

Parenting Support Program - Frequently Asked Questions

What is the purpose of the Parenting Support Program?

The Parenting Support Program aims to assist families in nurturing and guiding their children by providing intense parenting education sessions. It helps parents gain a better understanding of their infants, toddlers, and preschoolers while teaching them self-worth and empowerment.

Who is eligible for the Parenting Support Program?

To qualify for the Parenting Support Program, parents and caregivers need to live in Union County and have a child age 0-5 who is not yet in kindergarten.

How are the parenting education sessions structured?

The program consists of 13 weekly sessions that utilize the Nurturing Parenting Program for parents and their infants, toddlers, and preschoolers. The sessions focus on topics such as empathy, developing realistic expectations of children, and positive discipline practices.

Are there any language barriers for participants?

Translation services are available for participants who may require assistance with language.

How can I enroll or refer someone to the Parenting Support Program?

You can enroll or refer someone to the program by filling out the Parenting Support Referral Form and Enrollment Packet, which are available for download on the website.

Is there a cost associated with participation in the Parenting Support Program?

No, we are currently covered by a grant from Alliance for Children, our local Smart Start office, that allows parents to participate at no cost.

Is the program available to single parents, grandparents, or other caregivers, in addition to biological parents?

Absolutely. If you routinely help care for a child age 0-5 and not yet in Kindergarten, and live in Union County, you can qualify.

What are the expected outcomes or benefits for parents and children after participating in the program?

Participants will increase their knowledge of empathy, self-worth, positive discipline, and age-appropriate expectations. Participants report seeing their families change for the better when they apply what they've learned.

"It not only helped us figure out how we could adjust one of our child's behavior to a traumatic event, but it also helped us adjust as parents with how to handle it, without getting frustrated as parents tend to do at times when they don't know what to do for their kids."

- Jessica Danley | A Parent Who Completed the Program