Family practioner

haven't been to doctor in 4 yrs

Health care facility at my job.

Health Department Union

hospice

I don't go to the doctor

I only use emergency care if needed. I have a regular check up every 6 months.

I stay home if sick and haven't been sick enough for prescriptions

integrative/Functional Medicine 1st and then Dr office in Union Co

Matthews Free Medical Clinic

MD office in CMC

MD office in matthews

Me Atrium Health. Mom - Novant Health

Minute clinic outside of union county

Most of our doctors are in Charlotte.

Mostly call and talk to a doctor, see a dr if advised, otherwise if serious emergency room

My chiropractor

my doctor who is not in Union county

ND/FUNCTION MEDICINE DR

New to area. No primary doctor yet

No ant-First Charlotte Physicians- Matthews, NC

None (2)

Novant (9)

Novant

Novant doctor

Novant Dr outside of union co

Novant Health (2)

Novant Health Matthews

Novant Health Matthews or NH clinics

Novant health or the VA clinic

Novant health system

Novant hospital in Matthew's

Novant in Charlotte

Novant Matthews (3)

Novant Urgent Care Matthews

nowhere near the genocidal healthcare system

Paladina

rarely go but Doc in Meck

Self care - meds from the drug store

self treat

some family members have no insurance and can't afford doctors or dentist (2)

Telehealth

Up until last month when I finally switched jobs, I didn't go to the doctor unless I was extremely ill because I did not have health insurance. My previous company's health insurance and the marketplace would have cost my family and I over \$1,000 a month! We can't afford that!!

Urgent Care

Urgent Care Facility Mecklenburg Cy

Urgent Care in Matthews

Urgent Care in Waverly-Novant

Urgent care meck county

Urgent care out of Union County

VA (5)

VA - Charlotte & Salisbury

VA care center

VA Charlotte

VA Clinic Charlotte and Salisbury

VA hospital

VA Medical Center (2)

Varies

Waverly ER, telehealth

Waxhaw ER

Worksite health center

“Other” Responses for why they did not get needed medical care (number of responses)

Afraid of Covid

Afraid of getting Covid

Afraid of high cost. Last time went to Atrium CMC cost \$4,300 for an incision and drainage of finger that literally took no more than 15 minutes.

Anxiety

Appointment difficult

Appointment was too many days away

at UNC in Chapel Hill no transport

Bad experience at my last office visit

Barriers at MD office

Because I needed a COVID test to ensure I was negative before going and wasn't able to get one

busy schedule

Can't get an appointment

concerned about being exposed to Covid

Concerns about covid and/or inability to get appointment due to covid patient priority

co-pay/insurance issue

co-pays are high - no relief - not worth going to get high bill

cost of the bill

Costs so much with high deductible plans. Had cancer twice so now have health anxiety

Could not due to covid surge - no appts available

Could not get an appointment because too many people wanted Covid tests or had Covid

could not get appointment

Could not get through to office to get an appt.

Covid (10)

COVID - can't wear a mask so couldn't see doctor on several occasions I needed to

Covid 19 risks too high

COVID closures

Covid concerns (3)

Covid is stupid and the docs are under its spell

COVID ISOLATION

Covid Outbreak

Covid protocols

COVID Requirements

Covid restrictions (3)

Covid safety concerns

COVID19 (3)

questiones economicas

Did not want to

Did not want to catch covid

Didn

Didn't feel like going

Didn't have time

Didn't have time to go

Didn't want to drive myself

Didn't want to go (2)

didn't want to spend the money to go

Didn't want to take time away from work

Doctor not available

doctor would not see me because of Covid risks

Don't have a doctor

Don't have a permanent doctor

Dr had no appointments available

Embarrassed about my weight

Fear of catching Covid-19.

Had Covid and couldn't get into the office, they didn't have a virtual system

Had Covid, didn't want to be around other people.

Had covid, didn't want to spread it

he was overbooked

He would not see me, sent me to hospital

Healed on own

Health experience and expertise in Union Co is scary, lots of time there is no beds to be seen at ER or no appt available at DR offices, and call backs can take days

Healthsystem taking care of covid patients

I am a caretaker and I didn't have time to go

I can get over it unless I feel my life is in danger.

I couldn't fit an appointment into my schedule.

I couldnt go in without a mask

I did virtual visits instead of in person due to COVID restrictions

I didn't want to test positive for Covid when it was a bad cold.

I felt like I was adding unnecessary burden to an overworked healthcare system

I had Covid and didn't want to go to the doctors office

I had sinus infection w/fever and my Dr was only seeing well patients not sick patients. Go figure. Made perfect sense to me.

I have asthma and can't breathe when I wear a mask

I have found doctors here to be ignorant and the billing unethical

I have medicare but family members have no insurance for doctors or dentist, I cannot personally afford a dentist

I thought I would feel better soon.

I was in an auto accident and needed to go to hospital for eval but the wait was 20 hours.

I was not going to wear a mask

I went go ever 90 days a1c labs dibitic

I won't wear a mask (2)

Insurance does not cover the expenses (treatments or medications)

It took too many days to get in to see the doctor so I went to the Minute Clinic.

Just moved and havent found a dr

just didn't go

Just waited it out

lack of available appts

Lack of QUALITY healthcare/doctors

lack of time (2)

looking for problems to be treated not drugs to cover symptoms - have seen doctors with no real results except prescriptions offered

Manage own health- reading- research

mask requirement - annual physical

Mask/Vax regulations doctors are trying to impose on their patients

Minor reason

miss appointments

My Dr too far away at the time

My PCP was fully booked out for 2 weeks, I ended up using tele health through my work

My primary Dr moved and I could not see a new one until I paid off a balance

Needed ER after a bad fall, ER very backed up, did not go.

no appointments available

No appointments when I called

No Appt

No availability because too busy with covid patients

No available appointment

no available appointments

No childcare

No insurance at that time

No open appointments

No open appointments

No PCP appointments available

No time

No time available with work schedule

No time. Had to get time off work.

Not accepting patients

Not appointment available

Office could not get me in for a visit due to all appointment times being booked

Office was open but would not see me. I was having an asthma attack. They wanted me to go to the ER with all the Covid patients.

Office was over run with covid cases

Our regular doctor stopped seeing you for sick visits until you got covid tested, which often took a few days to get results back.

Overcrowded Dr offices

Pandemic Covid closures & fear

Pandemic fears

Pandemic, provider only would do telehealth visits nothing in person

Postponed due to COVID-19 cases

Refuse to mask up

Risk vs benefit with covid. Have an immune deficient person in household

Safety due to COVID

Scheduling around childcare.

sick

Single mom with multiple jobs, no time

their fear of possible Covid

Their office could not get me in for four months out.

They could not see me due to too many patients

thought I could deal with it

time (2)

Too busy to go during doctor's schedule

Too expensive even with insurance

Treated myself with over the counter medicine

Unable to drive myself, doctors were unable to help with chronic condition, covid numbers were too high

Unable to find childcare

Unable to get time off work

Unwillingness of doctors to treat pain

Wait time at hospital of 7 hours

wanted to avoid covid exposure

Was refused a visit because of a fever.

Wasn't sure if I needed to go

Work

Work

Work hours and I work outside Union County

Work obligations

working

You have to have a different appointment for everything. skin, ear, lung, etc.

“Other” Responses for why they did not see a specialist when they needed to (number of responses)

Anxiety

Bad previous experience

Called but had to wait over long weekend to hear from them

competing priorities

cost of deductible

could not get appointment

couldn't get an appointment

Covid (10)

Covid concern (4)

Covid exposure

Covid is stupid and I won't wear a mask

Covid safety concerns

Covid safety concerns and costs

Covid spread

COVID19

Covid-19 risk

Doctor not available

doctor was not in

Dr not in network/did not have the money for this particular procedure

Dr office staff would not allow

economicos (es muy caro el servicio)

Emergency room was 9 hours without seeing a doctor

Healthcare system packed with covid patients

I cannot afford a dentist, other family members have no insurance and suffer

I just have not gotten around to scheduling an appointment. (3)

I won't wear a mask (2)

It's just a job, they are there to make money.

Just procrastinating

just put it off

Lack of quality healthcare/doctors

Long waiting lists for specialists

Looking for a new specialist.

mask requirement - Mamogram

mask requirement re COVID

Metrolina refused to see me

Monroe Office was not open.

Needs to make time

New to area so as new patient had to get referral and wait for appointment

no appointment available for several months

No available appointments

No childcare

No encontré especialista en el área

Not accepting patients

Not taking appointments due to covid

Overcrowded dr office. Appt. rescheduled multiple times.

Psychologist wasn't available

Referral required. I didn't have one.

Scared of covid

Schedule

scheduling conflicts

See previous response

shame

Single mom with multiple jobs, no time

Specialist was booked until March 22. Original referral was 7/2021

There were no specialists within 1 hour taking new patients.

time

Too expensive

try to treat myself, go as a last report

Two knee replacements hip replacement

U had no insurance at that time

Very limited choice of Specialists for certain specialties in my insurance network

very sick at the time

wanted to avoid covid exposure

Was not willing to pay/spend that much money to go to a doctors visit, health issue was not serious enough to spend my money on that service.

went to the emergency room -- after waiting and being ignored left and came home

When bill finally came I owed too much

Work

Work obligations

working

wouldn't let me in without a mask

“Other” Responses for why they did not see a dentist when they needed to (number of responses)

I drive 200 miles home ecu dental school Lumberton

Again my mother needs to see someone concerning her dentures.

Bajos ingresos

Busy, didn't make the time

cancer treatment

Caretaking duties

Changing dentist

chemotherapy, immunocompromised/pandemic

childcare

cost of treatment

Could not get in due to covid

Covid (22)

Covid - office not seeing people

COVID closures

Covid concerns, need weekend appointment

Covid fear

COVID ISOLATION

COVID precautions

Covid Restrictions

Covid safety concerns

COVID to high

Covid was raging

Covid. I did both want them that close to my mouth

covid19

Covid-19

Dentist required face masks. I cannot wear face mask for medical reasons.

Dentist requires face masks. I cannot wear mask.

Dentist requires mask on patient. I cannot wear mask

dentures

Descuido

don't know why

falta de ninera

Fear of catching Covid-19

Had surgery and parent died

Had to work (2)

Health issues

I did not trust the doctors in Union County, and I had to wait on a long waiting list to get an appointment with a good doctor outside of Union county.

I had no insurance coverage at that time

I had other health problems. Was in hospital 1 week and home sick.

I have been avoiding going to most places because of covid

I O him too much right now

just did not want to

Just didn't take the time just to get a checkup since I wasn't having any problems.

me cuesta agarrar tiempo afuera del trabajo. No puedo faltar mucho porque tambien tengo que faltar para ir a las citas de mis hijos.

mobility issues

No appointments available

No appts available for 10 months

No childcare

no time

Not sure they are for my best interest - job to them.

not urgent need

Office had no available appointments

priorities

Scheduling issues

Single mom with multiple jobs, no time

The last dentist I saw made me feel like he didn't want to take care of me and my teeth were bad because of me.

The preferred Dentist is not listed with my insurance company

Time (3)

time constraints

Too anxious to call them to set up an appointment

too busy to schedule

Too expensive even with insurance

Too many other medical problems to deal with, no childcare

took care of problem, pulled most of my teeth

Uneasy due to Covid positivity rate

Viral spread

wanted to avoid covid exposure

Was going through treatment

“Other” Responses for why they did not get mental health services they needed (number of responses)

Anxiety about schedules, cost, facing emotions

appts booked out 6 months

competing priorities

Coping with death of a loved one

Could not find a Dr. that had openings

Could not get timely appointment

couldn't take time off work

Covid (2)

Covid- don't like remote visits

COVID too high in union county not safe to go out

Did not want to take time out from work to go.

Didn't follow through

Difficult to get time off work

Dire lack of mental health resources in county, especially therapists

Don't like really talking about certain things

Even with insurance is too expensive

Family reeds me

Fear

Finding a good counselor

Finding a quality person to provide services locally

finding practices taking M'Care pymts

hard to connect with a therapist

Hard to find the time with family responsibilities

Hard to get an appointment that fit my schedule and uncomfortable with taking antidepressant

Hard to obtain an appointment. Most schedule 3 months out

Husband not willing to go as a couple

I can't find anyone that suits me.

I did not have enough time.

I didn't have time to go finding child care, losing time off work

I don't know what to say

I don't necessarily feel that they speak real to their patients. They always seem to want to go back into the childhood traumas. Not discussing feelings that are they are experiencing today. Needs to be more discussion back and forth and not necessarily all just listening. Just can't seem to find anybody to match with my needs.

I don't trust the quality of the doctors in Union County

I feel like the stress of this pandemic and all of the precautions we have to take and trying to make sure my husband eats properly and taking him to numerous Doctor appointments has made life very stressful.

I just kept hoping the problem would go away on its own over time.

I was in denial

i was told i had to wear a mask and i can't

I work through my own things.

Impossible to find a kind, experienced older mental health expert. MH system in NC is in bad shape

Insurance is confusing about how to access services

It was difficult to find a therapist who takes insurance and is accepting new clients.

Just tried to cope with being anxious on my own

Knew I'd not get appt at the time I needed; they are too busy, not convenient

Last time they gave wrong medicine to me

lazy

Mental health doctors (2) did not return calls

Mental health services in union county are scarce and what is here is pathetic.

my therapist left

Needed a new therapist and didn't know where to look for one

needed an African American therapist that can relate

Needed online services pen, covered by my insurance.

Needed referral

No appointments available for four months

No appointments due to covid

No appointments.

No availability

No availability to take on new patients

No available appointments

No available in Union County

No child care

No childcare

No childcare, Inconsistent school due to COVID

No eran profesionales

No in person due to Covid

No insurance in first year I lived here- did not make enough money to qualify, have it now-

No mental health resources in Union County. Only Atrium based mental health services are based in Charlotte.

no one had openings

No one taking new patients for mental health

no one would return my calls or emails

No providers in Union

No providers in Union County

No time

No time for therapy because UCPS treats its employees like slaves

No time.

None available. Lack of resources during time of high demand/COVID

Not enough access to care. Appts booked out for months.

Not enough union county doctors

not make the time/work schedule

Not sure who I want to go to

Nothing available

overwhelmed

Permanent record, government intrusion

Prefer in-person but also have Covid concerns due to lack of masking in Union county

Providers through insurance are few

Suggestions aren't working

Super expensive to use the mental health services with insurance

Talked myself out of needing it for anxiety; felt it wasn't an urgent/necessary need

The doctors kept sending me home while I was going through psychosis

The state of North Carolina has a horrendous mental health policy by stigmatizing mental health by taking away a person's rights.

The two I felt would fit my concerns were unavailable

they are no good

They just lock you up so you can't kill yourself. Being locked up with even less ways to distract from pain is NOT HELPFUL!

They make new patients call every day at 8 and look for cancellations. Would not just schedule an appointment like a normal doctor. I couldn't make that work

Thought my concerns would pass or wrote my feelings off as it's just work or this a normal part of life

Time (2)

time away from work

Time constraints, child care

Too busy to go.

transitioning primary care providers

Try other things - workout, talk to friends, etc.

Unable to locate a psychiatrist that is accepting patients and that I connect with
very few providers w/my insurance

Wait list

Waiting so long for an appointment covered by insurance

wanted the issue to resolve on it's own

When I had time to go, it wasn't covered under my insurance, now I don't have time.

Who to trust or call?

Work Obligations

would have to drive into uptown charlotte

“Other” Responses for why they did not get prescription medication they needed (number of responses)

cost too high even w/ M'Care D

cost too much

COVID too high in union county had to pick up was scared testing for covid in pick up pines

didn't get to a doctor to get prescribed

Didn't go to dr

Doctors afraid to write prescription for pain meds

don't like pills

Dr gives hard time about anxiety or pain pills even when needed

Dr retired and worried about Covid and appointments

Dr would not give me anything

Had no refills

had to make a doctor appointment to get a refill

Health Quest does not carry Lyrica

I asked the doctor for a cheaper alternative

I didn't go to the doctor

I didn't want to take it

It was delayed but there was a clerical issue with my insurance that made me not have coverage for a month

It would require a doctors visit, and that would cost me 250

Just forget to call

lack of response from doctor

MD would not approve refill without an appt. First avail appt was in 5 weeks

Medicare donut hole

My medication I take to prevent blood clots is very expensive and by September I have used up all of the money allotted for the year. So sometimes I might miss taking some of this medicine because I have to pay a large co-pay.

My type of medicine was hard to get my insurance to acknowledge & fill

Need to see a doctor prior to Med refills

Needed pain medication after surgery but only got minimal amount not what I needed

needed pills were unavailable at the drug store

Pharmacy can't get it due to production issues.

pharmacy did not have what the doc wrote for so I bouth the over the counter at dollar store vs paying walgreens price for the same medication.

Pharmacy was out of inventory

Prefer to avoid taking drugs as much as possible

Right now, in between dr and medication needs approval

The drug store was out of the prescription medicine I needed

The pharmacy is too far from my house and I don't go to that part of town often.

The pharmacy ran out

They want \$2500 a month for it

too expensive

“Other” Responses for why they changed the way they took a prescription medication (number of responses)

Adjust certain meds myself based on current notate if health. Generally increasing inhaler use when breathing is depressed

changed diet

Decided didn't want to take anymore

did not like the possible side effects

Didn't think it was necessary (I was wrong)

Didn't want to take it so often.

Doctors here were not recommending it but CA doctors did

Dr. approved - did not care that it made me feel bad.

Forgot.

Hating taking medicine

I didn't need it anymore-sleep aid for stress- got rid of the stress

I felt I didn't need twice a day some days and other days I needed it more

I forget or hate taking medicine.

I have hypothyroidism and I felt that taking my meds in the evening worked better for me and my routine. I can't not eat first thing in the morning as I don't have time to wait before going to work. Also I stay up late doing paperwork at night so waking up earlier is not an option.

I manage my own diabetes based on daily changes

I restarted taking one I had stopped taking, because I still had some. Then I told my doctor.

I take PRN/as needed. Toresemide may increase or decrease

I want to get off prescriptipion drugs altogether

I work with my doctor, he listens

I'm a doctor and I felt like I knew what I was doing

It gets caught in my throat.

Just didn't get to pharmacy to refill it (non -critical medication)

just stopped taking it to see if sleep improved

less was better

meds cause chain reaction with other sicknesses

Ran out

ran out of meds, did not go to doctor

Side effects

Took extra occasionally when necessary

“Other” Responses for Preventive Services received in the past year (number of responses)

Allergy testing, neurological screening

biopsy

biopsy surgery

blood test

Bone Density (3)

Bone scan

Breast MRI, genetic counseling for breast cancer risk

Cancer Dr. Have lung cancer

Cardiologist

Cardio-pulmonary testing, autoimmune screening

Chemo therapy every two weeks

Cologuard

Covid vaccinations & booster

Covid19 virus

Dental

Dental cleaning (2)

dental, hospital care

Dentist

Dentist, Minute Clinic

Dermatologist

dermatologist - skin check

Dermatologist for annual body check

Dermatology skin check

Doctors don't actually give you these services if you are under 40/50yrs old even when asked to.

Endocrinologist

endonosopia

endoscopia

Endoscopy

flu

heart failure, palitive, hosp.

