



# Union County Health and Wellness Resource Guide

## 2024

Union County Department of Human Services  
Division of Public Health  
2330 Concord Avenue  
Monroe, NC 28110  
704.296.4800

[unioncountync.gov](http://unioncountync.gov)



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## **Behavioral Health Services**

### **Behavioral Health —First Step Carolina's Health Care System-Union**

1623 E. Sunset Drive  
Monroe, NC 28112  
Phone: 980-993-7700  
Fax: 704-289-8784

#### **Description/Purpose of Agency:**

We provide mental health and substance use services. We use a combination of cognitive behavioral therapy, relapse prevention 12 step education as well as a family education program to meet the needs of our patients. During their time with us all patients will be treated with respect and kindness and encouraged to experience lifelong recovery.

#### **Whom do you serve?**

Union County and the greater Charlotte area.

#### **What services do you provide?**

BHC—First Step at CHCS-Union provides the following services:

- Intensive Outpatient Substance Use Treatment
- Detox—Inpatient
- Outpatient Therapy
- Psychiatric Services
- Family Therapy
- Group Therapy
- Substance use Therapy

## **Behavioral Health Services**

### **Bridge to Recovery, Inc. (BTR)**

2111 Stafford Street Extension

Monroe, NC 28110

Phone: 704-909-8025

Website: [thebridgetorecovery.org](http://thebridgetorecovery.org)

#### **Description/Purpose of Agency:**

BTR provides a variety of substance abuse treatment services.

#### **Whom do you serve?**

BTR serves all individuals needing substance abuse treatment services.

#### **What services do you provide?**

BTR is primarily a 30-day residential substance abuse treatment facility. We offer reduced cost and free scholarships (when available) to anyone needing help. We provide free consultation and intervention services to families. We provide free case management, placement and referral services to individuals. We operate a 24/7 helpline for people who do not know where to turn.

## **Behavioral Health Services**

### **Carolina Parenting Solutions, PLLC**

Phone: 704-718-8657

Fax: 877-735-8447

Website: carolinaparentingsolutions.com

#### **Description/Purpose of Agency:**

Carolina Parenting Solutions, PLLC, is a specialty private practice with more than 25 years of experience working with young children and their families. Our licensed child and family therapists provide mental health and behavioral healthcare for infants, toddlers, very young children and parent therapy in the natural home environment. Clinical, outpatient behavioral therapy for young children and their parents in the family's home.

#### **Whom do you serve?**

Children 8 years and younger and their families in the Greater Charlotte, NC area.

#### **What services do you provide?**

**Child & Family Therapy** –Individually designed therapy for your child's specific clinical needs. A healthy, proactive approach to individual child therapy and parent therapy. Families get expert help with common and challenging child behaviors from potty training to temper tantrums to adjusting to unexpected life events.

**Infant Mental Health**–Clinical services for infants and toddlers, birth to three years old. Parenting support and education. Parent Therapy and Interactive Play Therapy with infants and toddlers to address developmental, emotional & behavioral challenges.

**Early Intervention**–Specially Trained professionals provide early intervention and promote healthy global development in social emotional functioning, attachment, language and all other areas of learning.

**DIR/Floortime for Autism**–for children (ages birth through eight years old) struggling with Developmental Challenges and Autism combined with Parent Psycho Educational training.

**Welcome Baby!**–Education, support and training on basic infant care and building positive attachment in the early months of life for new parents and their babies up to 24 months old.

## **Behavioral Health Services**

### **Carolina's Therapy Solutions**

124 Unionville-Indian Trail Rd. Suite A5

Indian Trail, NC 28079

Phone: 704-608-0445

Fax: 704-821-9337

Website: [carolinatherapysolutions.com](http://carolinatherapysolutions.com)

### **Description/Purpose of Agency:**

Serving behavioral/mental health needs for adults in office (not seeing children)

### **Whom do you serve?**

Adults with private insurance

### **What services do you provide?**

In-office therapy



## Behavioral Health Services

### **Daymark Recovery Services Inc.**

701 E. Roosevelt Blvd., Suite 600

Monroe, NC 28112

Phone: 704-296-6200

Fax: 704-296-4669

Website: [daymarkrecovery.org](http://daymarkrecovery.org)

### **Description/Purpose of Agency:**

Daymark is a provider of culturally sensitive mental health and substance abuse services to citizens age 3 and up and their families. Daymark offers the most current best practices and effective, research-based treatment programs to assist all citizens working toward achieving optimum health and recovery.

### **Whom do you serve?**

Residents of Union County.

### **What services do you provide?**

Daymark provides the following services:

Outpatient Individual Therapy

Outpatient Group Therapy

Outpatient Family Therapy

DWI

Mobile Crisis

Psychiatric Evaluations

Intensive In-Home Services

Medication Management

Substance Abuse Assessment

Advanced Access-walk-in clinic (all locations)

SAIOP (Substance Abuse Intensive Outpatient)

## **Behavioral Health Services**

### **McLeod Centers for Wellbeing**

2208 W. Roosevelt Blvd.

Monroe, NC 28110

Phone: 704-289-9869

Fax: 980-292-8039

Website: [mcleodcenters.org](http://mcleodcenters.org)

#### **Description/Purpose of Agency:**

McLeod Centers is a private, not-for-profit treatment agency that provides substance abuse services to individuals that are opiate dependent.

#### **Whom do you serve?**

Adults age 18 and above

#### **What services do you provide?**

McLeod Centers provides individual, family and group counseling in conjunction with opioid administration to assist you in moving toward a drug-free lifestyle.

## **Behavioral Health Services**

### **Partners Behavioral Health Management (Partners)**

901 S. New Hope Road

Gastonia, NC 28054

Phone: 877-864-1454 (Administrative Office Number)

888-235-HOPE (4673) (Access to Care Line for information, assessment, crisis care and referrals)

833-353-2093 (Behavioral Health Crisis Line)

Website: [partnersbhm.org](http://partnersbhm.org)

#### **Description/Purpose of Agency:**

Partners is a Local Management Entity/Managed Care Organization (LME/MCO) responsible for ensuring access to care for people who need services for mental health, intellectual/developmental disabilities and substance use disorders (MH/IDD/SUD) in central and western North Carolina. Partners manages all Medicaid, state and local funding for MH/IDD/SUD services in our covered areas.

#### **Whom do you serve?**

Residents of Burke, Cabarrus, Catawba, Cleveland, Davie, Gaston, Forsyth, Iredell, Lincoln, Rutherford, Stanly, Surry, Union, and Yadkin counties who need services for mental health, intellectual/developmental disabilities and substance use disorders. They are encouraged to call so eligibility can be determined.

#### **What services do you provide?**

- Manages, coordinates and monitors the mental health, intellectual/developmental disabilities and substance use disorder services (MH/IDD/SUD) in the Partners Health Management 14 county region.
- Manages a Provider Network that delivers MH, IDD, SUD services.
- Provides an Access to Care Line to ensure ease of access to information, assessment, crisis care and referrals to providers.
- Provides a 24/7 Behavioral Health Crisis Line for individuals experiencing a behavioral health crisis.

## **Behavioral Health Services**

### **Thompson (Thompson Child and Family Focus)**

6800 Saint Peter's Lane

and

769 N. Wendover Road

Matthews, NC 28105

Charlotte, NC 28235-5458

Phone: 704-536-0375

Phone: 704-376-7180 ext. 0

Fax: 704-531-9266

Fax: 704-376-0903

Website: thompsoncff.org

#### **Description/Purpose of Agency:**

We reach out to children of any age, up to 18 years, and to their families. We see a range of challenges, from the most severe cases of abuse and neglect, to instances where families simply lack the means or tools to provide quality care and education

#### **Whom do you serve?**

Children 0 - 18yrs and their families.

#### **What services do you provide?**

##### Matthews location:

- Psychiatric Residential Treatment

##### Wendover Road location:

- Outpatient Therapy
- Psychiatric Medication Man
- Intensive In-Home
- Foster Care
- Family Education
- Family Partners

##### 1645 Clanton Road location:

- Early Childhood Outreach Services
- Thompson Child Development Center

## **Behavioral Health Services**

### **Thrive Counseling Services**

1428-B Ellen Street and 120 Unionville-Indian Trail Rd. and 101 Waxhaw Professional Park Dr.  
Monroe, NC 28112 Bldg.C, Ste-100 Suite D  
Indian Trail, NC 28079 Waxhaw, NC 28173

Phone: 704-438-9901

Fax: 704-943-4484

Website: thrivecounselingnc.com

### **Description/Purpose of Agency:**

We are a small group practice dedicated in providing high quality care tailored to meet your individual needs.

### **Whom do you serve?**

Individuals of all ages

### **What services do you provide?**

- Individual Therapy
- Group Therapy
- Family Therapy
- Mental Health Counseling
- Substance Abuse Counseling
- Couples/Marriage Counseling
- Play Therapy

## **Crisis Intervention Services**

### **Community Shelter of Union County**

160 Meadow Street

Monroe, NC 28110

Phone: 704-289-5300

Website: [unionshelter.org](http://unionshelter.org)

#### **Description/Purpose of Agency:**

The Community Shelter provides emergency shelter, food, and rehousing programs.

#### **Whom do you serve?**

Individuals and families experiencing hunger and homelessness in Union County.

#### **What services do you provide?**

Emergency Shelter

Soup kitchen

Mobile Pantry

Senior Food Program

Economic mobility

Rapid Rehousing

## **Crisis Intervention Services**

### **Matthews HELP Center**

119 N. Ames Street  
Matthews, NC 28105  
Phone: 704-847-8383  
Website: matthewshelpcenter.org

### **Description/Purpose of Agency:**

The mission of Matthews HELP Center is to help our neighbors and those in surrounding communities survive financial crisis by providing short-term assistance.

### **Whom do you serve?**

6 zip code service area:

28104, 28105, 28226, 28270, 28211, 28079

### **What services do you provide?**

Rental, Power, Water, Gas, Food, Clothing  
Seasonal Programs: School Supplies, Holiday Support, Thanksgiving

Apply for assistance on our website.

## **Crisis Intervention Services**

### **Open Arms Community Outreach, Inc.**

4603 Lancaster Hwy.

Monroe, NC 28110

Phone: 704-774-1482

Website: openarmsnc.org

Hours: Tuesday & Thursday: 10:00am—12:00pm

Wednesday: New Clients ONLY 10:00am—12:00pm

### **Description/Purpose of Agency:**

We are a Community Food Pantry that receives food/groceries from Second Harvest Food Bank to distribute to the hungry, throughout the community. We provide a clothing closet to those in need of business attire and every day clothing for each season for all sizes and all ages; personal hygiene items, non-food items that cannot be purchased with EBT card.

### **Whom do you serve?**

We serve the hungry, homeless, senior citizens, disabled and working low income individuals, and families with 30% below poverty income requirements for the State of NC guidelines. We also serve clients, which have been referred by an agency partner.

### **What services do you provide?**

We host a once a month Community Emergency Food Pantry at the Union County Agriculture Center. **Call for times and dates.** We offer a Food, Health and Nutrition / Cooking Educational Program (ENAP) taught by a trained professional every 6 weeks.



## **Crisis Intervention Services**

### **Operation ReachOut**

Address: Physical 1308 Miller Street Monroe, NC 28110

Mailing P.O. Box 403 Monroe, NC 28111

Phone: 704-289-4237

Website: operationreachout.org

Email: opreachout1@gmail.com

### **Description/Purpose of Agency:**

Our mission is to provide spiritual and physical help and hope to those in need, with the encouraging and loving heart of Christ and without judgement or cynicism.

### **Whom do you serve?**

Individuals and families of Union County.

### **What services do you provide?**

This agency provides emergency food and tangible items to those in need. We provide financial assistance to prevent disconnection of utilities; operate a clothing closet; provide free basic dental care with Baptists on Mission Dental Bus; offer Thanksgiving and Christmas programs; provide tangible items, shower, and laundry services to the homeless; and offer weekday Bible study and lunch program.

## **Crisis Intervention Services**

### **Turning Point of Union County**

Address: Mailing P.O. Box 952 Monroe, NC 28111  
DV Shelter Confidential  
Tree House CAC & SARC 150 Winchester Avenue Monroe, NC 28110

Phone: General Business Phone 704-283-9150  
Domestic Violence Crisis 704-283-7233  
Sexual Assault Crisis 704-283-7770

Fax: General Business & Domestic Violence Shelter 704-225-8857  
Tree House CAC & Sexual Assault Resource Center 704-225-1166

Website: TurningPointNC.org  
Facebook@TurningPointUC  
Twitter@TurningPointUC  
Instagram@TurningPointUC

### **Description/Purpose of Agency:**

Turning Point exists to end domestic abuse, sexual assault, and child abuse through safe shelter, advocacy, prevention, and social change. We operate 3 programs for survivors of violence and abuse: Turning Point's Domestic Violence Program and Shelter, Sexual Assault Resource Center, and Tree House Children's Advocacy Center.

### **Whom do you serve?**

We serve survivors of domestic violence, sexual assault, and child abuse.

### **What services do you provide?**

- Domestic Violence (DV) Program & Shelter—24/7 crisis line, safe shelter, crisis intervention, safety plans, case management, resource referrals, individual and group counseling, court advocacy and accompaniment, children's program, teen dating abuse, prevention, and community outreach and education.
- Sexual Assault Resource Center (SARC)— 24/7 crisis line, 24/7 hospital accompaniment, crisis intervention, safety plans, advocacy, resource referrals, counseling, support groups, court advocacy and accompaniment, and community outreach and education.
- Tree House Children's Advocacy Center (CAC)—forensic interviews, medical exams, advocacy, safety plans, resource referrals, trauma assessments, counseling, teen support group, court advocacy and accompaniment, Stewards of Children's' Darkness to Light Prevention Program, Empower Me—Child Sexual Abuse Prevention Program, and community outreach and education. \*\*\*Requires a referral from law enforcement or child protective services.
- Second Chance Boutiques and Home Décor—second hand thrift stores, donate and/or shop, located in Monroe and Waxhaw.

## **Crisis Intervention Services**

### **Union County Crisis Assistance Ministry**

1335 W. Roosevelt Blvd.

Monroe, NC 28110

Phone: 704-225-0440

Fax: 704-296-0299

Website: [unioncrisis.org](http://unioncrisis.org)

#### **Description/Purpose of Agency:**

Union County Crisis Assistance Ministry provides short term assistance to families and individuals in crisis by supplying resources to meet their basic needs.

