Union County
Health and Wellness
Resource Guide

January 1, 2017
Union County Department of Human Services
Division of Public Health
1224 W. Roosevelt Blvd.
Monroe, NC 28110
(704) 296-4800
# Table of Contents

Table of Contents ............................................................................................................. Page iii
Crisis Intervention Services ................................................................................................. Page 5
  Operation ReachOut
  Union County Community Outreach, Inc.
  Union County Community Shelter
  Union County Crisis Assistance Ministry
Disabilities Services ............................................................................................................. Page 9
  (The)Arc of Union / Cabarrus
  InReach
  Pediatric Boulevard
Family Services .................................................................................................................... Page 12
  American Red Cross of Union County
  Carolina Parenting Solutions, PLLC
  Charlotte Speech and Hearing Center
  Child Care Resources, Inc.
  Community Care Partners of Greater Mecklenburg
  Community Health Services of Union County
  Department of Human Services—Division of Social Services
  NAMI Union County (an affiliate of the National Alliance on Mental Illness)
  (The) Navigation Lady
  Nurture Your Health –Mian W. Rex, Certified Dr. Sears Wellness Coach
  Public Health Preparedness
  Thompson (formerly Thompson Child and Family Focus)
  Turning Point of Union County
Healthcare Services ............................................................................................................. Page 29
  Bayada Home Health Care
  Boutique on Main / Superior Home Medical, Inc.
  Carolinas Healthcare System -Union
  Carolinas Healthcare System -Waxhaw
  Community Health Services of Union County
  Griffin Home Health Care, Inc.
  Hospice of Union County, Inc.
  Novant Health Matthews Medical Center
  Superior Home Medical, Inc.
  Union County Department of Human Services—Digital Health Department
  Union County Department of Human Services—Environmental Health
  Union County Department of Human Services—Division of Public Health (Health Department)
Literacy Services .................................................................................................................. Page 41
  Literacy Council of Union County
  Union County Public Library
Nutrition Services ............................................................................................................... Page 43
  Union County Local Produce Listing
  NC Cooperative Extension-Union County
  Nurture Your Health –Mian W. Rex, Certified Dr. Sears Wellness Coach
  Union County WIC (Women, Infants, and Children) Program
  Union County WIC Breastfeeding Support
# Table of Content

- Pregnancy Services .......................................................................................................................... Page 49
  - H.E.L.P. Crisis Pregnancy Center
- Prescription Drug Programs ......................................................................................................... Page 50
  - Community Health Services of Union County
  - HealthQuest
  - Union County Prescription Drug Program
- Recreation and Fitness Services .................................................................................................. Page 53
  - Listing for Fitness Centers in Union County
  - Curves for Women
  - Enterprise Fitness and Personal Training Center
  - Monroe Aquatics & Fitness Center
  - Union County Parks and Recreation
  - YWCA—Willow Oaks / YWCA—Old Armory
- Senior Services .............................................................................................................................. Page 59
  - Carillon Assisted Living
  - Clare Bridge (Memory Care) - Brookdale Community
  - Council on Aging in Union County
  - Ellen Fitzgerald Senior Center / Parks and Recreation
  - Geriatric / Adult Mental Health Specialty Team
  - North Carolina Department of Crime Control & Public Safety (Silver Alert Program)
  - Union County Senior Nutrition
  - Union Park Assisted Living—Brookdale Community
- Substance Abuse Services ............................................................................................................. Page 69
  - BHC - First Step at CHS Union
  - Cardinal Innovations Healthcare Solutions (formerly Piedmont Behavioral Healthcare)
  - Daymark Recovery Services, Inc.
  - Friendship Home, Inc.
- Transportation Services ................................................................................................................ Page 73
  - Union County Division of Transportation
- Veterans Services .......................................................................................................................... Page 74
  - Union County Division of Veterans Service
- Change of Information .................................................................................................................... Page 75
- Alphabetical Listing ....................................................................................................................... Page 76
Operation ReachOut
1308 Miller Street
Monroe, NC 28110
Phone: 704-289-4237
Fax: 704-681-5258
Email: opreachout@aol.com

Description/Purpose of Agency:
A non-profit Christian organization dedicated to helping those less fortunate in the community who have nowhere else to turn.

Whom do you serve?
Individuals and families of Union County.

What services do you provide?
This agency provides emergency food, medicine, clothing, furniture, household items and funds for those in need of assistance with utility bills (as long as funds last.)

Counseling services lead by Pastor Eddie Williams.

Lunchtime meals served by the following agencies:
Blacks Memorial Union Methodist
First Baptist of Monroe Union Academy
Siler Presbyterian Mountain Springs Baptist
Waxhaw United Methodist Lakeview Baptist
First Baptist of Weddington Midway Baptist
Bethlehem United Methodist Shiloh Advent
New Hope UMC East Campus Baptist
Crisis Intervention Services

Union County Community Outreach, Inc.
Open Arms Community Outreach Inc. doing business as Union County Community Outreach, Inc.
2613 Hayes Road
Indian Trail, NC 28079
Phone: (704)-225-0044

Hours: Tues. 11:00-2:00
    Thurs. 9:00-11:00 & 2:00-6:00
    Fri. 11:00-2:00 for emergencies only with a referral

Description/Purpose of Agency:
We are a Community Food Pantry that receives food/groceries from Second Harvest Food Bank to distribute to the hungry, throughout the community. We provide a clothing closet to those in need of business attire and every day clothing for each season for all sizes and all ages; personal hygiene items, non food items that can not be purchased with EBT card.

Whom do you serve?
We serve the hungry, homeless, senior citizens, disabled and working low income individuals, and families with 30% below poverty income requirements for the State of NC guidelines. We also serve clients, which have been referred by an agency partner.

What services do you provide?
We host a once a month Community Emergency Food Pantry at the Union County Agriculture Center. Call for times and dates. We offer a Food, Health and Nutrition / Cooking Educational Program (ENAP) taught by a trained professional every 6 weeks. Tuesdays and Wednesdays we are open for appointments, referrals and emergency walk-ins 11am—2pm.
Crisis Intervention Services

Union County Community Shelter
Executive Director: Kathy Bragg
311 E. Jefferson Street
Monroe, NC 28112
Phone: 704-289-5300
Fax: 704-296-0948
Email: Kathy.bragg@unionshelter.org
www.unionshelter.org

Description/Purpose of Agency:
This agency provides food and shelter to the hungry and homeless population of Union County. They provide programs to help the homeless population achieve self-sufficiency and independent living.

Whom do you serve?
Residents of Union County.

What services do you provide?
This agency provides: Adult homeless emergency shelter services, emergency housing for families; full service soup kitchen serving 3 meals daily to homeless and low income; food boxes and hygiene kits upon referral.

Adult/Family sheltering programs require successful drug/alcohol screen prior to entry.

Average stay for adult shelter—2 months. Average stay family motel program—2 weeks. Case management services for all clients to assist in accessing wide range of community services.
Crisis Intervention Services

Union County Crisis Assistance Ministry
1333 W. Roosevelt Blvd.
Monroe, NC 28110
Phone: 704-225-0440
Fax: 704-296-0299
Website: www.unioncrisis.org

Description/Purpose of Agency:
Union County Crisis Assistance Ministry provides short term assistance to families and individuals in crisis by supplying resources to meet their basic needs.

Whom do you serve?
Residents of Union County.

What services do you provide?
Union County Crisis Assistance Ministry provides financial aid, inter-agency referrals, and financial counseling and budget management. This agency further provides emergency financial assistance in the areas of shelter, food, utilities and prescription medicine.
Disabilities Services

(The) Arc of Union /Cabarrus
1653-C Campus Park Drive
Monroe, NC 28112
Phone: 704-261-1550
Fax: 704-261-1554
Email: mmiller@thearcisthere.org
Website: www.thearcisthere.org

Description/Purpose of Agency:
Advocacy and support for people with developmental disabilities and their families.

Whom do you serve?
Union and Cabarrus county residents of all ages with a diagnosis of developmental disability.

What services do you provide?
Advocacy
Aktion Club
Circle of Parents
First in Families of the Southern Piedmont
Operation Arc Angel
Referrals / Information Services
Disabilities Services

InReach
100 Winchester Avenue
Monroe, NC  28110
or 4530 Park Road
Suite 300
Charlotte, NC  28209

Phone:  704-536-6661
Fax:  704-536-0074
Website:  www.inreachnc.org

Description/Purpose of Agency:
InReach is a leader in providing housing, jobs and community support to individuals with intellectual and developmental disabilities in Charlotte/Mecklenburg and surrounding counties.

This year, InReach will serve approximately 1,200 children and adults by:

- CONNECTING individuals with securing and maintaining jobs, volunteer opportunities, and community activities and resources
- OFFERING safe, affordable housing options including group homes, condos and apartments
- PROMOTING independence and providing assistance with reaching personal goals
- IMPLEMENTING daily support to individuals with more significant disabilities in their homes and community
- PROVIDING emergency financial assistance for urgent needs

Mission Statement
To be a leader in providing innovative housing, employment and community services to support people with intellectual, developmental and other disabilities and their families.

Vision Statement
Empowering people we support to realize that their goals, aspirations and dreams are within reach.

Whom do you serve?
Individuals with intellectual/developmental disabilities throughout the lifespan

What services do you provide?
InReach provides a wide variety of services to Union County residents, including: Community Guide, Innovations Waiver Services, Vocational Services and Project SEARCH. (additional services are provided in Mecklenburg County)
Disabilities Services

**Pediatric Boulevard**
2814 Gray Fox Road  
Indian Trail, NC  28079 (physical address)  
2814 Gray Fox Road  
Monroe, NC  28110 (mailing address)  
Phone: 704-821-0568  
Fax: 704-821-0570  
Website: www.pediatricboulevard.com

**Description/Purpose of Agency:**
Pediatric Boulevard brings Speech, Physical, Occupational, Swallowing and Literacy based therapy all under one roof in our 7,020 square foot facility. If you are curious or have concerns about the development of your child, please email us at info@pediatricboulevard.com.

**Whom do you serve?**
Children birth—20 years of age

**What services do you provide?**
**SPEECH THERAPY:** Specializing in the treatment of a delay in speech development including: articulation (pronouncing speech sounds), fluency (speaking or writing smoothly, easily and effortlessly), phonological processes (speech sound pattern productions), receptive language (understanding), expressive language (combining words to form sentences, social skills), and swallowing/feeding issues.

**PHYSICAL THERAPY:** Treating the development or strengthening of large muscle groups (gross motor skills) so that the child can roll, sit up, crawl, walk, run, jump, gallop, skip, catch/throw/kick a ball, etc.

**OCCUPATIONAL THERAPY:** Treating the development or strengthening of small muscle groups (fine motor skills) in the child’s hands to improve skills related to activities of daily living such as feeding, bathing, dressing, etc. Treating sensory integration issues such as difficulty with attention, avoidance of sounds/textures/lights, difficulty with self-calming, etc.

**SWALLOWING THERAPY:** Using therapy techniques to make feeding and drinking safe, pleasurable and efficient.

**LITERACY BASED THERAPY:** Treating the development of reading and writing skills utilizing efficacy based therapeutic techniques to increase overall reading success.

**GRAY FOX DAYCARE:** On-site 4-star daycare. Ratio 1:5. Accepts subsidy. Maximum number of children is 15. Openings available.
Family Services

American Red Cross of Union County
608 E. Franklin Street
Monroe, NC 28112
Phone: 704-283-7402

Fax: 704-282-0810
Hours of Operation: Office hours = Monday - Friday—9:00 a.m. - 5:00 p.m.
On call 24 / 7

Email: Sheila.Crunkleton@redcross.org
Website: www.redcross.org/nc/monroe

Description/Purpose of Agency:
The American Red Cross is a humanitarian organization led by volunteers. They provide relief to victims of disasters and help families prevent, prepare for, and respond to emergencies. Disaster Services involves providing food, water, clothing, and shelter to disaster victims 24 hours a day.

Whom do you serve?
Services provided to Anson and Union County residents and their families.