Hysterectomy

I can do a better job preventing illness than anything the medical companies force.

I have both a mamogram and colonoscopy scheduled within the next month

I'm answering these questions for both myself and mother.

Immunizations- Covid (3), flu, pneumonia, shingles

Knee Specialist

Lab work done with my Rheumatologist to check my liver and kidney function because of medication I take for rheumatoid arthritis.

Liver scan

Lots of blood work

Mammogram

MRI

MRI's of brain & Ultrasound scans of AAA , AFib tests

Nerve pain

Oncologist , urologist

ONCOLOGIST CHECK UP

Oncologist, endocrinologist, cardiologist, pulmonary Dr.

Other bloodwork

Other family members have no incurance and cannot afford to go

Physical Therapy

pregnancy related exams

reg check up

Respiratory Dr.

salud mental

Skin cancer check, other blood work

skin check

skin screening

sleepy study

TBD

Toes

took off the damn mask

Unable to get ck up yet due to Covid in Dr's office

Vaccines (Not COVID related)

Waiting for a date for my Colonoscopy which will be my 4th one

“Other” Responses for why they didn’t get a flu vaccine (number of responses)

adverse reaction to last flu vaccine years ago

allergic

Allergic to eggs, so doc told me I should not get flu vaccine

Allergic to ingredients

Allergic to vaccine component

Allergy

Allergy to flu vaccine

Bad reaction to last one I took

Between COVID shots and having cold symptoms, there hasn't been a good time to do it

bien ocupada con mis hijos y el trabajo, se me olvida.

BUSY/WORK

Can't take

care for mother - no time to get away

Choose not too

Completely forgot to get it! Normally do

Concerned it may cause other problems

contraindicated for chronic condition

Covid concerns

Covid killed the flu

Covid Vaccine Instead

Did not schedule a time to get the vaccine.

Did not see doctor

didn't schedule

Didn't want it

Didn't want that on top of Covid shots

Didn't want to be exposed to covid

Didn't want too close to covid vaccine

Didn't want unnecessarily exposed to Covid-19

do not need to

do not want it

do not want one

Do not want the other chemicals in the vaccine added to my body

Don't trust government and drug companies

Don't want

don't want to

Drs weee more concerned about Covid vaccine & I was receiving chemo therapy

everytime i take one i get the flu

Felt I was at low risk due to mask wearing

Flu vaccine made me extremely ill in the past

Forget to get it

Forgot how long it had been since last one. Getting one in February 2022 though

Forgot to ask about it

Forgot to get it :(

Going soon. Just had my Covid booster

got Covid vac

Got covid vaccine

had allergic reaction in the past

Had allergic reaction last time

had monoclonal antibodies and couldn't during the time

Had not scheduled

had reaction

Had the 2 covid vaccines in last yr. Didn't want the flu vaccine too

Have been mostly staying in and masking and had covid vaccine and booster

haven't done so yet

Haven't made time to get one

I always get sick and lose a few days of work after taking the flu vaccine. I can't afford to lose any income right now and I am overall healthy so I don't take it anymore.

I don't get the flu vaccine.

I dont remember if I got it

I don't take medications that I can do without, don't want them in my body

I got covid vaccine but not influenza

I had covid and needed to recover before I was comfortable getting vaccinated. Then I prioritized the Covid booster over the flu vaccine. I do intend to get vaccinated, but prefer to space out the two.

I had other shots at the time

I had terrible reactions to COVID, Tdap and Shingrix so just didn't do it this year. Exaggerated reactions to vaccines since chemotherapy

I have never taken a flu shot

I have received the flu vaccine twice and both times I got the flu

I never get sick and am not concerned about severe flu symptoms

I usually get it at my physical, and I have not scheduled my appointment for this year.

Immuno compromised

I've always gotten the flu those years I got the flu shot.

just did not want it

just didn't make time

just didn't make time for it

just didn't take it

Just don't want one

Just failed to go.

just havent scheduled it

Just haven't taken the time to go do it, i want to and know I should have or should

Just missed taking it; no objective to taking it

Just never have gotten it

KEEP FORGETTING TO

Keep forgetting to get it

Kept forgetting

Kept forgetting

lack of time

laziness

Laziness/no excuse

Lazy

Missed appointment due to Covid.

money

more concerned with covid vaccines

My body tells me when i am going to get the flu and in take 1000 Vit C, B Complex and Advil and it goes away.

my insurance would not pay unless i went to one certain doctor - county insurance

Need egg free vaccine. Could not find it

never get one

Never had a flu shot. Not starting now

Never had the flu even after exposure.

never had the flu so I don't get the shot

no me gustan las vacunas

No time

no vine al medico

Normally get it but just didn't this year

Not interested

not yet

people too freaked out about covid to worry about flu

previous allergic reaction to flu vaccine

PREVIOUS ALLERGIC REACTIONS

Previous reaction

Previous reactions to flu vaccine

Publix stopped giving gift certificates for it

Received COVID in mid October; giving time after that before I got flu vaccine

received Covid shot

risk outweighs the benefit

scheduled one, but then the doctor cancelled so . . . I wear a mask and will get one next year.

Severe allergy to it. Will not get

sick/availability at local stores

The flu isn't a concern for me

The flu vaccine's toxicity risk far outweighs any benefits.

this year's vaccine was not accurate

Time just got away from me

Too close to covid shot

took covid vaccines

Trust issues

Was not offered at work

Wasn't interested

Work

“Other” Responses for why their child didn’t get a flu vaccine (number of responses)

Child's doctor canceled all non urgent appointments

Haven't gotten around to it

I believe more info needs to be honestly communicated about vaccines risk/reward ratio. Less scare tactics and more honest dialogue. I also don't think it should be an all or nothing assumption by pediatricians. While some do say yes to everything and others say no to everything, many would prefer honest info and a chance to make educated decisions about each vaccine.

I strongly disagree with putting vaccinations into young amine systems that have not had a chance to gain traction. I feel that vaccines are over prescribed and in many cases have a larger chance of negative effects then the diseases many are used for.

Its an experiment

My child had an allergic reaction to one so we are going slowly to complete recommended vaccines

My son's are grown men

no covid vax

no need for vaccines

Prefer to delay some vaccines until the child is older.

Pushed back because of covid at pediatrician

Vaccine ingredient toxicity risks far outweigh any benefits.

vaccines aren't safe

we skipped a well child due to covid. they will catch up when the surge is over.

“Other” Responses for main sources of health information (number of responses)

1 - my job - I work in the health care industry

.org or .gov websites

AARP

All of the above. And my own medical background.

Books

books, web

both hospitals I work in

CDC (6)

Cdc and who

CDC Medline- Am a retired Pharmacist

CDC, WHO, etc.

Church NLW

Credible medical websites

Depends, mostly main health sites reading studies and papers

Direct source websites for health and wellness, medical practice, nih, cdc, fda, pharmaceutical sites, medical journal and study websites, research sites, doctors and until recently novant and atrium, but no longer consider them trusted sources. NOT social media and "news"

do my own research

Doctor in family

documentary

DR GOOGLE

Dr journals found through Google scholar

email from my insurance company

Experience

From former health care provider, reading from a variety of sources online and in books

Google & Mayo newsletter

Google information

googling

Health Dep

Health newsletters

Health publications

Health Watch USA

hospice nurses

I am a medical professional, so I read medical literature/research

I am a medical provider, I use medical resources and journals

I am a nurse

I am a nurse with 29 years of experience

I am a physician - journals, online platforms and medical community

I am a provider (2)

I am a retired RN

I am an RN

I am an RN, so are two members of my family

I am professionally educated in health and nutrition.

I do my own research

I don't trust some of these other things because they are not specific to my needs. Most are so general they don't pertain. because they are so generally

I read a lot. Been involved with health information for yrs. An avocation. Have a small health and wellness business.

I trust local news outlets

I work in a medical office so I ask the providers

I would not trust the Atrium or Novant sites because they are biased and leave information out.

i'm a nurse cdc

Independent research on pubmed, reputable doctors that are up to date on the specific issue being researched

Insurance

integrative/functional med doctor, books and other research tools

Internet research of reputable sites like hospitals, universities and research articles.

Internet resources

Internet searches but I don't use google.

Library

Mayo Clinic (2)

Mayo Clinic & John Hopkins websites

Mayo Clinic on line, Web MD

Mayo Clinic website

Mayo clinic, pub.med articles etc

Me I'm a pharmacist

medical / public health/ Nursing research publications

Medical background

Medical journals (4)

Medical studies, people I trust in the medical field

Medical websites

Medline plus, mayo clinic, johns Hopkins websites

Medline-Retired R.Ph

medscape, cleveland clinic

My employer

My husband a veterinarian

my medical book

My medical profession

My niece who is my naturopath

My own health books etc - am a retired health professional

My own nursing knowledge

My sons' pediatrician

Myself.. I'm an NP

national support organization for CRPS

Naturopath doctor and chiropractor

Naturopath on own research of studies and information regarding illnesses, medications, etc

naturopathic doc

Naturopathic Doctor

NCDHHS /CDC

News articles and news shows NOT fox or newsmax

News sites

None (2)

One of my brothers is a doctor. Sometimes I ask him.

Online

peer reviewed medical journals

Peer reviewed studies, CDC

Peer-reviewed journals

Peoples Pharmacy website

Personal education (nurse)

personal resources/professional

Physical Therapist and Chiropractor

Professional society sites.

Pub med and verified medical sites online. We have a child with rare disease, so I do a lot of online searching, but it's not just "google".

read

read books

read or subscribe to medical/health materials

reading

Reading news services. Public radio

Reliable news sources

Reliable university databases and websites

reputable books and peer-reviewed journals

reputable internet sites only

reputable medical websites

reputable searches on the internet/I work in healthcare and have resources I trust to ask for information

Researching topics and reading

Retired Medical Science Liaison & Specialty Sales Executive from Novartis & Merck 30yr's All by Grace

scholarly journal articles

Science

scientific literature research

sister-she is a nurse

Son who is a MD

staff

Top Medical Provider web pages

Trusted friends in the medical field

trusted news web sites (NPR, etc)

trusted sources not listed above

Up To Date

UpToDate

VA (5)

VA doctor

Various sources but not google

Was a paramedic and feel that I can take care of self

Web MD

WebMd

Wife works in the medical field

Work (3)

Work for Atrium

Work in Health Care

Work in the medical field so also consult w/coworkers

YouTube (2)

“Other” Responses for Environmental Health Concerns

ATI pollution and noise levels

Access to Parks

Access to recycling (namely glass)

Access to sharps disposal

Air pollution

Air pollution (from New Indy)

Air pollution and smell from paper plant

Air pollution from New Indy Containerboard plant in Rock Hill, SC

Amount of sidewalks

Animal Agriculture is destroying this planet

Better Salt spreading on roads when Snow is expected

Bicycle routes, paths and infrastructure

Building too many new subdivisions

COVID 19

COVID public health strategies

COVID risks in schools

COVID spread

Car emissions

Care for Creation

Chlorine in water)

Clean Drinking Water

Clean drinking water

Clean water to drink in Union County

Clear Cutting Trees for Developments

Coerced vaccination

Concern about outdoor electric lines

Construction pollution and green area destruction

County Water Quality

County over crowding (too many home)

Covid

Covid

Covid exposure due to no mask mandate

Covid handling in the county

Covid-19

Covid-19 (& other pandemics)

Crime

Crime

Deforestation

Dioxin release from New Indy in SC

Drainage issues—water runoff flooded roads

Drinking Water Quality (3)

Drinking water (2)

Drinking water quality (well water and city water)

Drugs

Dumping trash on roadsides

Environment in schools

Environmental Racism

Establishing county wide COVID mitigation strategies, especially in schools

Excessive crime

Exposure to toxic chemicals in the environment

Farmers spreading stink in fields

Geo-engineering - our skies are sprayed almost daily...this is horrible for the environment and the air we breathe

Getting back to normal, Getting rid of covid protocols

Global Warming

Herbicides, pharmaceuticals and arsenic in drinking water

Homeless camps in woods

Inflation

Infrastructure

Joe Biden

La deforestacion por construir más casas

Lack of Side Walks

Lack of any COVID safety in our schools. No updated ventilation, no masks, no enforcement of quarantines, leaders trying to get rid of contact tracing- essentially removing our children's lack of access to SAFE public education for political gain

Lack of greenways

Lack of other means of transportation-public transit, sidewalks or trails so can ride bike

Lack of recycling in Union County (and NC in genera)

Lawn & tree diseases

Lawnscape

Litter

Litter along streets

Litter on streets!

Long term Social effects of Covid reaction/restrictions

Loss of farmland

More parks needed

Nature's animals losing their habitats :

New Indy H₂S and other chemicals released into our community air.

New Indy Paper Plant toxic air/water

New Indy continues to ramp production affecting union county with their methyl mercaptan and hydrogen sulfide emissions

New Indy paper mill pollution

New Indy paper mill toxins

New Indy poisoning

New Indy pollution destroying outside activity

No way to clean up and dispose of items without a truck

Noise and Light pollution

Over building

Over crowding

Over development and lack of sidewalks

Overall trash, debris on roadways and illegal dumping

Overpopulation

Pandemic response

Pesticide spraying

Pesticide use

Pesticides killing pollinators

Pet overpopulation and pet waste

Pollution

Poor water quality

Population density in the county

Power outages

Preservation of forests and agriculture, overcrowding high density family housing and crime rates rising as well as inflation

Public water qualirt

Recycle Centers

Recycling

Recycling

Recycling access and options

Road and intersection safety

Road side trash

Roadside Trash and Garbage

Roadside litter

Safe drinking water

Safe outdoor areas for kids of all abilities to play in different temps

Safe place to live. Crime - police don't care? Black Lives Matter idiots? I have been attacked!!!!

Safety in the neighborhood

Selling, distributing and manufacturing of drug paraphernalia

Shelter from natural/war

Shutting down the country over Covid

Smell from Tyson food land application

Soil contamination

Stop developing - leave the forests of Union Co.

Storm runoff

Street trash/ litter

Strong influence of far right politics in Union County generally preventing people from living their best life

Test CHA Adult Environment Concerns

The soil we get our food from

Too many chicken houses eastern side of county

Too many houses. (Outbuilding infrastructure)

Too many houses/buildings, not enough trees, pollution

Too much government intervention

Too much population growth, not enough infrastructure, water supply, sewage loss of trees, more pollution, county/city not taking population control, over housing serious

Toxic Industries(chemicals, pollution, improper disposal, etc.)

Traffic

Traffic and amount of houses being built putting strain on sewer system

Traffic and excess speed on roads as well as lack of sidewalks

Traffic congestion

Traffic increase, pollution from cars. Trees cut down for houses.

Transportation

Trash and recycle options

Trash debris all along the roadsides

Trash/Litter

Trash/junk not disposed of

Tree canopy

Tree destruction/removal

Tree preservation

Union county water safety

Unvaccinated people spreading Covid)

Violencia y el la comunidad

Viral outbreak from new Covid variant or new virus

Water and soil quality from toxic plants or dumping:

Water quality

Well water

Well water quality (arsenic)

Would like to see more sidewalks on side streets

down trees, mostly not having the money for repairs, and the rest of the family has no insurance due to lack of money, no way to dispose of broken appliances for free, everything cost so much to do, lack of income to pay for things needed. Nothing free to

fertilizers used in Union County

flood

lack of safe drinking water

lock downs and restrictions

noise and light pollution (traffic and construction)

out door burning

overcrowding

overhead powerlines

quality of drinking water

recycling

smoke from outdoor burning:

too many Guns in our area

unvaccinated people

water pressure & long term availability of Catawba River supply

why cant Indian Trail provide neighborhood mosquito spray like Monroe does

Appendix 3.

Q64 Is there anything that could be done to improve the health of adults in Union County?

(1) Need regular transportation to get to medical appts./shopping/restaurant/movies. Many of us seniors do not drive. Suggestion: Could Union County Transportation timings/days etc. be extended for all this. A reasonable charge is fine. It will still be cheaper than Uber/taxi. Dental Clinic for seniors is needed. Medicare does not cover regular dental care. Unable to get registered at the Union County Dental Clinic. Again a reasonable charge for services is fine. It will still be cheaper than what the dentists charge in our county.

- Free healthcare - Free prescription drugs - Public transportation

Perhaps people could take more responsibility for taking steps themselves to be healthy and use the resources that are available presently

Please ban outdoor burning as it causes air pollution greatly harmful to health, especially now that there has been increased population due to increased housing construction. This is a health problem that can easily be corrected.

#51 Water concern above is black/white/yes/no. I am somewhat concerned about the quality of drinking water due to farm runoff, yard fertilizers, stormwater runoff, etc. I think Union County can do a better job preserving our environment.

? Just that we have had at least 2 instances of concern with water in Union County in our area

1. Easier Covid TESTS. 2 easier Covid Vaccinations. 3. Larger STREET NAMES for faster and easier reading by matured residents arriving from New York, New Jersey, Pennsylvania, Boston, Canada etc. Etc. Etc

1. More funding for Council on Aging 2. More affordable housing for seniors (rental) 3. More place to go for urgent care instead of E Room at hospital 4. More affordable medication for poor

A lot of senior adults that do not have any family members to take care of them or the mental health of senior adults since some of them are not able to walk good and they just sit all day long.

A mask mandate to curb the transmission of Covid

A safe place to walk

Absolutely! My chief concern is covid, and the fact that this county refuses to employ any mitigating measures in our community and in particular OUR SCHOOLS is incredibly stress-inducing. Perhaps my family would be much healthier if anyone in this county looked out for their well-being. As it is, I personally regret moving here and making this county my home.

Accept or workout with insurance companies from outside of the state to be cover here specially for retire individuals

acceso mas doctores bilingues, mejorar el sistema de transporte tener acceso a centros de salud mental

Access for older adults to find affordable/ reliable maintenance. Easier access for older adults to use electronics (phones with larger screens, louder speakers, simpler remotes/phones yo access assistance or care.

Access for the elderly and the homeless to get health care where they live

Access to affordable housing.

Access to free programs that offer education and affordable resources for solutions.

Access to health care transportation , Aforadbility for for transportation

Access to less expensive health care. Many ignore symptoms simply because they cannot afford health care. Perhaps more "Health Fairs" where people could get free diagnosis of common problems.

Access to mental health + general health care.

Access to parks for every citizen not just places of low income.

Access to sidewalks and safe crosswalks to encourage walking. Safe pedestrian ways with good lighting and benches would increase community participation, social contact and exercise in our communities.

Access to walking trails, sidewalks, affordable gyms, recreation centers for adults and kids. Healthy restaurants and less fast food. Stores like Trader Joe's and Sprouts that offer healthy groceries at a decent price. Helping to get rid of the paper mill pollution.

Acknowledge covid exists and is a problem and that the risk can be mitigated with masks, vaccines, and ventilation. Allow the health dept to overrule the extremists on the school board.

Activities outside the home

Additional greenways throughout the county

Additional recreational facilities in Northeast Union County. The closest park is over 15 minutes away by car.

Address the awful smell and toxins from New Indy.

Address the odors coming from the water plant in Waxhaw and the Indy paper mill.

Adequate home health care for isolated elders

Adult Recreation space needed in each town. I live in WAXHAW and there is almost no public playgrounds, pools nearby. YMCA project was a good start but it is canceled. Also providence road widening should jumpstart, will help most of us to spend less time on road go to work and return and spend more time for recreation physical activities etc which will improve health conditions.