#### **Whom do you serve?**

Residents of Union County.

#### **What services do you provide?**

Union County Crisis Assistance Ministry provides financial aid, inter-agency referrals, financial counseling and budget management. This agency further provides emergency financial assistance in the areas of shelter, food, utilities and prescription medicine.

## **Disabilities Services**

### **(The) Arc of Union /Cabarrus**

1653-C Campus Park Drive

Monroe, NC 28112

Phone: 704-261-1550

Fax: 704-731-0717

Email: [mmiller@thearcisthere.org](mailto:mmiller@thearcisthere.org)

Website: [thearcisthere.org](http://thearcisthere.org)

### **Description/Purpose of Agency:**

Advocacy and support for people with developmental disabilities and their families.

### **Whom do you serve?**

Union and Cabarrus County residents of all ages with a diagnosis of developmental disability.

### **What services do you provide?**

Advocacy

Aktion Club

Camp Spencer

Circle of Parents

First in Families of the Southern Piedmont

Operation Arc Angel

Referrals / Information Services

SibShops

Wings for Autism

## **Disabilities Services**

### **InReach**

146 Winchester Avenue  
Monroe, NC 28110

or

4530 Park Road  
Suite 300  
Charlotte, NC 28209

Phone: 704-536-6661

Fax: 704-776-9385

Website: [inreachnc.org](http://inreachnc.org)

### **Description/Purpose of Agency:**

InReach is a leader in providing housing, jobs and community support to individuals with intellectual and developmental disabilities in Union, Mecklenburg, and surrounding counties.

InReach serves individuals by:

- CONNECTING individuals with securing and maintaining jobs, volunteer opportunities, and community activities and resources
- PROMOTING independence and providing support with reaching goals
- IMPLEMENTING daily support to individuals with disabilities in their homes and community
- Coordination of Day Activities, community engagement, enrichment classes, and volunteer involvement.

### **Mission Statement**

To be a leader in providing innovative housing, employment and community services to support people with intellectual, developmental and other disabilities and their families.

### **Vision Statement**

Empowering people we support to realize that their goals, aspirations and dreams are within reach.

### **Whom do you serve?**

Individuals with intellectual/developmental disabilities throughout their lifespan

### **What services do you provide?**

InReach provides a wide variety of services to Union County residents, including: Innovations Waiver Services, Day Supports and Activity Center, Project SEARCH, Care Management, and Long Term Community Supports.

*(some services only available in certain counties)*

## **Disabilities Services**

### **NC Division of Services for the Deaf and Hard of Hearing**

5501 Executive Center Dr., Ste. 200

Charlotte, NC 28212

Phone: 704-568-8558

TTY: 704-568-8505

Videophone: 704-918-1554

Fax: 704-568-9615

Website: [ncdhhs.gov/dsdhh](http://ncdhhs.gov/dsdhh)

#### **Description/Purpose of Agency:**

The Division of Services for the Deaf and Hard of Hearing works to ensure that all Deaf, Hard of Hearing, or Deaf-Blind North Carolinians have the ability to communicate their needs and to receive information easily and effectively in all aspects of their lives, especially their health and well-being.

#### **Whom do you serve?**

We serve residents of Anson, Cabarrus, Gaston, Lincoln, Mecklenburg, Montgomery, Richmond, Rowan, Stanly, and Union counties whom are Deaf, Hard of Hearing, Deaf-Blind, and Speech Disabled.

#### **What services do you provide?**

We provide advocacy, education and awareness, emergency preparedness and more. We can also provide free hearing aids, alerting devices, amplified telephones, electronic speech aid devices, and other communication devices.

## **Disabilities Services**

### **Pediatric Boulevard**

2814 Gray Fox Road  
Monroe, NC 28110

Phone: 704-821-0568

Fax: 704-821-0570

Website: [pediatricboulevard.com](http://pediatricboulevard.com)

### **Description/Purpose of Agency:**

Pediatric Boulevard brings Speech, Physical, Occupational, Swallowing and Literacy based therapy all under one roof in our 7,020 square foot facility.

If you are curious or have concerns about the development of your child, please email us at [info@pediatricboulevard.com](mailto:info@pediatricboulevard.com).

### **Whom do you serve?**

Children birth—20 years of age

### **What services do you provide?**

**SPEECH THERAPY:** Specializing in the treatment of a delay in speech development including: articulation (pronouncing speech sounds), fluency (speaking or writing smoothly, easily and effortlessly), phonological processes (speech sound pattern productions), receptive language (understanding), expressive language (combining words to form sentences, social skills), and swallowing/feeding issues.

**PHYSICAL THERAPY:** Treating the development or strengthening of large muscle groups (gross motor skills) so that the child can roll, sit up, crawl, walk, run, jump, gallop, skip, catch/throw/kick a ball, etc.

**OCCUPATIONAL THERAPY:** Treating the development or strengthening of small muscle groups (fine motor skills) in the child's hands to improve skills related to activities of daily living such as feeding, bathing, dressing, etc. Treating sensory integration issues such as difficulty with attention, avoidance of sounds/textures/lights, difficulty with self-calming, etc.

**SWALLOWING THERAPY:** Using therapy techniques to make feeding and drinking safe, pleasurable and efficient.

**LITERACY BASED THERAPY:** Treating the development of reading and writing skills utilizing efficacy based therapeutic techniques to increase overall reading success.

## **Family Services**

### **American Red Cross of Southern Piedmont**

125 Pedro St., Suite E

Monroe, NC 28110

Phone: 704-283-7402

Fax: 704-282-0810

Email: Sheila.Crunkleton@redcross.org

Website: redcross.org/nc/monroe

Hours of Operation: Office hours = Monday - Friday—10:00 a.m. - 4:00 p.m.  
On call 24 / 7

#### **Description/Purpose of Agency:**

The American Red Cross is a humanitarian organization led by volunteers. They provide relief to victims of disasters and help families prevent, prepare for, and respond to emergencies. Disaster Services involves providing food, water, clothing, and shelter to disaster victims 24 hours a day.

#### **Whom do you serve?**

Anson, Cabarrus, Montgomery, Rowan, Stanly and Union Counties

#### **What services do you provide?**

- ◆ A variety of services are available in Preparedness Training, Disaster Services, Blood Services, and Armed Forces Emergency Services.
- ◆ Preparedness Training involves teaching multiple classes on first aid, CPR, babysitting, Automated External Defibrillation (AED) training, and pet first aid.
- ◆ Blood Services hold approximately 150 blood drives in the community throughout the year.
- ◆ Community education on preparedness for children, families, seniors, and businesses.



## **Family Services**

### **Atrium Health Union**

#### **Safe Kids / Communities of Union County (SKUC)**

600 Hospital Drive

Monroe, NC 28112

Phone: 980-993-7664

Fax: 980-993-4046

Website: [carolinashealthcare.org/union](http://carolinashealthcare.org/union)

Coordinator: Shea Braswell

Email: [shea.braswell@atriumhealth.org](mailto:shea.braswell@atriumhealth.org)

Union County Buckle Up Coordinator: Windi Henderson, Hemby Bridge Fire Department

Email: [WindiHenderson@hembybridgevfd.com](mailto:WindiHenderson@hembybridgevfd.com)

#### **Mission Statement:**

Safe Kids/Communities of Union County (SKUC) provides injury prevention outreach to the Union County community by leading programs and supporting other agencies that share a similar mission of community safety and injury prevention.

#### **Whom do you serve?**

All of Union County, North Carolina

#### **What services do you provide?**

**Child Passenger Safety** assistance by providing educational information on correct child passenger restraints, hands on activities, and informed them of local permanent checking stations.

**Operation Medicine Drop (OMD)** assistance by providing educational information and informed them of four local permanent drop box locations. Provide education and hands on activities on medicine mix up display.

**Teen Safety** by working with local Law Enforcement on texting and driving, speeding, seat belts, and curfew.

**Fire Education and Prevention** by working with local Fire Departments on smoke alarms, escape plans/know to ways out, and general fire preventions.

**Water Safety** by working with local Law Enforcement with local community pools to educate about safety in and around pools.

**Home Safety** by working with Atrium Health and Day Care Centers to education CPR/First Aid Safety, home alone safety age 12, safe sleep for babies, batteries and TV and furniture tip-overs.

*Free Car Seat Inspection locations on following page....*

## Family Services

*Safe Kids / Communities of Union County (SKUC) continued....*

### Permanent Checking Stations Union County, NC

<b>Location</b>	<b>Date &amp; Time</b>	<b>Contact</b>
<b>Hemby Bridge Fire Department PCS</b> 6628 Mill Grove Rd   Indian Trail, NC	Second Thursday of each month, 10am – 12pm	Windi Henderson 704-882-2100
<b>Stallings Fire Department PCS</b> 4616 Old Monroe Rd   Indian Trail, NC	Third Tuesday of each month, 4pm – 6pm	704-821-7100
<b>Monroe Police Department PCS</b> 218 E. Franklin St.   Monroe, NC	Second Wednesday of each month, 9am – 1pm	Camron Pezzello 704-282-4700
<b>Monroe Fire Department Station 1 PCS</b> 300 W. Crowell St   Monroe, NC	First Friday of each month, 10am – 2pm	Kevin Philemon 704-282-4741
<b>Monroe Fire Department Station 4 PCS</b> 3907 Old Charlotte Hwy   Monroe, NC	Third Monday of each month, 4pm – 7pm	Kevin Philemon 704-282-4741
<b>Wesley Chapel Fire Department PCS</b> 315 Waxhaw Indian Trail Rd   Waxhaw, NC	Fourth Saturday of each month, 10am – 12pm	Chris Salter 704-843-3367
<b>Union County Sheriff's Office – Indian Trail PCS</b> 130 Blythe Dr   Indian Trail, NC	First Tuesday of each month, 10am – 12pm	Leslie Brett 704-283-3791



*OMD locations on following page....*

## Family Services

*Safe Kids / Communities of Union County (SKUC) continued....*

### Union County Medicine Drop Locations

Location	Drop-off Times
<b>Marshville Police Department</b> 113 W. Main St   Marshville, NC	<b>Monday-Friday</b> <b>8am-5pm</b> <b>Closed on Holidays</b>
<b>Monroe Police Department</b> 218 E. Franklin St   Monroe, NC	<b>Everyday</b> <b>24 hours</b>
<b>Stallings Police Department</b> 315 Stallings Rd   Stallings, NC	<b>Monday-Friday</b> <b>8am-5pm</b> <b>Closed on Holidays</b>
<b>Union County Sheriff's Office Satellite Facility</b> <b>Wesley Chapel Volunteer Fire Department #26</b> 315 Waxhaw-Indian Trail Rd   Waxhaw, NC	<b>Monday-Friday</b> <b>8am-5pm</b> <b>Closed on Holidays</b>
<b>Union County Sheriff's Office Satellite Facility</b> 109 Navajo Trail   Indian Trail, NC	<b>Monday-Friday</b> <b>8am-5pm</b> <b>Closed on Holidays</b>
<b>Union County Sheriff's Office</b> 3370 Presson Rd   Monroe, NC	<b>Everyday</b> <b>24 hours</b>
<b>Waxhaw Police Department</b> 3620 Providence Rd South   Waxhaw, NC	<b>Monday-Friday</b> <b>8am-5pm</b> <b>Closed on Holidays</b>



## **Family Services**

### **Cameron's House of Hope**

4130 Indian Trail Fairview Rd.

Indian Trail, NC 28079

Phone: 704-893-2671

Website: [cameronshouseofhope.org](http://cameronshouseofhope.org)

#### **Description/Purpose of Agency:**

If you are a parent, grandparent, or guardian of a child affected by substance abuse, we offer services to help provide counseling to address the trauma and emotional health of children ages 4-12.

#### **Whom do you serve?**

Children impacted by parental substance abuse use (past or present) in need of counseling services to help address trauma from living and coping with a parent or family member in addiction. We help provide coping skills and address abandonment, shame, and stigma of children ages 4-12.

#### **What services do you provide?**

- Provide counseling to address emotional needs of each child.
- Provide tutoring to help equip children to improve their grades.
- Meet food inadequacies for child's home.
- Provide clothing to ensure each child has adequate clothing (school).
- Offer playtime and art and crafts to help the healing process.
- Mentor caregivers/parents to guide and offer encouragement while they are restored or raising their child.

## **Family Services**

### **Charlotte Speech and Hearing Center**

2605 W. Roosevelt Blvd.

Monroe, NC 28110

Phone: 704-523-8027

Fax: 704-523-8031

Website: [charlottespeechhearing.com](http://charlottespeechhearing.com)

#### **Description/Purpose of Agency:**

Charlotte Speech and Hearing Center provides a full range of effective, family-centered speech-language and hearing services to everyone in need. We are a non-profit agency that offers affordable care options for every budget.

#### **Whom do you serve?**

The hearing department serves individuals of all ages. The speech department primarily serves children from birth to teenagers.

#### **What services do you provide?**

- ◆ Speech-language screenings and evaluations for children
- ◆ Speech-language therapy for a wide variety of pediatric speech-language disorders or delays
- ◆ Hearing screenings and full diagnostic audiology evaluations
- ◆ Hearing aid fittings and a variety of hearing aid support services for all levels of technology
- ◆ We have a sliding fee scale for both hearing aid purchases and speech-language services
- ◆ Community outreach services include workshops and mass screenings based on availability

## **Family Services**

### **Child Care Resources Inc.**

200B Regency Executive Park Dr., Suite 240

Charlotte, NC 28217

Phone: 704-376-6697

Fax: 704-376-7865

Website: [childcareresourcesinc.org](http://childcareresourcesinc.org)

Email: [mailbox@childcareresourcesinc.org](mailto:mailbox@childcareresourcesinc.org)

Child Care Search: [findchildcarenc.org](http://findchildcarenc.org)

Hours of Operation: Monday - Friday

8:00 a.m. - 5:00 p.m.

### **Description/Purpose of Agency**

Child Care Resources Inc. (CCRI) is a private, non-profit child care resource and referral agency that works with families and communities to ensure that all children have access to high quality, affordable early learning and school-age opportunities and experiences that enable them to succeed in school and in life.

### **Whom do you serve?**

Children — Birth to 12 years of age and their families. CCRI offers a range of services for early childhood and school age care programs and professionals of Union, Mecklenburg, Cabarrus, Rowan, and Stanly counties.