What services do you provide?
♦ A variety of services are available in Preparedness Training, Disaster Services, Blood Services, and Armed Forces Emergency Services.
♦ Preparedness Training involves teaching multiple classes on first aid, CPR, babysitting, Automated External Defibrillation (AED) training, and pet first aid.
♦ Blood Services hold approximately 150 blood drives in the community throughout the year.
♦ Community education on preparedness for children, families, seniors and businesses.
Family Services

Carolinas Healthcare System
Safe Kids / Communities of Union County (SKUC)
600 Hospital Drive
Monroe, NC 28112
Phone: 980-993-7664
Fax: 704-238-1490
Website: www.carolinashealthcare.org/union

Coordinator: Kim Karpovich
Kim.Karpovich@carolinashealthcare.org

Union County Buckle Up Coordinator: Windi Henderson, Hemby Bridge Fire Department
WindiHenderson@hembybridgevfd.com

Mission Statement:
Safe Kids/Communities of Union County (SKUC) provides injury prevention outreach to the Union County community by leading programs and supporting other agencies that share a similar mission of community safety and injury prevention.

Whom do you serve?
All of Union County, North Carolina

What services do you provide?
Child Passenger Safety assistance by providing educational information on correct child passenger restraints, hands on activities, and informed them of local permanent checking stations.

Operation Medicine Drop (OMD) assistance by providing educational information and informed them of four local permanent drop box locations. Provide education and hands on activities on medicine mix up display.

Teen Safety by working with local Law Enforcement on texting and driving, speeding, seat belts, and curfew.

Fire Education and Prevention by working with local Fire Departments on smoke alarms, escape plans/know to ways out, and general fire preventions.

Water Safety by working with local Law Enforcement with local community pools to educate about safety in and around pools.

Home Safety by working with Carolinas HealthCare System and Day Care Centers to education CPR/First Aid Safety, home alone safety age 12, safe sleep for babies, batteries and TV and furniture tip-overs.

Free Car Seat Inspection and Operation Medicine Drop locations on following page…..
Free Car Seat Inspection

Around 85% of all car seats are improperly installed. Is your child riding in one?
Union County Buckle Up is providing free car seat inspections and safety belt fit tests at the following locations:

**Hemby Bridge Fire Department PCS**  
6628 Mill Grove Road | Indian Trail, NC  
Second Thursday of each month, from 10 a.m. to noon

**Monroe Fire Department – Station 1**  
300 W. Crowell St.| Monroe, NC  
First Friday of each month, from 10 a.m. to 1 p.m.

**Monroe Police Department**  
218 E Franklin St. | Monroe, NC  
Tuesday through Thursday, 10 a.m. to 2 p.m.

**Stallings Fire Department PCS**  
4616 Old Monroe Road | Indian Trail, NC  
Third Tuesday of each month, from 4 p.m. to 6 p.m.

**Waxhaw Police Department**  
3620 Providence Road South | Waxhaw, NC  
Fourth Tuesday of each month, from 4 p.m. to 6 p.m.

**Wesley Chapel Fire Department – Station 26**  
315 Waxhaw Indian Trail Road | Waxhaw, NC  
Fourth Thursday of each month, from 10 a.m. to noon

For more information, contact Union County Buckle Up Coordinators: Windi Henderson at 704-882-2100 or windihenderson@hembybridgevfd.com, or Missy Lemmonds at 980-993-3294 or missylemmonds@carolinashrehealthcare.org.

Operation Medicine Drop

Participate in Operation Medicine Drop to dispose of medications properly. Please take time to check your medicine cabinet and take any old, unused or out-of-date prescription or over-the-counter medications to one of the following permanent drop box locations:

**Union County Sheriff’s Office Satellite Facility**  
Wesley Chapel Volunteer Fire Department #26  
315 Waxhaw-Indian Trail Road | Waxhaw, NC  
Drop-off times: Tuesday, Wednesday and Thursday, from 9:45 a.m. to 3:45 p.m.  
Closed on holidays

**Union County Sheriff’s Office Satellite Facility**  
109 Navajo Trail | Indian Trail, NC  
Drop-off times: Monday, 8 a.m. to 4 p.m.  
Tuesday, 2 p.m. to 4 p.m.  
Wednesday, 8 a.m. to 11 a.m.  
Closed on holidays

**Union County Main Sheriff’s Office – Wingate**  
3344 Presson Road | Monroe, NC  
Drop-off times: Monday through Sunday  
Available 24 hours

**Waxhaw Police Department**  
3620 Providence Road South | Waxhaw, NC  
Drop-off times: Monday through Friday  
From 8 a.m. to 4 p.m.  
Closed on holidays

For more information, contact the Union County Sheriff’s Office at 704-283-3765 or Carolinas HealthCare System Union Safe Kids Coordinator, Kim Karpovich at 980-993-7664 or Kim.Karpovich@carolinashrehealthcare.org.
Family Services

Carolina Parenting Solutions, PLLC

Phone: 704-718-8657
Fax: 877-735-8447
Website: www.carolinaparentingsolutions.com

Description/Purpose of Agency:
Carolina Parenting Solutions, PLLC, is a specialty private practice with more than 25 years of experience working with young children and their families. Our licensed child and family therapists provide mental health and behavioral healthcare for infants, toddlers, very young children and parent therapy in the natural home environment. Clinical, outpatient behavioral therapy for young children and their parents in the family’s home.

Whom do you serve?
Children 8 years and younger and their families in the Greater Charlotte, NC, area.

What services do you provide?

Child & Family Therapy –Individually designed therapy for your child’s specific clinical needs. A healthy, proactive approach to individual child therapy and parent therapy. Families get expert help with common and challenging child behaviors from potty training to temper tantrums to adjusting to unexpected life events.

Infant Mental Health–Clinical services for infants and toddlers, birth to three years old. Parenting support and education. Parent Therapy and Interactive Play Therapy with infants and toddlers to address developmental, emotional & behavioral challenges.

Early Intervention–Specially Trained professionals provide early intervention and promote healthy global development in social emotional functioning, attachment, language and all other areas of learning.

DIR/Floortime for Autism–for children (ages birth through eight years old) struggling with Developmental Challenges and Autism combined with Parent Psycho Educational training.

Welcome Baby!–Education, support and training on basic infant care and building positive attachment in the early months of life for new parents and their babies up to 24 months old.
Family Services

Charlotte Speech and Hearing Center
2661 W. Roosevelt Blvd., Suite 103
Monroe, NC  28110

Phone: 704-523-8027
Fax: 704-523-8031
Website: www.charlottespeechhearing.com

Description/Purpose of Agency:
We are a non-profit agency that provides a full range of high-quality, family-based speech-language and hearing services to everyone in the community from well-to-do executives to individuals and families living on limited budgets.

Whom do you serve?
Our speech-language services in Union County are primarily for children from birth to teenagers.
Hearing services are for both children and adults of any age.

What services do you provide?
♦ Speech-language screenings and evaluations for children
♦ Speech-language therapy for a wide variety of pediatric speech-language disorders or delays
♦ Hearing screenings and full diagnostic audiology evaluations
♦ Hearing aid fittings and a variety of hearing aid support services for all levels of technology
♦ We have a sliding fee scale for both hearing aid purchases and speech-language services
♦ Community outreach services include workshops and mass screenings based on availability
Family Services

Child Care Resources Inc.
105-A Cedar Street
Monroe, NC 28110
Phone: 704-238-8810
Fax: 704-238-8811
Website: www.childcareresourcesinc.org
Email: mailbox@childcareresourcesinc.org
Hours of Operation: Monday - Friday
8:00 a.m. - 5:00 p.m.

Description/Purpose of Agency
Child Care Resources Inc. (CCRI) is a private, non-profit child care resource and referral agency that works with families and communities to ensure that all children have access to high quality, affordable early learning and school-age opportunities and experiences that enable them to succeed in school and in life.

Whom do you serve?
Children — Birth to 12 years of age and their families. CCRI offers a range of services for early childhood and school age care programs and professionals of Union, Mecklenburg and Cabarrus counties.

What services do you provide?
♦ Family Information Services: Delivering information, education and support so that families select early learning and school-age child care services that promote child well being.
♦ Program and Business Consultation: Promoting early care and education and school-age child care program excellence through quality improvement, quality assurance services, and effective business practice.
♦ Financial Aid: Increasing the ability of eligible working families to afford early learning and school-age child care services and increasing the business capacity of child care programs to serve their children well. (Mecklenburg County only)
♦ Research and Policy Development: Advancing policy and public support for accessible, affordable, and improved early learning and school-age child care services for all children, birth through age 12.
Family Services

Community Care Partners of Greater Mecklenburg
1423 Franklin Street, Suite A
Monroe, NC, 28112
Phone: 704-512-5555
Fax: 980-993-8515
Website: www.ccpgm.org
Hours of Operation: Monday to Friday
Customer Service: 704-512-5555
1-888-671-7437

Description/Purpose of Agency:
Community Care Partners of Greater Mecklenburg is a Carolina Access II Medicaid Program that provides a case management approach, facilitates patient access to care, and networks with practices which provide quality care, and promotes best practices. The program addresses health issues that affect a healthy lifestyle, and provide education and information about healthcare service resources to take care of individuals and their families.

Whom do you serve?
Residents of Union, Mecklenburg and Anson Counties

What services do you provide?
Care Coordination for Medicaid clients only
• We have nurses that can help you promote a healthy lifestyle.

• We work closely with people who have diabetes, asthma, or congestive heart failure or children that are overweight.

• We provide education and information about healthcare services resources to take care of you and your family.

• We have a free 24-hour health advice line you can call at 704-512-7824 or 1-888-458-4267
Community Health Services of Union County
1338-C East Sunset Dr.
Monroe, NC 28112
Phone: 704-296-0909
Fax: 704-296-0946
Email: Info@chsuc.org

Description/Purpose of Agency:
This agency meets healthcare needs of uninsured residents in Union and Anson County.

Whom do you serve?
Residents of Union and Anson County 18 years and older.

What services do you provide?
Diabetes Free Clinic, Diabetes education for uninsured Union and Anson County residents.
Emergency Prescription Assistance available for uninsured, qualified Union and Anson County residents (excluding controlled substances).

See agency listing under Prescription Drug Programs
Family Services

Department of Human Services
Division of Social Services
1212 W. Roosevelt Blvd.
Monroe, NC 28110
Phone: 704-296-4300
Fax: 704-296-6151
Website: www.unioncountync.gov
Hours of operation: Monday thru Friday
8:00 a.m. - 5:00 p.m.

Description/Purpose of Agency:
The Union County Division of Social Services partners with families in achieving economic well-being, safety, and permanence within the community.

Whom do you serve?
Individuals and families in Union County.

What services do you provide?
- Children’s Services Program provides services to families and children for the purpose of preserving and maintaining family functioning.

- Services include: financial assistance for emergencies such as medication, utilities, food, and housing. Child Protective Services is an involuntary service in which allegation of child abuse, neglect or dependency are assessed. In-Home Services is for those families needing supportive services. Foster Care Services are provided to children who have been removed from their families for reasons of neglect, abuse, and/or dependency.

- Adult Services & Benefits provides a variety of services and benefits to adults and families. Services include: Adult Protective Services, In-Home Aide, Adult Day Care, Guardianship, Nursing Home Placement, Adult Care Home services, Case Management services, In-Home Special Assistance services, Transportation services, General and Emergency Assistance, Crisis Intervention services, Medicaid for the Aged and Disabled Benefits, Medicaid Benefits for Medicare Recipients, Special Assistance Benefits for the Aged and Disabled and Food Stamp Benefits.

- Family Support Services & Daycare offers assistance to families with economic well-being, nutrition, medical assistance and supportive services for self-sufficiency.
Family Services

Division of Social Services continued…

Service Summary:

**Medicaid** is a federal and state funded program designed to secure health insurance coverage for individuals and families.

**Food Assistance (FNS)** program also known as Supplemental Nutritional Assistance program is designed to provide food for people in need.

**Child Day Care** subsidies help eligible low income families pay for child care, allowing parents or caretakers to work or attend school.

**Foster Care** is a temporary living arrangement for children who have been abused or neglected and need a safe place to live. With the approval of a judge, Social Services can take custody of the at-risk child(ren) and place the child(ren) in a foster home.

**Adoptions Services** help find permanent homes for children and to provide support to the families who adopt them.

**Work First** program aims to encourage eligible parents to achieve and sustain financial independence and self-sufficiency.

**Adult Services/In Home Services/Adult Day Care**
The Adult Services Unit is responsible for a wide array of programs that ensure the health, safety and well-being of the vulnerable population in Union County. Adult Protective Services receives and evaluates reports of abuse, caretaker neglect, self-neglect, and exploitation of the elderly and disabled adults to determine the need for protective services and arranges appropriate services provisions as needed and available. This includes Guardianship for adults that have been adjudicated incompetent by a court of law. Special Assistance In-Home, Payee Services, Individual and Family Adjustment, Adult Day Care, Adult Day Health, In-Home and Blind Services are provided to eligible disabled and/or elderly adults as supportive services to help individuals safely remain in their own home as long as possible.