Adults need to take responsibility to exercise and eat right.

Affordable at home care, more options for the home bound elderly. Not enough grocery stores that provide organic, clean foods without traveling out of county. Easy access to those with disabilities getting to and from Dr visits, grocery store, drug stores, etc yes there is a "service" have you ever tried to use it?? I have a family member with disability, you can never get through to anyone to get transportation. Consequently they use EMS and go to hospital.

Affordable emergency health care

Affordable healthcare for elderly. High cost of prescriptions

Affordable healthcare!!! Doctors that charge based on income, a "sliding scale" in Monroe. More local farmers markets open more than 1 day a week (Saturday) be open during the week!! At least go back to being open Thursday as well as Saturday in Monroe. Offer more options, locations.

AFFORDABLE HEALTHY CHOICES FOR FOOD

Affordable healthy food. Food and housing prices are increasing and I'm concerned that inflation will outgrow income

Affordable housing

Affordable housing! Childcare issues! Mental health/drug education!

affordable housing, low rents

Aging pop is going up and concerned with Elder Care / Care givers stress

Air pollution is a real issue, and I think having traffic lights go to flashing red and yellow at 8 pm in areas outside of towns would eliminate a lot of needless idling. (And I hate that they eliminated the left turn on green option at Rea and Tom short.

Air quality is a concern. We often smell smoke or what reminds us of a paper mill. We occasionally smell pig farms when wind is from the southeast. We live near the pipe foundry and we have noticed a very fine black soot that builds up on our cars.

Air quality is a major concern my family and my community have. Primarily due to the constant stink and burning throats and headaches from New Indy. We still consider moving because of it.

Allow more county water for county citizens

Allow those who TRULY qualify for Medicaid and food stamp be eligible for these benefits.

Another facility like monroe aquatics closer to Waxhaw

Assistance to disabled for vegetable gardening at home.

At my age, I don't feel safe driving. My daughter does most of the driving.

Atendore mas las necesidades del paciente y preocupaciones

Attract better quality restaurants instead of Fast Food restaurants.

Attract more private practice MD/providers to the area so they are easier to access.

Avoid forced vaccination

Ayuda de aseguranza

Ayuda la personas cal cosas de la dentista / gratis o mejor precio.

ayudando a los personas con comida saldable

Ayudar con los gastos medicos ya que habemos personas que no temenos seguro

Ayudar con un Seguro medico a los que no tienen Seguro.

Ban Fox news. They lie and do not give correct information. We would have herd immunity for Civic now if Xbox encourage its viewers to get vaccinated.

ban outdoor burning.

Better access in each community to needs rather than having to go to Monroe

Better access to family counseling

Better access to healthcare/health insurance for those in need.

Better access to information to help those in need

Better access to outdoor recreation and hiking. Widen roads to improve safety.

Better access to primary care and specialty care. No infectious disease specialist for HIV care. Most pediatric subspecialty care not in the county, Lack of public transportation for access to health care and better employment.

Better access to public water & sewer

Better access to transportation

Better Covid protocols in the county and in the school system.

Better Covid-19 precautions and protocols for schools and community

Better drinking water!!!

Better education but I don't know how. Especially when the most at risk seem to have the least skills at finding credible guidance in the blizzard of social media churning-out partisan dogma too often at odds with RELEVANT facts and peer reviewed science.

Better education on health-related issues. Developing more trust in health professionals and less reliance on misinformation on social media.

Better elder care

Better environmental policies standards

Better health care for low income families

Better health care more experienced DRs, more specialists, cleaner air (paper mill carry over) better water quality , more established trees in communities , fly control (big problem in Waxhaw)

Better health plans and more affordable too. Better medical personnel (more concerned).

Better health support at lower cost

Better job educating people about how to prevent illness with diet and exercise.

Better jobs, better and affordable housing so less toxic stress. Addressing significant racial disparities in everything here that have blacks living such suboptimal, stressful life, little hope and dying prematurely. Opportunities for everything good should be available to all. Racism is the main disease in Union County

Better living conditions and better resources

Better more consistent information regarding vaccine safety, importance of wearing masks indoors in public places. Get rid of the current school board, their practices and messaging is failing union county families.

better public transportation

Better quality healthcare and education on a number of items such as importance vaccines or other prevention(wearing masks), alcoholism, drug abuse, poor eating habits, stress, etc

Better transportation

Bicycle paths are needed.

Biking on many roads is dangerous.

Boil water advisories annually

Both mental health resources and water resources need to be available. With increase in population, we will need more resources throughout the county.

Bringing back a sense of community. Getting our community and schools back to normal... not "new normal" People need to be together not separated and scared. Students need consistent

in person learning with out required masking or vaccination. Providing accurate information about health care options and injections... with adequate disclosure of the risks of all medications, therapies, and vaccinations. And no shaming or coercion for personal health choices. Also, leaving health decisions in the hands of parents and not impressionable youths. I strongly disagree with allowing minors the ability to make health decisions without parents and with our school systems holding vaccine clinics.

-Build a YMCA in the Waxhaw Area -Build more greenway trails -Provide free mental health care by ZOOM

Build better shopping strip malls with quality shops.

Build parks in the southern part of the county. Provide free or low cost routine testing of residential wells. Support increased availability of high speed, broad band internet in rural areas.

Buy vacant land to build more parks to walk and bike instead of selling to developers to build more houses.

Cane Creek could be advertised more. There are wonderful hiking trails, disc golf, mini golf, playgrounds, fishing, picnic areas etc. not being taken advantage of as they could be.

Can't think of anything

Change water more regularly - concerned

Cheaper housing, cheaper healthcare, cheaper groceries/restaurants, cheaper gas, Repair the roads in Union County for drivers' safety. The roads are terrible in Union County.

Cheaper insurance

Cheaper medication

Cheaper medication for seniors

Cheaper options for group fitness and healthy event options. (I'm sure Covid is a big factor in limiting events)

Cheaper way to get medical help & then a way for them to get there.

Clean drinking water

Clinicas para personas sin Seguro medico. Y abajo costo. Y transporte publico.

Comer sano

Community based healthy activity. More sidewalks in neighborhoods. Speed bumps to cars getting speeding in neighborhood roads

Community education and awareness of benefit of wellness check ups, improved transportation, economic improvement for better paying jobs. Keep up work of good job training in community colleges. Year round schools, free drop in recreational activities for families at local parks.

Community Outreach, Maybe host your own events and invite partners to attend too.

Compassion for retired citizens and concern for safety and health for community

Concerned about obesity of population.

Connect all communities with multi use trails. Have affordable housing for elderly in communities so they can be independent in shopping etc.

Consistent application of measures outlined in covid 19 toolkit, including in the schools. Stop allowing so many housing developments, and add sidewalks to make areas around schools commutable by foot or bike.

Continue checking on them, making sure they have transportation to doctor visits and nutritious food and a place to stay.

Continue educational classes on eating right with dangers of illegal drugs, smoking and vaping and risky behavior. Also classes on safe driving as well as courteous, preventive driving with emphasis on road rage and ability to easily read traffic signs.

Continue the great things you are doing for the Union County Farmers Market. Offer free clinics and high volume housing for otherwise homeless people. Educate people in the importance of eating healthy and exercising. More Farmers Markets, more community physical activities (5k, Spartan). Develop a food to table venue to welcome to feed everyone to serve nutritional needs as well as serve as social interaction. A "come to the table" event.

Continue to create green spaces/parks and greenways.

Continued convenient educational opportunities

Continued education

Continued outreach and education and free clinics. Perhaps mobile clinics in underserved areas.

Continued science based education around vaccines and other public health issues. **Mask mandates** Strengthen public education.

Counter disinformation on vaccinations

County administrators and school board needs to get control Of mask and vaccine requirements to stop spread of Covid. It's disgusting the lack of judgment they have!!!!

County Senior Center

County Water to all residents.

County wide drinking water. Limit residential building overgrowth is causing so many issues. Environmental water sewer schools public safety. Common sense has left the building it seems. Stress stress stress !

County -wide leash laws, noise control, speeding enforcement, more police enforcing traffic violations, affordable well water testing, controlled growth, affordable housing; better mental health services

County-sponsored wellness events at multiple convenient locations; support volunteer agencies such as Common Heart (if it isn't already done).

Covid is real

Covid mask mandate for indoor public spaces including schools. Feel Union county does not take the threat of covid seriously especially for school children and the adults at home caring for them that may be higher risk.

Covid mask mandate. Better public health messaging about Covid. More medical facilities in Union County

Covid procedures were horrible, and still are. School Board idiocy is making sure that kids are catching Covid and bringing it home. Teachers quitting. They're not coming back and combining 4 classes in a cafeteria during a pandemic is beyond stupid but WAS AVOIDABLE!

Covid restrictions during times of high numbers, covid education and NEW INDY air pollution must be addressed for the health and safety of all union county residents.

Covid safety and protocols - masking and testing availability.

Covid-19 is really bad

Creation of groups who have the same interests to share/discuss without being political and/or pressure.

Currently, it would be to require masks in ALL public spaces because of COVID. Also we need to have higher vaccine percentages especially in children. I've heard Union county is one of the lowest vaccinated county in the state. Of course all of this requires education and trust.

Cut down on emissions from the paper plant. Have a hazardous waste disposal site for household items like paint, etc..

Dar mas ayuda medica

darles atencion medica gratuita para ellos que ya no cuentan con tanto ingresos

Do a wellness check

Do more to assist seniors or disabled regardless of race, income, or national origin. Don't just throw us out or ignore us or count us as unimportant. We are the founders of union county and have contributed a lot. It appears you focus more on the youth, babies, families or those that don't try to help themselves with no regards to those that have to struggle and use every resource they've worked hard for all their life. Some seniors don't have a family support system to assist them. You turn a blind eye to us.

Do more to publicize available resources for seniors and low income families

Do not know. We have the highest level of Alzheimer's of all 100 NC counties...that's a worry.

Doctors need to actually do physical exams, not hurry patients out of their offices, spend time talking with their patients about how our bodies' systems work together (pcp's specifically), and they need to STOP ISSUING MEDICATIONS CONSTANTLY.

Doctors need to be encouraging healthy diet and exercise as treatment for health concerns. Jobs and insurance companies should give those of us without chronic health conditions discounts on premiums and rewards for leading a healthy lifestyle. Gym memberships should be discounted for those active in those arenas. Healthy food should be more readily available to all citizens and more affordable. Healthier choices for the school systems. Greater mental health resources and access for all residents other than the Emergency Departments. Corporations should be rewarding those employees who strive everyday to be healthy and are proven to be so.

Don't get fecal matter in it like in 2020

Don't know

Drivers are getting more and more aggressive and disregard highway signs like no u-turn. This impacts the quality of life in Union County. Would like to see more traffic law enforcement.

Drop the mandates and let people make their own decisions based on their health.

Drugs are a major concern.

During winter weather, treat roads for snow and ice. More communications between utility companies and their customers with service updates and interruptions.

easier access to affordable health care

Easier access to mental health care

easier and better access to medical services.

Eastern Union County needs a public pool and better access to a workout facility!

Eat more veg. and vit. will make them more healthy

Eating right + exercises

Eating the right food and exercise

Eating the right foods and more veg and more exercise

Education

Education about health problems

Education and "forcefull" encouragement to comply. A lot of people have been told what to do or not do. They let it go in one ear and out the other.

Education on health

Education on the importance of mental health: the the WHO defines health: Health is a state of complete physical, mental and social well-being and not merely the absence of disease or infirmity." So, without mental health, there is no health.

Education through civic and churches

Education, time off from work to seek medical care

Education; encouraging folks not to receive their health care information on social media

Educational outreach on topics such as obesity, healthy food choices, exercise, dangers of smoking and vaping, dangers of substance abuse and other relevant issues.

Elderly residents in rural areas need Senior Centers - places to gather with other seniors and enjoy meals and games and activities.

elderly should have well checks in-home at no cost to them or resources for help. I know of several elderly who only have church members who stop going and these elderly are hungry or fearful of nowhere to live because they have no income or family. Scary and sad.

Elected officials that look at the services of all people.

Eliminate the insanity of required COVID Vaccines on all Health Workers!

Enact mandates that would keep essential workers (like teachers and staff in public schools) safe

Encourage & promote more Covid vaccines

Encourage all vaccinations and help teachers/staff of UCPS and parents deal with a county that does not encourage mitigation during a public health crisis.

Encourage folks to address COVID, get vaccinated; wear masks, especially in public places. Provide free in-door water exercise opportunities, especially for Seniors and those with disabilities.

Encourage more home vegetable gardens. Educate folks on how to grow their own food. Avoid ordinances that would discourage same.

Encourage more individuals/adults to do more preventative things to prevent the diseases instead of waiting to the disease comes to treat what ends up being a lifelong treatment

encourage safe habits

Encouraging stability of traditional two parent families

End the mask mandates

Establish regulations for soil and waterway contamination and enforce them. Many of us have well water and shouldn't have to rely on expensive and wasteful (and also unregulated) water amendment systems when polluters are contaminating soil and waterways.

Everything is good

Expand and refurbish the soon to be (I hope) Senior Center. This has been a life savior to me during the pandemic with Zoom classes

Expand Medicaid so everyone can qualify for ACA. You cannot have uninsured residents and you are forcing some to be uninsured. Wage growth is an issue in Union County the majority of the jobs are \$7-8 an hr that is awful, focus on bringing in new business regional business that pays a living wage. Stop approving Taco Bells, and start partnering with regional or state small businesses that pay a living wage. Also I think we will have to address the mental health of school kids and their parents after this/now with the pandemic. The lack of any use of science in both the UCPS BOE and the BOCC of actually trying to keep kids in school and healthy is a pathetic terrible failure. All that has happened is Union County has created a giant super spreader. Mandate masks, and provide mental health therapy in the future as they are all going to need it. Also we need the BOCC to pay attention to the water. Our water treatment is hyper-extended. That lies in total responsibility to the BOCC.

Expanding Medicaid & Poverty prevention/ remediation programs - good public transportation, affordable/available housing, availability of good paying jobs,

Expanding Medicaid Medicare forAll

Expend county water to entire county.

Faster notifications when there are issues with the water

Fight for us to have air free of chemicals beign dumped by New Indy paper mill. Severe headaches and sinus issues due to the sulphur beign released in the air. Also water quality is disgusting evethough it cost an arm and a leg in this county. Where is the Major fighting for us on these issues?

Financial assistance to those who really need it

Financially helping the US citizens, medical and Dental. Affordable housing instead of rewarding immigrants to come and giving them all these things that as an American citizen I can't get. Stop accommodating all the Mexicans that won't learn our language. This is America an English speaking country. All this Spanish language options and Spanish signs is causing segregation and more racism. There's too much black against white and now the Mexicans in Union county are creating their own Mexican territories and there's no incentive to become American when you people accommodate them and don't make them learn English. We would have to learn Spanish if we moved to Mexico or the language of other countries so why don't they have to learn English. This country is such a lost cause. Stop the racism and the segregation. We're going backwards not forward. This is my biggest concern beside my health.

Find a way to get messages about how to live healthier lives to elderly people and people who live in rural areas of the county - need to break bad habits that started many years ago

Fire Mark Watson

Fire the county manager

First of all, the schools need to be told that they need to be counting cases and quarantining. I know for a fact that there are at least 20 cases at my school, but because most of them are done with at-home rapid tests, they are not counted in the impacted numbers. The school board and the county commissioners want to get rid of quarantining and contact tracing. They are a danger to our county. Also, people need to stop trying to buy ivermectin over the counter. That misinformation needs to be stopped. It is affecting the livestock in our area, because ivermectin is actually in short supply for animals. Humans are stealing it for their own selfish and ridiculous use.

Fitness for those who can't afford to go to the gym. Food banks in the local areas not just the more populated areas. Public transportation? The population seems to be increasing.

Fix potholes in streets. Keep better check on County water & sewer (make County water (public) available to all homes (houses) in Union County (Nesbit Rd, NC200, and others) in county! Everyone in county deserves good water and sewage! It is a shame that this is not addressed!

Fix the nonsense at the schools with refusal to take common sense precautions. Fire the school board (except Rev Kirkpatrick, the only one with common sense).

Fix water supply and get QAnon. Out

Focus on health via exercise. Stop focusing on covid

Follow - and enforce - CDC guidelines for covid and other public health threats.

Follow ALL updated recommendations for COVID to reduce community spread and keep the hospitals manageable and kids in school. Hold school board accountable for their decisions that damage the health and well-being of the community. Remove people who engage in fringe political misinformation groups from public office. Instate masks in school to reduce unplanned quarantine and reduce the spread of COVID.

Follow cdc and try to protect citizens. Provide more services and easier access to things. Widen roads for road safety. More farm stands with food at decent price. More swim and other rec centers. We got to meckldnburg for all these things cause Union is way behind in everything

Follow CDC guidelines for health and not political opinions.

Follow national and international Covid precautions (or any kind of precautions) in our schools and public spaces/businesses! I am absolutely beyond words about the deliberate neglect and risk being allowed regarding the health and safety of our children during this pandemic! Shame on the school and county board members who do not support the health and safety of our children and community!

Food affordability, meals on wheels Electric, gas, water bills are to high. Cable charges Bottled water. Distilled water availability Turn off water, gas

Food programs, transportation

For the organizations to advocate for more resources to help those in need who live in the rural areas. Make these resource's assessable.

For the poor to have better health care than we do now. Better transportation than we have now.

Free access to ALL healthcare needs for EVERYONE!!!! Mandated vaccines and mandated masks for schools/work places/medical facilities, etc.

Free Dental Care for Seniors and children Free Vision Care for Seniors and children

Free exercise programs all various levels of intensity be it in person , internet base , public local television. Televised weekly healthy eating suggestions. Mailed coupons to / discounts at local farmer markets. Healthy food festival like Charlotte in each city's downtown street fair.

Free health care!

Free health education classes.

Free or low cost medical /dental clinics.

Free or reduced Periodontist

Free places to swim and exercise

Free seminars on health topics to provide education

Free transportation to doctor appointments for insured and uninsured people.

Free water testing More healthy food options Education on importance of exercise, eating healthy (lean meats, eggs, fruits and vegetables) Education on modified foods and gluten so people will know why to avoid foods that contain them Personalized health plans based on bloodwork and other assessments to see vitamin and mineral deficiencies

Free well water testing. Affordable healthcare and dental care. People who are self employed struggle too make ends meet especially since the pandemic and have had the virus twice

Free/low cost clinics for those without health insurance.

Get approved for Medicaid quicker

Get better and more water filtration systems for the county to keep up with the growth of the county. Expand roads to keep up with the roads. I feel like NC is very reactive instead of proactive in water, transportation, etc.

Get jobs, be occupy, eat better, get exercise

Get more people vaccinated and require masks for school children....

Get more people vaccinated for COVID and push more for mask wearing

Get off social media and learn facts?

Get people to stop smoking/vaping. Get people to follow driving laws to drive safe. Stop allowing deforestation. Shut down factories and places using chemicals and polluting. Free Healthcare. Too many things

Get people to work and off welfare. Unless folks have some level of personal value, reality is its gonna be hard to fix their issues.

Get senior citizens free dental care because without good dental health it affects our overall health.