### **What services do you provide?**

- ◆ Family Information Services: Delivering information, education and support so that families select early learning and school-age child care services that promote child well-being.
- ◆ Program and Business Consultation: Promoting early care and education and school-age child care program excellence through quality improvement, quality assurance services, and effective business practice.
- ◆ Financial Aid: Increasing the ability of eligible working families to afford early learning and school-age child care services and increasing the business capacity of child care programs to serve their children well. (Mecklenburg County **only**)
- ◆ Research and Policy Development: Advancing policy and public support for accessible, affordable, and improved early learning and school-age child care services for all children, birth through age 12.

## **Family Services**

### **Common Heart**

116 Business Park Dr.  
Indian Trail, NC 28079  
Phone: 704-218-9060  
Website: CommonHeart.org

### **Description/Purpose of Agency**

**Vision:** Create a small revolution of kindness in our community to eradicate food insecurity and eliminate generational poverty.

**Mission:** Foster individual and community engagement to feed hungry families and empower those in poverty, creating a sustainable community where all can thrive.

### **Whom do you serve?**

Under-resourced residents of Union County

### **What services do you provide?**

#### **Getting By**

- Weekly Food Pantries: Mill Grove United Methodist Church – Mondays 7-8 pm  
Benton Heights Presbyterian Church – Mondays 7-8 pm  
Wingate Baptist Church – Tuesdays 7-8 pm  
Union United Methodist Church – Thursdays 7-8 pm
- Monthly Mobile Pantries: Community Shelter of Union County  
Liberty Hill Baptist Church Waxhaw  
Mineral Springs United Methodist Church
- Delivery Pantry: Must qualify, referrals only, contact for details

#### **Getting Ahead**

- Getting Ahead in a Just Getting by World, 45 hour work group for those in poverty
- 18-month follow-through program after Getting Ahead
- Soft Skills for Workplace Success and Escaping Relational Drama, Financial Literacy

#### **Getting Engaged**

- Advocates for Change (Seeks to bring everyone to the table to create resources for individuals and our community).

**VITA** Free tax service Feb-April 15

## **Family Services**

### **Grace Foundation of Union County**

P.O. Box 693

Wingate, NC 28174

Phone: 704-233-4722

Website: [gracesicklecells.org](http://gracesicklecells.org)

#### **Description/Purpose of Agency:**

Grace Foundation of Union County was established in 2006 as a nonprofit organization to educate, give support and empower Sickle Cell Disease residents and families for a stronger community.

#### **Whom do you serve?**

We serve Sickle Cell Disease residents.

#### **What services do you provide?**

Education, medical assistance, transportation, and assistance to attend local and statewide Sickle Cell conference and camps.



## **Family Services**

### **Monroe Housing Authority**

504 Hough Street

Monroe, NC 28112

Phone: 704-289-2514

Fax: 704-283-1961

Website: [monroehousing-nc.com](http://monroehousing-nc.com)

### **Description/Purpose of Agency:**

Providing quality affordable housing to residents of Monroe and Union County NC.

### **Whom do you serve?**

Families, Seniors, Disabled residents

### **What services do you provide?**

Affordable housing

Section 8

## **Family Services**

### **Monroe-Union County Community Development Corporation**

(Physical address) 349 E. Franklin Street

(Mailing address) P.O. Box 887

Monroe, NC 28111

Phone: 704-283-8804

Fax: 704-292-1037

Website: [muccdc.com](http://muccdc.com)

#### **Description/Purpose of Agency:**

To assist low and moderate income families in obtaining and maintaining affordable housing.

#### **Whom do you serve?**

Low—moderate income families

#### **What services do you provide?**

- Comprehensive housing counseling services,
- Housing development and rental housing,
- Housing rehabilitation for elderly and disabled families
- Financial assistance for home buyers.

## **Family Services**

### **NAMI Union County (an affiliate of the National Alliance on Mental Illness)**

P.O. Box 1821

Monroe, NC 28111

Website: [naminc.org](http://naminc.org)

Email: [namiunionco@gmail.com](mailto:namiunionco@gmail.com)

#### **Description/Purpose of Agency:**

Education, support and advocacy for persons living with mental illness and their family members.

#### **Whom do you serve?**

Membership and participation is open to residents of Union County

#### **What services do you provide?**

- Family Members Support Group– 2nd Thursday of each month from 7-8:30 p.m.
- Family to Family Education Class (FREE)

All classes and support groups are virtual. Contact [namiunionco@gmail.com](mailto:namiunionco@gmail.com) for information and how to participate.

## **Family Services**

### **The Navigation Lady**

Phone: 704-242-4322

Email: [TheNavLady@gmail.com](mailto:TheNavLady@gmail.com)

Website: [facebook.com/TheNavigationLady](https://www.facebook.com/TheNavigationLady)

### **Description/Purpose of Agency:**

To allow adult children to remain adult children instead of being administrators of parents' lives. Detail management, medical, resources, household.

### **Whom do you serve?**

Older adults, vulnerable adults and/or their families in Union County and surrounding area.

### **What services do you provide?**

Detail management

- Benefit applications
- Referral and information services
- Household bill management
- Medical bill/insurance benefit management
- Advocacy

## **Family Services**

### **Union County 4-H Youth and Development**

3230-D Presson Road

Monroe, NC 28112

Phone: 704-283-3735

Fax: 704-283-3740

Website: [union.ces.ncsu.edu/union-county-4-h-youth-development/](http://union.ces.ncsu.edu/union-county-4-h-youth-development/)

#### **Description/Purpose of Agency:**

Union County 4-H is a community of young people who are learning leadership, citizenship, and life skills as they work in partnership with caring adults. It is an informal, hands-on educational program that is committed to helping young people develop skills that will help them succeed.

#### **Whom do you serve?**

The program is open to youth between the ages of 5-18, of all racial, cultural, economic and social backgrounds, whether they live in the city or on the farm.

#### **What services do you provide?**

Core Mission Areas — civic engagement, healthy living, and STEM (science, technology, engineering, and math)

#### **Delivery Methods:**

##### **4-H Clubs**

- Special Interest Clubs — Topics range from horse and shooting sports to environmental education
- Community Clubs
- In-School Clubs
- Afterschool Clubs

##### **Special Interest**

- Robotics
- Loom Knitting
- Public Speaking
- Career Development
- Leadership
- Civic Engagement
- Healthy Living
- And so much more...

##### **Summer Day Camps**

- Offered for 8-weeks with various topics and ages
- Registration is typically available by February

##### **School Enrichment**

- Accommodating to the NC Essential Standards
- Train teachers on information

##### **Overnight Camps**

## Family Services

### **Union County Department of Human Services Division of Community Support & Outreach**

2330 Concord Avenue

Monroe, NC 28110

Phone: 704-296-4300

Website: unioncountync.gov

Hours of operation: Monday - Friday

8:00 a.m. - 5:00 p.m.

#### **Description/Purpose of Agency:**

Community Support and Outreach (CSO) programs touch three main areas. We manage federal and state economic stability programs, deliver nutrition services to vulnerable populations, and provide community outreach and engagement activities including volunteer coordination, health education, and parenting programs. CSO works to promote a healthy community through training, health education and promotion, and outreach. With our community partners, we identify key issues and work together to build a healthier Union County by systematically addressing the social determinants of health that impact access.

#### **Whom do you serve?**

Services are available for Union County residents and their families. Participants must meet age or income guidelines to be eligible for many of the programs.

#### **What services do you provide?**

##### **Community Engagement and Health Education**

offers programs on a variety of health topics to community groups, schools, church groups and worksites in Union County. We partner and collaborate with many different agencies, hospitals & health organizations, non-profits, faith-based organizations and businesses in our community to promote health, health equity and reduce health-related disparities.

##### **Crisis/Emergency Assistance (LIEAP, CIP,**

**Emergency Assistance, LIHWAP)** assesses individuals and families who are in crisis to see what services and/or resources may be available to them. This can include assistance with their energy bill for heating or air conditioning costs when there is a medical condition that requires regulated temperature in the home.

- In certain situations, we may also be able to assist families who have minor children and the ability to maintain, with rent and/or initial rental housing expenses.
- We provide referrals for food assistance and referrals to other community resources as needed and available.

Additionally, the unit takes referrals for adult daycare and in-home aide services for older and/or disabled adults.

**Senior Nutrition Program (UCSN)** provides meals to individuals 60 and over throughout Union County. We do more than provide a nutritious meal, though! We also provide support, education and personal interaction that promotes nutritional, physical, and social well-being. We believe our services help sustain health, promote independence and improve the quality of life of those who participate. There is no cost to participate in any of our nutrition programs and there are no income guidelines. UCSN is funded with a combination of federal, state and county dollars, and voluntary contributions from participants. Participants are under no obligation to contribute; it is entirely voluntary. See page 82 of this guide for additional program information.

*Service Summary continued on following page...*

## Family Services

### *Division of Community Support & Outreach continued...*

#### **Women, Infants, and Children Program (WIC)**

offers nutritional and breastfeeding services free of charge to eligible participants.

- WIC provides services to eligible pregnant, breastfeeding and postpartum women, as well as infants and children.
- WIC food benefits are issued into an electronic benefit account at the WIC office.
- Families use their eWIC card to access their food benefits at the grocery store.

See page 60 of this guide for additional program information.

**WIC Breastfeeding Peer Counselor Program** is designed to provide mother-to-mother breastfeeding support and basic breastfeeding education to WIC Program mothers who are pregnant or breastfeeding. Breastfeeding peer counselors are bilingual and have completed the North Carolina Breastfeeding Peer Counselor Core Training. WIC mothers choosing to breastfeed are provided information through one on one counseling, follow-up support from our peer counselors, group discussions and breastfeeding educational materials. See page 61 of this guide for additional program information.

#### **Parenting Support and Nurturing Parenting Program**

provides intense parenting education sessions for families overwhelmed and struggling with the parenting role, or those who are experiencing the early stages of child maltreatment and need intervention and treatment.

- 13 sessions
- Meets weekly
- Utilizes the Nurturing Parenting Program for Parents and Their Infants, Toddlers and Preschoolers.

To qualify, parents and caregivers need to live in Union County and have a 0-5 aged child that is not yet in kindergarten. Translation services are available.

**Volunteer Income Tax (VITA)** program offers free tax help to people who generally make \$57,000 or less, persons with disabilities and limited English speaking taxpayers who need assistance in preparing their own tax returns. IRS-certified volunteers provide free basic income tax return preparation with electronic filing to qualified individuals.

**Work First** is North Carolina's Temporary Assistance for Needy Families (TANF) program and is designed to assist families that are in a temporary financial crisis. The Work First program provides a wide array of supportive services to aid families in achieving self-sufficiency. The Work First program promotes a strengths-based, family-centered practice approach. Work First objectives include but are not limited to:

- Job readiness
- Employment
- Child well-being
- Economic self-sufficiency
- Safe and affordable housing
- Improved physical and mental health of families

## **Family Services**

### **Union County Department of Human Services Division of Social Services**

2330 Concord Avenue  
Monroe, NC 28110  
Phone: 704-296-4300  
Fax: 704-296-6151  
Website: [unioncountync.gov](http://unioncountync.gov)

Hours of operation: Monday thru Friday  
8:00 a.m. - 5:00 p.m.

#### **Description/Purpose of Agency:**

The Union County Division of Social Services partners with families in achieving economic well-being, safety, and permanence within the community.

#### **Whom do you serve?**

Individuals and families in Union County.

#### **What services do you provide?**

- Children's Services Program provides services to families and children for the purpose of preserving and maintaining family functioning.
- Services include: financial assistance for emergencies such as medication, utilities, food, and housing. Child Protective Services is an involuntary service in which allegations of child abuse, neglect or dependency are assessed. In-Home Services is for those families needing supportive services. Foster Care Services are provided to children who have been removed from their families for reasons of neglect, abuse, and/or dependency.
- Adult Services & Benefits provides a variety of services and benefits to adults and families. Services include: Adult Protective Services, In-Home Aide, Adult Day Care, Guardianship, Nursing Home Placement, Adult Care Home services, Case Management services, In-Home Special Assistance services, Transportation services, General and Emergency Assistance, Crisis Intervention services, Medicaid for the Aged and Disabled Benefits, Medicaid Benefits for Medicare Recipients, Special Assistance Benefits for the Aged and Disabled and Food Stamp Benefits.
- Family Support Services & Daycare offers assistance to families with economic well-being, nutrition, medical assistance and supportive services for self-sufficiency.
- The Behavioral Health Collaborative is a partnership between DSS and UCPS to improve student's social and emotional wellbeing by providing school social workers and behavioral health therapists in schools.



## Family Services

### *Division of Social Services continued...*

#### **Service Summary:**

**Medicaid** is a federal and state funded program designed to secure health insurance coverage for individuals and families.

**Food Assistance (FNS)** program also known as Supplemental Nutritional Assistance program is designed to provide food for people in need.

**Child Day Care** subsidies help eligible low income families pay for child care, allowing parents or caretakers to work or attend school.

**Foster Care** is a temporary living arrangement for children who have been abused or neglected and need a safe place to live. With the approval of a judge, Social Services can take custody of the at-risk child(ren) and place the child(ren) in a foster home.

**Adoptions Services** help find permanent homes for children and to provide support to the families who adopt them.

**Adult Services/In Home Services/Adult Day Care**  
The Adult Services Unit is responsible for a wide array of programs that ensure the health, safety and well-being of the vulnerable population in Union County. Adult Protective Services receives and evaluates reports of abuse, caretaker neglect, self-neglect, and exploitation of the elderly and disabled adults to determine the need for protective services and arranges appropriate services provisions as needed and available. This includes Guardianship for adults that have been adjudicated incompetent by a court of law. Special Assistance In-Home, Payee Services, Individual and Family Adjustment, Adult Day Care, Adult Day Health, In-Home and Blind Services are provided to eligible disabled and/or elderly adults as supportive services to help individuals safely remain in their own home as long as possible.

**Behavioral Health Collaborative with UCPS** is a program that provides school social workers and behavioral health therapists from DSS to work in Union County Public School.

**Child Support Enforcement** involves locating absent parents, assisting in the establishment of paternity, and obtaining court-ordered child support payments.

**Child & Family Services'** goal is to ensure safe, permanent, and nurturing families to all children in Union County. We partner with families to accomplish the goal.

**Child Placement Services** includes recruitment, licensing, and training of foster parents.

**Prevention and Aftercare Services**—Social Worker provides outreach services to children and families to prevent child protective services involvement. Aftercare services are provided on In-Home Services cases and foster care cases and provided on a voluntary basis.