**Crisis Intervention Program/Share the Warmth/LIEAP**
These programs assist low income families or individuals with a heating or cooling related crisis and who meet the eligibility criteria of being in a life or health related situation without assistance.

**Child Support Enforcement** involves locating absent parents, assisting in the establishment of paternity, and obtaining court-ordered child support payments.

**Emergency Assistance Program** assists Union County residents who are in a crisis that requires very limited temporary financial help to alleviate the emergence. The use of these funds is often viewed as a preventative measure.

**Child & Family Services**’ goal is to ensure safe, permanent, and nurturing families to all children in Union County. We partner with families to accomplish the goal.

**Child Placement Services** includes recruitment, licensing, and training of foster parents.

**Prevention and Aftercare Services**—Social Worker provides outreach services to children and families to prevent child protective services involvement. Aftercare services are provided on In-Home Services cases and foster care cases and provided on a voluntary basis.

**Protective Services for Children (Child Abuse & Neglect)**
The unit provides services to children and their families through the Multiple Response System (MRS) using the dual track of Investigative or Family Assessments in response to instances of actual or suspected child abuse, neglect, or dependency.

**Union County Group Home for Children** is a 24 hour, 9 bed facility that serves abused, neglected, dependent, and court involved youth. Many of these youth are in crisis and the Shelter Care provides them with a safe and supportive environment.

**Independent Living Program (LINKS)** provides services for youth that are or have been in foster care at the age of 13 through 21 in order to help prepare them for independent living.

**Volunteer Income Tax (VITA)** provides assistance to taxpayers in preparing and filing their Federal and State returns, aiding those with a gross income of $50,000 or less per year.

**Program Integrity** ensures compliance, efficiency, and accountability within the N.C. Medicaid Program and the Food and Nutrition Program by detecting and preventing fraud, waste, program abuse, and by ensuring that Medicaid and Food and Nutrition dollars are paid appropriately by implementing tort recoveries, pursuing recoupments, and identifying avenues for cost avoidance.

**Aid to the Blind**—The North Carolina Division of Services for the Blind provides treatment, rehabilitation, education and independent living alternatives for blind and visually impaired residents of North Carolina.
Family Services

NAMI Union County (an affiliate of the National Alliance on Mental Illness)
P.O. Box 1821
Monroe, NC  28111
Phone:  704-292-2287
Website:  www.NAMINC.org

Description/Purpose of Agency:
Education, support and advocacy for persons living with mental illness and their family members.

Whom do you serve?
Membership and participation is open to residents of Union County

What services do you provide?
• Family Members Support Group- 1st Thursday of each month from 7—8:30 p.m.
• Monthly Meeting- 3rd Monday of each month
• Location: Union House at 316 I.B. Shive Street, Monroe, NC.
• Family to Family Education Class (FREE)
Family Services

The Navigation Lady
Monroe, NC
Phone: 704-242-4322
Email: TheNavLady@gmail.com

Website: www.facebook.com/TheNavigationLady

Description/Purpose of Agency:
To allow adult children to remain adult children instead of being administrators of parents’ lives. Detail management, medical, resources, household.

Whom do you serve?
Older adults, vulnerable adults and/or their families in Union County and surrounding area.

What services do you provide?
Detail management
- Benefit applications
- Referral and information services
- Household bill management
- Medical bill/insurance benefit management
Advocacy
Family Services

Nurture Your Health
Mian W. Rex,—Certified Dr. Sears Wellness Coach
Phone:  980-239-0366
Website: www.nurtureyourhealth.us

Description/Purpose of Agency:
Dr. Sears’ L.E.A.N. is a family of workshops that educate and support parents, caregivers, children, expecting moms and adults 40 yrs. and older [Prime Timers] in the four pillars of health: Lifestyle, Exercise, Attitude and Nutrition [L.E.A.N]. The objective of these programs is to teach families simple ways to improve their health.

Whom do you serve?
Parents, pregnant/nursing moms and any adults 40 years of age and older

What services do you provide?
1]  L.E.A.N. workshops—Parents of children ages 3—12 yrs. Old will be able to improve the health of the child and the entire family.
   • L.E.A.N. Essential—One, 2–hour workshop (condensed version of L.E.A.N. Start)
   • L.E.A.N. Start—Three, 2-hour OR six, 1-hour workshops

2]  L.E.A.N. Expectations—consisting of three individual, two-hour classes, which provides an opportunity for expecting and nursing women to connect and build relationships with others while learning practical ways to positively impact the health of both mother and baby before, during and after pregnancy. These classes can be taken at any stage of the pregnancy depending on participants needs.
   • Prepare RIGHT Now—Turn your Pregnancy into a Healthy New Beginning. This class focuses on lifestyle choices, attitude and exercise at any stage of pregnancy.
   • Eat RIGHT Now—Experience Optimal Nutrition During Pregnancy and Beyond. This class focuses on nutritional needs before, during and after pregnancy.
   • Live RIGHT Now—Make a Smooth Transition from Pregnancy to Motherhood. This class focuses on the transitional needs of both mom and baby during the first few months at home.

3]  Prime Time Health—offers four, 90min. Sessions OR six, 1-hour sessions. Designed for 40 yrs. and above.
   • Open Your Internal Pharmacy
   • Make Health Your Hobby
   • Move Waste From Your Waist
   • Live Without Pain and Inflammation
Family Services

Public Health Preparedness
1224 W. Roosevelt Blvd.
Monroe, NC  28110

Contact: Emily Walmsley
Phone: 704-296-4820
Fax: 704-296-4807
Website: www.co.union.nc.us

Description/Purpose of Agency:
To protect the public’s health during disaster situations such as disease epidemics, chemical and radiological releases, severe weather, and natural disasters.

Whom do you serve?
Public

What services do you provide?
- Public Health Preparedness (PHP): To provide public health assistance to local response agencies during a disaster. PHP provides medical assistance during shelter events, dispenses medications during epidemics or radiological events, and investigates disease outbreaks.

- Special Needs Registry: Responsible for updating and registering individuals in a database with functional and access needs in order to assist emergency workers in locating those whom may need emergency assistance during disaster situations.
Union County Access and Functional Needs Registry

Union County Division of Emergency Management and Union County Division of Public Health are responsible for maintaining a registry for residents in Union County who have access and functional needs. Individuals who have a disability that may impair their ability to seek safety during an emergency are asked to register. The registry serves as a database to use during emergency situations and the information provided will be used for emergency response purposes only. Signing up for this registry is not a guarantee of service. Please call for information or complete the information and return completed form to one of the following:

- Union County Emergency Management: 500 N. Main Street Suite 809, Monroe, NC 28112 - (704) 283-3575—Fax: 704-283-3716
- Union County Division of Public Health: 1224 W Roosevelt Blvd., Monroe, NC 28110 - (704) 296-4800—Fax: 704-296-4807

<table>
<thead>
<tr>
<th>General Information:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Name: First: ____________________ Last: ____________________ Gender: □ M □ F</td>
</tr>
<tr>
<td>Address: ____________________ City: ____________________ State: ____________ Zip: ____________</td>
</tr>
<tr>
<td>Phone: ____________________ Alternate Phone: ____________________</td>
</tr>
<tr>
<td>Date of birth: ____________ Age: ______ Primary Language: □ English □ Spanish □ Other: ____________________</td>
</tr>
<tr>
<td>Do you have a service animal? □ Yes □ No If Yes, what type: ____________________</td>
</tr>
<tr>
<td>Do you have a full-time caregiver? □ Yes □ No If Yes, will your caregiver evacuate or shelter with you? □ Yes □ No</td>
</tr>
<tr>
<td>Do you live alone? □ Yes □ No If No, who do you live with: □ Family □ Caretaker □ Group Home □ Other: ____________________</td>
</tr>
<tr>
<td>Do you require electricity for medical equipment? □ Yes □ No</td>
</tr>
<tr>
<td>Emergency Contact Name: ____________________ Emergency Contact Phone: ____________________ Alternate Phone: ____________________</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Mobility (check all that apply)</th>
<th>Assistance with: (check all that apply)</th>
<th>Transportation for evacuation or to a shelter:</th>
</tr>
</thead>
<tbody>
<tr>
<td>□ No mobility issues</td>
<td>□ Bathing</td>
<td>□ No transportation Needs</td>
</tr>
<tr>
<td>□ Able to walk with assistance</td>
<td>□ Dressing</td>
<td>□ Need transportation—can use standard vehicle</td>
</tr>
<tr>
<td>□ Confined to Bed</td>
<td>□ Using the Toilet</td>
<td>□ Need Transportation—require a wheelchair lift vehicle</td>
</tr>
<tr>
<td>□ Wheelchair/Mobility Vehicle</td>
<td>□ Eating</td>
<td>□ Need Transportation—require a stretcher</td>
</tr>
<tr>
<td>□ Prosthesis</td>
<td>□ Medicine</td>
<td>□ Other: ____________________</td>
</tr>
<tr>
<td>□ Other ____________________</td>
<td>□ Other ____________________</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Sensory (check all that apply)</th>
<th>Learning, Developmental, and Mental (check all that apply)</th>
<th>Medical (check all that apply)</th>
</tr>
</thead>
<tbody>
<tr>
<td>□ Legally Blind</td>
<td>□ Alzheimer’s □ Dementia □ Amnesia □ ADHD □ Brain Injury □ Learning Disability</td>
<td></td>
</tr>
<tr>
<td>□ Deaf</td>
<td>□ Dementia □ Amnesia □ ADHD □ Brain Injury □ Learning Disability</td>
<td></td>
</tr>
<tr>
<td>□ Difficulty understanding verbal instructions</td>
<td>□ Other: ____________________</td>
<td>□ Insulin □ Oxygen □ Dialysis □ Feeding Tube □ Catheter □ Wound Care □ Life Support</td>
</tr>
<tr>
<td>□ Glasses, Contacts</td>
<td>□ Deaf □ Hard of Hearing □ Hearing aids / Assistive Technology □ Sign Language</td>
<td></td>
</tr>
<tr>
<td>□ Hard of Hearing</td>
<td>□ Other: ____________________</td>
<td>□ Obesity □ IV Meds □ Arthritis □ Stoma or Ostomy □ Other: ____________________</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Assistance with: (check all that apply)</th>
<th>Transportation for evacuation or to a shelter:</th>
</tr>
</thead>
<tbody>
<tr>
<td>□ Bathing</td>
<td>□ No transportation Needs</td>
</tr>
<tr>
<td>□ Dressing</td>
<td>□ Need transportation—can use standard vehicle</td>
</tr>
<tr>
<td>□ Using the Toilet</td>
<td>□ Need Transportation—require a wheelchair lift vehicle</td>
</tr>
<tr>
<td>□ Eating</td>
<td>□ Need Transportation—require a stretcher</td>
</tr>
<tr>
<td>□ Medicine</td>
<td>□ Other: ____________________</td>
</tr>
<tr>
<td>□ Other ____________________</td>
<td></td>
</tr>
</tbody>
</table>

I certify that the above information is correct. I understand that I am responsible for all expenses associated with medical evacuation and shelter at a hospital. I hereby grant permission to Union County Emergency Management and Union County Division of Public Health to release this information to other emergency response agencies as needed during emergency situations and for planning purposes.

Signed: ____________________ Date: ____________ Relation: ____________________
Family Services

Thompson
(formerly Thompson Child and Family Focus)

6800 Saint Peter’s Lane and 769 N. Wendover Road
Matthews, NC  28105 and Charlotte, NC 28235-5458
Phone:  704-536-0375 Phone:  704-376-7180 ext. 0
Fax:  704-531-9266 Fax:  704-376-0903
Website: www.thompsoncff.org

Description/Purpose of Agency:
We reach out to children of any age, up to 18 years, and to their families. We see a range of challenges, from the most severe cases of abuse and neglect, to instances where families simply lack the means or tools to provide quality care and education.

Whom do you serve?
Children 0 - 18yrs and their families.