Get them to believe in science as opposed to Fox News.

Get them to stop smoking.

Getting control of high covid spread this community is not safe to leave your home older at risk people are not safe to leave our houses. Need to work on community spread of virus and getting vaccinated and testing centers in waxhaw. It is not safe to shop or use any public facilities.

Getting more exercise

Getting people back to a state of normalcy. Getting rid of quarantining, masks and social distancing. Promoting people coming together as a community. Getting rid of COVID vaccine coercion and shaming. No vaccine requirements for participating in society for adults or children.

Give the Eastern side of the county access to a pool/gym.

Good

Greater access to COVID testing is needed in Union county as well as a board of education that listens to science and data and shows more concern for its children during a pandemic.

greater support of Council on Aging would be a great help to UC elderly residents. They did a lot for mother while she was alive, but there were more things they could have done Had they had the revenue.

Groceries - other than Food Lion ? Publix better selection

Group activities stop loneliness - aqua center - would love day trips to tree house winery, library, garden at Ag center.

Guarantee clean water supply for all residents, as well as sewer system to protect ground water

Hacer mas clinicas moviles para personas de bajos recursos

Hagan mas charlas de motivaciones

Have a board of Education that actually listens to science and experts

Have access to more public transportation.

Have better fresh tasting water

Have everyone vaccinated for Covid.

Have free seminars/videos people can watch on your website addressing health issues. It could be a taped discussion and/or live discussion where people can ask questions. Each month could be about a different topic, where people can go in the community and resources available to them if they have diabetes, hypertension, etc. and give assistance to those who ask.

Have less expense for dental care. I know several people that go to Florence SC for cheaper dental care. Dentist here rip people off.

Have more affordable housing and better paying jobs. Also, have more green space for outdoor activities and more affordable access to exercise equipment.

Have more programs for seniors. Activities, Affordable.

Have more reliable home health free agencies in Union County. The elderly are in more need than the younger group who walk and cry and get assistance in clean apartments and laundry!! So sad!

Have primary care doctors talk with elderly patients about public assistance available in Union County as a routine conversation instead of waiting for patients to ask, because many elderly people do not want to ask for help or admit they may need it, or they are not aware there are programs available to them.

Have senior centers throughout the county.

Have sit down talks with individuals and groups

Having more transportation for people who need to get to their appointment,

Having a mask mandate. I have children that attend UCPS. There is no excuse for our BOE to ignore scientific data and not protect the students and staff in our schools.

Having transportation for the elder and home-bound.

Health Care, Mental Health Care

Health education at the K-12 level.

Healthcare needs to be more accessible to the uninsured. People actually go without because the path is not there to get help. Doctors and nurses and the community as a whole has an obligation to help people in need.

Healthcare system is controlled by big pharma.

Healthy eating habits should be stressed in schools and in home

Heavy enforcement of the no turn on red on Hwy. 74 at Wesley Chapel-Stouts Rd.

Help improve poverty

Help low income families and those dealing with addiction.

Help the elderly that live outside municipal city limits / boundaries.

Help those who are in actual pain instead of assuming they are drug addicts.

Help with elderly at home.

Help with Erectile Dysfunction

Help with Mental Health issues is basically non-existent in Union County even if you have insurance.

Help with prescriptions when in Medicare donut hole especially insulin

help, free

Honest and forthright information and classes somewhere other than or in addition to the AG center.

Housing for low income people, food that not outrageous, gas got to go down

Housing is far too expensive - both ownership and rental.

I am just going to say that the UC response to COVID had been atrocious. We have consistently had a higher positivity rate compared to the other counties in our state. The fact that the schools are not following any of the recommendations in the NC Toolkit or the CDC is mind boggling. This contributes to the higher positivity rate in our community and also increases the transmission of COVID. The fact that the schools have taken no preventive measures like mask wearing, screen testing, or improve ventilation is astonishing. This has contributed to the mental health of our kids. My kids returned to schools and do not feel safe in the school. Are you aware that pediatricians are telling their patients in UC to quarantine for 10 days before returning to the schools because there is not a mask mandate and they are not enforcing the students to wear the masks if they return to school after 5 days? They are doing this to slow the spread. The low vaccination rate in our community impacts the spread of COVID and increases the chance of adults from getting very sick and/or being hospitalized. The water quality in UC is bad. Just before we on lockdown the UC water was contaminated. This had been going on several days. The only reason I knew about it is because they shut down the schools. Why were we not notified sooner? Then we have the right pollution from the paper mill. UC is also Overbuilding the towns and not leaving green space or trees. All these developments are clear cutting the trees. We need to put in tree ordinances to help keep trees so we can help the air quality. There are few sidewalks or trails so people use cars instead of walking or biking. I do not feel comfortable with the quality of medical care in Union County.

I am unaware of senior centers.

I believe instead of building high dollar neighborhoods, we need more senior housing that goes by income. We certainly do lack in this area. This is much needed immediately.

I cannot think of anything at this time.

I can't think of anything

I can't think of anything right now just make sure they get to their doctor's appointments

I don't have accurate information ON THE HEALTH of the COUNTY

I don't know how the adults of Union County fare, with regards to their health, without doing research. I would say continue reviewing the needs and address them as they arise.

I don't know of any, or think of any

I feel the higher class will take care of themselves. The lower or poverty level has options. It is the middle and lower middle class that may get lost in the cracks. Options may be there but they won't or don't know how to take advantage of them. Many feel they don't need assistance. Perhaps health fairs or talks for families. Elderly need support and often persuade from their families. Education on common afflictions presented in non threatening environment. Diabetes, dementia, hearing loss, falls. Fear and pride can be a deterrent also.

I feel we need a bigger presence of Novant in UC. I feel Atrium is not very patient friendly because there isn't enough competition. The poor get snubbed by some health care workers.

I had to go to the Emergency Dept. at the Matthews Hospital.....referred by urgent care...had to wait a more hours than I have in the past at other hospitals. (I am new to this area.) My daughter had to take her child to the ED (referred by pediatrician), and she had to wait several hours in the waiting room with two children. She said they did not mind because they could see that there were so many patients who were so much sicker. This seems to me to be a problem in the area. I saw that a new hospital is being built near Rt. 74 and hope that will help.

I have only been here 6 years and most of that time, I've been working 2 jobs and haven't had much time to really get to know the county that well. Generally, the biggest issues that come to mind at present : rising cost of food, lack of education about how to really eat healthy, stress due to lack of affordable housing, isolation and anxiety due to covid, rising medical costs and, really troubling is the lack of affordable dental care and the fact that dental insurance covers next to nothing. Dental care is a major part of being healthy and this has always been a huge (and disturbing) aspect of the medical care system in our country. if we could get a better handle on those things, most people would be happier and definitely healthier. So, if the powers that be can address those things; I'd be happy!

I haven't been here long, so I'm not sure.

I live in Waxhaw so I am no exposed to many of the issues b/c Waxhaw is for wealthy white people. I benefit by default. Union County needs leadership that cares about the entire community. Monroe, Wingate & Waxhaw residents should be proud and have same access and resources as Waxhaw. Blacks and Latinos live in Monroe, Wingate & Marshville so no resources. Wealthy whites live in Waxhaw, Weddington so resources - they are the ones

making the decision. Why does Union County look so different - the leaders should bridge the gap if they care about community. Care is key word.

I see a lot of road rage when driving in county, homeless people, people looking like they are on drugs near shopping centers.

I think that many services are offered to our residents that because of age, lack of social media, family, etc. they may not be aware of. Ensuring that residents are aware of what is available is important. Also, personal responsibility is also something that is lacking often times in our community and unfortunately, that isn't something that is fixable. Individuals have to want to make better choices for themselves and do better with their diets, etc.

I think there are good resources in Union County that are under used by people who need them & overly abused by people who don't. There is probably a need for greater numbers of staff at the ground level to oversee the uses & abuses & fewer administrative positions.

I think Union County is doing a good job. You wouldn't know until you get older and see for yourself. Also by helping each other and thank God for being here.

I wish there had been better leadership with regards to COVID in Union County especially with regards to masking in the schools. Vaccination rates are still low in the county forcing hospitals to near breaking points. Politics have forced a public health crisis to be even worse than it should have been.

I would just love to see more people educated on how important proper nutrition, exercise, quality sleep and reduced stress levels are when it comes to getting and staying healthy. I know I am much more fortunate in terms of access and ability to implement these things than many in our county though.

I would like to have access to a senior adult recreational facility. I am pretty much alone and would love to have a place to go where I could interact with like-minded peers.

I would like to see better elder care in Union County. Many older people are left to fend for themselves when younger family members move away and are not aware their older family member is failing, or the older family member is in a nursing home left to the mercies of overworked staff in an understaffed facility.

I would like to see more outreach events. I used to live in another state and there were many outreach events promoting the resources available to those in need of health and/or welfare assistance. Once such event I went to was held at a church. It had a mobile health and dental unit, volunteers providing meals, everyone was represented, all social services, DMV, Social Security, Veterans affairs, local shelters, behavioral health agencies. While this event was mostly to help service the homeless, community outreach events like this help everyone in the community be aware of what health and wellness services are available to them.

If leaders would quit subscribing to conspiracy theories and look past their own discomforts for the greater good, that would be great. I'm sick of the adults who are supposed to be looking out for my kids' best interests making decisions to purposely make them sick and hurt them. Our district should be ashamed.

If they would leave drugs and alcohol alone

I'm not sure if about addiction treatment centers or resources here but it appears an uptick in drug use & arrest cases. Does Union co have ample resources for rehab?

Immediate need is to have elected officials adhere to recommendations of public health experts to minimize detrimental effects of the pandemic on the community.

Implement a mask mandate to protect from Covid. Would help physical and mental health of adults and children.

Implement COVID 19 mitigation strategies in schools (Union County Public Schools) as well as in the community (mask mandate, social distancing, etc.) to reduce the spread of the virus and decrease the positivity rate across the county and within the school system thereby decreasing isolation, quarantines, missed school days, decreased learning, unnecessary stress and anxiety, etc.

Improve access to healthcare including transportation

Improve access to sidewalks and walking paths. Despite living .5 mile from a commercial area, there is no way to walk there safely due to lack of sidewalks.

Improve opportunities for accessible physical activity and nutritious foods

Improve public transportation or provide affordable transportation for residents to get to shopping and Drs appointments. Slow down residential growth and improve the roads. Traffic is extremely stressful. Stress can contribute to poor health.

Improve roads they are a safety hazard

Improve the eating habits, smoking cessation, air quality

Improve the vaccination rate for both Covid and the flu. Require a mask mandate if the positivity rate is over 5% and require masks in schools.

Improve traffic flow. Driving through Stallings is very stressful

-Improve water quality or pass out water filters so everyone can drink water without bleach in it (regardless of their economical status). -More safe (away from traffic) green spaces for mental health. Near sun valley

Improving access to mental health resources, and utilizing government social media pages to get these resources out to the public. The lack of medical care providers in the Easter part of the county can create a burden for older citizens who must travel to the western part of the county for medical appointments.

In general more sidewalks and green spaces. Thanks!

In my opinion I think there are a lot of resources people could use already out there. We have to find a way to get that info to the community. People also have to be willing to ask for help. That's the most difficult thing for people to do...is ask for help. Most people age 45 up are not comfortable with computers so they don't know how to research the web. Offer more computer classes.

Increase ability of low income families to have access to healthy foods and to access to nutritionists for help with recipes.

Increase cost assistance for insulin

Increase education about health.

Increase meal delivery of seniors

Increase the availability of in home helpers either from the Council on aging (Had someone but not for the last year, they have had no one available, that meets my needs (Severe allergies, need fragrant free, non-smoker who is fully vaccinated and boosted.

Indoor exercise place

Indoor mask mandates for UCPS. Lack of masking in public schools allow COVID-19 to spread more easily in the general community. This increases the risk of severe illness and death in vulnerable populations.

Install handicap access in all government buildings to include new courthouse. Continue to send coupons for Farmers Market to elderly

Invitar a los adultos a caminar, sobre todo a los de mi casa Y los que pertenecen A mi Iglesia 😊

It would be nice to know where outdoor recreation possibilities are since there are no parks in Unionville. Not sure where to go for a walk/hike.

It would have to be control the water because there is always something wrong with it

It's mostly an individual who has to make smart choices. Hopefully the politicians will listen to the people and do their jobs.

I've never seen a letter or flyer from DPH letting me know what programs they offer, for whom, or where

Just making sure that all seniors have enough food and ways to go to the doctor. Some people do not get Meals on Wheels which is a great service. Checking on seniors that live alone with no family.

Keep checking on elder, get them to doctor appts, they need CNA I/CMAII in home to help them with chores

Keep our Union County water local. Do not rely on outside sources in other counties. Also, overpopulation putting us in peril of not having enough water

keeping drug addicts in jail and off the streets, getting them help while they are incarcerated

Lead the way in providing a common sense approach to the pandemic. Make therapeutic and monoclonal antibody therapy available to every citizen. It is criminal that this is not on every Union County communication forum.

Leaders should take Covid seriously.

Less chlorine in water.

LESS FAST FOOD JOINTS,WALING BIKING LOCATIONS...MORE PARKS TO SIT AND READ....BETTER TRAFFIC CONTROL.... CULTURAL CENTER...THE ARTS...MUSEUM.....OH YEA...LESS TALK ABOUT DOING JUST DO IT

Less homes better roads.

Let low income seniors in Monroe Aquatics at a rate they can afford

Like most of us...better health choices in food/ drinks. Better stress management. Proper visits to doctors

Limit exposure to chemicals from toxins in air , cleaning and laundry products. Education about the dangers of hidden toxic chemicals in scented products (deodorant, perfume, air fresheners, and many hand sanitizers).

Limit growth outside of city limits. Continue working on drug problems, reckless driving, and homeless problems.

Listen to CDC recommendations regarding Covid. Masks in schools and public places.

Listen to health authorities on a more frequent basis to enact appropriate public health measures. Be impartial as to making such decisions such that decisions are not influenced by special interest groups.

Litter along the streets is horrible. Litter within neighborhoods is horrible. Never have I lived in a county with the amount of trash/ litter build up as Union county. More needs to be done!

Lobby for expanded Medicaid in this state, or better, Medicare for All. Every other first world county has universal health care so there's no excuse here. It doesn't matter how many healthcare resources are available if no one can afford to visit them. Free clinics are not a solution for residents who need specialist care that can't be provided by the clinic.

Low cost clinic

Low cost facilities for swim/ water therapy-- \$50 per month is not affordable to low income/poverty level elderly or disabled like myself

Low cost healthcare for people with no health insurance.

Low the price on med.

Lower drug cost

Lower prescription cost

Lower the cost of water and sewer so people can afford it

M/A

Maintaining our community cleaner from trash. Also having more policing in our public areas to deter violence.

major acceso a la salud

Make access to physical exercise & equipment in places of employment, such as an elliptical machine.

Make diagnosis for mental health more common/available, as well as getting treatment for mental health. It should not be as expensive as it is to get diagnosis or treatment for mental health.

Make fresh foods and exercise options affordable

Make healthcare more affordable and crack down on preventable adverse event occurrences

Make healthcare more affordable for people that do not have insurance

Make our community more walkable.

Make sure all people are financial stable jobs for all people with equal pay. Certain areas of Union County remain in poverty and this needs to end.

Make sure everyone has good and health care

Make sure Seniors have a ride to their medical appointments.

Make Union county senior and disabled transportation more available . I rely on this service as I am not able to see to drive and the service is not always open due to driver and van shortage. Mostly because of where U live to far from Monroe

Make well water testing more affordable

Making it easier to obtain

Making sure those who have limited availability to decent health care/food/housing are given those opportunities

Mandate covid vaccination

Mandate losing weight instead of taking the vaccine

Mandate masks indoors when positivity rate is above 10% as well as in the schools. My family has been mainly effected health wise directly due to the lack of mask mandate in the county

Mandate masks!!!!!!

Mandatory masks indoors

Mas acceso a clases de ejercicios en espacios y horarios diversos. Por ejemplo yo estoy tratando de hacer actividad fisica y el unico lugar es el Monroe Aquatic& Fitness Center. Si

hubiera lugares mas cercas a Wingate a costos mas accesibles y con variedad de horarios seria muy bueno para las personas que necesitamos hacer ejercicio.

Más acceso a cuidado económico

Mas amor, no desamparar los ni dejarlos a su suerte

Mas comunicacion

Mas cuidado a los. Ancianos. Mujeres y hombres

Mas parques recreativas

Mas programas para hacer ejercicio y deportes de equipos

Mas servicios para la comunidad hispana

Mask and Covid vaccine mandates.

Mask mandate during times of community spread of Covid and other airborne illnesses.

Mask mandate in county businesses and schools

Mask mandate in schools

Mask mandate Serious re-education and communication to control misinformation concerning covid and vaccination safety. Was asked about flu vaccine but not covid. UC needs to do better to protect immunocompromised and overall community.

Mask mandate when community spread of any airborne illness is over 5% positivity

Mask mandates for county facilities and schools.

Mask mandates for schools. Improve ventilation system at schools

Mask requirements in public places including schools during periods of viral surge. Encourage vaccination, hold vaccine drives at schools and churches, provide positive messaging around these PROVEN strategies.

Masking in schools until covid is under control.

Masks when covid transmission increases!!

Mass transportation. Too many cars equals air pollution, injuries and deaths.

Mayor atención médica

Mayores recursos médicos a bajo costo

Meals on Wheels should have meals for people who are on a low sodium diet.

Medical companies should stop pushing pharmaceutical products. Prioritizing financial gains over human health.

Medical offices may need to emphasize the importance of nutrition and physical activity for good health, as well as screen for mental health needs.

Medicare for all.

Medicare, or health care for all. Lower prescription drug cost.

Medicines for diabetes is very expensive

Mejor acceso a la salud

Mental health ER and hospital, more dermatologist offices

Mobile Health units they can visit the different towns within our County. Being able to reach those that can't necessarily get out, or have the transportation means to go to doctors and hospitals. If the services could be free or low-cost to those who are less fortunate. Maybe even having a mobile unit that can distribute food to those in need.

Money

More access to affordable doctors without insurance and affordable prescriptions without insurance

More access to grocery stores in all areas of the county. Medicaid expansion for lower income families.

More access to medical professionals.

More access to mental health disorders without long waits.

More access to Mental Health Facilities of persons of All Ages.

More access to mental health services and free clinics- needs to be advertised

More access to resources

more accessible care for the veterans---- better EQUAL consideration for the Eastern part of the county concerning our needs

More activity for aging community. Traffic is terrible

More activities and information

More activities centered around social/exercise options. Better transportation so seniors should want to go places can get there & back in a timely manner.

More affordable dental care. I have insurance but the work I need done still costs thousands of dollars and there is no financing available.

More affordable housing, that the factory workers can afford \$100,000 or less housing. Instead of the \$300,000 housing, that brings in transplant people to Union County.

More affordable in home help for those with chronic disabilities. Not just short term therapy or nurse.

More agencies to help older folks in their daily needs.

More and better transportation and social activities for the reclusive retired community. Loneliness is a huge concern for me with no family.

More assistance programs for those who need them

More assistance with hospital bills.

More bicycle transportation

More Biking trails, walking trails and education on the importance of daily exercise activities

More care for the elderly population of Union County.