**Protective Services for Children (Child Abuse & Neglect)**  
The unit provides services to children and their families through the Multiple Response System (MRS) using the dual track of Investigative or Family Assessments in response to instances of actual or suspected child abuse, neglect, or dependency.

**Union County Group Home for Children** is a 24 hour, 9 bed facility that serves abused, neglected, dependent, and court involved youth. Many of these youth are in crisis and the Shelter Care provides them with a safe and supportive environment.

**Independent Living Program (LINKS)** provides services for youth that are or have been in foster care at the age of 13 through 21 in order to help prepare them for independent living.

**Program Integrity** ensures compliance, efficiency, and accountability within the N.C. Medicaid Program and the Food and Nutrition Program by detecting and preventing fraud, waste, program abuse, and by ensuring that Medicaid and Food and Nutrition dollars are paid appropriately by implementing tort recoveries, pursuing recoupments, and identifying avenues for cost avoidance.

**Aid to the Blind**— The North Carolina Division of Services for the Blind provides treatment, rehabilitation, education and independent living alternatives for blind and visually impaired residents of North Carolina.

## **Family Services**

### **Union County Department of Human Services**

#### **Public Health Preparedness**

2330 Concord Avenue  
Monroe, NC 28110

Contact: Jason Gurian  
Phone: 704-296-4820  
Fax: 704-296-4807  
Website: [unioncountync.gov](http://unioncountync.gov)

#### **Description/Purpose of Agency:**

To protect the public's health during disaster situations such as disease epidemics, chemical and radiological releases, severe weather, and natural disasters.

#### **Whom do you serve?**

Citizens of Union County

#### **What services do you provide?**

- Public Health Preparedness (PHP): To provide public health assistance to local response agencies during a disaster. PHP provides medical assistance during shelter events, dispenses medications during epidemics or radiological events, and investigates disease outbreaks.
- Special Needs Registry: Responsible for updating and registering individuals in a database with functional and access needs in order to assist emergency workers in locating those whom may need emergency assistance during disaster situations.  
Register online: [portal.unioncountync.gov/Forms/Functional-Needs](http://portal.unioncountync.gov/Forms/Functional-Needs)

## Union County Access and Functional Needs Registry

Union County Division of Emergency Management and Union County Division of Public Health are responsible for maintaining a registry for residents in Union County who have access and functional needs. Individuals who have a disability that may impair their ability to seek safety during an emergency are asked to register. The registry serves as a database to use during emergency situations and the information provided will be used for emergency response purposes only. Signing up for this registry is not a guarantee of service. Please call for information or complete the information and return completed form to one of the following:

- Union County Emergency Management: 500 N. Main Street Suite 809, Monroe, NC 28112 - (704) 283-3575—Fax: 704-283-3716
- Union County Division of Public Health: 2330 Concord Avenue, Monroe, NC 28110 - (704) 296-4800—Fax: 704-296-4807

**General Information:**

Name: First: \_\_\_\_\_ Last: \_\_\_\_\_ Gender:  M  F  
 Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_  
 Phone: \_\_\_\_\_ Alternate Phone: \_\_\_\_\_  
 Date of birth: \_\_\_\_\_ Age: \_\_\_\_\_ Primary Language:  English  Spanish  Other: \_\_\_\_\_  
 Do you have a service animal?  Yes  No If Yes, what type? \_\_\_\_\_  
 Do you have a full-time caregiver?  Yes  No If Yes, will your caregiver evacuate or shelter with you?  Yes  No  
 Do you live alone?  Yes  No If No, who do you live with:  Family  Caretaker  Group Home  Other: \_\_\_\_\_  
 Do you require electricity for medical equipment?  Yes  No  
 Emergency Contact Name: \_\_\_\_\_  
 Emergency Contact Phone: \_\_\_\_\_ Alternate Phone: \_\_\_\_\_

**Mobility (check all that apply)**

- No mobility issues
- Able to walk with assistance
- Confined to Bed
- Wheelchair/Mobility Vehicle
- Prosthesis
- Other \_\_\_\_\_

**Assistance with: (check all that apply)**

- Bathing
- Dressing
- Using the Toilet
- Eating
- Medicine
- Other \_\_\_\_\_

**Transportation for evacuation or to a shelter:**

- No transportation Needs
- Need transportation—can use standard vehicle
- Need Transportation—require a wheelchair lift vehicle
- Need Transportation—require a stretcher
- Other: \_\_\_\_\_

**Sensory (check all that apply)**

- Legally Blind
- Glasses, Contacts
- Braille Needs
- Hearing aids / Assistive Technology
- Difficulty understanding verbal instructions
- Other: \_\_\_\_\_

None

- Speech impairment
- Non-verbal
- Sign Language

**Learning, Developmental, and Mental (check all that apply)**

- Alzheimer's
- Dementia
- Amnesia
- ADHD
- Autism
- Genetic disability
- Behavioral
- Mental

None

- Brain Injury
- Learning Disability
- Other: \_\_\_\_\_

**Medical (check all that apply)**

- Insulin
- Oxygen
- Dialysis
- Feeding Tube
- Obesity
- IV Meds
- Arthritis
- Stoma or Ostomy

None

- Catheter
- Wound Care
- Life Support
- Other \_\_\_\_\_

I certify that the above information is correct. I understand that I am responsible for all expenses associated with medical evacuation and shelter at a hospital. I hereby grant permission to Union County Emergency Management and Union County Division of Public Health to release this information to other emergency response agencies as needed during emergency situations and for planning purposes.

Signed: \_\_\_\_\_ Date: \_\_\_\_\_ Relation: \_\_\_\_\_



## **Healthcare Services**

### **Atrium Health Union / Atrium Health Waxhaw**

600 Hospital Drive

Monroe, NC 28112

Phone: 980-993-3100

Fax: 980-993-4175

Website: [atriumhealth.org/locations/detail/atrium-health-union](http://atriumhealth.org/locations/detail/atrium-health-union)

#### **Description/Purpose of Agency:**

Atrium Health Union has a total of 252 licensed beds. This includes a 182-bed community hospital that offers inpatient, outpatient, and emergency care services; and Jesse Helms Nursing Center with 70 long-term care beds. For more than 50 years, Atrium Health Union has been committed to improving the health and wellbeing of individuals, families, and communities throughout Union County and the surrounding area. Atrium Health Union is part of Atrium Health, which is the leading healthcare provider in the Southeast.

#### **Whom do you serve?**

Atrium Health Union provides medical services to residents of Union County and the surrounding area.

#### **What services do you provide?**

Atrium Health Union is committed to excellence in patient care and service delivery, and provides a comprehensive array of health services including an acute care hospital, long-term care facility, and community-based physician practices. A state-of-the-art Women and Children's Center features labor, delivery, recovery, and post-partum (LDRP) suites that promote family-centered care designed to make patients feel at home. A special care nursery staffed 24/7 by neonatologists and a lactation center are also available. The Cardiovascular Center provides an extensive array of cardiac and vascular diagnostic services using the latest technologies. Interventional cardiologists from the Sanger Heart and Vascular Institute perform percutaneous coronary intervention (PCI) procedures to repair blocked arteries in the heart. The Edwards Cancer Center, part of the Levine Cancer Institute, provides the latest advancements in radiation therapy technology and the highest quality of cancer care available. The Emergency Department has some of the most advanced technology and includes 34 treatment rooms, two dedicated trauma rooms, a 64-slice CT scanner, and cardiac monitoring equipment. This technology, along with board-certified emergency medicine physicians, expedite diagnoses and direct patients to the care they need in emergent situations. Additional services at Atrium Health Union include an accredited chest pain center, inpatient and outpatient surgery, rehabilitation services, sleep center, diabetes center, wound care center, and advanced imaging center.

**Atrium Health Waxhaw** is a free-standing emergency Department located in Waxhaw, NC and is part of Atrium Health Union. This facility is staffed by board-certified emergency medicine physicians with advanced diagnostic technology.

## **Healthcare Services**

### **Atrium Health Waxhaw (part of Atrium Health Union)**

2700 Providence Road South

Waxhaw, NC 28173

Phone: 704-667-6800

Fax: 704-667-6801

Website: [atriumhealth.org/locations/detail/atrium-health-waxhaw](http://atriumhealth.org/locations/detail/atrium-health-waxhaw)

#### **Description/Purpose of Agency:**

Atrium Health Waxhaw features a full service Emergency Department providing care for patients in need of emergency care 24 hours per day, seven days per week, as well as advanced diagnostic imaging and laboratory services. Primary and specialty physician practices are located in an adjoining medical office building.

#### **Whom do you serve?**

Atrium Health Waxhaw provides emergency medical services to the residents of Union County and the surrounding area.

#### **What services do you provide?**

Atrium Health Waxhaw's Emergency Department is staffed by all board-certified emergency physicians who provide the highest quality emergency care, from broken bones and severe cuts to heart attacks and strokes. Advanced diagnostic imaging, including CT, ultrasound, and diagnostic x-ray services, are available to both emergency patients and outpatients. A full range of laboratory procedures are also available. Highly-skilled primary care and specialty care physicians are located in the facility's medical office building to meet each family's medical needs close to home.

## **Healthcare Services**

### **Bayada Home Health Care**

8801 J.M. Keynes Drive  
Suite 205  
Charlotte, NC 28262  
Phone: 704-971-4600 Charlotte  
Fax: 704-971-4601 Charlotte  
Website: bayada.com

#### **Description/Purpose of Agency:**

We believe our clients and families turn to BAYADA Home Health Care because of our heartfelt commitment to providing care with compassion, excellence, and reliability. It is more than a commitment...it's our calling.

**Available:** 24/7

**Whom do you serve?** Residents of Mecklenburg, Union, Anson, and Cabarrus Counties.  
Geriatrics, Adults, Pediatrics, Developmental Disabilities, Hospice  
Located throughout North Carolina and worldwide.

#### **What services do you provide?**

Certified Medicare Services-Also accepting other insurances

Nurses, Therapists, Home Health Aides, Certified Nursing Assistants, Medical Social Workers.  
We are able to help our client at every level of care, including high-tech care to companions.

## **Healthcare Services**

### **Community Health Services of Union County (Free Clinic)**

1338-C East Sunset Dr.

Monroe, NC 28112

Phone: 704-296-0909

Fax: 704-296-0946

Website: chsuc.org

Email: Info@chsuc.org

#### **Description/Purpose of Agency:**

Community Health Services of Union County provides:

A Free Clinic for patients who are uninsured, live in Union or Anson County in NC or Chesterfield or Lancaster County in SC, have no doctor, and have a family income at or below 250% of Federal Poverty Guidelines.

#### **Whom do you serve?**

Indigent and underserved persons aged 18-64 living in Union, Anson, Chesterfield, or Lancaster County, who have no physician.

#### **What services do you provide?**

##### Free Clinic Services

Primary medical care, in a Free Clinic setting, is provided Monday–Thursday from 8:30AM–4:30PM, by appointment, for those patients who are pre-qualified. (Note: Maternity patients will be referred to the Union, Anson, Chesterfield, or Lancaster County Health Department).

##### Prescription Assistance

Emergency Prescription Assistance available for uninsured, qualified Union, Anson, Chesterfield, and Lancaster County residents, 30-day-supply once per 12-months (excluding controlled substances).

**See agency listing under Prescription Drug Programs**



## Healthcare Services

### **Hospice of Union County**

700 W. Roosevelt Blvd.

Monroe, NC 28110

Phone: 980-993-7300

Fax: 980-993-7326

#### **Description/Purpose of Agency:**

Hospice provides compassionate, quality care to those suffering life-limiting illnesses, regardless of ability to pay, and to serve as a clinical, ethical and spiritual resource for family members as well as others in the community affected by death and dying.

#### **Whom do you serve?**

Persons who are terminally ill with a life expectancy of six months or less and their families.

#### **What services do you provide?**

Hospice provides specific services based upon the needs assessed of each individual patient and members of his/her family. Hospice specializes in pain and symptom management, and delivers care through a highly specialized inter disciplinary team of Physicians, Nurses, Home Health Aids, Social Workers, and Chaplain. Hospice of Union also offers the option of care on our campus in McWhorter Hospice House for patients meeting inpatient criteria. Hospice works with our patient's families/caregivers through the Bereavement Program. Hospice also provides "Volunteer Services".

## **Healthcare Services**

### **Hospice & Palliative Care Charlotte Region**

P.O. Box 470408

Charlotte, NC 28247

Phone: 704-375-0100

Fax: 704-335-3522

Website: HPCCR.org

#### **Description/Purpose of Agency:**

Hospice and Palliative Care Charlotte Region is a multidisciplinary holistic program of health care, providing a wide range of medical and supportive services to persons with serious illness and their families. Hospice care is for those at the end of life. Palliative care is for those with serious illness and can be offered simultaneously with all other appropriate medical treatments. Both programs aim to relieve suffering and improve quality of life for patients and give support to their families. Services are provided in whatever setting the patient resides.

We are a nonprofit organization and provide care to anyone, regardless of their ability to pay.

#### **Whom do you serve?**

We serve patients with life limiting illness and their families.

#### **What services do you provide?**

Palliative Care, Hospice Care, Hospice House, Pediatric Care, Grief Care

## **Healthcare Services**

### **Matthews Free Medical Clinic**

196 S. Trade Street  
Matthews, NC 28205  
Phone: 704-841-8882  
Fax: 704-841-8879  
Website: matthewsfmc.org

#### **Description/Purpose of Agency:**

Matthews Free Medical Clinic provides quality healthcare to low income, uninsured individuals in Mecklenburg and Union Counties. Our clinic does not receive federal, state, or county funding, so we provide our services to our patients through funding from grants, fundraisers, and donations.

#### **Whom do you serve?**

Uninsured individuals between the ages of 14-64 who have been living in Union or Mecklenburg counties for at least 3 months and reside at 250% or below the Federal Poverty Level. New patients can submit an application, which is found on our website. The application needs to be filled out completely and copies of the documents listed on the first page must accompany the application.

#### **What services do you provide?**

In addition to providing a primary care home and chronic disease management, we are able to provide specialty services such as cardiology, gynecology, orthopedics, psychiatry, and pulmonology in addition to ancillary services like behavioral health, breast, lung and colon cancer screenings, chiropractic, acupuncture, diabetes counseling, flu shots, spirometry, smoking cessation, physical therapy and nutrition counseling.