What services do you provide?
Matthews location:
- Psychiatric Residential Treatment

Wendover Road location:
- Outpatient Therapy
- Psychiatric Medication Man
- Intensive In-Home
- Foster Care
- Family Education
- Family Partners

1645 Clanton Road location:
- Early Childhood Outreach Services
- Thompson Child Development Center
Family Services

Turning Point of Union County

Address: Mailing P.O. Box 952 Monroe, NC 28111
DV Shelter Confidential
Tree House CAC & SARC 150 Winchester Avenue Monroe, NC 28110

Phone: General Business Phone 704-283-9150
Domestic Violence Crisis 704-283-7233
Sexual Assault Crisis 704-283-7770

Fax: General Business & Domestic Violence Shelter 704-225-8857
Tree House CAC & Sexual Assault Resource Center 704-225-1166

Website: www.TurningPointNC.org
Facebook@TurningPointUC
Twitter@TurningPointUC
Instagram@TurningPointUC

Description/Purpose of Agency:
Turning Point exists to end domestic abuse, sexual assault, and child abuse through safe shelter, advocacy, prevention, and social change. We operate 3 programs for survivors of violence and abuse: Turning Point’s Domestic Violence Program and Shelter, Sexual Assault Resource Center, and Tree House Children’s Advocacy Center.

Whom do you serve?
We serve survivors of domestic violence, sexual assault, and child abuse.

What services do you provide?
- Domestic Violence (DV) Program & Shelter—24/7 crisis line, safe shelter, crisis intervention, safety plans, case management, resource referrals, individual and group counseling, court advocacy and accompaniment, children’s program, teen dating abuse, prevention, and community outreach and education.

- Sexual Assault Resource Center (SARC)— 24/7 crisis line, 24/7 hospital accompaniment, crisis intervention, safety plans, advocacy, resource referrals, counseling, support groups, court advocacy and accompaniment, and community outreach and education.

- Tree House Children’s Advocacy Center (CAC)—forensic interviews, medical exams, advocacy, safety plans, resource referrals, trauma assessments, counseling, teen support group, court advocacy and accompaniment, Stewards of Children’s’ Darkness to Light Prevention Program, and community outreach and education. ***Requires a referral from law enforcement or child protective services.

- Second Chance Boutiques and Home Décor—second hand thrift stores, donate and/or shop, located in Monroe and Waxhaw.
Healthcare Services

Bayada Home Health Care
2300 West Roosevelt Blvd
Suite C and D
Monroe, NC 28110
Phone: 704-289-6000 Monroe / 704-423-9449 Charlotte
Fax: 704-291-9072 Monroe / 704-423-9455 Charlotte
Website: www.bayada.com

Description/Purpose of Agency:
We believe our clients and families turn to BAYADA Home Health Care because of our heart-felt commitment to providing care with compassion, excellence, and reliability. It is more than a commitment...it’s our calling.

Available: 24/7

Whom do you serve?
Geriatrics, Adults, Pediatrics, Developmental Disabilities, Hospice
Located throughout North Carolina and worldwide.

What services do you provide?
Certified Medicare Services—Also accepting other insurances
Nurses, Therapists, Home Health Aides, Certified Nursing Assistants, Medical Social Workers.
We are able to help our client at every level of care, including high-tech care to companions.
Healthcare Services

**Boutique on Main**
**Superior Home Medical, Inc.**
201 North Main Street
Suite 110
Monroe, NC 28112
Phone: 980-269-8382
Fax: 980-269-8383
Website: www.boutiqueonmainstreet.com

**Description/Purpose of Agency:**
Mastectomy Boutique

**Whom do you serve?**
Serving residents of Union County and surrounding areas.

**What services do you provide?**
Bra fitting
Breast prosthesis with bra
Cami’s
Additional retail boutique items
Healthcare Services

Carolinas Healthcare System Union (CHS Union)
600 Hospital Drive
Monroe, NC 28112
Phone: 980-993-3100
Fax: 980-993-4175
Website: www.carolinashealthcare.org/cmc-union

Description/Purpose of Agency:
CHS-Union is a 175-bed community hospital that offers inpatient, outpatient, and emergency care services. The Jesse Helms Nursing Center has 70 long-term care beds and is located on the campus of CHS-Union. For more than 50 years, CHS-Union has been committed to improving the health and wellbeing of individuals, families, and communities throughout Union County and the surrounding area. CHS-Union is part of the Carolinas HealthCare System, which is one of the leading healthcare providers in the Southeast.

Whom do you serve?
CHS-Union provides medical services to residents of Union County and the surrounding area.

What services do you provide?
CHS-Union is committed to excellence in patient care and service delivery, and provides a comprehensive array of health services including an acute care hospital, long-term care facility, behavioral health center, and community based physician practices. In November 2014, CHS-Union opened a new, state-of-the-art Women and Children’s Center. The Center features labor, delivery, recovery, and post-partum (LDRP) suites that promote family-centered care and were designed to make patients feel at home. A special care nursery staffed 24/7 by neonatologists and a lactation center are also available. CHS-Union’s Cardiovascular Center provides an extensive array of cardiac and vascular diagnostic services using the latest technologies. Interventional cardiologists perform percutaneous coronary intervention (PCI) procedures to repair blocked arteries in the heart. The Edwards Cancer Center, part of the Levine Cancer Institute, provides the latest advancements in radiation therapy technology and the highest quality of cancer care available. The Emergency Department has some of the most advanced technology and includes 34 treatment rooms, two dedicated trauma rooms, a 64-slice CT scanner, and cardiac monitoring equipment. This technology, along with physicians who are board-certified in emergency medicine, expedite diagnoses and direct patients to the care they need in emergent situations. Additional services at CHS-Union include an accredited chest pain center, inpatient and outpatient surgery, rehabilitation services, sleep center, diabetes center, wound care center, and advanced imaging center.
Healthcare Services

Carolinas Healthcare System Waxhaw (CHS Waxhaw)
2700 Providence Road South
Waxhaw, NC 28173
Phone: 704-667-6800
Fax: 704-667-6801
Website: www.carolinashealthcare.org/cmc-waxhaw

Description/Purpose of Agency:
CHS-Waxhaw features a full service Emergency Department providing care for patients in need of emergency care 24 hours per day, seven days per week, as well as advanced diagnostic imaging and laboratory services. Primary and specialty physician practices are located in an adjoining medical office building.

Whom do you serve?
CHS-Waxhaw provides medical services to the residents of Waxhaw and surrounding communities in Western Union County.

What services do you provide?
CHS-Waxhaw’s Emergency Department is staffed by all board-certified emergency physicians who provide the highest quality emergency care, from broken bones and severe cuts to heart attacks and strokes. Advanced diagnostic imaging, including CT, ultrasound, and diagnostic x-ray services, are available to both emergency patients and outpatients. A full range of laboratory procedures are also available. Highly-skilled primary care and specialty care physicians are located in the facility’s medical office building to meet each family’s medical needs close to home.
Healthcare Services

Community Health Services of Union County
1338-C East Sunset Dr.
Monroe, NC 28112
Phone: 704-296-0909
Fax: 704-296-0946
Email: Info@chsuc.org

Description/Purpose of Agency:
Community Health Services of Union County provides community outreach promoting health education awareness and preventative health care services to the community.

Whom do you serve?
Indigent and underserved persons living in Union and Anson County

What services do you provide?

Community Clinics
Community Health Services provides preventative health assessments including blood pressure, pulse, hemoglobin, blood sugar, and lipid profile (total cholesterol, HDL, LDL, VLDL, triglycerides and ratio). Clients receive education and counseling regarding Therapeutic Lifestyle Changes and medication compliance as well as general assistance, advocacy, and referrals as indicated.

Diabetes Services
A certified diabetes educator provides education and counseling geared toward self-management of diabetes. A monthly Diabetes Free Clinic is available to those patients who are prequalified. By Appointment Only for uninsured diabetics who have no physician and are residents of Union and Anson County.

Prescription Assistance
Emergency Prescription Assistance available for uninsured, qualified Union and Anson County residents (excluding controlled substances)

Wellness
Adult immunization for influenza (flu), and pneumonia. Blood profiles are available through Lab Corp.

Grocery Program
A Grocery Program is available to those uninsured, qualified patients enrolled in our Diabetes Program, Diabetes Free Clinic, and Diabetes Education for uninsured Union and Anson County residents.
Healthcare Services

**Griffin Home Health Care, Inc.**  
**Retail Store Locations**

<table>
<thead>
<tr>
<th>Location</th>
<th>Address</th>
<th>Phone</th>
<th>Fax</th>
<th>Email</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Charlotte, NC 28270</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Gastonia</strong></td>
<td>2515 E. Ozark Ave.</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Gastonia, NC 28054</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Concord</strong></td>
<td>349 Copperfield Blvd.  Ste H2</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Concord, NC 28025</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**Description/Purpose of Agency:**
Provide durable medical equipment as well as health care aids, topical solutions for pain, pain management, athletic equipment for rehab and hospital grade equipment.

**Whom do you serve?**
Griffin serves all clients via its two retail showrooms, delivery service and now drop ship program. We provide medical equipment and supplies for the end user and their caregivers.

**What services do you provide?**

<table>
<thead>
<tr>
<th>Durable Medical Equipment</th>
<th>Respiratory Equipment &amp; Services</th>
</tr>
</thead>
<tbody>
<tr>
<td>Aids for Daily Living</td>
<td>Nebulizers &amp; Supplies</td>
</tr>
<tr>
<td>Bathroom Safety Devices</td>
<td>Oxygen—Concentrators</td>
</tr>
<tr>
<td>Breast Pumps</td>
<td>Oxygen—Gas Cylinders</td>
</tr>
<tr>
<td>Compression Units/Pumps</td>
<td>Oxygen—Delivery to Hospital &amp; Home</td>
</tr>
<tr>
<td>Geriatric Chairs</td>
<td>Oxygen—Conservers</td>
</tr>
<tr>
<td>Incontinence Aids</td>
<td>Oxygen—Portable Devices &amp; Accessories</td>
</tr>
<tr>
<td>Ostomy Supplies</td>
<td>Pulse Oximetry</td>
</tr>
<tr>
<td>Wheelchairs &amp; Scooters</td>
<td>Sleep Therapy Equipment &amp; Supplies</td>
</tr>
<tr>
<td>Alternating Pressure Pads</td>
<td>Respiratory Equipment</td>
</tr>
<tr>
<td>Wound Management Supplies</td>
<td>Tracheostomy Care</td>
</tr>
<tr>
<td>Continuous Passive Motion</td>
<td></td>
</tr>
<tr>
<td>Hospital Beds &amp; Accessories</td>
<td></td>
</tr>
<tr>
<td>Lift Chairs</td>
<td></td>
</tr>
<tr>
<td>Rehabilitative Equipment</td>
<td></td>
</tr>
<tr>
<td>Diabetic/Therapeutic Shoes</td>
<td></td>
</tr>
<tr>
<td>Ice Man</td>
<td></td>
</tr>
<tr>
<td>Sick Room Supplies</td>
<td></td>
</tr>
<tr>
<td>Support Surfaces</td>
<td></td>
</tr>
<tr>
<td>Diabetic Shoes</td>
<td></td>
</tr>
</tbody>
</table>

34
Healthcare Services

Hospice of Union County
700 W. Roosevelt Blvd.
Monroe, NC 28110
Phone: 980-993-7300
Fax: 980-993-7350

Description/Purpose of Agency:
Hospice provides compassionate, quality care to those suffering life-limiting illnesses, regardless of ability to pay, and to serve as a clinical, ethical and spiritual resource for family members as well as others in the community affected by death and dying.

Whom do you serve?
Persons who are terminally ill with a life expectancy of six months or less and their families.

What services do you provide?
Hospice provides specific services based upon the needs assessed of each individual patient and members of his/her family. Hospice specializes in pain and symptom management, and delivers care through a highly specialized inter disciplinary team of Physicians, Nurses, Home Health Aids, Social Workers, and Chaplain. Hospice of Union also offers the option of care on our campus in McWhorter Hospice House for patients meeting inpatient criteria. Hospice works with our patient’s families/caregivers through the Bereavement Program. Hospice also provides “Volunteer Services”.

Novant Health Matthews Medical Center
1500 Matthews Township Parkway
Matthews, NC 28105
Phone: 704-384-6500
Website: www.novanthealth.org
Hours of Operation: 24 hours, 7 days a week

Description/Purpose of Agency:
Novant Health Matthews Medical Center is a not-for-profit facility providing excellence in healthcare through a full range of advanced medical treatments and procedures for patients and their families.

Whom do you serve?
Residents of Union County, and the southern piedmont region.

What services do you provide?
Novant Health Matthews Medical Center offers comprehensive medical, educational and emotional support services including the Family Maternity Center, Surgical Services, Orthopedic Services, Heart - Cardiovascular Services, Cancer Services, Outpatient Infusion Services, Emergency Services, Critical Care Unit, Radiology Services, and Rehabilitation Center. Novant Health Matthews Medical Center also offers limited (3 beds) Hospice and Palliative Care.
Healthcare Services

Superior Home Medical, Inc.
108 South Main Street
Monroe, NC  28112
Phone:  704-225-0285
Fax:    704-225-0287
Website: www.superiorhomemedical.com

Description/Purpose of Agency:
DME—Medical equipment and supplies

Whom do you serve?
Residents of Union County and surrounding areas.