More caring Health Care Professionals, More opportunities outside of the hospitals for heart, kidney screenings, development of electrolyte tests that can be taken in home to help prevent overconsumption of electrolytes.

More centers like aquatic center towards or in Wingate Marshville area

More clear, precise information about health and wellness without any political agendas getting in the way. Public health should be universal and easily accessible. Union County's website should be easier to navigate with links to services within one or two clicks.

More coffee shops & a Trader Joe's

More community health services. More aid for senior citizens that are homebound.

More completed and integrated sidewalks, bicycle and unpaved trails.

More convenient transportation for all.

More direct and free of charge direct consultations with doctors, health experts, etc.

More diverse restaurants, more affordable food options, more sidewalks, more exercise classes

More education

More education, finance, money, unit

More educational materials and events can be used to educate citizens.

more emphasis county wide to encourage people to eat better and exercise.

More emphasis on physical fitness & making healthy food choices

More exercise

More exercise classes - new senior center to open

More experienced Physicians, Nurses, Doctors

More farmer markets and fresh foods available to low income families

more financial assistance for those in need and more outreach of different programs for those in need. Many are not aware of social programs available or do not have the means to access

More focus on quality of life rather than allowing construction for the sake of county revenues. UC continues to become more of traffic snarl and threatens gridlock in some areas. Waxhaw is a nightmare thanks to unchecked development. Much of western UC is becoming more time sitting than actually moving.

More free activities for 90+. Aquatic Center should have free activities for that age group. They've paid there dues.

More green space

More green spaces & affordable recreation activities

More green spaces for residents to connect (disconnect), relax and engage with others to promote a sense of community. Parks with water features for kids, dog park and sites to hang hammocks or tree swings, outdoor pavillion to host live music (universal language) and dance offerings (Contra/post covid). YMCA with sports field and outdoor pool. Community garden. Natural food market with cafe. Decrease traffic through downtown, widen and increase sidewalks for greater and safer walkability in town. Create cross walks that either light up from laser display on road or from under road that light up STOP when dark. It is a matter of time before someone gets hit by a car downtown due to the increase in drinking and lack of familiarity with the town, traffic patterns and marked crosswalks. Anything that promotes getting people outside, engaged and involved in their community.

More greenspace for passive recreation - walking trails in safe areas. Less congestion on the roads - stop building so many new homes - just because they are 55+ communities they still require infrastructure/service. More EM staff for the county.

More health care educational seminars in the low income neighborhoods.

More health fairs and opportunity for education on availability of resources.

More home health resources for seniors.

More hospitals

More In home aid for low income seniors

More income based Healthcare for people with no insurance

More information for seniors

More information on how to eat better and healthier.

More land preservation for nature. Land is rapidly being developed and places for wildlife and citizen enjoyment should be a greater concern for local govt. What would NY city be without Central Park. Land preservation can't wait and won't get less expensive.

More low cost services

More mental health availability and regularly inform public about who to contact

More mental health care access in county

More mental health resources and addiction help other than. CRC.

More multi-use pathways

More obvious community health initiatives that the community sees and hears about. Not just ones you have to look for. More resources for children who are in need of clothing, food, etc. school meals/lunches should always be free, not just during Covid. More volunteer opportunities for people and neighborhoods to get a greater sense of community togetherness.

More opportunity for riding bikes. We need bike lanes on roads. I would like to bike to work, but there is not a safe road on which to ride.

more outdoor fitness trails at local parks.

More parks and green space for kids and adults.

More parks and greenways.

More parks and greenways. Better water quality.

More Parks and local gyms

More parks and trees

More parks with walking trails, pretty picnic places maybe with a pond, and playgrounds for kids.

More parks, greenways, and sidewalks. It is difficult for people to conveniently exercise. Very little sidewalks and have to drive a ways to get to a gym, park, or greenway. There is nothing close to my house.

More pedestrian friendly sidewalks with crosswalks. More speed control . Speeders everywhere.

More planning and delivery of connected outdoor spaces like the Four Mile Creek walking trails in Mecklenburg

More Police Officers on patrol.

More portions or more meals per day, maybe lunch and dinner or some type of breakfast food so each person could at least have two meals a day.

More primary care doctors and specialists needed. Hospital in Monroe needs a change in top administrators. It is falling way behind the times.

More public areas with access to clean pools and recreation in all the neighborhoods.

More public accessible free expertise areas like walking tracks

More public education about how certain habits can negatively affect your long term health. Teach folks how to swap some bad food items for healthier choices.

More public facilities for exercise, including swimming.

More public health support for those who can't afford a doctor.

More public parks and walking trails. Our population has grown exponentially but I have seen no expansion of public recreation. In addition, why do surrounding counties have public ranges for handgun, shotgun and rifle available yet Union County has none? The county passed a 'Second Amendment Sanctuary' resolution and campaigned taxpayers to approve bonds to build a 100' indoor range for the sheriff's department yet the very people whom paid for it are not allowed to use it! Gastonia opens their law enforcement range to the public. Why not Union County?

More quality dentists. I have to travel to Mecklenburg County for dental care. No decent mental health in union county for private insurance or medicaid citizens.

More recreational activities and ones that are affordable. The recreational activities near us are nearly \$300 for soccer, baseball, etc. More outdoor spaces for walking, biking, hanging out. Less building of neighborhoods that bring more traffic on two lane roads.

More recreational facilities that don't cost \$.

More recreational opportunities

More recreational opportunities on eastern side of county.

More resources for free health care. Affordable housing

More safe elder care locations

More senior living facilities

More services that can help not so capable elderly to stay in their homes and not go to nursing homes

More sidewalks for walking and biking. More parks

More sidewalks in non developed residential areas

More sidewalks so people can walk in there neighborhoods

More sidewalks. More parks and greenways.

More sliding scale mental health practitioners. And more insurance companies and work insurance covering mental health treatments OTHER than talk therapy. NEED EMDR covered. NEED treatment-resistance depression alternatives such as ketamine infusion treatments covered. NEED access to harm reduction services. REAL access to harm reduction services. NEED police that actually give a shit about people who use drugs because UC police do not, and they will tell you that to your face and your family's face when they are called for an overdose. They don't care at all. It's disgusting and wrong the way they treat PWUD.

More social programs to help those in poverty such as public health and affordable housing. Introducing a universal basic income would help those issues greatly as well as mask and vaccine mandates in schools to protect teachers, staff and students.

More social security - not taking a persons social security at death! It should go to spouse!!

More support to elderly people, affordable access to preventive cares, informative campaign on healthy live style, educational program about immunizations and regular check ups, indoor playing fields (Tennis, basketball, and so on)

More Surveys like these.

More testing sites for covid

More therapists, especially trauma-informed professionals. Fewer food deserts in the county (so many Dollar Generals in rural areas but not fresh food options).

More transparency and actions to keep the public safe from COVID-19. There should be mask mandates at the school level, and in all indoor spaces. Make it at least look like you give a damn.

More transparency. Higher SWIM buffer standards; better riparian buffers; holding developers accountable for dumping

More transportation opportunities!

More walkable residential/commercial areas, access to cheaper fitness programs, more education and promotion of healthier/fresher food and health services, more work convincing people how science works...

More walking and bike paths

More walking trails, more public transportation to lower the need for individual cars. There is too much pollution due to the heavy traffic in UC.

More walking/leisure areas in southeastern Union County (601 south area).

More incentives by gov't leadership and services for a healthier lifestyle and access to exercise and outdoor activities...Cane Creek Park needs more trails and county needs more rural area trails!!!

Most people smoke or dip, it's all bad, drinking isn't good either, I quit smoking in 2014, I quit drinking in January 9th 1993. I'm in AA with 29 years of sobriety, rite now I'm living in poverty, I

had just Monday renewed my lease my rent is \$966.00 plus whatever my water is. I've been living here since January 16th 2009. This time next year I will be homeless, I was paying \$843.00 my S.S. \$845.00. I get a small check from U.C.P.Schools it's for \$692.40. I pay my bills out of it now I have \$100.00. I get extra help with my meds, still they're expensive. I don't know how I'm going to pay my co-pays

Motivar a las personas a comer mas saludable y mas ejercicio

N/A

N/o

Na

Natural workout equipment in the parks so adults can use, the playgrounds and parks mostly cater to kids.

Need a either free or low cost clinic for ppl who make to much for government assistance and not enough to afford private insurance

Need a health club

Need Affordable tiny homes: homeless family members have jobs but no affordable housing so they stay in hotels. hotels are crowded with homeless now that's subjects them to drugs/danger.

Need for recreational Athletic leagues for adults (consider use of local elementary school gyms evening hours for volleyball, badminton, table tennis, indoor soccer, aerobics, zumba, yoga ?)

Need more food banks, Open Arms may be closing. The need for elderly and disabled to have free heating and air system replacement. Removal of mold.

Need more free to all walking trails, parks, outdoor fitness equipment, and more green space

need more locally grown food. The food from grocery stores has too many toxic chemicals, and a lot of it is from foreign countries with no assurance as to their content.

Need more of the low-income, uninsured population to know there is a free medical clinic (Community Health Services) as well as a free pharmacy HealthQuest of Union County) available to serve them.

Need more outdoor green space to relax and exercise. Need more organic locally grown produce

Need regular transportation to get to medical appts./shopping/restaurant/movies. Many of us seniors do not drive. Suggestion: Could Union County Transportation timings/days etc.be extended for all this. A reasonable charge is fine. It will still be cheaper than Uber/taxi.

Need senior centers for elderly in rural areas for access to games, engagement, meals, exercise, and general check-up.

Need to establish more programs for mental health to aid adults suffering from drug addiction in our community

need to have more locally grown food sources, need better than Food Lion and Walmart grocery stores, need more trees for clean air, need less housing density, need less traffic

Need Trails, sidewalks, shoulders for people to walk, run, ... public tennis courts so people can be more active

Neighborhood Sewage Street drains not cleaned

Neighbors checking on neighbors. People checking on the elderly and those they know who have poor health. Publicly talk about what I mentioned.

Never impose mask mandates and restrictions on schools, local businesses and public spaces ever again.

No

No lo se

No se. todavia no estoy en esa etapa

no tengo comentario al respecto

No.

None

None

Not aware of any

Not sure how to answer for other people.

not sure just making sure that you stay healthy

Not that I can think of at this time.

Not trying to force vaccines on healthy people and having to quarantine

Nothing will change, my opinion doesn't count, I pay taxes and there's people that doesn't pay taxes but their kids get everything available.

Nowhere to get assistance for people with mental disorders. Police officers treat them as criminals. Afraid to call ambulance - hospital sends them home just to get rid of them. Better off to handle your own then to try and call for help. Don't like hospitals anymore, they handle patients according to the resident Dr. on duty at the time. They do not work with specialist or Primary Care Dr. orders. Husband has rare condition Dr. at hospital ignores. Primary Care Dr. orders. Puts husband in harms way instead of helping.

Nutrition education and local foods.

Obesity is a huge factor in Union County. Healthier food alternatives and gyms need to be added on the eastern side of the county.

Offer free educational programs quarterly and free health screens biannually.

Offer more assistance, financial and educational opportunities, higher wage paying jobs to and for poverty stricken areas of Union county. Build Union county up as a whole not just in the areas that are already well off. We have seen this time and time again with the school districts. Certain school districts seem to get more and more funding while schools in low poverty areas get less and less.

Offer more free services and amenities for New Salem, we have NOTHING out here. If there were kid enrichment, child care, and afterschool parents could have time to take care of themselves.

Offer more health related seminars for the community

Offer more recreational activities for adults and children, especially in and around the downtown Monroe area. Tonawanda park is nice, however more parks with different options. Resources are clearly not evenly distributed throughout the County. I would also like to see more bike trails and greenway paths in and around the downtown Monroe area.

open more gyms

Opportunities for year-round Farmers Market.

Other facility for health needs for clients who have no insurance or a high deductible

Our leadership has completely botched the handling of Covid. We need people on the BOE and wherever else that actually understand and listen to science. I will be moving out of this county as soon as possible.

Our residents need more access to parks and green spaces. Housing prices are not affordable with all of the uncontrolled expansion within our county. Water insecurity is a problem throughout our county. We need to focus more on providing clean drinking water to all of our residents, not just the ones in the western part of the county. More access to farm stands or pop up farmer's markets could help with access to fresh foods in our area. A strong cooperation between parks and the Cooperative Extension department could benefit our residents by providing healthy foods at a variety of locations. Providing adequate mental services to our residents is a great concern for me. The illegal drugs in this county are getting out of control. These dealers and users are not normally punished and continue to cause problems in our community. Access to proper care for the elderly is very important as well. It seems like there are no trustworthy places to depend on when an older relative needs continuous care. Health care would not cost as much if we did not have to take care of every illegal immigrant in this community.

Outdoor walking trails

Outlaw all COVID restrictions/mandates. Immediately halt all COVID shots. These are not proven to work as intended and cause irreparable harm to the Union County population.

Outlaw some of the fertilizers being allowed for use in Union County - increase in respiratory problems in Union County residents has been proven

Outpatient surgery transportation for those who are alone

Over development as it will impact air quality, traffic stress, over population of our schools which will impact overall student health and over all impact to the health of the community.

oy que cuidar las calles oy gente que tiran basuras y eso efecta a todos si quieren aser algo oy que recojer las basuras.

Paradigm shift from a mindset that the Government should take care of you to one of person accountability & empowerment.

Paying wages that reflect the cost of living in the area.

People need free universal health insurance. I would get medical care, but no insurance. I get billed private pay then large debt - unable to pay - bad debt - ruins credit - unpaid future potential for poor credit - housing + job due to medical debt = poor credit

People should be encouraged to get more exercise to keep fit. If a person's insurance doesn't pay for a gym, there should be a facility that offers fitness for low or no cost.

Personal responsibility

personal responsibility balanced with real information and availability to real services that really care about individuals health without fear mongering

Physical activity improves many aspects of a person well being. Add more opportunities.

Please consider adding sidewalks wherever possible to increase walk ability and connect communities. There is tremendous overdevelopment of land for tract housing/subdivisions. This is causing traffic issues and associated safety concerns. Please consider the impact this over development has on derives and existing residents.

Please do something about the pollution from the New Indy paper mill. There have been tens of thousands of complaints and our elected officials do nothing. Hopefully our medical professionals care enough to do something.

Please offer county water and sewer services in older neighborhoods that have well and septic, especially in areas where water and sewer lines run past the entrance of the old neighborhood to get to a new neighborhood. Many of the wells in our neighborhood have such hard mineral content that it is undrinkable and ruins the pipes, appliances, and water fixtures with build-up. This costs tens of thousands of dollars to fix and then it just starts building up again. Also, adding street lights in neighborhoods would allow people to get out and walk/jog safely after dark. Our neighborhood (about 45 homes) has no street lights whatsoever, so I do not feel safe walking after work on winter evenings. I know many of my neighbors feel the same way because it comes up frequently. This would definitely allow more people to exercise safely without having to leave their neighborhoods.

Please require mask for middle and high school who have not been vaccinated

Politicians stop being selfish and do something to save our green space and building/ repair roadways. To much unaffordable housing and developer need to help responsible for damaging

waterways and roadways. Put some major diversity in our courts and stop the profiling in our legal system. People of color live under too much stress in Union County and see our legal system as a trap.

Pray

Preserve more green spaces with trails to encourage getting exercise in nature.

Preserving our treasures while providing space and pathways for youth and their future. Governance begins locally and our nation needs unity, so let us start here. Is there anything we can agree on or accomplish together.

Prevention of disease spread; Precautions for Covid!!!

Primarily, we need to live healthier lifestyles - physically (diet, activity, etc), mentally (healthy entertainment, relational interactions, etc.) and emotionally (be responsible, kind, etc.)

Print free literature, flyers, etc. that are available in stores that help inform people of the major health issues at the moment and where they can go to talk to someone, this is probably only a once in a while issue

Probably decent housing at an affordable price. Public transportation. More available fresh food.

Programas que nos enseñen más sobre nutrición. Más programas para ejercicios

Promote COVID vaccination in schools and adopt and ENFORCE mitigation strategies to reduce the spread of COVID. Schools are known to contribute to the spread of communicable disease within the community. Safe schools would help lessen stress/anxiety and overall help improve the mental health of staff, students and their families, and our community at large. It's time to EFFECTIVELY address and tackle COVID so that we can move on with living life stress-free instead of in constant worry for our health and the health of those around us.

Promote healthy eating habits and exercise. Churches would be a great way to promote these important activities.

Promote more exercise. More sidewalks for walking (and walking dogs).

Protect those who already live here as the development booms in the area. We live on 12 mile creek & development concerns about flooding our property & blocking access to our home

Provide a place to have a dance with all types of music and only light refreshments. Encouraging the good exercise of dance and providing something to look forward to as a social event.

Provide affordable housing that is up to date, not worn out. Provide more affordable public transportation across the county, (bus routes) so citizens are not dependent on others or taxi's to take them grocery shopping or for medical care appts.

Provide city water to all of Union County, some parts of Union County have too much arsenic in the well water

Provide free water testing. Provide parks in the southern part of the county.

Provide greater connectivity with Online or Public TV & provide continued Public Education classes online or on TV and publicly honor and reward people who complete studies and pass tests about what they are learning. Educate People for Life.

Provide more adult rec groups and walking paths

Provide more FREE opportunities for seniors only regardless of income. Provide food, support, assistant.

Provide more free/low cost health clinics that assist individuals with no insurance or who are homeless get basic healthcare.

Provide more health services for children and senior citizens. Provide more services for the homeless. Affordable housing

Provide more outdoor centers where people can go and participate in exciting things like palates, yoga, and anything physical. Host more downtown activities to get the public to engage and have fun and meet to socialize.

Provide more sidewalks along main roads. Provide bike trails on roadways.

Provide public Transportation services

Provide recreational opportunities in the southern part of the county. Provide free annual testing of well water. Preserve green space in the southern part of the county.

Provide transportation to and from doctors appointments.

Public access to swimming pool.

Public education about health and services

Public health checks at public events.

Public pool Local health events. Ex A volksmarch is a noncompetitive 3.1 mile (5 km) or 6.2 mile (10 km) walk. It's not a pledge walk, it's not a race, it is a fun activity you do with a club, with your family, with your pet, or all by yourself.

Public transportation

Public transportation so persons have better access to healthy food, doctors, pharmacies and recreational activities

Public transportation, affordable housing, stronger animal control laws and follow up, more green spaces, safer neighborhoods

Public transportation, more free health events, incentive programs

Push for more plant based foods

Put covid mitigation tools in place like requiring masking and social distancing

Que coman bien, se ejeruten, vayan a la iglesia y que sean felias

Que todos tengamos oportunidades para recibir consultos medicos

Quick little health tips on TV or radio. or email.

Quit making you feel like criminal when you need drug refills, dental health is huge need & free health clinic , more help for gas and electric, should not be able to cut off utilities or have limit to how many times you can make arrangements

Quit relying on the government and take care of your own health

Quit smoking, no alcohol. Making sure they are seeing the doctor regularly, let them know you love them.

Raise people's income so they can afford healthy food, healthcare and have time to exercise and relax. Promote healthy sleep, exercise and eating habits. Normalize counseling.

Reduce false information about Covid vaccines. Have children mask in schools to greatly reduce the amount of quarantine that is necessary. Keep kids in school for their mental health.