## **Healthcare Services**

### **Novant Health Matthews Medical Center**

1500 Matthews Township Parkway

Matthews, NC 28105

Phone: 704-384-6500

Website: [novanthealth.org](http://novanthealth.org)

Hours of Operation: 24 hours, 7 days a week

#### **Description/Purpose of Agency:**

Novant Health Matthews Medical Center is a not-for-profit facility providing excellence in healthcare through a full range of advanced medical treatments and procedures for patients and their families.

#### **Whom do you serve?**

Residents of Union County, and the southern Piedmont region.

#### **What services do you provide?**

Novant Health Matthews Medical Center offers comprehensive medical, educational and emotional support services including the Family Maternity Center, Surgical Services, Orthopedic Services, Heart - Cardiovascular Services, Cancer Services, Outpatient Infusion Services, Emergency Services, Critical Care Unit, Radiology Services, and Rehabilitation Center. Novant Health Matthews Medical Center also offers limited (3 beds) Hospice and Palliative Care.

## Healthcare Services

### **Superior Home Medical, Inc.**

108 South Main Street  
Monroe, NC 28112  
Phone: 704-225-0285  
Fax: 704-225-0287  
Website: superiorhomemedical.com

### **Description/Purpose of Agency:**

DME—Medical equipment and supplies

### **Whom do you serve?**

Residents of Union County and surrounding areas.

### **What services do you provide?**

Urological supplies  
Tracheotomy supplies  
Ostomy supplies  
Incontinence products (briefs, pull-ups, bedpads)  
Nutrition products (Glucerna, Ensure, Boost)  
Diabetic shoes  
Orthotics

Medical Equipment—hospital beds, walkers, manual wheelchairs, power-chairs, lift-chairs, nebulizer, OptiChamber (spacer)

## Healthcare Services

### **Union County Department of Human Services Dental Health Clinic**

2330 Concord Avenue

Monroe, NC 28110

Phone: 704-296-4829

Fax: 704-296-4314

Website: unioncountync.gov

#### **Description/Purpose of Agency:**

The purpose of the dental clinic is to promote dental health in the community and meet the dental care needs among residents who have difficulty receiving dental care due to financial and/or other barriers.

#### **Whom do you serve?**

The dental clinic serves patients with Medicaid, Health Choice, or NO insurance on a sliding fee scale. Some dental insurances will be accepted.

#### **What services do you provide?**

- ◇ Dental Consultation
- ◇ X-rays
- ◇ Cleaning
- ◇ Extractions
- ◇ Fillings
- ◇ Fluoride Treatments (children ONLY)
- ◇ Partials and Dentures
- ◇ Sealants
- ◇ Stainless Steel Crowns (children ONLY)

## Healthcare Services

### **Union County Department of Human Services Division of Public Health**

2330 Concord Avenue

Monroe, NC 28110

Phone: 704-296-4800

Fax: 704-296-4887

Website: unioncountync.gov

Hours of Operation: Monday - Friday

8:00a.m.– 5:00p.m.

#### **Description/Purpose of Agency:**

Union County Division of Public Health provides health preventative and primary care services. The Public Health Division provides continual surveillance of health conditions in the county and collaborates with the state in carrying out public health programs to prevent disease and reduce health risks.

#### **Whom do you serve?**

Individuals and families of Union County.

#### **What services do you provide?**

The Union County Division of Public Health provides a variety of services including: child and adult dental, maternal health, breast and cervical cancer control, family planning, vital records, communicable disease control, child health, maternal & child health care coordination, public health veterinary services, environmental health protection and promotion, and public health preparedness.

### *Summary of Services*

**Breast and Cervical Cancer Control Program (BCCCP)** offers breast and cervical cancer screening for women ages 50-64 who do not have medical insurance and meet program financial criteria. Services include breast exam, mammogram and pap smear.

**Communicable Disease and STD control services** mission is to improve the health of the community resulting from communicable diseases that are a threat to the public's health. The prevention of disease or reducing the spread of communicable diseases in the community are accomplished by detecting cases of communicable disease, monitoring for the occurrence of new cases, and treating individuals as indicated.

**Child Health** serves as a primary medical home providing routine well child exams and sick visits to children in the county.

**Family Planning** services provides contraceptive services to citizens of Union County. Providing preventive care services and contraceptive care options promotes improved health for men and women resulting in improved birth outcomes for infants.

**Immunization** services works to eliminate vaccine preventable diseases by providing vaccinations and monitoring the vaccination status of children in the county. The program works with medical providers, the school system and child development centers to increase compliance with county vaccination rates.

**Maternal Health** program provides comprehensive routine and high-risk prenatal care & post-partum care.

**Care Management for At-Risk Children (CMARC)** provides case management to children ages 0-5 who have chronic health conditions or are in long-term stressful situations or were born prematurely. The care management staff work with families to improve the overall health of the child.

**Care Management for High Risk Pregnancy (CMHRP)** provides case management to women at risk of poor birth outcomes. The care management staff provide supportive services with the goal of reducing preterm births and improving the health of mother and baby.

**Inmate Health services** provides access to health and mental health care for inmates in the Union County Detention Center. Nursing services are provided continuously with access to medical providers as needed. **Dental Health** services at affordable rates provided by a dentist, dental hygienist, and dental assistant for adults and children starting at age one. See page 54 for more information.

**Environmental Health Section** of Union County Public Health endeavors to promote and protect public health and preserve the environment by conducting daily activities designed to prevent disease, educate the public and enforce regulations. See page 56 for more information.

**Public Health Preparedness** protects the public's health during disaster situations such as disease epidemics, chemical and radiological releases, severe weather, and natural disasters. See page 42 for more information.

## Healthcare Services

### **Union County Department of Human Services Division of Environmental Health**

500 North Main Street Suite 47  
Monroe, NC 28110

Phone: 704-283-3553

Website: unioncountync.gov

#### **Description/Purpose of Agency:**

The Environmental Health Division endeavors to promote and protect public health and preserve the environment by conducting activities to prevent disease, educate the public, establish partnerships and enforce regulations. Environmental Health includes programs administered pursuant to Chapter 130A of the General Statutes of North Carolina. The Division is also responsible for the enforcement of the Union County Ordinance for Solid Waste Management, Mass Gathering Ordinance and Public Health Regulations for Irrigation Wells in Union County.

#### **Whom do you serve?**

All residents and visitors of Union County.

#### **What services do you provide?**

Three primary programs operate within Environmental Health:

- Food, Lodging and Institutions Program (FLI)
- Children's Environmental Health Program (CEH)
- On-site Water Protection Program (OSWP)

The FLI Program conducts plan review, permitting and inspections of businesses that prepare and serve food or operate tattooing establishments, public swimming pools, institutions or lodging facilities. The program is also responsible for enforcement of the Union County Mass Gathering Ordinance. The CEH Program works to protect and improve the health of children by conducting regulatory activities associated with child lead poisoning prevention and by performing plan review, licensing approval and inspection actions for child care facilities, schools and camps. FLI and CEH staff conduct complaint and communicable illness outbreak investigations and provide important educational outreach in the community. The OSWP Program serves the community through the protection of surface and ground water supplies. Program staff educates citizens on water quality, contaminant issues and waterborne diseases. Permits are issued for the installation of new drinking and irrigation wells or for the repair of existing wells. Soil/site evaluations are conducted to determine suitability for on-site wastewater disposal systems on both residential and commercial properties. Staff prepare and review wastewater disposal system engineering designs, issue permits and inspect installations. Additionally, the program is responsible for the investigation of complaints and enforcement of the Union County Ordinance for Solid Waste Management.

#### **Facility Inspection Scores**

Inspection scores for facilities that are permitted or regulated by Union County Environmental Health can be accessed through our public web portal here:

[https://public.cdpehs.com/NCENVPBL/ESTABLISHMENT/ShowESTABLISHMENTTablePage.aspx?ESTTST\\_CTY=90](https://public.cdpehs.com/NCENVPBL/ESTABLISHMENT/ShowESTABLISHMENTTablePage.aspx?ESTTST_CTY=90)



## **Literacy Services**

### **Union County Public Library**

316 E. Windsor Street  
Monroe, NC 28112  
Phone: 704-283-8184  
Website: uclnc.org

### **Lois Morgan Edwards Memorial Library**

414 Hasty Street  
Marshville, NC 28103  
Phone: 704-283-8184

### **Union West Regional Library**

123 Unionville-Indian Trail Road  
Indian Trail, NC 28079  
Phone: 704-283-8184

### **Waxhaw Branch Library**

509 South Providence Street  
Waxhaw, NC 28173  
Phone: 704-843-8184

### **Southwest Regional Library (Opening in Early 2024)**

1515 Cuthbertson Road  
Waxhaw, NC 28173

One main number to call for all branches. Patron selects the option for each library branch.

## Nutrition Services

### LISTING for LOCAL PRODUCE MARKETS in UNION COUNTY

#### **Alexander Family Farms**

7626 Alexander Farm Rd  
Monroe, NC 28110  
704-698-6262  
alexanderfamilyfarm4@gmail.com

#### **Bountiful Blessings Farm Fresh Produce**

4702 Concord Hwy  
Monroe, NC 28110  
704-989-2358  
BBFFPLLC@outlook.com

#### **Burns Family Produce**

4916 Davis Road  
Waxhaw, NC 28173  
704-771-9549

#### **Cook Farms Produce**

3020 Plyler Mill Road  
Monroe, NC 28112-8817  
704-283-7275

#### **Dabar Farm**

1017 Cyrus Edwards Road  
Monroe, NC 28110  
980-333-2817  
dabharfarm@gmail.com

#### **M & M Farms**

7208 Alexander Farm Road  
Monroe, NC 28110  
704-574-9200  
Monday—Saturday April—August  
Call for hours of operation

#### **Piedmont Produce**

4212 NC-218  
Monroe, NC 28110  
704-753-4264

#### **Terry Simpson's Fresh Produce**

7304 Secrest Shortcut Road  
Indian Trail, NC 28079  
704-254-5730  
Open: April through September  
Monday-Saturday, 9a.m.—7p.m.  
Sunday 10am – 6pm

#### **Union County Farmers' Market**

805 Skyway Drive  
Monroe, NC 28112  
704-283-3626  
union.ces.ncsu.edu/union-county-farmers-market  
April—December  
Saturdays, 8a.m. - 12p.m

#### **Union Market**

1316 Providence Rd S.  
Waxhaw NC 28173  
704-843-0227  
hello@unionmkt.org

#### **Waxhaw Farmers' Market**

27283 Waxhaw Parkway  
Waxhaw, NC 28173  
waxhawfarmersmarket.org  
April—December Saturdays, 9a.m. - 12p.m.  
January-March: Every other Saturday, 10a.m. -12noon  
June-August: Wednesdays, 4p.m. – 6p.m.

## Nutrition Services

### **NC Cooperative Extension—Union County**

3230-D Presson Road

Monroe, NC 28112

Phone: Main Extension Number: 704-283-3801

Marcus McFarland, Family and Consumer Sciences: 704-283-3830

Judith Garcia, EFNEP Educator: 704-283-3737

Fax: 704-283-3734

Website: [union.ces.ncsu.edu](http://union.ces.ncsu.edu)

#### **Description/Purpose of Agency:**

The North Carolina Cooperative Extension Service partners with communities to deliver education and technology that enriches the lives, land and economy of North Carolinians. Cooperative Extension helps create prosperity for all citizens through programs and partnerships focused on agriculture and food, health and nutrition and 4-H youth development.

#### **Whom do you serve?**

The food and nutrition, health and wellness, food safety and food preservation programs offered by the Family and Consumer Science agent with Cooperative Extension are open to all residents in the county. Some programs have nominal fees to cover the cost of class supplies.

EFNEP (Expanded Food and Nutrition Education Program) is targeted to limited resource families with children in the home. There is no cost to individual participants or partnering agencies. Partnering agencies are asked to help with food and supply expenses, whenever possible.

#### **What services do you provide?**

Health and Wellness:

- ◇ Color Me Healthy: Training for Childcare Providers to teach healthy eating to preschoolers
- ◇ Cook Smart, Eat Smart program: hands-on healthy cooking program
- ◇ Steps to Health SNAP-Ed: multi-session health programs which serve limited resource individuals and families. These programs assist those eligible for food assistance to eat smart and move more.
- ◇ Speedway to Healthy Exhibit: 1,200-square-foot, walk-through exhibit representing the human body. This creative educational exhibit teaches children in kindergarten through fifth (K-5) grades how the foods they eat affect their bodies and their health.
- ◇ Union County Senior Wellness Expo
- ◇ Speaker for community programs

Food Preservation and Local Foods:

- ◇ Home Canning, Freezing and Dehydrating Classes
- ◇ Testing of Dial Gauge Canners
- ◇ Farmer's Market Activities and Food Demos
- ◇ Activities and Classes to Promote Local Foods

Food Safety Classes:

- ◇ Cook for Crowd: Food Safety Workshop for Non-Profit Organization and Volunteers
- ◇ Safe Plates: Food Safety Classes for Food Service Managers
- ◇ Safe Plates: Testing for Commercial Food Safety Certification

#### **EFNEP (Expanded Food and Nutrition Education Program)**

EFNEP offers free (income guidelines apply) nutrition classes to help families and youth cook healthy meals at home, be more active, save money on food costs, and handle food safely. New groups are recruited and classes are started on an ongoing basis. Classes are taught in English or Spanish. For youth and adults and can be done virtually, in-person, or hybrid

## **Nutrition Services**

### **Union County Women, Infants and Children Program (WIC)**

2330 Concord Avenue

Monroe, NC 28110

Phone: English: 704-296-4893

Spanish: 704-296-4890

Website: [unioncountync.gov](http://unioncountync.gov)

#### **Description/Purpose of Agency:**

The Union County Women, Infants, and Children (WIC) program offers nutritional and breastfeeding services free of charge for the community. WIC provides services to eligible pregnant, breastfeeding, and postpartum women, as well as infants and children up to 5 years old.

#### **Whom do you serve?**

- Pregnant women
- Breastfeeding and postpartum women
- Infants
- Children up to age 5

To participate, these persons must:

- Live in North Carolina
- Have a family income below 185% of the Federal Poverty Limit  
Note: A person receiving Medicaid, Work First Families Assistance (TANF), or assistance from the NC Food and Nutrition Services automatically meets the income eligibility requirement.
- Be at nutritional risk, as determined by a nutritionist at the WIC office, at no cost to the participant

#### **What services do you provide?**

##### **WIC Foods**

The WIC Program promotes healthy habits and healthy families. WIC provides basic nutritious foods to participants that are rich in protein, iron, calcium, fiber and vitamins. WIC food benefits are issued into an electronic benefit account and families can use their eWIC card and PIN to access their food benefits at approved grocery stores.