What services do you provide?
Urological supplies
Tracheotomy supplies
Ostomy supplies
Incontinence products (briefs, pull-ups, bedpads)
Nutrition products (Glucerna, Ensure, Boost)
Diabetic shoes
Orthotics

Medical Equipment—hospital beds, walkers, manual wheelchairs, power-chairs, lift-chairs, nebulizer, OptiChamber (spacer)
Healthcare Services

Union County Department of Human Services
Digital Health Department

Union County Digital Health Department
Website: www.union.digitalhealthdepartment.com

Description/Purpose of Agency:
Provide digital database for all food, lodging, institution, childcare facility, and swimming pool permits and inspections.

Whom do you serve?
Residents of Union County and surrounding areas.

What services do you provide?
Digital Health Department provides current permit and inspection data of all Union County Environmental Health permitted and inspected facilities.
Healthcare Services

Union County Department of Human Services
Division of Public Health, Environmental Health Section
500 North Main Street
Room 47
Monroe, NC 28110
Phone: 704-283-3553
Website: http://www.co.union.nc.us/Divisions/EnvironmentalHealth.aspx

Description/Purpose of Agency:
The Environmental Health Section of Union County Public Health endeavors to promote and protect public health and preserve the environment by conducting daily activities designed to prevent disease, educate the public and enforce regulations.

Whom do you serve?
All residents of Union County.

What services do you provide?
Three primary programs operate within Environmental Health: the Food, Lodging and Institutions Program, the Children’s Environmental Health Program and the On-site Water Protection Program.

Environmental Health Specialists in the Food, Lodging and Institutions Program conduct plan review, permitting and inspections of businesses that prepare and serve food. These facilities include restaurants, food stands, mobile food units, push carts, temporary food establishments, limited food service operations and others. Plan review, permitting and inspections are also performed on facilities such as hotels, motels, bed and breakfast inns, residential care homes, nursing homes, adult day care facilities, tattoo artists and public swimming pools.

Children’s Environmental Health strives to protect and improve the health of children by implementation of programs involved in reducing environmental risks in child care facilities, schools and camps. Children’s Environmental Health also includes childhood lead poisoning prevention. This program provides educational materials and referrals to community resources related to asthma, safety issues, mold and other indoor air quality concerns. Education is an important facet of the Children’s Environmental Health Program. Classes are available to child care and school personnel. Community partnerships are developed through this program to enhance child health.

The On-site Water Protection Program serves the community through the protection of surface and ground water supplies. Program staff educates citizens on water quality, contaminant issues and waterborne diseases. Environmental Health Specialists conduct soil and site evaluations to determine suitability for septic systems on both residential and commercial properties. This program is responsible for the design, permitting and inspection of new systems and the repair of existing sewage disposal systems. Other duties include responding to citizen complaints and performing existing system inspections. Existing system inspections are performed for homeowners who are constructing additions to their home including: bedrooms, decks, porches, detached buildings, swimming pools or rooms outside the existing foundation.

Permits are issued by the On-site Water Protection Program for the installations and well water sampling are also conducted. Water sample can be tested for the following: bacteria, petroleum pesticides, herbicides, nitrates/nitrates and organics. The inorganic test includes evaluation for: pH, alkalinity, fluoride, chloride, calcium, magnesium, total hardness, manganese, lead, arsenic, copper, iron and zinc.
Healthcare Services

Union County Department of Human Services
Division of Public Health
1224 W. Roosevelt Blvd.
Monroe, NC 28110
Phone: 704-296-4800
Fax: 704-296-4887
Website: www.co.union.nc.us
Hours of Operation: Monday - Friday
8:00 a.m. - 5:00 p.m.

Description/Purpose of Agency:
Union County Division of Public Health provides health prevention and primary care services. The health department provides continual surveillance of health conditions in the county and networks with the state for information vital for health program planning.

Whom do you serve?
Individuals and families of Union County.

What services do you provide?
The Union County Division of Public Health provides a variety of services including: child and adult dental, maternal health, breast and cervical cancer control, WIC (women, infant, and children’s), family planning, vital records, communicable disease control, child health, diabetes education and health promotion.
Literacy Services

Literacy Council of Union County
216 N. Hayne St.
Monroe, NC 28112
Phone: 704-226-1425 (English)
Phone: 704-226-1429 (español)
Email: info@literacyunion.org
Website: www.literacyunion.org

Description/Purpose of Agency:
The Council’s mission is to improve the quality of life in our community and expand individual potential by teaching adults and families to read, write, speak, and understand the English language.

Whom do you serve?
The Council serves adults who read below a 9th grade reading level and who live or work in Union County.

What services do you provide?
We run an Adult Basic English program and an adult English as a Second Language program. At our Adult Literacy Center and host sites throughout the county, including branches of Union County Public Library, our volunteers teach English in one-on-one and small group tutoring sessions. Students and tutors meet once a week. The Council also provides a computer lab for independent learning using English language software. Instruction services and curriculum books are free to students.
Literacy Services

Union County Public Library
316 E. Windsor Street
Monroe, NC 28112
Phone: 704-283-8184
Website: www.union.lib.nc.us

Lois Morgan Edwards Memorial Library
414 Hasty Street
Marshville, NC 28103
Phone: 704-624-2828

Union West Regional Library
123 Unionville-Indian Trail Road
Indian Trail, NC 28079
Phone: 704-821-7475

Waxhaw Branch Library
509 South Providence Street
Waxhaw, NC 28173
Phone: 704-843-3131
LISTING for LOCAL PRODUCE MARKETS in UNION COUNTY

Rocky River Local Foods Association
3230-D Presson Road
Monroe, NC 28112
Phone: Main Extension Number: 704-283-3830
Website: www.rockyriverlocalfoods.com
Purpose: Branding local foods, wholesale distribution, marketing local foods.
Serving: Local food producers and small farms
Providing: -education -marketing -online presence -collaboration of resources

Belle Terra Farms
3101 Little Tom Starnes Road
Waxhaw, NC 28173
980-328-5606
www.belleterrafarms.com
Naturally produced meats & eggs
Open to Public
Thursday—Saturday
8a.m.—5p.m.

Griswold’s Family Produce
5411 HWY 601 South
Monroe, NC 28112
704-764-7105

Cabbage Patch (The)
8604 Old Ferry Road
Monroe, NC 28110
704-753-1263

Hunter Farm (The)
13624 Providence Road
Weddington, NC 28104
704-846-7975

Cook Farms
Ray T. Cook
3102 Plyler Mill Road
Monroe, NC 28112-8817
704-283-7275

M & M Farms
7208 Alexander Farm Road
Monroe, NC 28110
704-574-9200
Monday—Saturday
April—August
Call for hours of operation

DabHar Farm
1017 Cyrus Edwards Road
Monroe, NC 28110
704-289-6328
phyllisw8@earthlink.net
Eggs, Honey, Fruits and Vegetables

Piedmont Produce
4212 E. Highway 218
Monroe, NC 28110
704-753-2300
www.piedmontproduce.com

Dogwood Acres Vegetable Farm
5424 Olivia Court
Marshville, NC 28103
704-385-8450

Poplar Ridge Farm
1619 Waxhaw-Indian Trail Road
Waxhaw, NC 28173
704-843-5744
www.poplarridgefarmnc.com
Wednesdays 2-6p.m. & Saturdays 10a.m.—1p.m.

Gamble’s Shambles
5405 Nicole Drive
Waxhaw, NC 28173
704-843-3873

Providence Produce/Rock Store Farm Market
3116 Old Monroe Road
Stallings, NC 28104
704-821-0674 or 704-821-3270
LISTING for LOCAL PRODUCE MARKETS in UNION COUNTY

Rocky River Local Foods Association
3230-D Presson Road
Monroe, NC 28112
Phone: Main Extension Number: 704-283-3830
Website: www.rockyriverlocalfoods.com

Purpose: Branding local foods, wholesale distribution, marketing local foods.
Serving: Local food producers and small farms
Providing: -education -marketing
- online presence -collaboration of resources

Randy Simpson Fresh Farm Produce
Old Monroe Road
Indian Trail, NC 28079
704-361-1891
Open April—December 23
Sells Pumpkins and Christmas Trees in Season
M—F 9:00a.m.—8:00p.m.
Saturday 8:00a.m.—8:00p.m.
Sunday 11:30a.m.—6:00p.m.

Waxhaw Farmers’ Market
Corner of Price Street & Church Street
Waxhaw, NC 28173
704-779-4551
April—December
Saturdays, 9a.m. —1p.m.
(Winter) Every other Saturdays, 10a.m.—12noon

Taylor Family Greenhouse
2405 Corinth Church Road
Monroe, NC 29112
www.taylorfamilygreenhouse.com
By appointment and at
Union County Farmers’ Market

Terry Simpson’s Fresh Produce
7304 Secrest Shorcut Road
Indian Trail, NC 28079
704-254-5730
Open: April through September
Monday-Sunday, 9a.m.—7p.m.

Union County Farmers’ Market
805 Skyway Drive
Monroe, NC 28112
704-283-3626
Web address: www.unioncountylocalmarket.com
Tuesday, Thursday & Saturday
Nutrition Services

NC Cooperative Extension—Union County
3230-D Presson Road
Monroe, NC 28112
Phone: Main Extension Number: 704-283-3801
Sally McNeill, Family and Consumer Science: 704-283-3732
Cheri Bennett, Adult EFNEP: 704-283-3737
Fax: 704-283-3734
Website: www.union.ces.ncsu.edu

Description/Purpose of Agency:
The North Carolina Cooperative Extension Service partners with communities to deliver education and technology that enriches the lives, land and economy of North Carolinians. Cooperative Extension provides information and educational programs in numerous areas including Agriculture; Family and Consumer Sciences; 4-H and Youth Development; and Community and Rural Development (CRD).

Whom do you serve?
The food and nutrition, health and wellness, food safety and food preservation programs offered by the Family and Consumer Science agent with Cooperative Extension are open to all residents in the county. Some programs have nominal fees to cover the cost of class supplies.

EFNEP (Expanded Food and Nutrition Education Program) is targeted to limited resource audiences. There is no cost to individual participants. Partnering agencies are asked to help with food and supply expenses, whenever possible.

What services do you provide?
Health and Wellness:
◊ Weight Management Classes for Adults: Eat Smart, Move More, Weigh Less 12-week program (new sessions start in January and in September)
◊ Union County Senior Wellness Expo (1st Thursday each November)
◊ Color Me Healthy: Healthy Eating for Preschoolers
◊ Cook Smart, Eat Smart program
◊ Nutrition and cooking experiences for youth
◊ Families Eating Smart and Moving More
◊ Speaker for community programs

Food Preservation and Local Foods:
◊ Home Canning, Freezing and Dehydrating Classes (spring and summer)
◊ Testing of Dial Gauge canners (all year)
◊ Learn as You Grow Community Garden Project
◊ Farmer’s Market activities
◊ Activities and classes to promote local foods

Food Safety Classes:
◊ Consumer Food Safety programs (ongoing)
◊ ServSafe: Food Safety Classes for Food Service Managers (every April and every October)
◊ ServSafe testing for commercial food safety certification (ongoing)

EFNEP (Expanded Food and Nutrition Education Program)
Adult EFNEP: Consists of a series of nutrition classes for limited resource audiences. New groups are recruited and classes are started on an ongoing basis. Classes are taught in Spanish or English.
Nutrition Services

Nurture Your Health
Mian W. Rex,—Certified Dr. Sears Wellness Coach
Phone: 980-239-0366
Website: www.nurtureyourhealth.us

Description/Purpose of Agency:
Dr. Sears’ L.E.A.N. is a family of workshops that educate and support parents, caregivers, children, expecting moms and adults 40 yrs and older [Prime Timers] in the four pillars of health: Lifestyle, Exercise, Attitude and Nutrition [L.E.A.N]. The objective of these programs is to teach families simple ways to improve their health.