Reduce number of apartments and multi family units within the city of Waxhaw

Reduce the use of plastics which will reduce pollution.

Reliable COVID contact tracing in our schools with a mask mandate.

Remove harmful chemicals from water supply, including fluoride (most industrialized countries do not add it to their water supply). Stop allowing our skies to be sprayed with chemicals.

Remove the board of education. They constantly endanger our children and are the reason for staff shortages.

Require all land on main roads to have accessible sidewalks that are connected. Our air would be cleaner and people could have more access to health care if we could bike or walk to grocery stores and appointments. No major residential area should be disconnected from shopping or medical facilities, yet almost none in Indian Trail or Wesley Chapel is connected to anything. They randomly end, making people drive, avoid going places, or take life-endangering risks since there also are no shoulders.

Require masks in indoor spaces during the pandemic.

Require masks indoor, especially in schools

Require masks inside all buildings (including schools!) to reduce the spread of Covid in the community and reduce the strain on the healthcare system.

Roads: Too many people and roads are still as they were 20 years ago. This causes anxiety!
FIX 16! {Providence}

Routine Dr checkups with blood work

roving exercise instructor - 30 minutes per week, per household

Se necesita que puedan brindar un Seguro medico ya que por esta razon no se puede viciar a un medico porque es muy costoso. La atencion medica en este pais por dicha razon algunas personas se automedican comprando. Medicamentos en lugares publicos.

Seguro Medico

Senior adults (and their adult caregivers) should have expanded access to affordable, in-home care.

Senior center activity physical, social, and civil. Both attended and virtual. More guidance and assistance is sadly needed in these areas.

Senior citizen program, exercise, program to help manage your medicine, health eating program would be helpful

Shut down New Indy!

Si, se puede mejorar educando por medio de programas educativos de la Salud Seguridad y comportamiento.

sidewalks & bike lanes near schools and main roads like old Monroe Rd/old charlotte hwy...

Sidewalks in areas that are not subdivisions. Areas to walk dogs. Cheaper meds.

Single payer healthcare system

Single payer, universal healthcare for all US residents. In lieu of that, the NC legislature should have passed expanded Medicaid years ago.

Sitios gratuitos para la salud.

Slow industrialization and preserve agriculture and forestry for sake of environment, mental, and physical health. Reducing local farm land means less local produce and meats, increases prices and transport of food, increase of construction and industrialization increases all forms of pollution. Promote small businesses and stop monopolies of businesses such as communications and medicine.

Slow new development (homes) to allow infrastructure and services to catch up with local population growth.

Somehow make gardening mainstream again. Our county does a great job promoting gardening for the Monroe area, but does it extend to other areas? I feel our county does well for health, but keeping our environment clean and healthy is essential to our health. Government officials must genuinely care about the environment too.

Something needs to be done ASAP about the harmful toxic gasses/chemicals being released into the air and groundwater from the New Indy plant in South Carolina. The stench permeates my home in Waxhaw. I am VERY concerned about my and my husband's health as a result of this. Governor Cooper.... What are you doing to help us?!?!?!?

Something needs to be done to allow us access to hospital services when we need them. The hospital is so crowded with people now that you can not be seen within a reasonable time.

Sometimes UC literally stinks. The air just smells bad and it's not chicken/farm related. That is an issue as well. The lack of Covid protocols and safety could be improved. UC keeps building houses long time residents can't afford. As their home cal around them. We've done minimal to update roads.

Somewhere to take free or inexpensive water aerobics classes for those with arthritis. More free educational seminars for the public (hospitals, Health Dept, Govt offices) that are well publicized.

Spend \$ appropriately

Start taking COVID seriously.

Start with the kids who will soon become adults. They need mental health programs that are free, educators and administrators that are not authroitarians but partners in good relationships and health, job programs for youth, vocational schools and higher education that is low or no cost, and take the police out of the school to stop the school to prison pipeline.

Stay after the criminals bringing illegal drugs into the county. When they are caught, prosecute to the fullest extent of the law. Quit slapping their hands and releasing them back into the general public.

Stop approving commercial development in western Union County. Decreases quality of life in a primarily residential area.

Stop approving of so many fast food chains in the area

Stop building and driving more and more people here as it's decreasing the quality of life, hard to get into hospitals/doctors, prices of cost of living is sky rocketing.

Stop building and stop knocking trees down. We need the clean air.

Stop building houses and allowing overcrowding

Stop building new houses and apartments until the infrastructure has caught up. Traffic is stupid in places and roads are in disrepair.

Stop building on all the open land! We don't need more houses

STOP BUILDING!!!! ENOUGH IS ENOUGH!!!

Stop building, stop destroying forests, and work on existing roads and existing issues.

Stop crime regardless of what blacks believe!!! Let police do their jobs - have a sheriff and police force to protect people just having a beautiful day downtown! Take care of elderly...

stop drug use

Stop letting America poison us and follow what other countries do. So many things are banned in other countries that we eat here that are terrible for us. Even water.. But nobody cares about that

Stop over development. Enough is enough.

Stop providing poor quality water. Stop adding chlorine, fluoride and other neurotoxins to our water.

Stop smoking vaping programs- after school care programs for children

Stop the growth of the county population.

Stop the Housing market due to being overcrowded and higher taxes to the native of Union County

Stop the mandates. Stop pushing vaccines.

STOP using excessive amounts of chemicals. My family has skin reactions after sitting in PLAIN water. The bathrooms smell like an indoor pool there's so much chlorine. Absolutely ridiculous.

Stop using narcan as a safety net for repeat offenders

Stress due to increasing traffic and lack of sufficient plans to widen roads... no end in sight. My parents now refuse to drive during specific times of day because of road congestion and driver rage.

Subsidize memberships at various work-out, yoga studios, etc. There are places to work out but many are too expensive with fixed incomes.

Support tobacco free public places; many of our roads are hazardous with sharp drop offs and lack of side walks; increase recreational options that are low cost; need more mental health services.

Take Action to prevent release of toxins into the air and water by the New Indy facility in Fort Mill. Can't go outside when the air reeks and irritates respiratory passages & causes headaches. ***Take COVID mitigation measures seriously in our schools and public buildings. Strategies in public buildings should be the same as in medical facilities, especially regarding children in schools.

Take covid seriously! The county commissioners and Board of Education are ridiculous and continue to go against ALL recommendations for mitigation of spread.

Take Covid spread/mitigation seriously. Union County's "bury your head in the sand and it will go away" has been a farce. I'm embarrassed to be a member of this community with so little regard for the safety of its residents.

Take the fluoride out of our water. It is detrimental to the bones of older adults. Get rid of the roadside litter with PREVENTION rather than the never ending task of picking it up. Beauty as we drive in our county goes a long way to promote positive feelings of belonging and community.

Talleres como cuidar el medio ambiente

teach about nutrition

Tener mas ayuda en dento a alimentos

Tener mas policias cuidando la ciudad. Y mantener las calles libres de basura.

The Covid positive rate in Union County is currently in the high 30's. The cases are disproportionately made up of those aged 5-17. The lack of a UCPS/countywide mask mandate is NOT working and is causing Covid illness, countless missed school days, in addition to tremendous stress and anxiety for the children, school staff, parents, and extended families in Union County. Covid is the #1 health issue in Union County right now and almost all members of Union County/UCPS leadership have their heads in the sand.

The disparity between the wealth and the poor is large. More attention needs to be brought to access to affordable housing and medical care for those who are in need. And on the opposite end, the very wealth pay tons of money for quack treatments.

The drivers here are dangerous.

the eating habits in the South are not healthy.

The leaders of UC need to be educated with science not the media. Then the need to be good role models for our citizens. It isn't about what you want personally but what is best for our community as a whole. There need to be more opportunities to be educated, to be empowered, to be heard, to grow, to gather, to recognize that if you keep doing the same thing- you will keep getting the same thing. Our county has grown tremendously in the last two decades but the services available and mindset of many leaders are back in the 1980's.

The medical bills are too expensive and people don't like to be in debt, that causes another health issue of worry which leads to emotional stress.

The neighborhood smells like a sewer. Stop open burning in neighborhood. Reduce noise level.

The NewIndy Plant is polluting the health and well-being of families in this area. The air is sickening- we are very worried about long term health affects. We also need more parks, walking paths for families and outdoor venues or gathering places for better physical and mental health

The one senior center in Monroe is not easily accessed by folks who don't live nearby. A second center in the Stallings area would be of benefit to many.

The only issue for me is the air pollution from the paper plant in South Carolina.

The plant that is spewing chemicals into the air that is not being addressed is of great concern

The smell from the burning of paper.

The water and air quality need to be improved. He smell in the air in Waxhaw on most mornings is atrocious and the water smell is very bad as well. The continual demolition of

greenscapes for new communities is ruining the appeal of Union county. In addition, the roads and schools can no longer handle the amount of people/new communities being added.

The water often has a bleach smell to it. Union County needs more walking trails and sidewalks.

Therapeutic medicine for people who get Covid that do not have to go to the hospital. We know they are out there but are unable to get it.

There are options available to nearly everyone; people have to take advantage of them.

There are stone grinders, lots of dust in the air around Rocky River and Old Monroe Rd. and I spotted another one coming up around Monroe. There is also a stink odor in the air, sometimes, and often, smells like live excrement. All of this is bad for your health, allergies, asthma and lungs.

There is a desperate need for affordable health care. Open a facility that offers medial care on a sliding scale. For example...Little River Medical Center. Why are there no facilities like this in Indian Trail? Spray for mosquitos so people can enjoy being outside. Enforce littering rules. Trash is everywhere. Enforce codes for hording and trash and unmowed lawns on residents.

There is a lack of knowledge about services in the community among community members. Needed services are often underutilized because people do not understand them or know how to access them; transparency is key. There is also a lack of some services such as public transportation that is open 24/7, which puts limitations on where community members can go and when. When you are working 3rd shift and do not have a ride this is a serious issue. There is also no harm reduction measures in place for community members with substance use disorders. This is a critical place where this population can be reached and eventually move them towards wanting to receive treatment.

There is a myriad of things that affect the health of Union County adults, especially when the poor and minority are fractured into the equation of the overall population. The lack of opportunities available to the poor and minority: food disparities like food deserts in poor and inner-city neighborhoods, lack of transportation to work, appointments, and shopping for food and materials to maintain a healthy lifestyle.

There seems to constantly be a problem or testing being done to the water in union county. The last correspondence says it's safe to drink but if you have health issues, you may not want to drink it.. we buy bottled water in our home

There should be a community center in Weddington that provides health/wellness programs.

There should be adequate housing for the poverty stricken person/family that can't afford high rent/power bills. Suggest and assist people with some illnesses to try other avenues besides pills. Close access to alcohol venues. Bottom line, the person has to make a change themselves.

There's no senior center in Waxhaw! Mathews and Monroe are too far away!

they just have to take care of themselves

They need low cost dentist, no one in my family can afford a dentist and all have issues. Low cost medical services, many in my family do not have insurance and have issues, including Obama care which is so high and costly to people, if your not on welfare and have low income there are no services for that. Dentist especially and low cost doctors. Family members suffer with issues and no relief in sight. No one can afford health help.

They need more choices of transportation to their appt, grocery store etc. The cost is unaffordable to many.

This survey was very poorly designed and the answers were restrictive without options to write in. The racial category was select one instead of multi-select.

To get seen by a doctor if needed if they have no home and to help them in any way they can

To live longer

To try to understand the causes of drug abuse such as poverty or depression, and develop free programs which would benefit these people in this area. Then promote these programs well - most people are not aware of current programs, so communication is important.

Traffic

Traffic, busyness of 74. Dangerous drivers. Need more police posted giving tickets for illegal U-turns or turning in a no turn on red light. Driving on 74 feels too dangerous. Needs to be monitored.

transparency in healthcare costs

Transportation needed for elderly or parents with children to get to doctor appts. More mental health professionals who accept Medicaid and are Spanish speaking. More recreational opportunities for children with special needs especially for those below age 12.

Transportation to and from doctors appointments

Transportation, affordable housing, clean water, more green space, improved roads.

Transporte publico en el Condado a precios accesibles, Seguro medio a descuentos medicos.

Trash on roadside is huge in Marshville and Monroe. Cutting down of trees is out of control.

Turn off the damn news, take off the stupid masks and get outside!! Government, media and medical industry is corrupt and needs to be destroyed!!

Unfortunately in today's political environment, there is a lot that needs to be done, but nothing that CAN be done.

Union County needs a mental health facility, not just the hospital, and not just individual therapists, but a mental health facility that deals with just mental health issues. Too many time mental health issues are treated the same way as substance use. This is not the way they should be treated. Handcuffed and put in a car like a criminal is not the way to transport them to facilities either. Things need to change.

Union County Public Schools should immediately follow the ENTIRE healthy schools toolkit and stop politicizing covid-19. I contracted Covid through my elementary student, who got Covid at school. Masks should be required in public places during surges. Sidewalk should be a priority. Encouraging pedestrian and recreational bike riding SAFELY to interconnect neighborhoods and shopping would promote health and mental well-being, as well as reduce the traffic strain on our roads.

Union County should invest in infrastructure to create sidewalks along major roads and neighborhoods. Also bury powerlines in growing communities ASAP

Universal free insurance Affordable housing

Universal Healthcare

Unknown

Unsure as I don't use county services.

Update water treatment for healthy drinking water, mask mandate to minimize spread of covid, affordable resources and better teacher and social worker pay.

Use political & economic means to fix the pollution from the New Indy Containerboard plant located in Rock Hill, SC which is negatively impacting quality of life throughout Waxhaw, Marvin, Weddington, Indian Trail, Wesley Chapel areas of Union County. The pollution will likely start to decrease our property values. Add sidewalks along major roadways, bike lanes, widening of all secondary country roads, traffic circles at problem intersections. Adding park & greenway spaces. Desperate need for a large library on the western side of the county, Weddington/Marvin area!

Use reasonable control measures. No mandates!

Using community health services Getting out using parks and places to walk Encourage exercising more.

Vaccinations

Vegans Resturant's and Whole Food Stores in Monroe. More facilities and easy access would encourage people to eat healthy. If not convenient the chances are slim to us being healthy. Fast food is very convenient , which is why so much obesity and health problems.

Vote for Democrats that actually care about people. Republicans don't care about anyone other than themselves. Republicans will hold onto the power grab at all costs.

Walking trails

Walking/running trails. Parks with tennis, bocce, etc.

water available to the entire county

Water quality needs to be improved. City of Monroe water always smells like garbage

Waxhaw needs more sidewalks! There should be sidewalks on all the main roads, especially Providence Road. People need more places to run and walk!

We could use a community center, more parks, more local programs for kids and moms , seniors .

We MUST have a school board and county commissioners that make decisions based on science and CDC, state, and government recommendations. My mother and in laws are high risk and we have been constantly vigilant to keep them safe due to the reckless choices of these agencies. We are also profoundly concerned for our schools. Educators are working in completely toxic, high risk environments with a vindictive and unprofessional school board. Our children are getting sick with NO CONTACT TRACING being done by schools, county, or state agencies because of the reckless choices made. It is a total disaster and needs to be remedied immediately.

We need another grocery store besides Food Lion centrally located in Monroe, preferably a mainstream grocer with choices.

We need easier access to mental health services for children. My daughter is 4 and needs to see a child psychiatrist for her ADHD to manage her meds but there isn't one single child psychiatrist in the entire state that accepts Medicaid. We had to jump through hoops to get Medicaid to cover her appointments. It should not be this difficult to access a mental health professional for children when it's needed.

We need in these community more active for us to go involved into get no who in our neighborhood. People that not under any government help cannot afford food or rent

We need many many more MDs

We need more eating choices where you can get a home cooked meal with real whole food at reasonable prices.

We need more general providers so that patients don't have to wait 4 months to see their doctor about a health concern. By then, the issue could have escalated.

We need more greenways and parks. We need more good food, good grocery stores Organic Etc..

We need more libraries. I don't have one close to me. I have to go out of my way to get there, and thus I never go.

We need more same day sick appointment from our PCP's or more Urgent Care Options. Its very hard to get a same day or next day appointment with your doctor and the 1 Atrium Urgent Care in Monroe is overloaded. Hard to even get an appointment there when my elderly mother 81 had bilateral pneumonia. Trying to keep her out of ED due to covid.

We need to ensure that people in our community have stabilized housing and affordable housing.

We need to help All people access doctors, mental health supports, exercise facilities and healthy lifestyles,

We should have a county wide mask mandate until the Covid infection rate drops below 5% like Mecklenburg. The UCPSBOE refuses to require masks to protect our kids and the UCDHHS has refused to do the same. Our county residents and healthcare systems are in peril. The level of illness is unacceptable and the DHHS lack of concern is abhorrent and is not helping keep our community healthy and safe. Get your act together UC!

Weight reduction programs and incentives to loose weight

Where do you get care? Is there a place to get free or low cost fruits and vegetables. How do I qualify? Is there a place to get transportation to look for a job and get there? To many questions no answers.

Where to go for eye glasses that don't cost so much

Wish there were more bike paths like in Florida. People riding these roads there will be so many accidents.

With the current covid cases mandate masks so everyone in the community are safe

Working from home 1 day a week was really helpful for one's mental health

Would be nice to have some parks with fitness trails outside. With covid indoor fitness has been hard to go to but if we had some outdoor trails for fitness. Check out oak island, NC they have some great ones.

would be nice to see a Novant Hospital or free standing ER in union county . Since Matthews hospital stays so busy . Thank you

would love to see more healthy options in/around Indian Trail ie fresh market, Trader Joes, YMCA; also would like to see something other than nursing homes in union county - inpatient and/or more outpatient rehabs

Yeah, stop meddling in our lives.

Yes have everyone get on a keto or low carb diet where they are eating whole foods to help prevent and manage health issues like diabetes and cancer and mental illnesses. But sickness is big business.

Yes just have someone to check on the elderly making sure they do have enough food to eat. That they haven't fallen and making sure they're taking their meds right and checking their weight, BP, retaining fluid can be dangerous

Yes need dental clinic like ecu dental school or unc chapel hill has.they have ecu dental school Lumberton spruce pine NC and davidson.teeth effect heart yet dentist do not honor dental insurance retired folks screwed.example root canal Dr snow Monroe is 3000.00 out pocket.ecu dental school 621.00 what the hell difference check.mikle Jordan paying free clinic s in Charlotte we can not get dental school or clinic union county why.uncp has clinic s there medical students union county nothing.eledery retired folks screwed do not have co pay money.reall mess.why union county have no clinic s crock

yes provide better transportation services.

Yes some people need inhome and don't get it or would except it because of their inability to get around

Yes the county can thaw covid seriously and force mitigation. The paper plant in SC spews toxic air into a union county. We need county officials to take it seriously and work to remove toxic air from our country. It's unbearable some days and making people and animals sick.

Yes! More education on all of it

Yes! Provide free gym membership

Yes! Provide government funded universal healthcare like every other industrialized nation in the world does! The American oligarchy doesn't, because the rich don't need it and they don't give a damn about the rest of us. 600,000 Americans go bankrupt annually paying for healthcare! I am on my way to bankruptcy paying \$233.00 a day for my wife's care at Autumn Care.

Yes, eliminate mandates of masks and vaccines for everyone, but especially for children and teens.