##### **Nutrition Education**

You can now do some nutrition education visits online - call or ask your WIC nutritionist to see if this option is right for you!

Once you create an account you can always visit the [WICHealth.org](http://WICHealth.org) Health eKitchen for healthy recipes that use your WIC foods.

## **Nutrition Services**

### ***Women, Infants and Children Program (WIC) continued...***

#### **Breastfeeding Peer Counselor Program**

The Breastfeeding Peer Counselor Program, partially funded by The Alliance for Children, is designed to provide mother-to-mother breastfeeding support and basic breastfeeding education to WIC Program mothers who are pregnant or breastfeeding.

WIC mothers choosing to breastfeed are provided information through one-on-one counseling, follow-up support from our peer counselors, group discussions and breastfeeding educational materials. If you are enrolled in WIC and seeking breastfeeding support, call 704-296-4899.

## **Pregnancy Services**

### **HELP Pregnancy Center**

480 HELP Street

Monroe, NC 28110

Phone: 704-289-5133

Fax: 704-238-0984

Website: MonroeHELP.com

Email: info@monroehelp.com

### **Description/Purpose of Agency:**

The HELP Pregnancy Center is a life-affirming ministry that strives to meet physical, emotional and spiritual needs of individuals and families. We provide support to assist families in need including those experiencing an unplanned pregnancy.

### **Whom do you serve?**

Women, children, and men in Union County and surrounding areas.

### **What services do you provide?**

All services are free and confidential. We offer pregnancy tests, limited OB ultrasound, men's mentoring, Abortion Pill Reversal/Rescue, peer counseling, and post-abortion resources for women suffering from the emotional impact of abortion.

Classes we offer:

- Pregnancy
- Childbirth
- Bible Study (English/Spanish)
- Car Seat/ Fire Safety
- Breastfeeding
- Parenting (English/Spanish)

## **Prescription Drug Programs**

### **Community Health Services of Union County (Free Clinic)**

1338-C East Sunset Dr.  
Monroe, NC 28112  
Phone: 704-296-0909  
Fax: 704-296-0946  
Website: chsuc.org  
Email: Info@chsuc.org

#### **Description/Purpose of Agency:**

Free Medical Clinic meets healthcare needs of uninsured residents in Union or Anson County in NC, or Chesterfield or Lancaster County in SC.

#### **Whom do you serve?**

Low income uninsured residents of Union, Anson, Chesterfield, or Lancaster County, aged 18 years or older.

#### **What services do you provide?**

- Free Medical Clinic daily (Monday—Thursday)
- Emergency Prescription Assistance (30 day supply, excluding controlled substances)
- Diabetes Education and diabetic supplies to clinic patients
- Flu Vaccinations

#### **Prescription Assistance**

Emergency Prescription Assistance available for uninsured qualified Union, Anson, Chesterfield, and Lancaster County residents, 30-day-supply once per 12-months (excluding controlled substances.)

**See agency listing under Healthcare Services for a complete list of services.**

## **Prescription Drug Programs**

### **HealthQuest**

415 East Franklin Street

Monroe, NC 28112

Phone: 704-226-2050

Fax: 704-226-0712

Website: [healthquestpharmacy.org](http://healthquestpharmacy.org)

Hours of Operation: Monday  
8:00 a.m. - 6:00 p.m.  
Tuesday - Thursday  
8:00 a.m. to 4:30 p.m.

### **Description/Purpose of Agency:**

HealthQuest is a licensed non-profit organization dedicated to improving the health of our community by assisting those who cannot afford prescription medications.

### **Whom do you serve?**

Citizens 18 years of age and older who live in Union, Anson, and Stanly Counties in NC; Lancaster, and Chesterfield Counties, in SC who have no prescription insurance coverage and whose income is less than 300% of the Federal Poverty Level. Children 17 years of age and younger may be eligible if they are not enrolled in Medicaid or NC HealthChoice.

### **What services do you provide?**

HealthQuest provides free maintenance medications to qualified individuals to help control their chronic medical conditions. Please call for information and to see if you are eligible.



## Prescription Drug Programs

### Union County Prescription Drug Program

A discount drug card program is available to Union County residents sponsored by the National Association of Counties.

Prescription drug discount cards may be used by county residents, regardless of age, income, or existing health coverage. Residents may also use the card for drugs not covered by their health plan.

The prescription discount card is FREE.

You may pick up a card at the following locations:

- \* Union County Government Center Lobby, 500 North Main Street, Monroe
- \* Union County Public Library Locations
  - Monroe - Main Branch, 316 East Windsor Street
  - Marshville - Lois Morgan Edwards Memorial, 414 Hasty Street
  - Waxhaw, 509 South Providence Street
  - Indian Trail - Union West Regional, 123 Unionville-Indian Trail Road
  - Unionville, Unionville Sub Regional, 1102 Unionville Church Road
- \* Union County Human Services—2330 Concord Avenue, Monroe
  - Union County Division of Public Health
  - Union County Division of Social Services
- \* Union County Veteran's Service - 407 North Main Street
- \* Union County Nutrition for the Elderly Sites (Monday - Friday)
  - Site 1** - East Campus - First Baptist Church Indian Trail  
6140 West Marshville Blvd., Marshville 7:30am-11:30am
  - Site 2** - Bragg Street Community Center  
624 North Bragg Street, Monroe 8:00am-12:00pm
  - Site 3** - Mineral Springs United Methodist Church  
5915 Old Waxhaw-Monroe Road, Mineral Springs 8:00am-12:00pm
  - Site 4**- Fairview Volunteer Fire Department  
7402 Concord Highway, Monroe, 8:15am-12:15pm
  - Site 5** - Indian Trail United Methodist Church  
113 Indian Trail Road, Indian Trail, 8:30am-12:30pm

You can also print a prescription discount card online at [LiveHealthyCard.com](http://LiveHealthyCard.com)

## Recreation and Fitness Services

### **LISTING for FITNESS CENTERS in UNION COUNTY**

#### Anytime Fitness

5941 Weddington-Monroe Road #107  
Wesley Chapel 704-821-0885

#### Brace Family YMCA

3127 Weddington Rd  
Matthews 704-716-4200

#### Carolina Fitness Center

3208 Goldmine Rd.,  
Monroe 704-283-5587

#### Core Studio Pilates

4705 Indian Trail-Fairview Rd.  
Indian Trail 704-288-3898  
corestudiopilates.com

#### Curves

592 Indian Trail Road South  
Indian Trail 704-821-8440  
curves.com OR  
facebook.com/curvesindiantrailnc

#### Enterprise Fitness and Personal Training Center

2585 W. Roosevelt Blvd  
Monroe 704-289-4940

#### Extreme Ice Fitness Center

4705 Indian Trail-Fairview Road  
Indian Trail 704-882-1830

#### Fitness Connection

13705 East Independence Blvd.  
Indian Trail 704-893-0355

#### Fitness Together

8163 Kensington Drive  
Waxhaw 704-243-1130

#### Monroe Aquatic and Fitness Center

2325 Hanover Drive  
Monroe 704-282-4680

#### Planet Fitness

2107 W. Roosevelt Blvd.  
Monroe 704-225-7000

#### Snap Fitness

3913 Providence Road South  
Waxhaw 704-243-2935

#### Total Being Yoga

7427 Matthews Mint Hill Rd.  
Mint Hill 980-239-0366  
totalbeingyoga.com

#### Union County TOPS Chapters

**T**ake **O**ff **P**ounds **S**ensibly  
Phone: 704-281-7073  
Area Captain: Sonya Strader  
For the TOPS Chapter nearest you  
tops.org

#### YWCA - Willow Oaks

3223 Walkup Avenue, Building E  
Monroe 704-283-7733

#### YWCA- Old Armory

500 Johnson St.  
Monroe 704-282-5765

## **Recreation and Fitness Services**

### **Curves**

592 Indian Trail Rd. S.,

Indian Trail, NC 28079

Phone: 704-821-8440

Website: [curves.com](http://curves.com) OR [facebook.com/curvesindiantrailnc](https://www.facebook.com/curvesindiantrailnc)

### **Description/Purpose of Agency:**

Curves is a facility especially designed for women featuring a complete 30 minute workout that is fun, fast, and safe.

### **Whom do you serve?**

Women of all ages

### **What services do you provide?**

- 30 minute strength training workout that includes cardio
- Specialty classes including Zumba
- Curves Complete-meal plan
- Cleveland Clinic certified coaches
- Silver Sneakers provider

## Recreation and Fitness Services

### **Enterprise Fitness and Personal Training Center**

2585 W. Roosevelt Blvd, in the Nottingham Plaza

Monroe, NC 28110

Phone: 704-289-4940

INSTAGRAM@enterprisefitness

Fax: 704-289-2266

TWITTER@enterprisefit

Website: [enterpriseworkout.com](http://enterpriseworkout.com)

FACEBOOK: [facebook.com/EnterpriseFitness/](https://facebook.com/EnterpriseFitness/)

Email: [jfhowie4940@gmail.com](mailto:jfhowie4940@gmail.com)

### **Description/Purpose of Agency:**

We are a fitness center. Our purpose is to help people of all ages to reach their fitness goals. Our center has a strong commitment to all members at all times. We want to make a difference in the community and help people to be healthy and feel good about themselves. We have 140 years of combined staff experience.

### **Whom do you serve?**

We serve all ages from young children to senior citizens. We help those with disabilities. We serve everyone. We have been in continuous operation for 42 years!

### **What services do you provide?**

OPEN 24 hours a day, 7 days a week

Personal Training

Yoga

Weight Loss Programs

Group Classes

Silver Sneakers

Tanning

Zumba

Cross-training

Kids Care

On-site Nutritionist

Isshinryu Karate Classes

Sauna

On-site Physiotherapist

Cardio Area

Free Weights

24-hr Virtual On-Demand Classes

Senior Fitness Classes

## **Recreation and Fitness Services**

### **Monroe Aquatics & Fitness Center**

2325 Hanover Drive

Monroe, NC 28110

Phone: 704-282-4680

Fax: 704-282-4683

Website: [monroeaquaticsandfitnesscenter.com](http://monroeaquaticsandfitnesscenter.com)

#### **Description/Purpose of Agency:**

This agency offers individuals and families a variety of fitness, aquatic and wellness programs to meet health and recreational needs. Their goal is to give members of all ages the right tools for building long-lasting and healthy lifestyles.

#### **Whom do you serve?**

Membership clients.

#### **What services do you provide?**

Aquatic and fitness center facility offers: indoor pool, training pool, water fitness classes, fitness room, whirlpool, steam and sauna rooms, outdoor water park, group fitness studios, meeting rooms, nursery/ childcare, gymnasium, indoor run/walk track, outdoor walking track with connection to the Parks & Recreation Greenway system, wellness center, racquetball courts, and locker rooms.

## Recreation and Fitness Services

### **Union County Parks and Recreation**

5213 Harkey Road

Waxhaw, NC 28173

Phone: 704-283-3885

Website: [unioncountync.gov](http://unioncountync.gov)

Email: [parkreservations@unioncountync.gov](mailto:parkreservations@unioncountync.gov)

The website provides information on athletic fields, Cane Creek Park - camping area and day use area.

#### Listing of Parks in Union County:

Belk-Tonawanda Park  
217 IB Shive Dr.  
Monroe

Cane Creek  
5213 Harkey Rd.  
Waxhaw

Creft Park  
803 Burke St.  
Monroe

Crooked Creek  
5900 Oakwood Ln  
Indian Trail

Dickerson Park  
899 N Johnson St  
Monroe

Dogwood Park  
121 Lester Davis Rd.  
Waxhaw

Don Griffin Park  
147 Cedar St.  
Monroe

Fred Kirby Park  
3315 Faith Church Road  
Indian Trail

Historic Downtown Monroe  
Gateway Park  
302 Lancaster Ave  
Monroe

Jesse Helms Park  
1505 Summerlin Dairy Rd.  
Monroe

Marvin Efird Park  
8909 New Town Rd  
Waxhaw

Sunset Park  
306 W. Sunset Dr.  
Monroe

Weddington Optimist Park  
5211 Weddington Rd.  
Weddington

## **Recreation and Fitness Services**

### **YWCA - Willow Oaks**

3223 Walkup Avenue, Building E  
Box CC  
Monroe, NC 28110  
Phone: 704-283-7733  
Fax: 704-225-9953  
Web: [ywcacentralcarolinas.org](http://ywcacentralcarolinas.org)

### **YWCA—Old Armory**

500 South Johnson St.  
Monroe, NC 28112  
Phone: 704-282-5765

### **Description/Purpose of Agency**

Education and support services to youth through education and life enrichment activities.  
Where Children are safe and learning is fun.

### **Whom do you serve?**

Youth aged 5 - 12 years from Union County. Neighborhood Youth Learning Centers

### **What services do you offer?**

Literacy Based— Reading / Writing / Math  
After school programs  
Summer programs

Youth Development Program offers children a safe, educational and fun environment, with a variety of activities from swimming and storytelling to martial arts and arts and crafts.  
Nutrition Education, Life Skills, Computer Skills, Kids Café, Athletics, Tutoring and Arts.

## Senior Services

### **(The) Addison of Indian Trail**

5306 Secest Short Cut Rd.

Monroe, NC 28110

Phone: 704-289-4555

Fax: 704-289-4550

Website: [seniorlifestyle.com/property/north-carolina/the-addison-of-indian-trail](http://seniorlifestyle.com/property/north-carolina/the-addison-of-indian-trail)

### **Description/Purpose of Agency:**

We provide quality care for our residents while seeking to enrich their physical, social, and emotional well-being.