Whom do you serve?
Parents, pregnant/nursing moms and any adults 40 years of age and older

What services do you provide?
1] L.E.A.N. workshops—Parents of children ages 3—12 yrs. Old will be able to improve the health of the child and the entire family.
   • L.E.A.N. Essential—One, 2–hour workshop (condensed version of L.E.A.N. Start)
   • L.E.A.N. Start—Three, 2-hour OR six, 1-hour workshops

2] L.E.A.N. Expectations—consisting of three individual, two-hour classes, which provides an opportunity for expecting and nursing women to connect and build relationships with others while learning practical ways to positively impact the health of both mother and baby before, during and after pregnancy. These classes can be taken at any stage of the pregnancy depending on participants needs.
   • Prepare RIGHT Now—Turn your Pregnancy into a Healthy New Beginning. This class focuses on lifestyle choices, attitude and exercise at any stage of pregnancy.
   • Eat RIGHT Now—Experience Optimal Nutrition During Pregnancy and Beyond. This class focuses on nutritional needs before, during and after pregnancy.
   • Live RIGHT Now—Make a Smooth Transition from Pregnancy to Motherhood. This class focuses on the transitional needs of both mom and baby during the first few months at home.

3] Prime Time Health—offers four, 90min. Sessions OR six, 1-hour sessions. Designed for 40 yrs. and above.
   • Open Your Internal Pharmacy
   • Make Health Your Hobby
   • Move Waste From Your Waist
   • Live Without Pain and Inflammation
Nutrition Services

Union County WIC (Women, Infants and Children) Program
1224 W. Roosevelt Blvd.
Monroe, NC 28110
Phone: 704-296-4800, option #4
Fax: 704-296-4822
Website: www.nutritionnc.com/wic/

Description/Purpose of Agency:
Provide nutrition education and counseling, supplemental nutritious foods, and referrals to other health and social services to participants at no charge.

Whom do you serve?
Income-eligible women who are pregnant, breastfeeding or postpartum, infants and children up to age 5.

What services do you provide?
Nutrition education and counseling, breastfeeding promotion and support, and supplemental nutritious foods. We have bilingual (Spanish/English fluent) staff, and interpreters for additional languages are provided at no charge for participants.
Nutrition Services

Union County WIC Breastfeeding Support Program
1224 W. Roosevelt Blvd.
Monroe, NC 28110
Phone: 704-296-4897
Fax: 704-296-4822

Description/Purpose of Agency:
Provide women with breastfeeding support

Whom do you serve?
WIC mothers and infants

What services do you provide?
Breastfeeding one-on-one support with trained peer counselors, breast pump loan program, breastfeeding support group, and breastfeeding supplies. Our peer counselors are bilingual in Spanish and English, and interpreters for additional languages are provided at no charge to participants.
Pregnancy Services

H.E.L.P Crisis Pregnancy Center
1700 Secrest Shortcut Road
Monroe, NC 28110
Phone:  704-289-5133
Fax:    704-238-0984
Website: www.monroehelpcpc.net
Hours of Operation: Monday and Wednesday
                    10:00 a.m. - 2:00 p.m.
                    Tuesday and Thursday
                    10:00 a.m. - 8:00 p.m.

Description/Purpose of Agency:
The H.E.L.P Crisis Pregnancy Center is a life-affirming ministry that strives to meet physical, emotional and spiritual needs of individuals and families. We provide support to assist families in need including those experiencing an unplanned pregnancy.

Whom do you serve?
Men, women and children in Union and surrounding areas.

What services do you provide? All Services are free & Confidential
The H.E.L.P Crisis Pregnancy provides free pregnancy tests, peer counseling and limited ultrasound. Classes are available on pregnancy, childbirth, breastfeeding, parenting, English as a second language (ESL) and other related subjects. English and Spanish Bible study classes, men to men mentoring program and peer counseling for women suffering from the emotional impact of abortion are available. A prenatal clinic is onsite for women who meet certain criteria. Through this clinic, Abortion Pill Reversal services are also offered.

All services are free and confidential. Appointments preferred.
Prescription Drug Programs

Community Health Services of Union County
1338-C East Sunset Dr.
Monroe, NC 28112
Phone: 704-296-0909
Fax: 704-296-0946
Email: Info@chsuc.org

Description/Purpose of Agency:
This agency offers assistance for prescription medications (excluding controlled substances).

Whom do you serve?
Persons living in Union and Anson County

What services do you provide?
- Prescription Assistance (Emergency)
- Diabetes Free Clinic (Weekly)
- Community-based Health Screenings
- Diabetic Supplies to those in our programs
- Health Fairs
- Flu Vaccinations

See agency listing under Family Services for a complete list of services.
Prescription Drug Programs

HealthQuest
415 East Franklin Street
Monroe, NC 28112
Phone: 704-226-2050
Fax: 704-226-0712
Website: www.healthquestpharmacy.org
Hours of Operation:
Monday
8:00 a.m. - 6:00 p.m.
Tuesday - Thursday
8:00 a.m. to 4:30 p.m.

Description/Purpose of Agency:
HealthQuest is a licensed non-profit organization dedicated to improving the health of our community by assisting those who cannot afford prescription medications.

Whom do you serve?
Citizens 18 years of age and older who live in Union, Anson, and Stanly Counties in NC; Lancaster, and Chesterfield Counties, in SC whose income is less than 200% of the Federal Poverty Level. Children 17 years of age and younger may be eligible if they are not enrolled in Medicaid or NC HealthChoice.

What services do you provide?
HealthQuest provides maintenance medications to qualified individuals to help control their chronic medical conditions. We also have free monthly diabetic education classes.
Prescription Drug Programs

Union County Prescription Drug Program

A discount drug card program is available to Union County residents sponsored by the National Association of Counties.

Prescription drug discount cards may be used by county residents, regardless of age, income, or existing health coverage. Residents may also use the card for drugs not covered by their health plan.

The prescription discount card is FREE.

You may pick up a card at the following locations:
* Union County Government Center Lobby, 500 North Main Street, Monroe
* Union County Public Library Locations
  Monroe - Main Branch, 316 East Windsor Street
  Marshville - Lois Morgan Edwards Memorial, 414 Hasty Street
  Waxhaw, 509 South Providence Street
  Indian Trail - Union West Regional, 123 Unionville-Indian Trail Road
  Unionville, Unionville Sub Regional, 1102 Unionville Church Road
* Union County Division of Public Health - 1224 W. Roosevelt Blvd., Monroe
* Union County Division of Social Services - 1212 W. Roosevelt Blvd., Monroe
* Union County Veteran’s Service - 500 North Main Street, Suite 14
* Union County Nutrition for the Elderly Sites (Monday - Friday)
  **Site 1** - East Campus - First Baptist Church Indian Trail
  6140 West Marshville Blvd., Marshville 7:30am-11:30am
  **Site 2** - Bragg Street Community Center
  624 North Bragg Street, Monroe 8:00am-12:00pm
  **Site 3** - Mineral Springs United Methodist Church
  5915 Old Waxhaw-Monroe Road, Mineral Springs 8:00am-12:00pm
  **Site 4** - Fairview Volunteer Fire Department
  702 Concord Highway, Monroe, 8:15am-12:15pm
  **Site 5** - Indian Trail United Methodist Church
  113 Indian Trail Road, Indian Trail, 8:30am-12:30pm
Recreation and Fitness Services

LISTING for FITNESS CENTERS in UNION COUNTY

Anytime Fitness
5941 Weddington-Monroe Road #107, Wesley Chapel 704-821-0885

Carolina Fitness Center
3209 Goldmine Rd., Monroe 704-283-5587

Core Studio Pilates
4705 Indian Trail-Fairview Rd.
Indian Trail, NC 28079
704-288-3898
www.corestudiopilates.com

Curves (3 locations)
*1401 W. Roosevelt Blvd, Suite –D, Monroe 704-238-0550
*592-594 Indian Trail Road— Indian Trail 704-821-8440
*3555-4 Matthews-Mint Hill Road, Matthews 704-841-1010

Enterprise Fitness and Personal Training Center
2585 W. Roosevelt Blvd,
Monroe 704-289-4940

Extreme Ice Fitness Center
4705 Indian Trail-Fairview Road
Indian Trail 704-882-1830

Fitness Together
8163 Kensington Drive,
Waxhaw 704-243-1130

Monroe Aquatic and Fitness Center
2325 Hanover Drive,
Monroe 704-282-4680

Planet Fitness
2107 W. Roosevelt Blvd.
Monroe 704-225-7000

Snap Fitness (3 locations)
*1310 Wesley Chapel Road
Indian Trail 704-226-1315
*3913 Providence Road South
Waxhaw 704-243-2935
*1365 Chestnut Ln #105
Matthews 704-821-1007

Sports & Fitness
13705 East Independence Blvd.
Indian Trail 704-893-0355

Union County TOPS Chapters
Take Off Pounds Sensibly
Phone: 704-281-7073
Area Captain: Sonya Strader
For the TOPS Chapter nearest you
Website: www.tops.org

Union County YMCA @ Wesley Chapel
5924 Weddington-Monroe Road
Wesley Chapel
unioncountyymcawesleychapel@ymcacharlotte.org

YWCA - Willow Oaks
3223 Walkup Avenue, Building E
Monroe 704-283-7733

YWCA - Old Armory
500 Johnston St.
Monroe 704-282-5765
Curves for Women
1401 Suite-D Roosevelt Blvd.
Monroe, NC 28110
Phone: 704-238-0550
Website: www.curves.com

Description/Purpose of Agency:
Curves is a weight management center especially designed for women featuring Curves Complete; the only plan that includes diet, exercise and coaching.

Whom do you serve?
Women of all ages and sizes.

What services do you provide?
- A healthy well balanced meal plan
- A safe 30 minute workout
- Cleveland Clinic certified coaches
- Silver Sneakers provider
- Zumba classes that include cardio and strength training
Recreation and Fitness Services

Enterprise Fitness and Personal Training Center
2585 W. Roosevelt Blvd.
Monroe, NC 28110
Phone: 704-289-4940
Fax: 704-289-2266
Website: www.enterpriseworkout.com
INSTAGRAM@enterprisefitness
TWITTER@enterprisefit

Description/Purpose of Agency:
We are a fitness center. Our purpose is to help people of all ages to reach their fitness goals. Our center has a strong commitment to all members at all times. We want to make a difference in the community and help people to be healthy and feel good about themselves.

Whom do you serve?
We serve all ages from young children to senior citizens. We help those with disabilities. We serve everyone.

What services do you provide?
- Personal Training
- Yoga
- Weight Loss Programs
- Group Classes
- P90X
- Tanning
- Zumba
- Cross-training
- Kids Care
Recreation and Fitness Services

Monroe Aquatics & Fitness Center
2325 Hanover Drive
Monroe, NC 28112
Phone: 704-282-4680
Fax: 704-282-4683
Website: www.monroeaquaticsandfitnesscenter.com

Description/Purpose of Agency:
This agency offers individuals and families a variety of fitness, aquatic and wellness programs to meet health and recreational needs. Their goal is to give members of all ages the right tools for building long-lasting and healthy lifestyles.

Whom do you serve?
Membership clients.

What services do you provide?
Aquatic and fitness center facility offers: indoor pool, training pool, fitness room, whirlpool, steam and sauna rooms, outdoor water park, aerobics studios, meeting rooms, nursery/childcare, gymnasium, indoor run/walk track, wellness center, racquetball courts, and locker rooms.
Recreation and Fitness Services

**Union County Parks and Recreation**
5213 Harkey Road  
Waxhaw, NC 28173  
Phone:  704-843-3919  
Fax:  704-843-4046  
Website: www.co.union.nc.us   click on “Quality of Life”

The website provides information on athletic fields, Cane Creek Park - camping area and day use area.

**Listing of Parks in Union County:**

<table>
<thead>
<tr>
<th>Belk-Tonawanda Park</th>
<th>Cane Creek</th>
<th>Creft Park</th>
</tr>
</thead>
<tbody>
<tr>
<td>217 W. Allen St.</td>
<td>5213 Harkey Rd.</td>
<td>803 Burke St.</td>
</tr>
<tr>
<td>Monroe</td>
<td>Waxhaw</td>
<td>Monroe</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Dickerson Park</th>
<th>Don Griffin Park</th>
<th>Fred Kirby Park</th>
</tr>
</thead>
<tbody>
<tr>
<td>Guild St,</td>
<td>147 Cedar St.</td>
<td>3315 Faith Church Road</td>
</tr>
<tr>
<td>Monroe</td>
<td>Monroe</td>
<td>Indian Trail</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Jaycee Park</th>
<th>Jesse Helms Park</th>
<th>Sunset Park</th>
</tr>
</thead>
<tbody>
<tr>
<td>100 Cedar St.</td>
<td>1505 Summerlin Dairy Rd.</td>
<td>306 W. Sunset Dr.</td>
</tr>
<tr>
<td>Monroe</td>
<td>Monroe</td>
<td>Monroe</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Sutton Park</th>
<th>Weddington Optimist Park</th>
</tr>
</thead>
<tbody>
<tr>
<td>2300 State Rd.</td>
<td>5211 Weddington Rd.</td>
</tr>
<tr>
<td>Monroe</td>
<td>Weddington</td>
</tr>
</tbody>
</table>
YWCA - Willow Oaks
Director: Suzy Rogers
3223 Walkup Avenue, Building E
Box CC
Monroe, NC 28110
Phone: 704-283-7733
Fax: 704-225-9953
Web: www.ywcacentralcarolinas.org (look up — Union County)

YWCA—Old Armory
Director: Kelsey Livingston
500 South Johnson St.
Monroe, NC 28112
Phone: 704-282-5765

Description/Purpose of Agency
Education and support services to youth through education and life enrichment activities. Where Children are safe and learning is fun.

