

## Appendix B

### Healthy North Carolina 2030 indicator data sources and definitions

Indicator	Data Source	Data Year	Data description
Social & Economic Factors			
Poverty	ACS 5-year estimate	2017-2021	Percent of population with incomes at or below 200% of the federal poverty level.
Unemployment	*		Percent of the population aged 16 and older who are unemployed but seeking work.
Short Term Suspension	*		Number of out-of-school short-term suspensions in educational facilities for all grades per 10 students.
Incarceration Rate	US Bureau of Justice Statistics, provided by NC SCHS	2018-2019	Incarceration in North Carolina prisons per 100,000 population.
Adverse Childhood Experiences	County level data not available		Percent of children who have experienced two or more adverse childhood experiences.
3 <sup>rd</sup> Grade Reading Proficiency	NC DPI	2020-2021	Percent of children reading at a proficient level or above based on third grade End of Grade exams.
Physical Environment			
Access to Exercise Opportunities	County Health Rankings	2021	Percent of the population living half a mile from a park in any area, one mile from a recreational center in a metropolitan area, or three miles from a recreational center in a rural area.

Access to Healthy Foods	County Health Rankings	2019	Percent of people who are low-income that are not in close proximity to a grocery store.
Severe Housing Problems	County Health Rankings	2014-2018	Percent of households with at least 1 of 4 housing problems.

### Health Behaviors

Drug Overdose Deaths	NCDHHS Opioid and Substance Use Action Plan Data Dashboard	2021	Number of persons who die as a result of drug poisoning per 100,000 population.
Adult Tobacco Use	NC BRFSS	2021	Percent of adults reporting current use of e-cigarettes, cigarettes, cigars, smokeless tobacco, pipes, and/or hookah.
Excessive Drinking	NC BRFSS	2021	Percent of adults reporting binge or heavy drinking.
Sugar Sweetened Beverages	NC BRFSS	2021	Percent of adults reporting consumption of one or more sugar-sweetened beverages per day.
HIV Diagnosis Rate	NCDHHS Epi Section	2021	Number of new HIV diagnoses per 100,000 population.
Teen Pregnancy Rate	NC SCHS	2020	Number of pregnancies among girls aged 15-19 per 1,000 population. Note: HNC 2030 uses teen birth rate instead of teen pregnancy rate.

### Clinical Care

Percent Uninsured	US Census Bureau SAHIE	2020	Population under 65 without health insurance.
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Primary Care Clinicians	*		Primary care workforce as a ratio of the number of full-time equivalent primary care clinicians to county population.
Early Prenatal Care	NC SCHS	2021	Percent of women who receive pregnancy related health care services during the first trimester of a pregnancy.
Suicide Rate	NC SCHS	2015-2019	Age-adjusted number of deaths attributable to self-harm per 100,000 population.

Health Outcomes			
Infant Mortality Rate	NC SCHS	2020	Rate of infant deaths per 1,000 live births.
Infant Mortality Disparity	NC SCHS	2016-2020	Infant mortality rate for Black/African American women divided by the infant mortality rate for White women.
Life Expectancy at Birth	NC SCHS	2020	Average number of years of life remaining for persons born in a given year.

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