### **Whom do you serve?**

Assisted Living—60 +

Alzheimer / Memory Care—55 +

### **Services provided:**

- \*- Assisted Living
- \*- Memory Care
- Daily Activities / Crafts
- Outings
- Gardening
- 3 meals a day
- Snacks available
- Baking daily
- Housekeeping
- Assistance with Personal Needs
- Alzheimer's Support Group
- Family Night—monthly
- Private Dining Room
- Beauty Shop
- Library
- Media Room
- Sunroom
- Screened-in Porches
- Transportation
- Medication Assistance
- Locked Memory Care
- Trained Staff



## Senior Services

### **Brookdale Monroe Square (Memory Care)**

919 Fitzgerald Street

Monroe, NC 28112

Phone: 704-225-9556

Fax: 704-289-6975

Website: [brookdale.com/en/communities/brookdale-monroe-square-mc.html](http://brookdale.com/en/communities/brookdale-monroe-square-mc.html)

#### **Description/Purpose of Agency:**

Brookdale Monroe Square located in Monroe, provides Alzheimer's and Dementia Care for seniors and offers the promise of Daily Moments of Success. Brookdale Monroe Square is a Brookdale Senior Living community dedicated to serving the special care needs of individuals with Alzheimer's disease and other forms of dementia. From our building design to our carefully selected staff and specialized programming and management, we focus on the individual needs of each resident and family we serve.

#### **Whom do you serve?**

Senior citizens

#### **Services provided:**

- Personalized Service Assessment and Plan
- Assistance with Personal Needs
- Ambulation & Escort Services
- Three nutritious and appetizing meals served daily
- Snacks available throughout the day
- Housekeeping Services
- Personal Laundry Services
- Continence Management
- Nursing Services Ongoing monitoring of residents' health status
- Medication Support
- Life Enrichment Programming
- Trained Staff on site 24 hours a day
- Specialized intervention programs
- Transportation Services
- Short term stay
- Specially designed environment
- All Exterior doors are alarmed for Residents' safety
- Emergency Response system
- State of the art fire safety system
- Handicapped accessibility
- Library
- Beauty / Barber Shop
- Outdoor Gardening Areas
- Dining Room
- Family Room
- Private Dining Room
- Sun Room
- Ancillary Services

## **Senior Services**

### **Brookdale Union Park Assisted Living**

1316 Patterson St.

Monroe, NC 28112

Phone: 704-282-0530

Fax: 704-296-9058

Website: [brookdale.com/en/communities/brookdale-union-park.html](http://brookdale.com/en/communities/brookdale-union-park.html)

#### **Description/Purpose of Agency:**

At Union Park we partner with each resident to design an individualized, personal service plan. Our service planning process, which is unique to Brookdale Senior Living communities, bases service fees on delivering quality service and care to each individual.

Personalized service plans are reviewed regularly by staff to ensure that we meet the changing needs of our residents. Our trained staff is there to assist with personal needs—bathing or showering, selection of clothing, dressing assistance, grooming, hygiene, mobility and transferring and dining assistance—24 hours a day.

#### **Whom do you serve?**

Senior citizens

#### **Services provided:**

- Personalized Service Assessment and Plan
  - Assistance with Personal Needs
  - Ambulation & Escort Services
  - Three nutritious and appetizing meals served daily
  - Snacks available throughout the day
  - Housekeeping Services
  - Personal Laundry Services
  - Continence Management
  - Nursing Services Ongoing monitoring of residents' health status
  - Medication Support
  - Life Enrichment Programming
  - Trained Staff on site 24 hours a day
  - Specialized intervention programs
  - Transportation Services
  - Short term stay
  - Specially designed environment
  - Emergency Response system
  - State of the art fire safety system
  - Handicapped accessibility
- Library
  - Beauty / Barber Shop
  - Outdoor Courtyard
  - Outdoor Gardening Areas
  - Recreation and Activity Room
  - Outdoor Walking Paths
  - Dining Room
  - Family Room

## Senior Services

### **Council on Aging in Union County**

Andrew Friend, Executive Director  
PO Box 185  
1401 Skyway Drive  
Monroe, NC 28111  
Phone: 704-292-1797  
Website: coaunion.org

#### **Description/Purpose of Agency:**

An independent, non-profit agency supporting people 60 and over in their efforts to remain healthy, active, and in control of their own lives. The agency connects clients with the services they need to live independently for as long as possible.

#### **Whom do you serve?**

Adults 60 years of age and older living in Union County

#### **What services do you provide?**

##### **Information & Assistance:**

- Information & Referrals for Aging Services
- Quarterly Newsletter
- SHIP/Medicare Counseling
- Equipment Loan
- Home Safety Repairs & Yard work
- Senior Law Project
- Caregiver Referral List
- Fan Heat Relief

##### **Family Caregiver Support Program:**

- Caregiver Classes & Support Groups
- Grandparents Raising Grandchildren
- Respite/Caregiver Relief
- Supplemental Supplies

##### **Group Respite:**

- Respite/Caregiver Relief
- Social Program for People with Memory Loss

##### **In Home Services:**

- Chore/Household Management
- Personal Care Assistance
- Respite/Caregiver Relief
- Shopping & Errands

##### **Senior Outreach:**

- Day Trips
- Evidence-based Classes
- Senior Wellness Expo
- Union Seniors Outreach Programs

## Senior Services



HOME

GET HELP

GIVE HELP

ABOUT US

Search...



HOME / SENIOR LAW PROJECT

### Home

Advocates for  
Children's Services

Battered Immigrant  
Project

Domestic Violence  
Prevention Initiative

Fair Housing Project

Farmworker Unit

Medical-Legal  
Partnership

Mortgage  
Foreclosure Project

NC Navigator  
Consortium

**Senior Law Project**

The Child's Advocate

Veterans Law Project

# SENIOR LAW PROJECT

## About

Legal Aid of North Carolina's Senior Law Project provides free civil legal help to North Carolinians who are 60 years of age or older. Priority is given to those with the greatest need.

The Senior Law Project helps with wills, powers of attorney, public benefits (Medicaid, food stamps, Supplemental Security Income Program, Social Security Disability Insurance, etc.), abuse and neglect, unemployment compensation, housing (foreclosure, eviction, subsidized housing, repairs, utilities, etc.), consumer issues and wrongful repossession.

The Senior Law Project operates our **Senior Legal Helpline**, a toll-free hotline available for seniors across the state.

## Contact

Please call Council on Aging in Union County regarding any questions @ 704.292.1797

### Senior Legal Helpline

Free legal help for North Carolinians aged 60 years or older

Toll-free: 1-877-579-7562

Monday - Friday: 9-11 a.m. & 1-3 p.m.

## **Senior Services**

### **Geriatric / Adult Mental Health Specialty Team (GAST)**

Phone: 704-953-1553

Email: dawn.lillard@mytahome.com

Website: mygastteam.com

#### **Description/Purpose of Agency:**

Geriatric / Adult Mental Health Specialty Team (GAST) provides free information, education and training to people working or volunteering in the community with older adults to increase their understanding of mental health issues in older adults. The NC Department of Health and Human Services, Division of Mental Health, Developmental Disabilities and Substance Abuse Services provides state funds to pay for this program.

#### **Whom do you serve?**

GAST can provide education to staff in the following settings: Senior Centers, Home Care Agencies, Congregate Meals Agencies, Home Delivery Meals Agencies, Adult Day Care, Veteran Affairs, Dept. of Social Services, Faith Based Organizations, Law Enforcement and Judicial Systems, Homeless Shelters or Homeless Services Providers, Senior Programs, Councils of Aging or Area Agencies on Aging, Emergency Medical Services/First Responders, Senior Housing Locations, Assisted Living, Family Care Homes in Cabarrus, Davidson, Mecklenburg, Rowan, Stanly and Union Counties. Please call us to discuss if we can provide for your agency or church.

#### **What services do you provide?**

GAST provides free specialized learning programs (usually one hour) on a variety of mental health topics in regard to mental health in older adults. Some of the topics include: depression, anxiety, substance use disorders, opioid use, suicide awareness, hoarding, personality disorders, schizophrenia, Alzheimer's disease and other types of dementias, psychotropic medications and others.

## Senior Services

### **North Carolina Department of Crime Control & Public Safety**

#### **Silver Alert Program**

Website: [nccmp.ncdps.gov](http://nccmp.ncdps.gov)

#### **Description/Purpose of Agency:**

A program designed to quickly disseminate descriptive information about the missing person, so that citizens in the affected area can be on the lookout for the endangered person and notify local law enforcement with any relevant information.

#### **Whom do you serve?**

Citizens suffering from dementia or other cognitive impairments regardless of age.

#### **Criteria:**

- The person is believed to be suffering from dementia or other cognitive impairment.
- The person is believed to be missing - regardless of circumstance.
- A legal custodian of the missing person has submitted a missing person's report to the local law enforcement agency where the person went missing.
- Law enforcement reports the incident to the NC Center for Missing Persons.

#### **Procedures:**

- A family member or caregiver must call their local law enforcement **FIRST** to report their missing loved one.
- The law enforcement agency must first investigate the case and determine if the criteria warrant a request for a Silver Alert.

## Senior Services

### Resources

#### To activate a Silver Alert:

North Carolina Center for Missing Persons  
1-800-522-5437  
919-733-3557  
919-715-1682 fax  
[www.nccrimecontrol.org](http://www.nccrimecontrol.org)

#### To activate calls to immediate area:

A Child is Missing Alert  
1-888-875-2246  
954-763-4569 fax  
[www.achildismissing.org](http://www.achildismissing.org)

#### If missing is age 21 or younger:

National Center for Missing and Exploited Children  
1-800-843-5678  
[www.ncmec.org](http://www.ncmec.org)

To protect the individual's privacy and conform with federal law, law enforcement agencies and Center staff must be careful not to release any health information other than the missing person is believed to be suffering from dementia or other cognitive impairments.

Once the missing person has been located, local law enforcement will notify the NC Center for Missing Persons, who will cancel the Silver Alert and notify the local media.

**North Carolina Center for Missing Persons**  
Department of Crime Control & Public Safety

### North Carolina's



### Program

*A system to quickly notify the public about missing endangered adults that suffer from dementia or other cognitive impairments*

**ONLY** a law enforcement agency can request activation of a Silver Alert.

**ONLY** the North Carolina Center for Missing Persons can activate a Silver Alert.



**NC Center for Missing Persons**  
**1-800-522-5437**

## Senior Services

### What is Silver Alert?

Silver Alert is a system to quickly notify the public about missing endangered adults that suffer from dementia or other cognitive impairment. Since adults with these mental ailments often become confused and disoriented, it is imperative that they are found quickly and returned to their caregivers.

Developed in 2007, the program is a cooperative effort among local and state law enforcement and the N.C. Center for Missing Persons, with voluntary participation by radio and television broadcasters and the N.C. Department of Transportation. The Silver Alert program is based on the Cognitive Impairment Assistance Law that passed in August 2007 and builds upon the success of the state's AMBER Alert system. While North Carolina's "Silver Alert" program criteria is unique, two other states have similar programs.

### What are the criteria?

The North Carolina Center for Missing Persons is the only agency that can activate a Silver Alert and will do so only at the request of an investigating law enforcement agency. It is then the responsibility of the Center to determine whether there is sufficient identifying data to justify activating the Silver Alert system.

To activate a Silver Alert, ALL of the following statutory criteria must be met:

- The person is believed to be suffering from dementia or other cognitive impairment
- The person is believed to be missing – regardless of circumstance
- A legal custodian of the missing person has submitted a missing person's report to the local law enforcement agency where the person went missing
- Law enforcement reports the incident to the NC Center for Missing Persons

### How does it work?

The investigating local law enforcement agency and the Center for Missing Persons work together to notify the surrounding community and media about the missing endangered person.

### Role of Local Law Enforcement:

After completing the investigation and determining the case meets the qualifying criteria, law enforcement will:

1. Notify the NC Center for Missing Persons
2. Send the completed Silver Alert forms to the Center
3. Enter information into the National Criminal Information Center
4. Initiate a statewide "be on the lookout" bulletin to all law enforcement
5. Provide a 24-hour phone number to receive calls while continuing the investigation
6. Call "A Child is Missing Alert" to activate about 1,000 calls/minute to residents and businesses in the immediate area (if the person has walked away)
7. Notify the National Center for Missing & Exploited Children (if the person is under 21)

### Role of the NC Center for Missing Persons:

After contacted by law enforcement, the Center will:

1. Request the NCDOT to activate electronic highway signs (if appropriate)
2. Update information on the department website – [www.nccrimecontrol.org](http://www.nccrimecontrol.org)
3. Send information and available photos to the media

10,000 copies of this public document were printed at a cost of \$812.00 or .08 cents per copy. 11/07



## Senior Services

### **Phil Bazemore Active Adult Center**

*Monroe Parks and Recreation*  
 500 W. Jefferson St.  
 Monroe, NC 28112  
 Phone: 704-282-4657

**Hours:** Monday 8:00 AM—5:00 PM  
 Tuesday 8:00 AM—5:00 PM  
 Wednesday 8:00 AM—5:00 PM  
 Thursday 8:00 AM—5:00 PM  
 Friday 8:00 AM—12:00 Noon

**Description/Purpose of Agency:** The Senior Center serves to enrich and enhance the lives of older adults with opportunities for purpose, achievements, service, involvement, commitment, and creativity. The Senior Center serves as a resource for information on aging, for professional and lay leadership and for developing new approaches to aging problems.

**Whom do you serve?**

Senior citizens 55 years and older

**What services do you provide?**

Activities/Classes

Ceramics / Pottery  
 Computer Lab  
 Line Dance Class  
 Senior Singers  
 Thursday Night Dance Club  
 Woodworking

Cards/ Games

Bridge  
 Canasta  
 Cribbage  
 Euchre  
 Pinochle  
 Spades

Fitness

Aerobic Exercise  
 Range of Motion Fitness  
 Yoga  
 Seated Yoga  
 Seated Tai Chi  
 Drums Alive  
 Table Tennis

Health Programs

Matter of Balance  
 Chronic Disease Self-Management  
 Living Healthy with Chronic Pain  
 Living Healthy with Diabetes

Trips

Day / Overnight

Monthly

Caregiver Support Group  
 Free Blood Pressure Check  
 Visually Impaired Support Group  
 Bingo

Educational Programs

Veteran's Club

Virtual Program

Annually

SHIIP appointments  
 Senior Games  
 Union Co. Senior Wellness Expo

**Membership:** The majority of classes and activities require no additional charge. However, there may be certain fees required to participate in some classes or activities.

## **Senior Services**

### **Union County Senior Nutrition Program**

2330 Concord Avenue

Monroe, NC 28110

Phone: 704-283-3712 or 704-292-2567

Website: unioncountync.gov

#### **Description/Purpose of Agency:**

Union County's Senior Nutrition Program (UCSN) provides meals to individuals 60 and over throughout Union County. We do more than provide a nutritious meal, though! We also provide support, education, and personal interaction that promotes nutritional, physical and social well-being.