Whom do you serve?
Youth age 5 - 12 years from Union County. Neighborhood Youth Learning Centers

What services do you offer?
Literacy Based—Reading / Writing / Math
After school programs - please call either phone number
Summer Camp Program - Both Locations
Summer Lunch Program - Both Locations
Youth Development Program offers children a safe, educational and fun environment, with a variety of activities from swimming and storytelling to martial arts and arts and crafts.
Senior Services

Carillon Assisted Living
5306 Secrest Shortcut Rd.
Monroe, NC  28110
Phone: 704-289-4555
Fax: 704-289-4550
Website: www.carillonassistedliving.com

Description/Purpose of Agency:
We provide quality care for our residents while seeking to enrich their physical, social, and emotional well-being.

Whom do you serve?
Assisted Living—60 +  
Alzheimer / Memory Care—55 +

Services provided:
* - Assisted Living  
  - Family Night—monthly  
* - Memory Care  
  - Private Dining Room  
- Daily Activities / Crafts  
  - Beauty Shop  
- Outings  
  - Library  
- Gardening  
  - Media Room  
- 3 meals a day  
  - Sunroom  
- Snacks available  
  - Screened-in Porches  
- Baking daily  
  - Transportation  
- Housekeeping  
  - Medication Assistance  
- Assistance with Personal Needs  
  - Locked Memory Care  
- Alzheimer's Support Group  
  - Trained Staff

Carillon Cornerstones:
Preservation of dignity and independence through quality resident care, social life and dining.
Senior Services

Clare Bridge (Memory Care)
919 Fitzgerald Street
Monroe, NC  28112
Phone: 704-225-9556
Fax: 704-289-6975
Website: www.brookdaleliving.com/clare-bridge-at-monroe-square.aspx

Description/Purpose of Agency:
Clare Bridge at Monroe Square located in Monroe, provides Alzheimer’s and Dementia Care for seniors and offers the promise of Daily Moments of Success. Clare Bridge is a Brookdale Senior Living community dedicated to serving the special care needs of individuals with Alzheimer’s disease and other forms of dementia. From our building design to our carefully selected staff and specialized programming and management, we focus on the individual needs of each resident and family we serve.

Whom do you serve?
Senior citizens

Services provided:
- Personalized Service Assessment and Plan
- Assistance with Personal Needs
- Ambulation & Escort Services
- Three nutritious and appetizing meals served daily
- Snacks available throughout the day
- Housekeeping Services
- Personal Laundry Services
- Continence Management
- Nursing Services Ongoing monitoring of residents’ health status
- Medication Support
- Life Enrichment Programming
- Trained Staff on site 24 hours a day
- Specialized intervention programs
- Transportation Services
- Short term stay
- Specially designed environment
- All Exterior doors are alarmed for Residents’ safety
- State of the art fire safety system
- Handicapped accessibility
Senior Services

Council on Aging in Union County
1401 Skyway Drive
Mailing Address: PO Box 185
Monroe, NC 28111
Phone: 704-292-1797
Fax: 704-292-1776
Email: coa@coaunion.org
Website: www.coaunion.org

Description/Purpose of Agency:
An independent, non-profit agency supporting people 60 and over in their efforts to remain healthy, active, and in control of their own lives. The agency connects clients with the services they need to live independently for as long as possible.

Whom do you serve?
Adults 60 years of age and older living in Union County

What services do you provide?

Information & Assistance:
- Information & Referrals for Aging Services
- Quarterly Newsletter
- SHIP/Medicare Counseling
- Equipment Loan
- Home Safety Repairs & Yard work
- Senior Law Project
- Caregiver Referral List
- Fan Heat Relief

Senior Outreach:
- Union Seniors Outreach Programs
- Evidence-based Classes
- Senior Wellness Expo
- Annual Meeting
- Senior Christmas Party
- Day Trips

In Home Services
- Chore/Household Management
- Personal Care Assistance
- Respite/Caregiver Relief
- Shopping & Errands

Family Caregiver Support Program
- Caregiver Classes & Support Groups
- Respite/Caregiver Relief
- Grandparents Raising Grandchildren
- Supplemental Supplies
Senior Services

Ellen Fitzgerald Senior Center

Monroe Parks and Recreation
327 S. Hayne Street
Monroe, NC 28112
Phone: 704-282-4657
Fax: 704-238-9187

Hours: Monday 8:00 AM—5:00 PM
Tuesday 8:00 AM—5:00 PM
Wednesday 8:00 AM—5:00 PM
Thursday 8:00 AM—5:00 PM
Friday 8:00 AM—12:00 Noon

Description/Purpose of Agency: The Senior Center serves to enrich and enhance the lives of older adults with opportunities for purpose, achievements, service, involvement, commitment, and creativity. The Senior Center serves as a resource for information on aging, for professional and lay leadership and for developing new approaches to aging problems.

Whom do you serve?
Senior citizens 55 years and older

What services do you provide?

**Activities/Classes**
Advances Line Dance Class
Art Studio
Baskets
Beading
Bridge Lessons
Ceramics
Clay/pottery Studio
Computer Classes
Handwork
Line Dance Class
Quilting
Senior Singers
Thursday Night Dance Club
Woodwork

**Cards/Games**
Bridge
Canasta
Cribbage
Pinochle
Spades

**Fitness**
Exercise
Range of Motion Fitness
Yoga/Stretch

**Health Programs**
Chronic Disease Self-Management
Diabetes Self-Management
Lunch & Learn
Matter of Balance
Senior Wellness Expo

**Sports**
Bowling
Golf
Table Tennis

**Trips**
Day

**Monthly**
Alzheimer & Caregiver Support Group
Diabetes Support Group
Free Blood Pressure Check
Union County Chapter #5164 AARP
United Senior Games
Visually Impaired Support Group

Membership: Membership is free to residents of the City of Monroe. There is a yearly facility maintenance fee for non-residents: $25/individual and $37.50/married couple. Classes and activities are generally free to members.
Senior Services

Geriatric / Adult Mental Health Specialty Team (GAST)
P.O. Box 414
Matthews, NC  28106
Phone: 704-953-1553

Description/Purpose of Agency:
Geriatric / Adult Mental Health Specialty Team provides specialized training on mental health issues to specified staff members in specified facilities. GAST strives to increase staff’s knowledge base and skill sets for delivering optimal care to persons who have mental illness, dementia and related behavioral issues.

Whom do you serve?
Nursing homes, adult care homes, senior centers, Division of Social Services, Adult Day Care and Day Health in Cabarrus, Davidson, Mecklenburg, Rowan, Stanly and Union Counties.

What services do you provide?
Therapeutic Alternatives, Inc. oversees six teams. Our GAST can provide trainings for you and your staff members in the counties of Cabarrus, Davidson, Mecklenburg, Rowan, Stanly, and Union. All trainings provided by GAST are free of charge! The typical class length is one hour, and participants receive one credit hour per class, approved by the NC Division of Health Services Regulation for adult care homes.

With the ultimate goal of preventing the psychiatric hospitalization of residents, GAST offers a vast array of trainings designed to offer practical strategies and communication techniques staff can use immediately to hone their empathic, compassionate and best-practice caregiving skills.
Senior Services

North Carolina Department of Crime Control & Public Safety
Silver Alert Program
Website: www.nccrimecontrol.org

Description/Purpose of Agency:
A program designed to quickly disseminate descriptive information about the missing person, so that citizens in the affected area can be on the lookout for the endangered person and notify local law enforcement with any relevant information.

Whom do you serve?
Citizens suffering from dementia or other cognitively impairment regardless of age.

Criteria:
- The person is believed to be suffering from dementia or other cognitive impairment
- The person is believed to be missing - regardless of circumstance
- A legal custodian of the missing person has submitted a missing person’s report to the local law enforcement agency where the person went missing.
- Law enforcement reports the incident to the NC Center for Missing Persons.

Procedures:
- A family member or caregiver must call their local law enforcement FIRST to report their missing loved one.
- The law enforcement agency must first investigate the case and determine if the criteria warrant a request for a Silver Alert.
Resources

To activate a Silver Alert:
North Carolina Center for Missing Persons
1-800-522-5437
919-733-3557
919-715-1682 fax
www.ncccrimecontrol.org

To activate calls to immediate area:
A Child is Missing Alert
1-888-875-2246
954-763-4569 fax
www.achildismissing.org

If missing is age 21 or younger:
National Center for Missing and Exploited Children
1-800-843-5678
www.ncmec.org

To protect the individual’s privacy and conform with federal law, law enforcement agencies and Center staff must be careful not to release any health information other than the missing person is believed to be suffering from dementia or other cognitive impairments.

Once the missing person has been located, local law enforcement will notify the NC Center for Missing Persons, who will cancel the Silver Alert and notify the local media.

North Carolina Center for Missing Persons
Department of Crime Control & Public Safety

North Carolina’s SILVER ALERT Program

A system to quickly notify the public about missing endangered adults that suffer from dementia or other cognitive impairments

ONLY a law enforcement agency can request activation of a Silver Alert.

ONLY the North Carolina Center for Missing Persons can activate a Silver Alert.

NC Center for Missing Persons
1-800-522-5437
What is Silver Alert?

Silver Alert is a system to quickly notify the public about missing endangered adults that suffer from dementia or other cognitive impairment. Since adults with these mental ailments often become confused and disoriented, it is imperative that they are found quickly and returned to their caregivers.

Developed in 2007, the program is a cooperative effort among local and state law enforcement and the N.C. Center for Missing Persons, with voluntary participation by radio and television broadcasters and the N.C. Department of Transportation. The Silver Alert program is based on the Cognitive Impairment Assistance Law that passed in August 2007 and builds upon the success of the state’s AMBER Alert system. While North Carolina’s “Silver Alert” program criteria is unique, two other states have similar programs.

What are the criteria?

The North Carolina Center for Missing Persons is the only agency that can activate a Silver Alert and will do so only at the request of an investigating law enforcement agency. It is then the responsibility of the Center to determine whether there is sufficient identifying data to justify activating the Silver Alert system.

To activate a Silver Alert, ALL of the following statutory criteria must be met:

– The person is believed to be suffering from dementia or other cognitive impairment
– The person is believed to be missing – regardless of circumstance
– A legal custodian of the missing person has submitted a missing person’s report to the local law enforcement agency where the person went missing
– Law enforcement reports the incident to the NC Center for Missing Persons

How does it work?

The investigating local law enforcement agency and the Center for Missing Persons work together to notify the surrounding community and media about the missing endangered person.

Role of Local Law Enforcement:

After completing the investigation and determining the case meets the qualifying criteria, law enforcement will:

1. Notify the NC Center for Missing Persons
2. Send the completed Silver Alert forms to the Center
3. Enter information into the National Criminal Information Center
4. Initiate a statewide “be on the lookout” bulletin to all law enforcement
5. Provide a 24-hour phone number to receive calls while continuing the investigation
6. Call "A Child is Missing Alert" to activate about 1,000 calls/minute to residents and businesses in the immediate area (if the person has walked away)
7. Notify the National Center for Missing & Exploited Children (if the person is under 21)

Role of the NC Center for Missing Persons:

After contacted by law enforcement, the Center will:

1. Request the NCDOT to activate electronic highway signs (if appropriate)
2. Update information on the department website – www.nccrimecontrol.org
3. Send information and available photos to the media

10,000 copies of this public document were printed at a cost of $412.00 or .00 cents per copy. 11/07
Senior Services

Union County Senior Nutrition
610 Patton Avenue
Monroe, NC 28110
Phone: 704-283-3712 or 704-292-2567
Fax: 704-292-2568

Description/Purpose of Agency:
Provides nutritional lunch time meal as well as informational and recreational programs.
Provides home delivered meals to those deemed homebound.
Provides supplemental meals to chronically or critically ill.