Yes, fix the water supply problem. It's got so much chlorine in it and you can smell it and taste that.

Yes, make healthcare affordable for all.

Yes, make it accessible, affordable, and serve ALL people within the community.

Yes, more programs through the County that promotes fun and interactive activities for a diverse ethnic group of people that allows for social and physical activities. For example ladies meet in Wingate park during the summer months and do line dancing.

Yes, please stop pushing the Covid vaccine as it is ineffective. Please do not push the vaccine on children or teens. They are not impacted by Covid and they are not at risk. I'm extremely happy with how our School board handled Covid.

Yes, stop utilizing far right policies that remove funding from people and resources that desperately need it. You give money and aid to the wealthy here and ignore the poor. It is one of the most unChristian places I have ever lived despite seeing churches everywhere.

Yes, there could be more services for caregivers on the evenings. I work during the day and there are jo support groups in the evenings.

Yes. I used to walk regularly on the Weddington school campus. I have type 2 diabetes and rheumatoid arthritis and daily exercise helps both greatly. I'd like to walk on campus again (and so would many of my neighbors) but some angry school employee keeps yelling and running us off and now there are signs saying the trails are closed. I don't understand how that can be given it's a state priority to promote unscheduled community recreational activity on public school property (if you Google that you will find the state policy on this). There used to be a group of moms that walked on the track early in the mornings too. They ran off the F3 group too (Fitness, Fellowship and Faith). My tax dollars support that school. I have children and nieces and nephews in the schools. I don't understand why I can't go for a walk on public property. I'm

considering doing it anyway and if I get a ticket filing a lawsuit or something. All the other area schools seem open to this but the one within walking distance seems like an unfriendly fortress with more and more fences, gates and keep out signs going up.

Yes... Union County needs to have a greater concern on how covid is affecting not only our school aged children, but older family members. Union County Board of Education is not thinking of our general population as a whole and they have created havoc in this County. They have not even done the bare minimum to keep our children and family members safe

Yes; doctors could take more time to explain what they think to their patients. We are pretty much left to ourselves to try to understand.

You could conduct health education at gyms and bars to reach people where they are. You could provide a community transportation system (electric bus?) so that people didn't need to depend on others for assistance going to grocery/medical appointments recreational activities. You could educate local police about how to be proactive in deterring youth who enter the system.

You must establish COVID mitigation strategies, ie masking. It is apparent when out in public that a great portion of our residents are not concerned for their own health but lack consideration for the health of other residents in our community. Pandemics are an issue that requires cooperation from all to overcome. Unfortunately, many cannot be trusted to make safe choices. Masks MUST be mandated in UCPS. The current BOE is not putting the health and safety of its staff and students FIRST. It is putting their concern over being re-elected first by catering to a small group of individuals who lack the ability to follow simple mitigation steps for unscientific reasons. Students are sick or excluded and missing instruction since there is no virtual instruction being provided. Student are not getting quality education because teachers are sick, taking care of sick family members, or leaving because they must put their health and the health of their families first. Something the BOE and this county is not doing. Mental health is a major issue due to the stress and anxiety of getting sick, missing school or work. We must make community health a priority and implement mitigation strategies before things spiral out of control. And we are dangerously close to that happening.

You must get the people to see the vision of Union County Human Services

You need to have more affordable clinics for health and especially dental. People can't afford the expense of taking care of health, affording healthy food, and no help with getting rid of broken things in your home, washers, dryers, broken furniture, older people can't afford to hire companies to do this, the rest of my family can't afford health insurance on their salaries, everything has gone up except salaries. No free help for seniors, everything is a price tag.

You need to stop new Indy from poisoning our air , water, and any farmland.

Your department is doing a great job, however more education will help and maybe showing the data and a graphic format would help to enhance the people in Union County knowledge & understanding. One last suggestion by collaborating with "Health Ministries" at different churches in Union County will help change and improve which will lead to a better out comes. This society we are in now needs Team all key players for "Evidence - based Science" ! I hope this information is helpful & Take care !

(blank)

Grand Total



2022 Union County Community Health Assessment Survey Teens (13-17)

Over the next six months, Union County Human Services, in collaboration with Novant Health and Atrium Health, will work together to develop the 2022 Community Health Assessment (CHA). The goal of CHA is to identify factors that affect the health of the population and determine the availability of resources within the county to address these factors. We need your input to help us identify health issues and concerns facing Union County teens today, so we can help address them. Your voice and opinion matter to us.

Please take about 10-15 minutes to complete anonymous survey. Your answers will not be connected to you in any way.

Thank you for the gift of your time and for sharing your experiences and points of view.

Q1. What is YOUR Zip Code?

- | | |
|--------------------------------|--|
| <input type="checkbox"/> 28079 | <input type="checkbox"/> 28111 |
| <input type="checkbox"/> 28103 | <input type="checkbox"/> 28112 |
| <input type="checkbox"/> 28104 | <input type="checkbox"/> 28113 |
| <input type="checkbox"/> 28105 | <input type="checkbox"/> 28173 |
| <input type="checkbox"/> 28108 | <input type="checkbox"/> 28174 |
| <input type="checkbox"/> 28110 | <input type="checkbox"/> 28227 (Mint Hill) |

Q2. In which Union County Town or Municipality do you reside?

- | | |
|--|--|
| <input type="checkbox"/> Altan | <input type="checkbox"/> Monroe |
| <input type="checkbox"/> Fairview | <input type="checkbox"/> New Salem |
| <input type="checkbox"/> Goose Creek | <input type="checkbox"/> Stallings |
| <input type="checkbox"/> Hemby Bridge | <input type="checkbox"/> Unionville |
| <input type="checkbox"/> Indian Trail | <input type="checkbox"/> Waxhaw |
| <input type="checkbox"/> Lake Park | <input type="checkbox"/> Weddington |
| <input type="checkbox"/> Marshville | <input type="checkbox"/> Wesley Chapel |
| <input type="checkbox"/> Marvin | <input type="checkbox"/> Wingate |
| <input type="checkbox"/> Matthews | <input type="checkbox"/> Unincorporated Union County |
| <input type="checkbox"/> Mineral Springs | <input type="checkbox"/> Out of County |

Q3. What is YOUR Age?

- 10-12
- 12-14
- 15-17



Q4. What is YOUR Gender?

- Male
- Female
- Transgender
- Prefer not to answer
- Other (Please specify)

Q5. Using the categories below, what do you consider yourself?

- American Indian / Alaska Native
- Arab American / Middle Eastern
- Asian (Asian Indian, Chinese, Filipino, Japanese, Korean, Vietnamese, or other Asian)
- Black / African American
- Eastern European / Russian /Post Soviet States
- Hispanic / Latino (including Mexican, Mexican American, Chicano, Puerto Rican, Cuban, other Spanish)
- Native Hawaiian / Pacific Islander
- White / Caucasian/ European American
- Other (please specify) _____

Q6. What type of health insurance do YOU have?

- Government Insurance (Affordable Healthcare Act)
- Medicaid
- No Insurance
- Private Insurance
- Do Not Know

Q7. Listed below are behaviors that keep people from being healthy. Please check the three that you feel keep teens in Union County from being healthy.

- | | |
|---|---|
| <input type="checkbox"/> Bullying | <input type="checkbox"/> Stress |
| <input type="checkbox"/> Domestic Violence | <input type="checkbox"/> Tobacco Use |
| <input type="checkbox"/> Excessive or Binge Drinking | <input type="checkbox"/> Unsafe Living Conditions |
| <input type="checkbox"/> Instability at Home | <input type="checkbox"/> Unsafe Sex / Unprotected Sex |
| <input type="checkbox"/> Lack of Exercise | <input type="checkbox"/> Youth Violence |
| <input type="checkbox"/> Not Getting Doctor Check Ups | <input type="checkbox"/> Other behaviors (please specify) |
| <input type="checkbox"/> Poor Eating Habits | _____ |
| <input type="checkbox"/> Prescription or Illicit Drug Use | |



Q8. Listed below are mental health concerns. Please check three that MOST concern you about people in Union County.

- | | |
|--|---|
| <input type="checkbox"/> Alcohol Addiction | <input type="checkbox"/> Opioid or Drug Addiction |
| <input type="checkbox"/> Anxiety | <input type="checkbox"/> PTSD |
| <input type="checkbox"/> Attention Deficit Disorder / Attention Deficit Hyperactivity Disorder | <input type="checkbox"/> Schizophrenia |
| <input type="checkbox"/> Autism | <input type="checkbox"/> Sleep Issues |
| <input type="checkbox"/> Bipolar Disorder | <input type="checkbox"/> Suicide |
| <input type="checkbox"/> Depression | <input type="checkbox"/> Other Mental Health concern (please specify) |
| <input type="checkbox"/> Intellectual Developmental Disability | _____ |
| <input type="checkbox"/> Obsessive Compulsive Disorder | |

Q9. Overall, how would you rate YOUR physical health?

- Very Poor Health
- Poor Health
- Neither Poor nor Good Health
- Good Health
- Excellent Health

Q10. Overall, how would you rate YOUR mental health?

- Very Poor Mental Health
- Poor Mental Health
- Neither Poor nor Good Mental Health
- Good Mental Health
- Excellent Mental Health

Q11. Listed below are health concerns. Please check three that MOST concern you regarding YOUR health.

- | | |
|--|---|
| <input type="checkbox"/> Allergies | <input type="checkbox"/> Kidney Disease |
| <input type="checkbox"/> Asthma | <input type="checkbox"/> Obesity / Overweight |
| <input type="checkbox"/> Cancer | <input type="checkbox"/> Sports Injuries |
| <input type="checkbox"/> Dental Health | <input type="checkbox"/> STDs |
| <input type="checkbox"/> Diabetes | <input type="checkbox"/> Substance Abuse/Overdose |
| <input type="checkbox"/> Eating Disorders | <input type="checkbox"/> Unplanned Pregnancy |
| <input type="checkbox"/> Excessive or Binge Drinking | <input type="checkbox"/> Vision Issues |
| <input type="checkbox"/> Hearing Issues | <input type="checkbox"/> Other (please specify) |
| <input type="checkbox"/> High Blood Pressure | _____ |
| <input type="checkbox"/> HIV / AIDS | |



Q12. Please check if YOU do the following:

- Excessive or Binge Drinking
- Opioid Use
- Smoke Marijuana
- Smoke Tobacco
- Use smokeless tobacco (chew/dip/snuff)
- Take Recreational Drugs
- Vape / Juul / Smoke e-cigarettes
- Other (please specify)

Q13. If you checked any of the above, do you believe this impacts YOUR health?

- Yes
- No

Q14. Listed below are safety concerns that can impact YOUR health. Please check three that MOST concern YOU.

- | | |
|---|--|
| <input type="checkbox"/> Bullying | <input type="checkbox"/> School Violence |
| <input type="checkbox"/> Domestic Violence (Violence at home) | <input type="checkbox"/> Self-Injury / Cutting |
| <input type="checkbox"/> Drowning | <input type="checkbox"/> Sexual Assault / Rape / Date Violence |
| <input type="checkbox"/> Drug Abuse / Overdosing | <input type="checkbox"/> Suicide |
| <input type="checkbox"/> Excessive or Binge Drinking | <input type="checkbox"/> Other safety concerns (please list) |
| <input type="checkbox"/> Gang Violence / Intimidation | _____ |
| <input type="checkbox"/> Internet Safety | |

Q15. If you have any safety concerns, who would you most likely report them to:

- | | |
|--|--|
| <input type="checkbox"/> Clergy (Pastor, Minister, Reverend) | <input type="checkbox"/> Teacher |
| <input type="checkbox"/> Counselor | <input type="checkbox"/> I would not report these concerns |
| <input type="checkbox"/> Friend | <input type="checkbox"/> Other (please specify) _____ |
| <input type="checkbox"/> Parent | |

Q16. Listed below are safety hazards related to driving. Please check ALL that apply to YOU.

- Driving under the influence (drugs or alcohol)
- Reckless Driving / Speeding
- Texting / Snap Chatting / Use of Apps while I drive
- Talking on cell phone while I drive
- None

Q17. Approximately how much time do YOU spend daily on social media? (i.e. Instagram, Twitter, Snap Chatting, Texting)

- None
- 1 hour or less
- 2 hours
- 3 hours
- 4 hours or more



Q18. How much screen time do YOU spend daily (non-school related)? (TV, video games, computer, cell phone)

- None
- 1 hour or less
- 2 hours
- 3 hours
- 4 hours or more

Q19. How do you view YOUR weight?

- Normal
- Underweight
- Overweight
- Obese

Q20. Do you feel YOUR current weight is impacting YOUR health status?

- Yes
- No

Q21. How many days a week do YOU normally get 30 minutes of exercise?

- None
- 1
- 2
- 3
- 4
- 5 or more

Q22. Outside of exercising at school, are YOU physically active?

- Yes
- No

Q23. Are there enough opportunities for physical activity near YOUR home?

- Yes
- No

Q24. How many servings of fruits and vegetables do YOU normally eat per day?

- None
- 1
- 2
- 3
- 4
- 5 or more

Q25. Do you buy YOUR lunch at school?

- Yes
- No



Q26. If yes, what do YOU eat most often?

- Al La Carte Menu (French fries, pizza, chicken sandwich, etc.)
- School Lunch (meal of the day)
- Snack Food (ice cream, cookies, chips)

Q27. Is this your ONLY meal of the day?

- Yes
- No

Q28. If you do not buy your lunch, why do you not buy lunch?

- Bring my lunch from home
- Do not eat lunch
- Do not like food choices
- No money
- Other reason (please specify) _____

Q29. Where do the majority of YOUR meals outside of school come from?

- Dine-in/Take Out Restaurant (excluding fast food)
- Fast Food Restaurant
- Frozen Food / Microwave Meals
- Home prepared / cooked meals
- Prepared Foods from Grocery Store Deli (Rotisserie chicken, sub sandwich, etc.)
- Other (please specify) _____

Q30. After school gets out each day, or during the summer how do you spend YOUR time? Check ALL that apply:

- | | |
|---|--|
| <input type="checkbox"/> Doing homework | <input type="checkbox"/> Playing sports (on a school or league team) |
| <input type="checkbox"/> Hanging out with friends | <input type="checkbox"/> Playing sports (recreation - just for fun) |
| <input type="checkbox"/> Hobbies | <input type="checkbox"/> Video games |
| <input type="checkbox"/> Home alone, or with siblings | <input type="checkbox"/> Working (job) |
| <input type="checkbox"/> Partying (drinking / recreational drugs) | |

Q31. Where do you go MOST OFTEN when you are sick and need medical care? Choose ONLY one.

- Atrium Health Care Union Emergency Room (formerly CMC)
- Doctor's office in Union County
- Doctor's office outside Union County
- Emergency Department outside Union County
- Minute Clinic in Union County
- Urgent Care Facility in Union County
- Do not see a doctor- use naturopathic remedies
- Other (please specify) _____

Q32. Do you have a medical doctor you see on a regular basis?

- Yes
- No



Q33. Was there a time that you needed to see a doctor during the last 12 months but did not?

- Yes
- No

Q34. If yes, what was the main reason(s) that you did not see a doctor? (Check ALL that apply)

- I did not have the money to go
- I did not know who to call or where to go
- I do not trust doctors
- I have no insurance
- I have no transportation
- I was afraid / I don't like to go to the doctor
- Language Barrier
- Office was not open when I could get there
- Other reason (please specify)

Q35. Do YOU see a dentist on a regular basis?

- Yes
- No

Q36. Was there a time during the last 12 months when YOU needed to see a dentist but did not?

- Yes
- No

Q37. If yes, what was the main reason(s) that you did not see a dentist?

- I did not have the money to go
- I did not know who to call or where to go
- I do not trust dentists
- I have no insurance
- I have no transportation
- I was afraid / I don't like to go to the dentist
- Language Barrier
- My insurance does not pay for the dentist
- Office was not open when I could get there
- Other reason (please specify)

Q38. Have you ever felt that you needed mental health services and did not get them?

- Yes
- No

Q39. If yes, what was the main reason(s) that YOU did not go for mental health services? (Check ALL that apply)

- I did not have the money to go
- I did not know who to call or where to go
- I do not trust doctors I have no insurance
- I have no transportation
- I was afraid / I don't like to go to the doctor
- I was embarrassed
- Language Barrier
- My Insurance does not pay for mental health services
- Office was not open when I could get there
- Other reason (please specify)



Q40. Have you needed a prescription medication (pills, insulin, etc.) and did not get it?

- Yes
- No

Q41. If yes, what was the main reason that you did not get your medicine?

- I did not have the money
- I do not use medication (prefer alternative medicines/naturopathic)
- I have no insurance
- I have to pay other bills (food, gas, utilities)
- I have no transportation to the pharmacy
- My Insurance would not cover the medication
- Other reason (please specify) _____

Q42. Check ALL preventative health services you had during the past 12 months:

- Eye Exam (vision)
- Hearing Check
- Immunizations (flu shot, Tdap, etc.)
- Physical Exam
- None - Haven't been to the doctor in the last 12 months for preventative health services.
- Other (please specify) _____

Q43. If you did not receive any preventative services, please indicate why. (Check ALL that apply.)

- | | |
|--|--|
| <input type="checkbox"/> I do not feel prevention services are necessary | <input type="checkbox"/> I only see a doctor for an urgent medical problem |
| <input type="checkbox"/> I do not have a medical doctor | <input type="checkbox"/> I use alternative medicine (naturopathic, holistic, etc.) |
| <input type="checkbox"/> I have no money | <input type="checkbox"/> Other reason (please specify) _____ |
| <input type="checkbox"/> I have no insurance | |
| <input type="checkbox"/> I have no time to go to the doctor | |

Q44. How do you normally get to your healthcare appointments?

- | | |
|--|--|
| <input type="checkbox"/> Bicycle | <input type="checkbox"/> Union County Public Transportation |
| <input type="checkbox"/> Drive myself - Personal car | <input type="checkbox"/> Walk |
| <input type="checkbox"/> Family Member / Friend | <input type="checkbox"/> Do not have transportation, so don't go to healthcare providers |
| <input type="checkbox"/> Taxi / Uber / LYFT | |

Q45. Do you have any other concerns about the health of teens in Union County?

Thank you for completing the survey.



2022 Union County Community Health Assessment Survey Adults (18 and over)

Over the next six months, Union County Human Services, in collaboration with Novant Health and Atrium Health, will work together to develop the 2022 Community Health Assessment (CHA). The goal of CHA is to identify factors that affect the health of the population and determine the availability of resources within the County to address these factors. We need your input to help us identify health issues and concerns facing Union County adults today, so we can work together to address them. Your voice and opinion matter to us.

Please take about 10-15 minutes to complete anonymous survey. Your answers will not be connected to you in any way.

Thank you for the gift of your time and for sharing your experiences and points of view.

Q1. What is YOUR Zip Code?

- | | |
|--------------------------------|--|
| <input type="checkbox"/> 28079 | <input type="checkbox"/> 28111 |
| <input type="checkbox"/> 28103 | <input type="checkbox"/> 28112 |
| <input type="checkbox"/> 28104 | <input type="checkbox"/> 28113 |
| <input type="checkbox"/> 28105 | <input type="checkbox"/> 28173 |
| <input type="checkbox"/> 28108 | <input type="checkbox"/> 28174 |
| <input type="checkbox"/> 28110 | <input type="checkbox"/> 28227 (Mint Hill) |

Q2. In which Union County Town or Municipality do you reside?