We believe our services help sustain health, promote independence, and improve the quality of life of those who participate.

There is no cost to participate in any of our nutrition programs and there are no income guidelines. UCSN is funded with a combination of federal, state and county dollars, and voluntary contributions from participants. Participants are under no obligation to contribute; it is entirely voluntary.

#### **Whom do you serve?**

Congregate Meals - Union County resident that is 60 years of age or older and their spouse, regardless of age when the older client is over 60. People under age 60 with disabilities who reside with and accompany eligible people to meal sites.

Homebound Meals - Union County residents age 60 years or older who are physically or mentally unable to obtain food or prepare meals, have no responsible person who is willing and able to perform this service and are unable to leave home at-will and are therefore unable to attend a congregate nutrition site. The spouse of a qualifying client, regardless of their age.

#### **What services do you provide?**

##### **Congregate Meal Services**

Hot, tasty and nutritious lunchtime meals are served, and daily activities are provided Monday through Friday at each of our four dining sites in Union County.

Participants are able to socialize, engage in exercise and health education activities to maintain or improve their overall health and well-being.

## **Senior Services**

### ***Senior Nutrition Program continued...***

#### **Meal site locations**

Meal times vary by location. Reserve your spot one day in advance by calling our office.

#### **Indian Trail**

Indian Trail United Methodist Church  
113 Indian Trail Road  
Indian Trail, NC 28079

#### **Mineral Springs**

Mineral Springs United Methodist Church  
5915 Old Waxhaw-Monroe Road  
Mineral Springs, NC 28108

#### **Monroe**

Bazemore Active Adult Center  
500 W. Jefferson Street  
Monroe, NC 28112

#### **Marshville**

Elizabeth Missionary Baptist  
506 N. Elizabeth Avenue  
Marshville, NC 28103

Transportation may be provided through Union County Transportation to any of the four dining locations. To book your reservation for transport, call 704-292-2511 or visit [ucgov.info/transportation](http://ucgov.info/transportation).

#### **Homebound-Delivered Meal Services**

Volunteers deliver five healthy meals per week to seniors who are unable to leave their homes unassisted. We believe healthy meals and regular contact with meal drivers helps seniors remain independent in their own homes longer.

Eligibility is assessed by a county employee during a home visit and periodic home and telephone visits are conducted for all clients receiving home-delivered meals. These visits allow us to check on the well-being of our clients and provide referrals to any needed support services.

#### **How do I apply or refer someone?**

Call our office at: 704-283-3712 or 704-292-2567  
Complete our online form available on our website

## **Senior Services**

### **RESOURCES FOR OLDER ADULTS LIVING ALONE**

This list was adapted from the NCOA's Resources and Support for Older Adults Living Alone: A Comprehensive Guide, which can be accessed in full at [ncoa.org/adviser/medical-alert-systems/support-for-older-adults-living-alone](http://ncoa.org/adviser/medical-alert-systems/support-for-older-adults-living-alone)

#### **NCOA**

Website: [ncoa.org](http://ncoa.org)

The National Council on Aging (NCOA) is a leading organization that offers a wide range of services and resources specifically designed to support older adults living alone. NCOA's programs include health promotion, economic security, and social engagement.

The NCOA BenefitsCheckUp is a valuable resource that assists older adults in accessing benefits, such as prescription drug assistance, energy assistance, and nutrition programs. You can access this tool by going to the BenefitsCheckUp website ([benefitscheckup.org](http://benefitscheckup.org)).

#### **AARP**

Website: [aarp.org](http://aarp.org)

AARP, formerly known as the American Association of Retired Persons, is a nonprofit organization dedicated to empowering and improving the lives of people age 50 and older. AARP offers a robust information and support network with valuable resources on topics like health conditions, finances, social security, and Medicare.

#### **Area agencies on aging**

Area agencies on aging (AAAs) are local organizations providing valuable resources to older adults and their families by serving as a central point of contact for accessing information and assistance related to aging and independent living. Centralina AAA serves as the lead funder for aging services in the nine county region surrounding Charlotte, NC, including Union County.

Centralina AAA

Address: 9815 David Taylor Dr.  
Charlotte, NC 28262

Website: [centralina.org/centralinaaging](http://centralina.org/centralinaaging)

Email: [aging@centralina.org](mailto:aging@centralina.org)

Phone: 704-372-2416

#### **Eldercare Locator**

Website: [eldercare.acl.gov](http://eldercare.acl.gov)

Eldercare Locator is a free public service of the U.S. Administration on Aging connecting you to community resources and services for older adults and their families. It helps older adults and their caregivers find local resources related to health, support services, housing, insurance and benefits, transportation, and elder rights. By dialing the toll-free number (800-677-1116), emailing [eldercarelocator@n4a.org](mailto:eldercarelocator@n4a.org), or using the online chat feature, you can connect with trained information and referral specialists.

*Continued on next page...*

## **Senior Services**

### **National Institute on Aging**

Website: [nia.nih.gov](http://nia.nih.gov)

The National Institute on Aging (NIA) is a leading governmental research center dedicated to studying and addressing the health and well-being of older adults through its research, resources, and educational initiatives. The NIA website offers educational materials, fact sheets, and publications on topics like healthy aging, exercise, nutrition, managing chronic conditions, and caregiving.

### **PACE**

Website: [npaonline.org/pace-you](http://npaonline.org/pace-you)

Programs for All-Inclusive Care for the Elderly (PACE) are comprehensive health care programs typically funded by Medicare or Medicaid that are designed to meet the needs of older adults who require nursing home-level care but prefer, and are motivated to, live in their own homes or communities. PACE of the Southern Piedmont serves residents of Mecklenburg, Cabarrus, Union, and part of Stanly County.

PACE of the Southern Piedmont

Address: 6133 The Plaza

Charlotte NC 28215-2401

Website: [pacesp.com](http://pacesp.com)

Phone: 704-887-3840

### **HealthFinder**

Website: [health.gov/myhealthfinder](http://health.gov/myhealthfinder)

HealthFinder is an online resource provided by the U.S. Department of Health and Human Services offering a wide range of health information and tools for people of all ages. One of the key features of HealthFinder is its preventive services recommendations through the MyHealthFinder tool, which provides guidelines on screenings, immunizations, and preventive care specifically recommended for older adults.

### **Guide for Long-Term Care for Veterans**

Website: [va.gov/health-care/about-va-health-benefits/long-term-care](http://va.gov/health-care/about-va-health-benefits/long-term-care)

The Veteran Affairs (VA) Guide for Long-Term Care is a valuable resource providing information and assistance tailored to veterans who may require long-term care services, like nursing home care, assisted living facilities, and home-based care programs. It provides guidance on eligibility criteria, application processes, and available benefits, such as the Aid and Attendance pension benefit, which may help veterans offset the costs of long-term care. To access these services, contact your VA social worker or call the toll-free hotline at 877-222-8387.

### **National Directory for Home Modification and Repair**

Website: [homemods.org/national-directory](http://homemods.org/national-directory)

The National Directory for Home Modification and Repair is a comprehensive resource offering assistance to those seeking to make their homes more accessible, safe, and suitable for aging in place through trusted organizations, contractors, and professionals. The directory provides a centralized database of home modification and repair services, which may include installing accessibility features, like ramps, grab bars, stairlifts, and bathroom modifications to accommodate mobility limitations.

## Transportation Services

### **Union County Department of Human Services Division of Transportation**

1407 Airport Road  
Monroe, NC 28110  
Phone: 704-292-2511  
Fax: 704-283-3551  
Website: [unioncountync.gov](http://unioncountync.gov)

Hours of Operation: Monday to Friday      Office hours: 8 a.m.— 5 p.m.

To make an appointment for service, call between 8:00 a.m. - 5:00 p.m.

**Call 48 business hours before service is needed.**

**Same day emergency addressed on an individual basis.**

Passengers are responsible for having the correct amount of fare.

#### **Whom do you serve?**

Residents of Union County  
Funding may vary due to age, disabilities, etc.

#### **What services do you provide?**

Transportation service within Union County, to Charlotte area, and to Veteran Medical facilities in Salisbury and Charlotte.

#### **Fees:**

Seniors funded by HCCBG—Donations only

## Veterans Services

### **Union County Department of Human Services Division of Veterans Services**

Address: 500 N. Main Street (Mailing)  
407 N. Main Street (Physical)  
Monroe, NC 28112

Phone: 704-283-3807

Fax: 704-283-3850

Email: [vso@unioncountync.gov](mailto:vso@unioncountync.gov)

Website: [unioncountync.gov](http://unioncountync.gov)

Contact Person(s)- Michelle Marcano, Director  
James Anderson, Veterans Services Officer  
Octavius Rorie, Veterans Services Officer  
Robert Turner, Veterans Services Officer  
Eugene Henderson, Senior Administrative Support Specialist

#### **Description/Purpose of Agency**

The purpose of this agency is to provide Union County Veterans and their family members access to Federal, State, and County benefits and entitlements based on their service in the United States Armed Forces and auxiliary services.

#### **Whom do you serve?**

Services are available for Union County Veterans and their family members.

#### **What services do you provide?**

To assist veterans and eligible family members in applying for Federal, State, or County benefits to which they are entitled. "All Services are FREE"

**Federal** - Assistance filing claims for service-connected diseases or disabilities incurred by active military service, pension, vocational rehabilitation, education, VA insurance, VA home loan certificates, health care from Veteran Affairs Medical Centers (VAMC), and burial benefits.

**State** - Scholarships for the children of disabled or deceased NC veterans, special hunting and fishing license, special license plates, and property tax relief provided to qualified veterans. State veterans cemeteries are available and state veterans nursing homes. Representation for claims at the VA Regional Office and Board of Veteran Appeals is available from the State Service Officers.

**County** - Representation by a County Veterans Service Officer for filing, reopening, or appealing claims, transportation to local VA Medical Centers, and property tax relief for qualified veterans.



**Division of Public Health**

2330 Concord Avenue  
Monroe, NC 28110

**T** 704.296.4856

**F** 704.296.4807

**Attn: Business Operations  
Resource Guide**

## **Union County Health and Wellness Resource Guide Change of Information**

**Please use this page to notify us if your agency information changes.**

Fax or mail this page to 2330 Concord Avenue, Monroe, NC 28110

ATTN: Business Operations / Resource Guide

You may also submit your changes using our online form at [lfportal.unioncountync.gov/Forms/ResourceGuideUpdateForm](http://portal.unioncountync.gov/Forms/ResourceGuideUpdateForm), or by scanning the QR code below.

**Name:**

**Address:**

**Phone:**

**Fax:**

**Website / Email:**

**Description/Purpose of Agency:**

**Whom do you serve?**

**What services do you provide?**





## Alphabetical Listing

(The) Addison of Indian Trail  
704-289-4555

American Red Cross of Southern Piedmont  
704-283-7402

Anson Regional Medical Services (ARMS)  
704-694-6700

(The) Arc of Union /Cabarrus  
704-261-1550

Atrium Health Union - Safe Kids / Communities of Union  
County 980-993-7664

Atrium Health Union  
980-993-3100

Atrium Health Waxhaw  
704-667-6800

Bayada Home Health Care  
704-289-6000

BHC -First Step @ CHS-Union  
704-283-2043

Bridge to Recovery  
704-909-8025

Brookdale Senior Living Communities  
704-225-9556 Brookdale Monroe Square (Memory Care)  
704-282-0530 Brookdale Union Park Assisted Living

Cameron's House of Hope  
704-893-2671

Carolina Parenting Solutions, PLLC  
704-718-8657

Carolina's Therapy Solutions  
704-608-0445

Charlotte Speech and Hearing Center  
704-523-8027

Child Care Resources, Inc.  
704-376-6697

Common Heart  
704-218-9060

Community Health Services Free Clinic  
704-296-0909

## Alphabetical Listing

Community Shelter of Union County  
704-289-5300

Council on Aging in Union County  
704-292-1797

Curves  
704-821-8440

Daymark Recovery Services Inc.  
704-296-6200

Enterprise Fitness and Personal Training Center  
704-289-4940

Geriatric / Adult Mental Health Specialty Team (GAST)  
704-953-1553

Grace Foundation of Union County  
704-233-4722

HealthQuest  
704-226-2050

HELP Pregnancy Center  
704-289-5133

Hospice of Union County  
980-993-7300

Hospice & Palliative Care Charlotte Region  
704-375-0100

InReach  
704-776-4392 (Monroe) or  
704-536-6661 (Charlotte)

McLeod Centers for Wellbeing  
704-289-9869

Monroe Aquatics & Fitness Center  
704-282-4680

Monroe Housing Authority  
704-289-2514

Monroe-Union County Community Development Corporation  
704-283-8804

NAMI Union County (an affiliate of the National Alliance on Mental Illness)  
704-292-2287

(The) Navigation Lady  
704-242-4322

## Alphabetical Listing

NC Cooperative Extension-Union County  
704-283-3801

NC Department of Crime Control & Public Safety  
Website: [nccmp.ncdps.gov](http://nccmp.ncdps.gov)

NC Division of Services for the Deaf and Hard of Hearing  
704-568-8558

Novant Health Matthews Medical Center  
704-384-6500

Nutrition for the Elderly  
704-283-3712

Open Arms Community Outreach, Inc.  
704-774-1482

Operation ReachOut  
704-289-4237

Partners Behavioral Health Management  
877-864-1454

Pediatric Boulevard  
704-821-0568

Phil Bazemore Active Adult Center  
704-282-4657

Superior Home Medical, Inc.  
704-225-0285

Thompson (Child and Family Focus)  
704-536-0375

Thrive Counseling Services  
704-438-9901

Turning Point of Union County  
704-283-9150

Union County 4-H Youth and Development  
704-283-3735

Union County Crisis Assistance Ministry  
704-225-0440

Union County Dental Clinic  
704-296-4829

## **Alphabetical Listing**

Union County Division of Community Support & Outreach  
704-296-4300

Union County Division of Public Health  
704-296-4800

Union County Division of Social Services  
704-296-4300

Union County Division of Transportation  
704-292-2511

Union County Division of Veterans Services  
704-283-3807

Union County Environmental Health  
704-283-3553

Union County Parks and Recreation  
704-283-3885

Union County Public Health Preparedness  
704-296-4820

Union County Public Library  
704-283-8184

Union County Women, Infants and Children Program (WIC)  
704-296-4890

YWCA - Old Armory  
704-282-5765

YWCA - Willow Oaks  
704-283-7733