Whom do you serve?
Senior citizens 60 years or older who meet guidelines for each individual program.

Congregate Meals
Senior Nutrition Dining Sites:
  Indian Trail United Methodist Church  Mineral Springs United Methodist Church
  113 Indian Trail Road  5915 Old Waxhaw-Monroe Road
  Indian Trail, NC 28079  Mineral Springs, NC 28108

  Bragg Street Community Center  Marshville United Methodist Church
  624 N. Bragg Street  313 Church Street
  Monroe, NC 28112  Marshville, NC 28103

The Meals on Wheels/Home Delivered Meals Program
-Must meet homebound criteria

Supplemental Meals
-supplemental nutrition meals (Ensure Plus) are available. Physician authorization is required to participate in this service.
Senior Services

Union Park Assisted Living
1316 Patterson St.
Monroe, NC  28112
Phone: 704-282-0530
Fax:     704-296-9058
Website: www.brookdaleliving.com/union-park.aspx

Description/Purpose of Agency:
At Union Park we partner with each resident to design an individualized, personal service plan. Our service planning process, which is unique to Brookdale Senior Living communities, bases service fees on delivering quality service and care to each individual. Personalized service plans are reviewed regularly by staff to ensure that we meet the changing needs of our residents. Our trained staff is there to assist with personal needs—bathing or showering, selection of clothing, dressing assistance, grooming, hygiene, mobility and transferring and dining assistance—24 hours a day.

Whom do you serve?
Senior citizens

Services provided:
- Personalized Service Assessment and Plan
- Assistance with Personal Needs
- Ambulation & Escort Services
- Three nutritious and appetizing meals served daily
- Snacks available throughout the day
- Housekeeping Services
- Personal Laundry Services
- Continence Management
- Nursing Services Ongoing monitoring of residents’ health status
- Medication Support
- Life Enrichment Programming
- Trained Staff on site 24 hours a day
- Specialized intervention programs
- Transportation Services
- Short term stay
- Specially designed environment
- Emergency Response system
- State of the art fire safety system
- Handicapped accessibility
Substance Abuse Services

Behavioral Health —First Step
Carolina’s Health Care System-Union
1623 E. Sunset Drive
Monroe, NC  28112
Phone:  980-993-7700
Fax:   704-289-8784

Description/Purpose of Agency:
We provide mental health and substance use services. We use a combination of cognitive behavioral therapy, relapse prevention 12 step education as well as a family education program to meet the needs of our patients. During their time with us all patients will be treated with respect and kindness and encouraged to experience lifelong recovery.

Whom do you serve?
Union county and the greater Charlotte area.

What services do you provide?
BHC—First Step at CHCS-Union provides the following services:

- Intensive Outpatient Substance Use Treatment
- Detox—Inpatient
- Outpatient Therapy
- Psychiatric Services
- Family Therapy
- Group Therapy
- Substance use Therapy
Cardinal Innovations Healthcare Solutions
4955 Milestone Avenue
Kannapolis, NC 28081
Phone: 704-939-7590 (Administrative Office Number)
800-939-5911 (Access Line for information, assessment, crisis care and referrals)
Contact: Piedmont Community Operations Center for residents of Cabarrus, Davidson, Rowan, Stanly and Union counties.

Website: cardinalinnovations.org

Description/Purpose of Agency:
Cardinal Innovations Healthcare Solutions is a public Managed Healthcare Organization (MCO) that serves as the primary community contact for individuals needing to obtain Mental Health, Intellectual/Developmental Disabilities and Substance Use/Addiction (MH/IDD/SA) services

Whom do you serve?
Residents of Alamance, Cabarrus, Caswell, Chatham, Davidson, Franklin, Granville, Halifax, Mecklenburg, Orange, Person, Rowan, Stanly, Union, Vance and Warren counties who need mental health, intellectual and developmental disability and/or substance use/addiction services. They are encouraged to call so eligibility can be determined.

What services do you provide?
- Manages, coordinates and monitors the mental health, intellectual/developmental disabilities and substance use/addiction services (MH/IDD/SA) in the Cardinal Innovations Healthcare Solutions 16 county region.

- Manages a Provider Network that delivers MH, IDD, SA services.

- Operates five Community Operations Centers (COC) referred to as Alamance-Caswell, Five County, Mecklenburg, OPC and Piedmont COC.

- Provides unique toll-free numbers for each COC to ensure ease of access to information, assessment, crisis care and referrals to providers.
Substance Abuse Services

Daymark Recovery Services Inc.
1190 W. Roosevelt Blvd.
Monroe, NC 28110
Phone: 704-296-6200
Fax: 704-296-4669
Website: www.daymarkrecovery.org/

Description/Purpose of Agency:
Daymark is a provider of culturally sensitive mental health and substance abuse services to citizens age 3 and up and their families. Daymark offers the most current best practices and effective, research-based treatment programs to assist all citizens working toward achieving optimum health and recovery.

Whom do you serve?
Residents of Union County.

What services do you provide?
Daymark provides the following services:

- Outpatient Individual Therapy
- Outpatient Group Therapy
- Outpatient Family Therapy
- DWI
- Mobile Crisis
- Psychiatric Evaluations
- Intensive In-Home Services
- Medication Management
- Substance Abuse Assessment
- Advanced Access-walk-in clinic (all locations)
- SAIOP (Substance Abuse Intensive Outpatient)
Substance Abuse Services

Friendship Home, Inc.
2111 Stafford Street Ext.
Monroe, NC 28110
Phone: 704-289-4144
Fax: 704-292-7772
Email: FRNDSHP69@aol.com

Description/Purpose of Agency:
A non-profit organization that offers substance abuse services.

Whom do you serve?
Male residents of Union County

What services do you provide?
Friendship Home provides group therapy, work placement, counseling, and participation in AA and work therapy to men recovering from alcohol and substance abuse. This agency also provides referrals and information to the public regarding self-help groups, substance abuse treatment, substance abuse counseling, and meeting facility for self-help groups.
Transportation Services

Union County Division of Transportation
610 Patton Avenue
Monroe, NC 28110

Phone: 704-283-3713 or 704-292-2511(Spanish Line)
Fax: 704-283-3551
Website: www.co.union.nc.us “Select—Transportation”

Hours of Operation: Monday to Friday
7:00 a.m. - 4:30 p.m.

Office hours: 8 a.m. — 5 p.m.

To make an appointment for service, call between 8:00 a.m. - 12:00 p.m.

Call 48 hours before service is needed.
Same day emergency addressed on an individual basis.
Passengers are responsible for having the correct amount of fare.

Whom do you serve?
Residents of Union County
Funding may vary due to age, disabilities, etc.

What services do you provide?
Transportation service within Union County, to Charlotte area, and to Veteran Medical facilities in Salisbury and Charlotte.

Fees:
Seniors funded by HCCBG—Donations only

RGP or EDTAP =
-one-way trip within Union County =$2.00
-one-way trip to Charlotte =$10.00
-round trip to Charlotte =$20.00
-round trip to Matthews =$10.00
Veterans Services

Union County Division of Veterans Services
407 N. Main Street (mailing address) 500 N. Main Street
Monroe, NC 28112
Phone: 704-283-3807
Fax: 704-283-3850
Website: http://www.co.union.nc.us/Divisions/VeteransServices.aspx

Contact Person(s)-Michelle Marcano, Division Director
Anthony Parker, Veterans Services Officer
Jim Anderson, Veterans Services Officer;
Vickie Griffin, Administrative Secretary

Hours of Operation: Monday to Friday
8:00 a.m. to 5:00 p.m.

Description/Purpose of Agency
The purpose of this agency is to provide Union County Veterans and their family members access to Federal, State, and County benefits and entitlements based on their service in the United States Armed Forces and auxiliary services.

Whom do you serve?
Services are available for Union County Veterans and their family members.

What services do you provide?
To assist veterans and eligible family members in applying for Federal, State, or County benefits to which they are entitled. “All Services are FREE”

Federal - Assistance filing claims for service-connected diseases or disabilities incurred by active military service, pension, vocational rehabilitation, education, VA insurance, VA home loan certificates, health care from Veteran Affairs Medical Centers (VAMC), and burial benefits.

State - Scholarships for the children of disabled or deceased NC veterans, special hunting and fishing license, special license plates, and property tax relief provided to qualified veterans. State veterans cemeteries are available and state veterans nursing homes. Representation for claims at the VA Regional Office and Board of Veteran Appeals is available from the State Service Officers.

County - Representation by a County Veterans Service Officer for filing, reopening, or appealing claims, transportation to local VA Medical Centers, and property tax relief for qualified veterans.
Change of Information

Please use this page to notify us if your agency information changes.
Fax or mail this page to:

Union County Division of Public Health
1224 W. Roosevelt Blvd.
Monroe, NC 28110

Phone: 704-296-4825
Fax: 704-296-4807

Attention: Health Promotions

Name:
Address:
Phone:
Fax:
Website:
Description/Purpose of Agency:

Whom do you serve?

What services do you provide?
Alphabetical Listing

American Red Cross of Union County
704-283-7402

(The) Arc of Union /Cabarrus
704-261-1550

Bayada Home Health Care
704-289-6000

BHC -First Step @ CHS-Union
704-283-2043

Boutique on Main /Superior Home Medical, Inc. (Mastectomy Boutique)
980-269-8382

Brookdale Senior Living Communities
704-225-9556 Clare Bridge (Memory Care)
704-282-0530 Union Park Assisted Living

Cardinal Innovations Healthcare Solutions (formerly PBH)
704-939-7590

Carillon Assisted Living
704-289-4555

Carolinas Healthcare System -Union
980-993-3100

Carolinas Healthcare System -Waxhaw
704-667-6800

Carolina Parenting Solutions, PLLC
704-718-8657

Charlotte Speech and Hearing Center
704-523-8027

Child Care Resources, Inc.
704-238-8810

Carolinas Healthcare System - Safe Kids / Communities of Union County
980-993-7664

Community Care Partners of Greater Mecklenburg
704-512-5555

Community Health Services
704-296-0909
Alphabetical Listing

Council on Aging in Union County
704-292-1797

Curves for Women
704-238-0550

Daymark Recovery Services Inc.
704-296-6200

Ellen Fitzgerald Senior Center
704-282-4657

Enterprise Fitness and Personal Training Center
704-289-4940

Friendship Home, Inc.
704-289-4144

Geriatric / Adult Mental Health Specialty Team (GAST)
704-953-1553

Griffin Home Health Care, Inc.
704-347-1993

HealthQuest
704-226-2050

H.E.L.P Crisis Pregnancy Center
704-289-5133

Hospice of Union County, Inc.
980-993-7300

InReach
704-776-4392  (Monroe) or
704-536-6661  (Charlotte)

Literacy Council of Union County
704-226-1425

Mian W. Rex, Certified Dr. Sears Wellness Coach
980-239-0366

Monroe Aquaties & Fitness Center
704-282-4680

NAMI Union County (an affiliate of the National Alliance on Mental Illness)
704-292-2287
Alphabetical Listing

(The) Navigation Lady
704-242-4322

NC Cooperative Extension-Union County
704-283-3801

North Carolina Department of Crime Control & Public Safety
Website: www.nccrimecontrol.org

Novant Health Matthews Medical Center
704-384-6500

Nutrition for the Elderly
704-283-3712

Operation ReachOut
704-289-4237

Pediatric Boulevard
704-821-0568

Public Health Preparedness
704-296-4820

Rural and General Public (RGP) Transportation
704-283-3713

Superior Home Medical, Inc.
704-225-0285

Thompson (Child and Family)
704-536-0375

Turning Point of Union County
704-283-9150

Union County Community Outreach, Inc.
704-225-0044

Union County Community Shelter
704-289-5300

Union County Crisis Assistance Ministry
704-225-0440

Union County Environmental Health
704-283-3553
Alphabetical Listing

Union County Division of Public Health
704-296-4800

Union County Division of Social Services
704-296-4300

Union County Division of Transportation
704-283-3713

Union County Division of Veterans Services
704-283-3807

Union County Parks and Recreation
704-843-3919

Union County Public Library
704-283-8184

Union County WIC (Women, Infants and Children) Program
704-296-4800

Union County WIC Breastfeeding Support Program
704-296-4897

YWCA - Willow Oaks
704-283-7733

YWCA - Maurice Street
704-225-0537