- | | |
|--|--|
| <input type="checkbox"/> Altan | <input type="checkbox"/> Monroe |
| <input type="checkbox"/> Fairview | <input type="checkbox"/> New Salem |
| <input type="checkbox"/> Goose Creek | <input type="checkbox"/> Stallings |
| <input type="checkbox"/> Hemby Bridge | <input type="checkbox"/> Unionville |
| <input type="checkbox"/> Indian Trail | <input type="checkbox"/> Waxhaw |
| <input type="checkbox"/> Lake Park | <input type="checkbox"/> Weddington |
| <input type="checkbox"/> Marshville | <input type="checkbox"/> Wesley Chapel |
| <input type="checkbox"/> Marvin | <input type="checkbox"/> Wingate |
| <input type="checkbox"/> Matthews | <input type="checkbox"/> Unincorporated Union County |
| <input type="checkbox"/> Mineral Springs | <input type="checkbox"/> Out of County |

Q3. What is your Age?

- | | |
|--------------------------------|--------------------------------|
| <input type="checkbox"/> 18-24 | <input type="checkbox"/> 60-64 |
| <input type="checkbox"/> 25-34 | <input type="checkbox"/> 65-74 |
| <input type="checkbox"/> 35-44 | <input type="checkbox"/> 74-84 |
| <input type="checkbox"/> 45-54 | <input type="checkbox"/> 85+ |
| <input type="checkbox"/> 55-59 | |



Q4. What is your Gender?

- Male
- Female
- Transgender
- Prefer not to answer
- Other (please specify) _____

Q5. Using the categories below, what do you consider yourself?

- American Indian / Alaska Native
- Arab American / Middle Eastern
- Asian (Asian Indian, Chinese, Filipino, Japanese, Korean, Vietnamese, or other Asian)
- Black/African American
- Eastern European /Russian / Post Soviet States
- Hispanic / Latino (including Mexican, Mexican American, Chicano, Puerto Rican, Cuban, other Spanish)
- Native Hawaiian /Pacific Islander
- White /Caucasian / European American
- Other (please specify) _____

Q6. What is your highest level of education?

- Less than 9th grade
- 9-12 grade, no diploma
- High School graduate (or GED/equivalent)
- Associate's Degree or Vocational Training
- Some college (no degree)
- Bachelor's degree
- Graduate or professional degree
- Other (please specify)

Q7. Are you a veteran or have you served in the military?

- Yes
- No

Q8. What type of health insurance do YOU have? (you can select more than one)

- Government Insurance (Affordable Healthcare Act)
- Medicaid
- Medicare
- Military / VA
- Private Insurance
- No Insurance

Q9. Do you live alone?

- Yes
- No



Q10. If no, you do not live alone, who do you live with?

- Spouse
- Family
- Friend
- Other (please specify)

Q11. What most closely describes your household income level?

- Less than \$10,000
- \$10,000 to \$14,999
- \$15,000 to \$24,999
- \$25,000 to \$34,999
- \$35,000 to \$49,999
- \$50,000 to \$74,999
- \$75,000 to \$99,999
- \$100,000 to \$149,999
- \$150,000 - \$199,999
- \$200,000 or more
- Unknown

Q12. Listed below are factors that can cause poor health outcomes. Please check up to three most critical behaviors you feel keep people in Union County from being healthy.

- Caregiver Stress
- Domestic Violence
- Excessive/Binge Drinking
- Instability at Home
- Lack of Exercise
- Not Getting Doctor Check Ups
- Poor Eating Habits
- Prescription or Illicit Drug Use
- Reckless / Unsafe Driving
- Stress
- Tobacco Use
- Unsafe Sex / Unprotected Sex
- Unsafe Living Conditions
- Other behaviors (please specify)

Q13. Listed below are mental health concerns. Please check three that MOST concern you about people in Union County.

- Attention Deficit Disorder / Attention Deficit Hyperactivity Disorder
- Alcohol Addiction
- Anxiety
- Autism
- Depression
- Bipolar Disorder
- Intellectual Developmental Disability
- Obsessive Compulsive Disorder
- Opioid or Drug Addiction
- PTSD
- Schizophrenia
- Sleep Issues
- Suicide
- Other Mental Health concern (please specify)



Q14. In your opinion, which THREE issues or services most affects the quality of life for residents in Union County?

- | | |
|--|--|
| <input type="checkbox"/> Dropping out of school | <input type="checkbox"/> Lack of literacy/Not be able to read |
| <input type="checkbox"/> Homelessness | <input type="checkbox"/> Lack of recreational facilities (parks, trails, community centers, pools, etc.) |
| <input type="checkbox"/> Hunger | <input type="checkbox"/> Lack of recreational programs for youth |
| <input type="checkbox"/> Lack of affordable housing | <input type="checkbox"/> Lack of transportation |
| <input type="checkbox"/> Lack of care to elderly who cannot leave their homes | <input type="checkbox"/> Low income/poverty |
| <input type="checkbox"/> Lack of child care | <input type="checkbox"/> Pollution (of air, water, land) |
| <input type="checkbox"/> Lack of educational opportunities | <input type="checkbox"/> Poor housing conditions |
| <input type="checkbox"/> Lack of healthy food choices or affordable healthy food | <input type="checkbox"/> Unemployment |
| <input type="checkbox"/> Lack of job opportunities | <input type="checkbox"/> Other (please specify)
_____ |

Q15. Overall, how would you rate YOUR physical health?

- Very Poor Health
- Poor Health
- Neither Poor nor Good Health
- Good Health
- Excellent Health

Q16. Overall, how would you rate YOUR mental health?

- Very Poor Mental Health
- Poor Mental Health
- Neither Poor nor Good Mental Health
- Good Mental Health
- Excellent Mental Health

Q17. Listed below are health concerns. Please check three that MOST concern you regarding YOUR health.

- | | |
|---|--|
| <input type="checkbox"/> Alzheimer's Disease/Dementia | <input type="checkbox"/> Influenza / Pneumonia |
| <input type="checkbox"/> Cancer | <input type="checkbox"/> Kidney Disease |
| <input type="checkbox"/> Caregiver Stress | <input type="checkbox"/> Obesity |
| <input type="checkbox"/> Dental health | <input type="checkbox"/> Respiratory Illness / COPD |
| <input type="checkbox"/> Diabetes | <input type="checkbox"/> Stroke / Heart Disease |
| <input type="checkbox"/> Drug Abuse/Overdose | <input type="checkbox"/> Unplanned Pregnancy |
| <input type="checkbox"/> Excessive/binge drinking | <input type="checkbox"/> Vision issues |
| <input type="checkbox"/> Falling | <input type="checkbox"/> Other (please specify)
_____ |
| <input type="checkbox"/> Hearing issues | |
| <input type="checkbox"/> High blood pressure | |



Q18 Listed below are safety concerns that can impact your health. Please check all that concern you most about YOUR safety:

- Elder Abuse
- Falling
- Instability at Home
- Memory Problems / Confusion
- Neglect
- Not Enough Food
- Unsafe Living Conditions
- Unable to Manage / Understand Medications
- Other safety concerns (please specify) _____

Q19. If you were in an abusive situation / relationship, would you know who to call, or how to report it?

- Yes
- No

Q20. How do you view YOUR weight?

- Normal
- Underweight
- Overweight
- Obese

Q21. Do you feel your current weight is impacting YOUR health status?

- Yes
- No

Q22. How many days a week do you normally get 30 minutes of exercise for fitness?

- None
- One
- Two
- Three
- Four
- Five or more

Q23. Are there enough opportunities for physical activity near your home?

- Yes
- No

Q24. How many servings of fruits and vegetables do YOU normally eat per day?

- None
- One
- Two
- Three
- Four
- Five or more



Q25. Do you purchase locally grown fruits / vegetables at retail markets, farm stands or Farmers Markets?

- Yes
- No

Q26. Where do the majority of your meals come from?

- Dine-in/Take Out Restaurant (excluding fast food)
- Fast Food Restaurant
- Frozen Food / Microwave Meals
- Garden (home grown / home canned)
- Home prepared / cooked meals
- Meals on Wheels
- Prepared Foods from Grocery Store Deli (Rotisserie chicken, sub sandwich, etc.)
- Senior Nutrition Site
- Other (please specify) _____

Q27. Please check if YOU currently do any of the following:

- Excessive or Binge Drinking
- Smoke (cigarettes, cigars, pipe tobacco)
- Smoke Marijuana (recreationally)
- Use Opioids (non-prescribed)
- Use Recreational Drugs
- Use smokeless tobacco (Chew/Dip/Snuff)
- Vape/Juul/Smoke e-cigarettes

Q28. If you checked any of the above, do you feel this impacts YOUR health negatively?

- Yes
- No

Q29. Listed below are safety hazards related to driving. Please check ALL that apply to YOU.

- Driving under the influence (drugs or alcohol)
- Reckless Driving / Speeding
- Texting/Snap Chatting/Use of Apps while driving
- Talking on cell phone while I drive
- None

Q30. Approximately how much time do YOU spend daily on social media? (Facebook, Instant Messaging, Snap Chatting, Texting)

- None
- 1 hours or less
- 2 hours
- 3 hours
- 4 hours or more



Q31. How much screen time do YOU spend daily (non-work related, i.e. television, video games, computer, cell phone)

- None
- 1 hour or less
- 2 hours
- 3 hours
- 4 hours or more

Q32. Where do you go MOST OFTEN when you are sick and need medical care? Choose ONLY one.

- Atrium Health Care Union Emergency Room (formerly CMC)
- Doctor's office in Union County
- Doctor's office outside Union County
- Emergency Department outside Union County
- Minute Clinic in Union County
- Urgent Care Facility in Union County
- Do not see a doctor - Use Naturopathic Remedies
- Other (please specify) _____

Q33. Do you have a medical doctor you see on a regular basis?

- Yes
- No

Q34. Was there a time that you needed to see a doctor during the last 12 months but did not?

- Yes
- No

Q35. If yes, what was the main reason(s) you did not see a doctor?

- | | |
|--|--|
| <input type="checkbox"/> I did not have the money to go | <input type="checkbox"/> I was afraid / I don't like to go to the doctor |
| <input type="checkbox"/> I did not know who to call or where to go | <input type="checkbox"/> Language Barrier |
| <input type="checkbox"/> I do not trust doctors | <input type="checkbox"/> Office was not open when I could get there |
| <input type="checkbox"/> I have no insurance | <input type="checkbox"/> Other reason (please specify) |
| <input type="checkbox"/> I have no transportation | _____ |

Q36. Do you have a specialist doctor you see on a regular basis?

- Yes
- No

Q37. Was there a time that you needed to see a specialist during the last 12 months but did not?

- Yes
- No



Q38. If yes, what was the main reason(s) you did not see your specialist?

- | | |
|--|---|
| <input type="checkbox"/> I did not have the money to go | <input type="checkbox"/> Language Barrier |
| <input type="checkbox"/> I did not know who to call or where to go | <input type="checkbox"/> My insurance does not pay for specialists |
| <input type="checkbox"/> I do not trust doctors | <input type="checkbox"/> Office was not open when I could get there |
| <input type="checkbox"/> I have no insurance | <input type="checkbox"/> There is no specialist in Union County |
| <input type="checkbox"/> I have no transportation | <input type="checkbox"/> Other reason (please specify) |
| <input type="checkbox"/> I was afraid / I don't like to go to the doctor | _____ |

Q39 Do you see a dentist on a regular basis?

- Yes
- No

Q40. Was there a time during the last 12 months when you needed to see a dentist but did not?

- Yes
- No

Q41. If yes, what was the main reason you did not see a dentist?

- | | |
|---|--|
| <input type="checkbox"/> I did not have the money to go | <input type="checkbox"/> Language Barrier |
| <input type="checkbox"/> I did not know who to call or where to go | <input type="checkbox"/> My insurance does not pay for dental services |
| <input type="checkbox"/> I do not trust dentists | <input type="checkbox"/> Office was not open when I could get there |
| <input type="checkbox"/> I have no insurance | <input type="checkbox"/> Other reason (please specify) |
| <input type="checkbox"/> I have no transportation | _____ |
| <input type="checkbox"/> I was afraid / I don't like to go to the dentist | |

Q42. Have you ever felt that you needed mental health services and did not get them?

- Yes
- No

Q43. If yes, why did you not go for mental health services? Check ALL that apply:

- | | |
|--|---|
| <input type="checkbox"/> I did not have the money to go | <input type="checkbox"/> I was embarrassed |
| <input type="checkbox"/> I did not know who to call or where to go | <input type="checkbox"/> Language Barrier |
| <input type="checkbox"/> I have no insurance | <input type="checkbox"/> My insurance does not pay for mental health services |
| <input type="checkbox"/> I do not trust doctors | <input type="checkbox"/> Office was not open when I could get there |
| <input type="checkbox"/> I have no insurance | <input type="checkbox"/> Other reason (please specify) |
| <input type="checkbox"/> I have no transportation | _____ |
| <input type="checkbox"/> I was afraid / I don't like to go to the doctor | |

Q44. Have you needed a prescription medication (includes pills, oxygen, etc.) and did not get it?

- Yes
- No



Q45. If yes, why were you unable to get your medicine?

- I did not have the money
- I do not use medications (prefer alternative medicines / naturopathic)
- I have no insurance
- I have no transportation to get to the pharmacy
- I have to pay other bills (food, gas, utilities)
- My insurance would not cover the medication
- Other reason (please specify) _____

Q46. Does anyone help you take or manage your medications?

- Yes
- No
- NA

Q47. Do you keep an emergency supply of your medications?

- Yes
- No
- NA

Q48. Have you changed the way you take your prescription medications without talking to a doctor?

- Yes
- No
- NA

Q49. If Yes, check all the reasons you changed the way you take your medicine:

- To save money
- I cut daily dosage to make prescription last longer
- I did not like the way the medicine made me feel
- I did not think the medicine was working
- I did not understand how to take the medicine
- I shared the prescription with someone else
- I took medicine every other day to make prescription last longer
- Other reason (please specify) _____

Q50. Do you receive any home health services in your home?

- Yes
- No
- NA

Q51. Do you receive any non-medical in-home assistance?

- Yes
- No
- NA



Q52. Check ALL preventative health services you had during the past 12 months:

- | | |
|--|---|
| <input type="checkbox"/> Blood Glucose (Diabetes screening) | <input type="checkbox"/> Pap Smear |
| <input type="checkbox"/> Cholesterol Check | <input type="checkbox"/> Physical Exam |
| <input type="checkbox"/> Colonoscopy | <input type="checkbox"/> Prostate Exam |
| <input type="checkbox"/> Eye Exam (vision) | <input type="checkbox"/> None- Have not seen a doctor in the last 12 months for preventative health |
| <input type="checkbox"/> Hearing Check | <input type="checkbox"/> Other (please specify) |
| <input type="checkbox"/> Hypertension (Blood Pressure check) | _____ |
| <input type="checkbox"/> Mammogram | |

Q53. If you did not receive any preventative services, please indicate why. Check ALL that apply.

- | | |
|--|--|
| <input type="checkbox"/> I do not feel prevention services are necessary | <input type="checkbox"/> I use alternative medicine (naturopathic, holistic, etc.) |
| <input type="checkbox"/> I do not have a medical doctor | <input type="checkbox"/> No insurance coverage for prevention services |
| <input type="checkbox"/> I have no money | <input type="checkbox"/> Other (please specify) |
| <input type="checkbox"/> I have no insurance | _____ |
| <input type="checkbox"/> I have no time to go to a doctor | |
| <input type="checkbox"/> I only see a doctor for an urgent medical problem | |

Q54. Did you receive a flu vaccine within the past year?

- Yes
- No

Q55. If you did not receive a flu vaccine, please indicate why. Check ALL that apply.

- | | |
|--|--|
| <input type="checkbox"/> Concerned that I would get the flu from the vaccine | <input type="checkbox"/> I have a chronic medical condition(s) and am afraid the flu vaccine will make me sick |
| <input type="checkbox"/> Concerned that I would have a serious reaction to the flu vaccine | <input type="checkbox"/> Not sure where to get the flu vaccine or lack of transportation |
| <input type="checkbox"/> Could not afford the flu vaccine | <input type="checkbox"/> Religious objection to vaccines |
| <input type="checkbox"/> Generally healthy, so I do not feel that I need the flu vaccine | <input type="checkbox"/> Other (please specify) |
| <input type="checkbox"/> I do not believe that the flu vaccine is effective | _____ |

Q56. If you have a child or children age 6 or younger, is your child up to date on recommended immunizations?

- Yes
- No
- I do not have a child age 6 or younger



Q57. If you answered NO to the above question, please indicate why. Check ALL that apply.

- Believe my child's immune system will be stronger if they contract a preventable disease
- Concerned my child will have a serious reaction to the vaccine(s)/vaccines are unsafe
- Concerned there is a link between vaccines and autism Desire more information from my child's doctor
- Do not believe vaccines are necessary because the diseases are not serious or are uncommon
- Do not want my child to have multiple shots in one doctor's office visit
- My child does not have a primary doctor
- My child is not in daycare, so he/she is not exposed to diseases
- No money for vaccines and/or my child is uninsured
- Religious objection to vaccines
- Other (please specify) _____

Q58 How do you normally get to your healthcare appointments?

- Bicycle
- Drive Myself - Personal Car
- Family Member / Friend
- Taxi / Uber / LYFT
- Union County Public Transportation
- Walk
- Do not have transportation, so don't go to healthcare provider

Q59 Where do you get most of your health information? Please rank the top 3.

- | | |
|---|---|
| <input type="checkbox"/> Atrium Website | <input type="checkbox"/> Social Media |
| <input type="checkbox"/> Family / Friends | <input type="checkbox"/> TV |
| <input type="checkbox"/> Internet (google search) | <input type="checkbox"/> Union County Website |
| <input type="checkbox"/> My Doctor | <input type="checkbox"/> Other (please specify) |
| <input type="checkbox"/> Novant Website | _____ |
| <input type="checkbox"/> Pharmacist | |

Q60 Environmental Health (Check one answer per row) (*Great Concern, Some Concern, No Concern*)

- | | |
|---|---|
| <input type="checkbox"/> Access to Convenience Centers for Trash Disposal | <input type="checkbox"/> Solid Waste Disposal (appliances, mattresses, tires, etc.) |
| <input type="checkbox"/> Bioterrorism | <input type="checkbox"/> Stream Water Quality |
| <input type="checkbox"/> Food Borne Illness | <input type="checkbox"/> Vector Control (mosquitoes) |
| <input type="checkbox"/> Indoor Air Quality (mold, allergens, etc) | <input type="checkbox"/> Weather Disasters / Storm Debris |
| <input type="checkbox"/> Outdoor Air Quality | <input type="checkbox"/> Other (Please specify) |
| <input type="checkbox"/> Preserving Green Space | _____ |



Q61 What type of drinking water do you have in your home?

- Well Water
- Public Water Supply

Q62 Are you concerned about your drinking water?

- Yes
- No

Q63 If yes, what is your primary concern?

- Taste
- Smell
- Afraid of what is in the water

Q64 Is there anything that could be done to improve the health of adults in Union County?

Please explain

Thank you for completing the survey.